











the dragon 2008







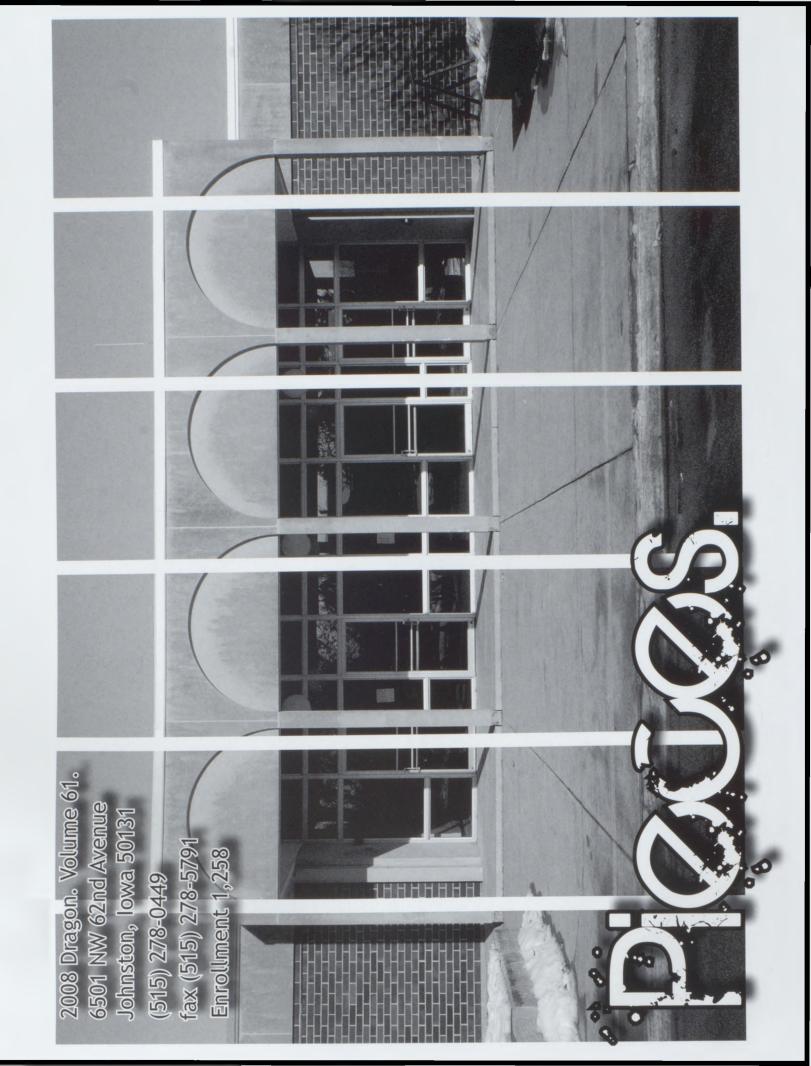






Piece of life (student life) Piece of mind (academics) Pieces of a whole (organizations) sizing up the Pieces (sports) Pieces of me (people) Piecing it together (reference) 9

















pieces.

Diece by **Diece**, what was to be our new school was assembled. The softball team shone with more coaches. The baseball team scored record-breaking triple hits. Students travelled north to lend a hand. All is peaceful throughout the summer of 2007 up until...

The havoc of construction broke in the new school year. Students were forced to deal with extremely limited parking, shaking ceilings, and the relentless sounds of drills as JHS was torn to **DIGGS**. The finished product remained far from sight, yet inside of our crumbling walls, traditions continued. Homecoming came and went early in September, and for the first time the sophomore team took the Powderpuff champion title.

Despite the almost unrecognizable state of their school, students made the most of the 2007-2008 school year. The best varsity football record in years created avid fans. The volleyball team reigned supreme and brought home a state title. Almost accustomed to inevitable construction changes, students came back from winter break alarmed by new bells.

Within the pages of this book you'll find the **PIECES** that made up our year. As JHS students, we had to look past our walls for the little things that made our high school experience one of a kind; the **PIECES** that defined our year.

Government teacher Jeremy Yenger tries his best to deliver his message to the graduating class during the annual senior breakfast. Students nominated teachers Jason Jauron and Curt Larkin, along with Yenger, to be their guest speakers during the breakfast.





pice of life

What happened outside of the school walls often affected what occurred within them, making student life a thriving **PIECE** of JHS. And although plenty of traditions occurred every year, life was never boring. The homecoming dance changed its location to the Summit Middle School cafeteria. Injuries kept starting athletes on the bench and put a color guard captain on crutches. Foreign exchange students traded **PIECES** of their own lives to experience the **DIECES** of ours. These stories and many more combined to create a year unlike any other, just one **PIECE** of our lives.

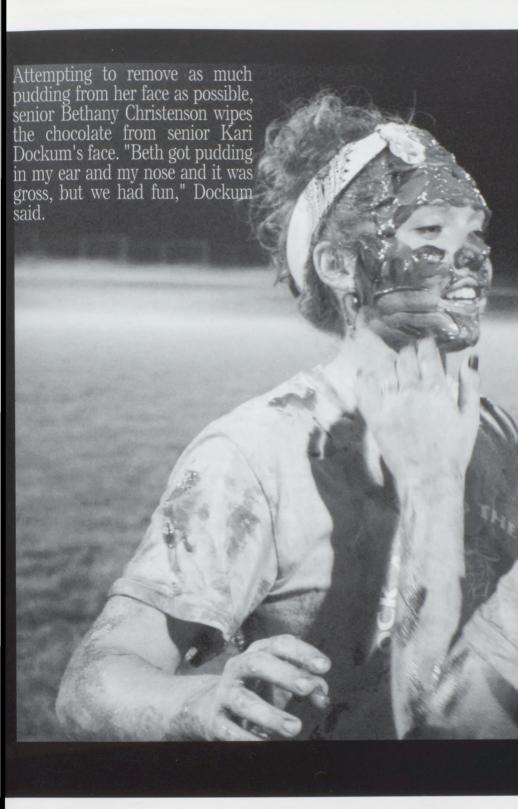




photo by Erin Funk

Attempting to make the muffler sound louder, juniors John Puffett and Ben Wilkens put a glass pack on Puffett's Jeep. "It was a pain in the butt and was dirty. It took three days to do!"

Wilkens said.

More Than a Missions Trib

Students pair service with education about global warming on a trip to Alaska

Stepping off the plane and taking in the crisp mountain air, seniors Evan Stone, Cullen and Soren Hirst, and sophomore Courtney Sabus got their first glimpse of the Alaskan territory they would call home for the first week of July. The group, along with their church, traveled to the small town of Delta Junction, lending a hand to a church there. "A church up there had a lot where they wanted to build," Stone said. "They couldn't (build) because there was already (another building) there; we went up and (tore it down) for free."

Days were spent demolishing the old church building; during free time they played cards and games of ultimate frisbee. "I got closer with some of my friends, some of whom I never thought closer was possible," Stone said.



Before the journey to Alaska, the students were taught about the effects of the gradual heating of the Earth. "We watched videos and wrote research papers about it. We learned about ways to help prevent global warming," Stone said

The students got the opportunity to see the possible dangers of global warming and what it could do to the environment in Alaska. "We saw glaciers, trees, and mountains, all that could potentially disappear because of global warming," Soren Hirst said. The scenery in Alaska contrasted the buildings and construction located back home in Johnston.

"It was really cool," Soren Hirst said.
"Everything was different, the clouds and how
the air felt. It never got dark, it got twilight-ish
but never (dark) all the way. (My favorite part)
were the mountains; there weren't housing
developments everywhere."

Spending time in Alaska's wilderness and mountains gave the students a fresh perspective on the Earth's landscape. "(Going) gave me better insight to what the world really looks like with the absence of humans messing with it," Stone said. Spread by Sam Dearden and Makayla Coulson.





photo provided by Renee Pike



In a moment of spontancity, senior Taylor Spartz lunges from a chair and anticipating her landing onto a bed of pillows in her hotel room in Nashville, TN, a trip for TSA Nationals. "Initially, we were all worn out and tired and I was like, 'Take a picture of me jumping off the chair!" Spartz said.



photo by Erin Funk

Rolling her cheesy crescent roll, junior Tara McCulley prepares an afternoon snack. McCulley and friends chose to save money by eating at home instead of eating out.



Taking a moment on her trip to Chicago to cheer on the Iowa Hawkeyes, senior Lauren Lund captures the city skyline. She and senior Leah Kron traveled to Chicago to watch the Hawkeyes play in their game against Northern Illinois.

The best part of the summer was when I went to Florida. I laid by the pool and just hung out.



photo by Sam Dearden

Senior Alyssa Patten gazes at the clouds as she straddles part of a tank at Camp Dodge. "My friend and I were bored so we started to climb the tanks!" Patten said.



Ill Senior Sammy McConeghey and junior Sam Parker light their sparklers from the tiki torch at McConeghey and senior Courtney Coakley's joint birthday party. "Courtney and I have had our party together for the past two years," McConeghey said. Sparklers just seemed like fun."

Summertime doesn't last long enough and usually you don't get to see all your friends.



Nick Evans '10















photo by Mindy Dickerson

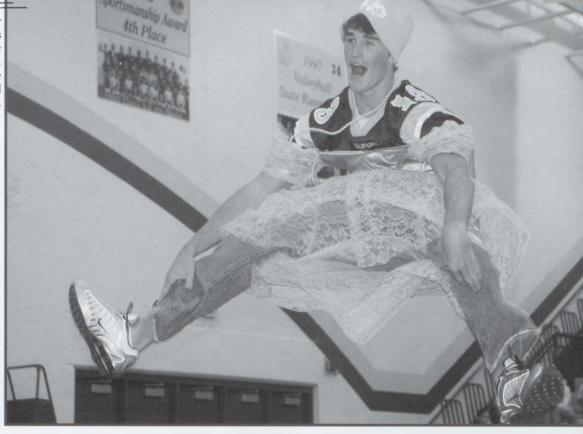
Showing off his favorite cheerleading stunt, senior Nathan Clock attempts a toe touch jump at the homecoming pep assembly. The cheerleaders changed the traditional Miss JHS Football to JHS Gladiator.

Students Star Smashing

Football players start new event to help fellow teammate

After the traditional parade held Thursday night, students not only headed to the football stadium to get ready for the powderpuff game, but also to witness a car smash. For the first time, students got to smash an old car, in which all proceeds would go to a cancer victim's family. "I didn't hit the car, although I wanted to," senior Chris Wilkinson said. "I just went over and watched the jocks beat that car up."

The car smashing idea was brought up by senior football players Jake Highfill and Troy DuBay. They wanted to do something to help football player senior Mat and junior Mindy Dickerson's family, whose dad was diagnosed with cancer. "We thought a car smash would be sweet," Highfill said.



Highfill and Dubay got student council involved by getting the materials, promoting the event, and coordinating it so it would flow well with the barbeque. "It worked out well," Wilkinson said. "People could get a quick bite to eat and watch a show at the same time."

The car smashing area was set up outside the stadium by the practice fields. For precaution, the old car stood in the middle of an orange safety circle, so the only person allowed in the circle would be the hitter. "We had to make it as safe as possible," Highfill said.

Students who wanted to take part in the car smash had to choose between hitting the car once for \$1 or hitting the car six times for \$5. Most people ended up swinging six times at a little higher cost.

Senior Kyle Hanson took part in hitting the car. According to Hanson, everyone just wanted to beat the car up as much as possible. "I hit the car once, but I liked it so much I hit it three more times," Hanson said.

Student council advisor Chris Beguhn thought the it was a success. "In about 45 minutes, we raised \$240, and everyone seemed like they were having fun," Beguhn said.

All the proceeds went to the Dickerson family whose father passed away on Sept. 25. "In all it was a great event," Highfill said. "People had fun and it was for a good cause." Spread by Ciera Lundgren



photo by Katie Norris



Senior quarterback Leslie Ware runs the ball at the powder puff football game. The final round was between the sophomores and the seniors, with the sophomores winning 21-7.



photo by Katie Norris

Getting ready for the homecoming parade, freshman Allie Crist creates stars with the dance team members' names labeled for the float. Members got pumped for the parade by listening to music and dancing together.

I definitely liked that we kept the dress-up days because it really shows that our school has school spirit and a lot of people participated.

■Starting off the week,

senior Jenny Pray paints

on the football stadium

sidewallk. The sidewalk

right," Pray said.

painting was sponsored by

student council. "It's always

a great way to start the week

Homecoming

photo by Matthew Courtney



Participating in Rock
Around the Clock, senior
Bethany Christenson smothers
pudding all over senior Kari
Dockum's face. "It was
disgusting," Dockum said. "I
was expecting the pudding to
be in my hair not on my face."



III Reading in AP English, senior Nikki Ward wears a toga, despite disapproval by the administration. "I was expecting a lot of other seniors to do it," Ward said.



I thought the planning was rushed because of the early week of Homecoming and I feel the events could have been better.

Allison Kane '09















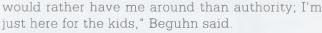
photo by Caitlin Larkin

Grilling for their fellow tailgaters, juniors Drew Wilson and Tyler Waltz place burgers on a plate for students to grab. Waltz was the "Master Griller" for Team Tailgate, and was in charge of cooking most of the students' burgers.

Team tailgate. tradition

after rule-breaking, staff sponsor is put in place

As the canary yellow flag was unloaded out of would rather have me around than authority; I'm it all together." the back of Tyler Waltz's jade SUV, Team Tailgate just here for the kids," Beguhn said. was embarking on yet another evening of football this year and that got us into trouble," junior such as the Superfan following. Tyler Waltz said. "Rather than take the whole to monitor us at each game."

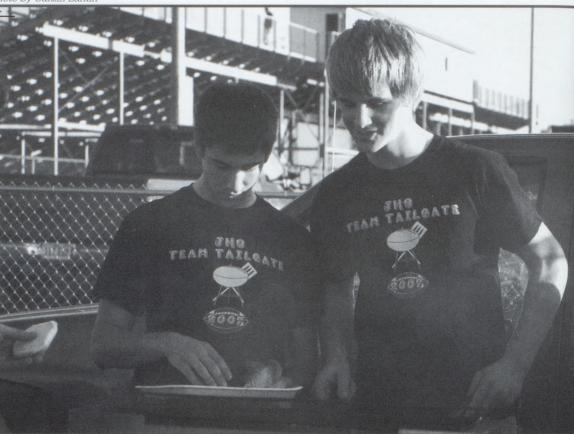


festivities. Although this is common for the the CIML that allows their students to function spirit alive. "We don't want to ruin something so tailgating crew, this year rules were changed to on school property. Tailgating will now be treated positive for the kids," Stratton said. "It's just a add a sponsor. "We've had people come drunk like a club and will work more through the school, safety issue that now requires us to be prepared

With problems surrounding tailgating's friday thing away, they decided to have a teacher come night fun, the administration worries about the tailgating time, but they are only there to assist rules and regulations set into place. "There have with other pre-game activities. "We don't want Since these rules took place mid-season, staff been concerns about illegal activity and we know to ruin something so positive," Stratton said. sponsors were hard to come by. Student council that students didn't want the administrators "It's good for the kids to have a good time while devised a plan to make tailgating more school supervising them the whole time," associate keeping safety in mind. We want to keep the organized. Student council advisor Chris Beguhn principal Jerry Stratton said. "We wanted to keep traditions alive." spread by Caitlin Larkin and volunteered herself for the position. "The kids things going and didn't want to result to banning Bethany Christenson.

Although administrators have been more Johnston's Team Tailgate is the only school in strict on rules, they were apt on keeping the because of the large numbers of participants."

All three administrators were present during







Student sponsor Chris
Beguhn talks with senior
Derek Furrow during a night
of tailgating, "I volunteered
myself to be the advisor
because I knew that was what
the kids would want," Beguhn
said.



photo by Caitlin Larkin



Killing time, junior Zac Stevens plays frishee with his friends at the practice football field the the tailgate prior to the Indianola game. Students would play Frishee and throw a football around while waiting for the varsity games to start. like tailgating because it is a good positive place to get pumped up before the game.

she could.

Taking a huge bite out of

her burger, junior Anne Gray hangs out with her fellow

tailgating friends. Gray liked

Tailgate and went as often as

the atmosphere at Team

Tailgating



III Ouenching her thirst, junior Nikki Sullivan grabs a Mountain Dew out of the tailgating cooler. Pop was provided by Derek Furrow and Hy-Vee.



Keeping warm, juniors
Zach Jensen, Mike Faley, and
Mickey Greene bundle up
in the back of junior Tyler
Waltz's truck. "Tailgating is a
fun thing to do before games
because you get to hang out
with friends and eat food,"
Jensen said.



In tailgating, some kids can ruin it for everyone, so you have to watch out for that.

Miles Summa '09

















After hearing Drake basketball player Josh Young speak during an FCA meeting, juniors Emily Schwartz, Nikki Sullivan, and Kate Nielsen ask Young about being a college basketball player. Leaders of FCA tried to find people with different backgrounds to give a "testimony" at every meeting.



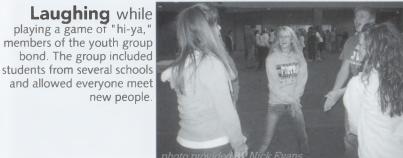
Watching the screens, junior Christian Haas helps during a performance by a Christian band, Avanox, at the Gloria Deo church in Johnston.

Youth

Speaking to the other members of FCA, senior Thomas Lashier introduces the speakers for the night. Lashier was a leader of FCA and hosted the meeting for the night.









We just wear it to notify people that we have FCA that night. It just shows that were excited for it, and it's kind of a promotional shirt.



Senior Nick

Hunsburger ends a song with a heart-felt note. Hunsberger combined his love for his faith as well as his love for singing in his band that that performed Christian music.







Groups















Brown Boldens Former Olympian brings students the Bridge together through faith

"A man finds two cocoons, and notices that one is struggling. The man tries to help the caterpillar break through its shell but ends up killing it. The next day he notices that the other caterpillar is struggling too, however, this time he sat back and watched as the caterpillar broke through its shell and became a beautiful butterfly."

This was a story that former Olympian high jumper Brian Brown told members of the Johnston and Urbandale FCA (Fellowship of Christian Athletes) meeting on Jan. 14. Brown's stories stuck with junior Michelle Ness and affected the way she viewed things long after the night was over. "I would think how could God let these kinds of things happen to people but this helped me realize He knows what He is doing and in reality He is only helping the person to be stronger in the long run," Ness said.

While many students were enjoying a nice day off, others decided to come together and share their faith. Students involved in FCA met in Johnston at The Bridge, a part of the Meredith Drive Reformed Church, with other FCA members from Urbandale. They joined together to listen to Brown speak about his relationship with God.

The students were from rival schools but still came together. "First, we played an icebreaking game so we could interact with each other and get to know each other better," sophomore Nate Ostiguy said. The two groups were brought together without the help of a sporting event and instead of cheer-offs, came together in song. "We sang some worship songs and then got to know each other some more," Ostiguy said.

Brown encouraged the students to be strong and show

their faith. "He was really encouraging, " sophomore Libby Elmitt said. "He told us that we should really be bold in our faith and stand up for what we believe in and not to clam up. Often times we hide our faith, but even if we lose all of our friends, God will still be there for us." Elmitt continued to show her faith by attending FCA and encouraging others to do the same. "It's a great program." Elmitt said. "You can never lose anything from it, and you can always make friends and enjoy the positive atmosphere."

Brown reached the students by relating Bible verses back to his own life. "Even though I had heard the stories many times, I never had it said to me the way Brian said it," Ness said. "His way of teaching made a lot more sense because I could actually relate to what we was saying. I think that is what made Brian such a good speaker. He read us some Old Testament stories and turned them into things that we could apply to our own lives. He told us that no matter who we are, what we do, or what our reputation is, Jesus still loves us and it is possible to change that all of that in Christ."

The students received a message that stuck with them, and helped strengthen their relationship with God. "God loves all of us, even if we wonder if He even knows who we are," Ostiguy said. "His message stuck with me because I used to doubt God when so many bad things happened in my life, but I now understand that God has a plan for all of us." Spread by Kristine Hauser and Mindy Dickerson

At the beginning of a snow \equiv storm that resulted in a snow day, junior Hunter Connelly begins to brush the snow off of his truck. This snow storm produced 9.2 inches of snow, causing all of the schools in the metro area to close for the day.

Showfal

5:17 a m. Feb. 6, news channels added

another school to the list of closings and

delays. Johnston's name appeared, scrolling

across the screen, showing that schools were

closed for the day, making it the first year

there were two snow days in one year since

With a total of 56.6 inches of snow, this

the 2001-2002 school year.

Harsh winter weather causes increased cancellations

class didn't need to make up the snow days, the half day up as a full day would be fair at most of the seniors were happy about the extra all," Berger said. "Most kids would probably days off. "Me and my friends always get together feel that it would have been worth it to go to to do something crazy," senior Allison Moffitt said. "Last snow day we snowmobiled and went to a movie at night- it was like a little glimpse of about the snow days. Sophomore Philip summer, except a little cold."

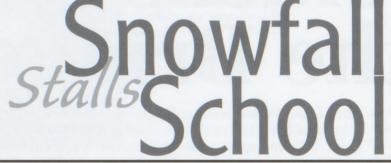
most of them were not too happy that they had to come back during the summer. "It's kind of fun doing doughnuts in new developments, annoying," junior Jordan Berger said. "At the end of the year no one will be focused. All we're allowing them to slide more easily. going to want to do is be out of school."

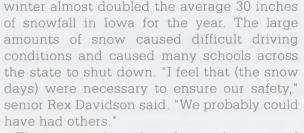
snow days occurred on a day that was scheduled to be an early dismissal. For a long time after the snow day, students and teachers still did not give you a chance to forget everything you know whether or not that day would be made up have to do for school and just have a blast." as a full day or not. "I wouldn't think that making Spread by Leah Kron.

school that half day."

Many of the sophomores had mixed emotions Mortens said that although he didn't want to Although the juniors also enjoyed the days off, make up the snow days, he and his friends enjoyed the bad weather because they had and the slippery roads caused less traction,

Moffitt felt that the snow days caused many It did not make things better that one of the opportunities to create memories. "(The best part) is the memories you make outside with your friends," Moffitt said. "The snow days





The increased number of snow days caused many different reactions throughout the student body. Due to the fact that the senior





photo by Leah Kron



III Senior Shawn Fagen shovels his front porch on a snow day on Feb. 6. Due to the fact that it snowed continuously for 13 hours, finding a good time to shovel proved to be difficult.



Attempting to stay warm on a day below zero in January, senior Mike Schultz enjoys a tall hot chocolate at Starbucks. Schultz and several of his friends went to Starbucks every Wednesday. "There's nothing better than a warm cup of hot chocolate to break up the week," Schultz said.

Sitting in the commons, senior King Vu shuffles his cards. Vu always had a deck of cards and was known for performing various card tricks, and often attracted a crowd.



photo by Cory Gagne



Alex Greig '10

661 hate the bitterly cold weather here in lowa. The long walks from the parking lot to the school are brutal.

Preparing to embark into the cold weather, senior

Jenny Pray digs in her bag

to find more layers to keep

Pointe Academy, where she

herself warm. Pray just fnished

her ensemble rehearsal at The

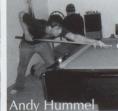
had danced since she was 10.





I love to go skiing in Colorado. Sleepy Hallow

just doesn't quite cut it. 99







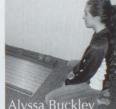






photo by Leah Kron



Members of the state champion volleyball team hold the picture that will be hung in the gym during a recognition ceremony. The ceremony was held for the 1997 state runnerup team and the current state campion team between the varsity basketball games against Dowling on Feb. 1.



photo by Sammy Mcconeghey

Hockey

Fighting for the puck, senior Hunter Beck and Valley sophomore Chad Minard of the Oak Leafs check two Capitals players into the boards. The Oak Leafs finished the season with a third consecutive Midwest High School Hockey League championship.

I like going places and staying in hotels and being with the team the whole weekend for team bonding.

photo by Sammy McConeghey

III Junior Marc Thies skates towards the net, hoping to score during the game against Dowling. Thies was one of six players who played on two teams throughout the season, causing conflict and fatigue.

Receiving the puck, junior Jake Eggers controls it in order to be able to pass at the game against Dowling. The team went on to tie Dowling in the last period with a score of 5-5.

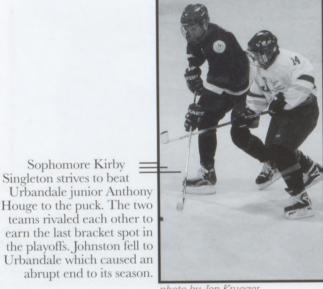


photo by Jon Krueger

There's too many rules. We can't really do anything, and we get stopped all the time in our games.

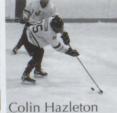
Sophomore Kirby Singleton strives to beat

Guy Newberry '10

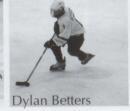
















Attempting to save the puck, senior Brady Johnson reaches out and successfully keeps it onside. The Capitals lost to the Oak Leafs all three games throughout the season. Aiming to score, Waukee sophomore Kyle Collins attempts to get the puck into the net as senior Shawn Fagen stands by during the Turkey Cup game. "The Capitals are a tough team to beat," Fagen said. "We've always had a big rivalry. With all of our fans in the crowd, it always boosts up the intensity."

Travel

Playing on two teams causes constant fatigue and lack of focus

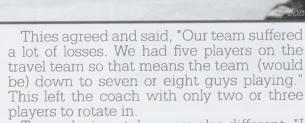
It was Saturday morning. Junior Nels Engblom woke up at six a.m. He gathered his hockey gear and got in the car for a three-hour drive to Kansas City. Engblom then played two hockey games and afterwards retreated back to the hotel with his teammates. Sunday morning came, and more games were played, followed by a trip back home. However, the day wasn't over yet; Engblom still had a Johnston game to play after a weekend already packed with games and driving.

Six players from Johnston repeated this ritual nearly every weekend for three months. Juniors Marc Thies, Ben Hjelmaas, Jake Eggers, Eric Walter, and Engblom from Johnston Gold, along with sophomore Ryan Quesnell from Johnston Purple played on the Junior Buccaneers team and the Johnston High School team, which initiated conflict and constant exhaustion throughout the

hockey season.

After a weekend full of games and travel, the boys wanted nothing more than rest when they came back home. However, relaxation was not an option, and the team played another game which was not always their best performance. "There was this one time when we had a 12:00 Kansas City game on Sunday, and then had to rush home for a 5:15 Johnston game," Thies said. "I just remember me going out there in the second period and I had nothing left. I was tired and my legs just didn't want to move."

There were weekends when dual team members would miss a game because of their travel games. "The games (we missed) would have been better and we might have gotten a higher seed in the playoffs," Hjelmaas said. "A higher seed in the playoffs means you play lower seeded teams, making it easier to get to the championship."



Team playing styles were also different. "I would be used to playing one style of hockey, then would have to transfer to (Johnston); it's definitely not as fast," Quesnell said.

Members of Johnston noticed the effects travel teammates had on their performance. "Both our defense and offense seemed to die when (travel members) were not (at Johnston games)," senior Scott Roese said.

Johnston Gold coach John Burns appreciated the travel team members. "It's an honor to make a travel team," Burns said. "From a coaching perspective, it's a positive. These players double their time on the ice." Spread by Sammy McConeghey





Senior Andy Hummel weaves his legs in a V-shape through the air, attempting a break dance move known as the windmill. "It took a lot of muscle control," Hummel said. "To do something not a lot of people can do was awesome."

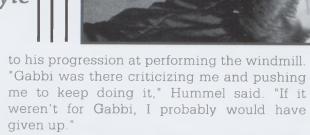
Breaking HopBarriers

YouTube video gives seniors edge on mastering street dance style

It would never be expected from two white, suburban teenagers to master the art of break dance in less than two months, but such skeptical thoughts were what first drove seniors Andy Hummel and Gabbi Warrick to do just that. Attempting to prove cynics wrong and change preconceived notions, Hummel took on the task of learning how to break dance by prom, starting a little less than two months before the date. To do so, he received some outside help.

"Andy told me he wanted to be able to break dance by prom and wanted my help," Warrick said. "We learned off YouTube. There's this guy who does a step by step video of how to do a certain move, (called) the windmill."

Hummel considered Warrick's help crucial



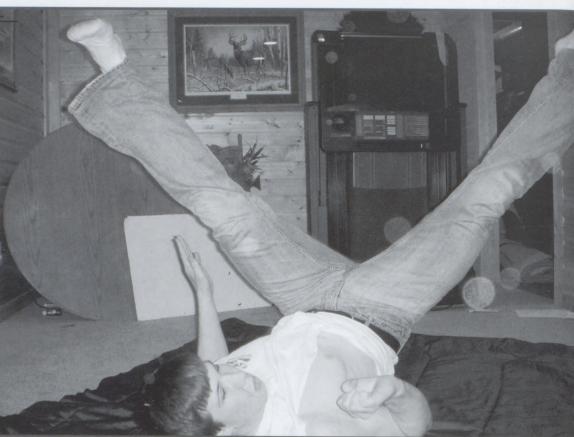
Even with help, Hummel stressed the importance of dedication. "It's not a try and do kind of thing," Hummel explained. "It's more of a try and fail, until you get just a little bit better." Hummel and Warrick took advantage of their early outs to practice, and Hummel spent some time perfecting the windmill on his own. "I tried to do it every other night, but I got horrible carpet burn," Hummel said.

This isn't the only danger Hummel warned other breakers of. "One time I almost broke my neck," Hummel said. "I did the windmill

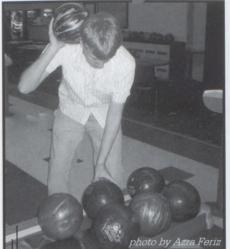
as hard as I could, and somehow got airborne and landed on my neck at an angle. All the tendons in my neck vibrated and I was sore for a week."

Behind all the sore limbs, painful positions, and what Hummel considered "strenuous" work, the two friends appreciated the humor in watching each other break dance. "I cracked up if he did something odd-looking," Warrick said. Despite the ridiculousness, the two friends pressed on and hoped Hummel would have the windmill ready for prom.

As for whether or not he would one day use his newly acquired moves to dominate the clubs, Hummel expressed his outlook, "It is a dream, and if I get really good, eventually a goal." Spread by Cody Zoss and Azra Feriz







MSearching for a ball of proper weight, sophomore Chris Oatts prepares himself for the next round of bowling on an early dismissal day. "I was at Guitar Center and (brother) Eric (Oatts) called me up and was like 'Dude, come bowling," Oatts explained. "I only bowl a couple times a year, but it was fun."



Senior Jordan Handel diligently works on an AP English poetry montage project. "It was kind of a bummer," Handel said. "I liked to have free time on early dismissals."

Recieving help from his friend, senior Pat Ackelson attempts to climb down from senior David Helmer's roof. Ackelson tried to secretly spy on Helmer using the upstairs window and was frightened to jump down.

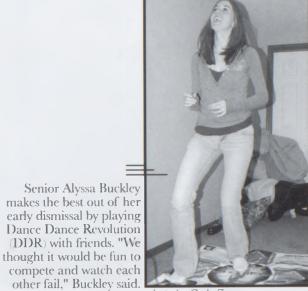


photo by Cody Zoss

There isn't really a point of going to school on early out; we don't do anything in class anyway.

On early outs I usually go disc golfing. I like to because it's relaxing and calms me when I'm stressed out.

Chris Emehiser '10















photo by Makayla Coulson



Left to right, seniors Alex Stanbrough, Brian Bjerk, Nem Djuric, and Kyle Sievers review recently shot footage of their short film entitled Sweet Sixteen 2. According to Bjerk, early dismissals were the ideal time to shoot. "It was when most people were able to," Bjerk explained. "It was fun, and it kept us from being bored."



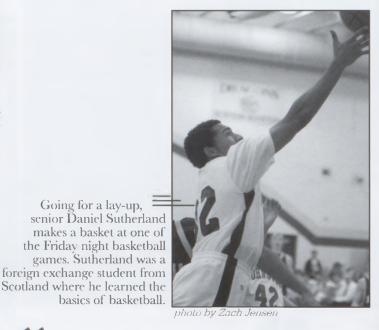
Foreign Exchange Students

Senior Daniel Sutherland dribbles around a Lincoln player at James W. Cownie Soccer Park. Sutherland was part of the varsity boys' soccer team and helped the team win 7-0.



Finishing chemistry, senior Marina Suarez-Perez calculates her homework in the student commons. "Chemistry with (Chris) Beguhn is a lot of fun," Suarez-Perez said "We do fun experiments."

Practicing shape drawing, junior Muhammed Muhammed from Nigeria participates in Jessica Webb's U.S. History class. Students were practicing the common shapes that make up the continent of Asia.



I really don't like the cafeteria food. In Germany students leave at one and go home to eat lunch.

Going for a lay-up,





I really like all of the sport activities and how a lot of

people get involved. 99

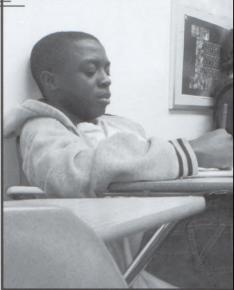














| Foreign exchange student and senior Hemra Kakaliyev of Turkmenistan, swims down the lane. Kakaliyev participated in the JV swim meet at the Johnston Invitational held at Summit.



Hanging with some friends at the annual SAIL leadership retreat, senior Susan Saradeth from Germany watches while seniors Thomas Lashier and Lauren Lund take a picture during free time. "Suzy has been a lot of fun, and it's fun learning about Germany,"

Lund said.

Battle

Spain student wins first eating contest in which she participated

Going to a new school can be a scary feeling, but when the new school is in a different continent it can be even scarier. Foreign exchange student senior Marina Suarez-Perez entered Johnston from Spain, feeling lost. "The school seemed so big on the first day, but I eventually got used to the new surroundings," Suarez-Perez said. Suarez-Perez was not used to going into the different classrooms for each subject, eating lunch at the school and the new after-school activities.

One activity Suarez-Perez tried for the first time was the food eating contest intramural. She said food-eating contests are not common in Spain. "I didn't know what I would have to do at the eating contest, but (senior Sam Grasso) said it would be a lot of fun," Suarez-

Perez said.

Suarez-Perez was expecting a big turnout for the intramural, but due to weather there were not as many people as she thought would be there. "I only competed against three other girls," Suarez-Perez said. "Due to rain, I guess a lot of people couldn't come."

In the food eating contest, there were three rounds. The first round consisted of eating a banana, and the person who ate the banana the quickest won the round. Suarez-Perez won that round and was awarded immunity for the second round. "Whoever didn't win the first round had to eat a big doughnut, and whoever ate that the fastest won," Suarez-Perez said

Senior Natalie Cunningham won the doughnut round and advanced to the final round, along

with Suarez-Perez, to see who would be the female winner. "The doughnut was really good, but it was hard trying to eat it fast," Cunningham said. The final round consisted of eating chocolate pudding with no silverware. Suarez-Perez and Cunningham had to go head-to-head and see who would finish the portion of pudding first and be proclaimed the winner. "I got pudding all over me, from my face to my jeans," Suarez-Perez said.

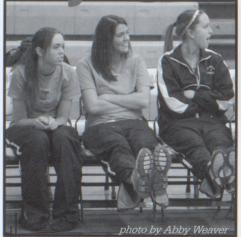
Suarez-Perez won the final match and became the female food eating champion. "I feel I am really getting to know the American culture a lot better by eating really fast," Suarez-Perez said. Spread by Ciera Lundgren.





Injuries

photo by Abby Weaver



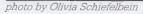


Resting after testing his paper airplane in AP Statistics, senior Phil Patten gives his knee a break. Patten had surgery on his ACL after injuring it during P.E.

During the North game at home, injured players senior Leah Kron and junior Abby Sonner have a leg-lift competition. "The whole time (freshman) Tory Knuth kept telling us that we were dumb. I think we were embarrassing her," Kron said.

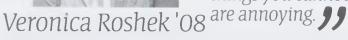
Junior Keaton Schuck runs off the field during a varsity football game. All of the starting linemen wore knee braces due to the high impact during games. The braces are used for injury prevention.





The only good part is getting to go to physical therapy because it is the only time I get to use my arm, and it is fun to be there.

(The worst part was) not being able to run for six months for a shoulder injury. The littlest things you cannot do













Senior Daniel Sutherland plays during the varsity basketball game against Indianola. Sutherland taped his knee in order to prevent any injuries during games.





Working on her physical therapy with the school's trainer, junior Abby Sonner executes her stick exercises. Sonner had a surgery to fix her torn labrume early in the winter in order to be healthy to be able play in the upcoming softball season.



Watching closely, junior
Taylor Probst is relieved,
momentarily, as her doctor
saws of her cast, only to put
a new one on minutes later.
Probst had a check-up on Feb.
26 to see how her broken wrist
was healing.

Roundoff Goes Wrong

Student undergoes six weeks with a pin and plaster

Provided by Taylor Probst

Taking a deep breath in the All-Stars Gym, junior Taylor Probst starts her roundoff. Somewhere between the start and finish, something went wrong. "I did a roundoff that went out of control," Taylor said.

To Taylor it seemed that her loss of control was just a slight wrist tweek.
"At first I didn't think anything was wrong," Taylor said. "But then I looked at it and said, 'There's something wrong with my wrist.' I couldn't look at it after that." After realizing that something was very wrong, she was able to stay calm but remembered being very scared.

Taylor was at All-Stars to help her prepare for cheerleading tryouts as they had opened the gym to hopeful squad members. When she realized the extent of her injury, she headed to the emergency room. "My sister was there so she went to the hospital with me, and the girls there were really helpful," Taylor said.

At the hospital, Taylor's X-rays revealed that a bone in her wrist had broken and shifted next to the other portion. Her wrist had a clean break in her growth plate. "I was excited because the doctor said my growth plate wasn't all the way developed and that I was still going to grow a few more inches,"

The doctors put her wrist back into place and into a simple cast with a sling. After a week she went back and found out her wrist had moved back during the first week. The doctors told Taylor and her family she needed surgery if she wanted to have the bone stay set. "They

Taylor said.

said (surgery) was a possibility when they set the bone so I was prepared for it," Julie Probst, Taylor's mom said.

After the surgery, Taylor went back for a check-up to have the bandages removed. She then had a permanent cast put on. "The worst was when they took off the plaster and the pin was sticking out," Taylor said. "I felt that if I looked at it too long I would puke. My dad took a picture to show my mom."

Although breaking her wrist was bad, it wasn't the worst part for Taylor. "I think I felt the most emotional when I realized that cheerleading tryouts were next week and I knew I wouldn't be able to participate in them," she said. To Taylor's surprise, the coaches let her try out with the cast on, and, despite her handicap, she made the squad. Spread by Olivia Schiefelbein and Abby Weaver



Spring



Glancing at their third place trophy, senior dance team captains Courtney Coakley and Alyssa Buckley admire the group picture on the trophy. The girls attended the dance team banquet held at the restaurant Christopher's.



Opening her time capsule in excitement, senior Sammy McConeghey looks at a note from an old friend. "It was really fun to see who my friends were and what I was interested in during 8th grade, then realize how much I've changed," McConeghey said.

Checking in her bike,
sophomore Taylor Smith
signs her name in the left
column. Bike to School Day
had several meeting locations
to ride to school with a group,
including Metro Ice Arena
and Hyperion.

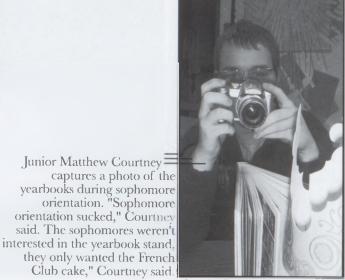


photo by Bethany Christenson

Phil Mortens '10

this spring. It should have been warmer, sooner.



Spring break in Colorado was dandy. I got to go and see my old neighbors.















Reaching for the Pop Rocks, senior Paige Sanders heads to the checkout line at the candy store in Jordan Creek Mall. Sanders and friends hit the mall after getting out of school early. Examining her bike on her way to school, senior Katelyn Ingersoll participates in Bike to School Week. Ingersoll faced problems when her bike malfunctioned and was forced to stop.

Bountiful Bikes Bring Bonus

Teachers promote healthier lifestyles through Bike to School Day

As gas prices continued to rise and with extra credit at hand, biking to school became more popular than ever before. Almost 600 students biked to school during Bike to Work Week, doubling the goal of 200 students. "I was hoping for 200 riders," science teacher Kevin Schulte said. "Actually getting about 600 riders did surprise me. I rode my bike to school all five days because it's good for the environment, it saves me money, and it's refreshing. Biking to school was beneficial because it showed that there are outstanding students and staff at Johnston," Schulte said.

Some students continued to bike to school, even when the official Bike to School Week was over. "It shows that many people are thinking about the difference they can make in themselves and the world," Schulte said.



One incentive for students to ride their bikes to school was prizes given out by student council. "We had a ticket system so that the students could check their bikes in and out," sophomore Julia Manning said.

Ticket numbers were to be called out during the day, and those who had tickets that were called won a prize. "We gave Mr. Schulte money from our funds to go and get the prizes, but some of them were also donated from local bike shops," Manning said. "I think that the prizes helped get more students involved in riding their bikes to school."

The physical education teachers also came together to give students a free P.E. make-up as another incentive to ride their bikes to school. "It was a great source of exercise, and a way for students who needed to improve their

grades to get the extra help that they needed," physical education teacher Brian Woodley said. "I thought it was an awesome sight to see: teacher/student camaraderie of school." Woodley thought it promoted a healthier lifestyle, and it was great to see all the bikes come in.

Many members of the staff and student body would like to see Bike to School Day again, and maybe even have it lengthened to a whole week. "I'd like to try and make it a habit for students to ride their bikes to school," Schulte said. "We will do it again. Great events can only take place with great teams; everyone played an important role in the planning and implementation of Bike to School Day. Every person can make a difference, even if it's as small as riding your bike." Spread by Bethany Christenson and Mindy Dickerson

Asking a question, junior Christian Haas tries to figure out his shield at the "Picture Corner" at After Prom. Keeping in spirit with the theme of medieval times, students could get their picture taken in garb from the era.

Population causes new location

increase in numbers forces prom to find a new home

> of their most pleasurable nights, sponsors preferred to have prom on the same degree weather outside to blazing hot Pam Brown and Kyla Burns, along with weekend as every other year. "(It's good) temperatures inside. Most people weren't principal Bruce Hukee, saw a plethora of as it falls at the end of spring sports, before bothered, but others felt that it was a problems. "We realized that Hy-Vee Hall summer sports, and a week after the malady. "It got hot at times, especially was no longer an option for our prom," Drake Relays," Brown said. "We look at when I wanted to bust a move." senior Brown said. "Our combined junior and this so that the largest amount of students Shawn Fagen said. senior class has a higher enrollment than possible will have the opportunity to Prom was more about having fun than the Hy-Vee Hall could accommodate."

> also affected the dance. "Students had average amount. complained about it getting too hot in the dance room because it was so crowded," was the perfect solution, there were some because it's prom and prom should be fun," Burns said.

> work to find a new hall. "Finding a work as it was set outside in 46 degree cared about; to stay up until 5 AM with location is difficult since spaces that work weather. Still, the coordinators had no the people they knew and loved. Spread for larger high schools have already been other choice. "It was necessary to have by Faisal Alabsi and Kristine Hauser. reserved yearly in advance," Brown said. the grand march outside," Brown said.



While students saw prom as being one Another factor went into play as they

The grand march only led from 46

attend prom." That scheme worked, as anything else. Although there were some Other than space, the temperature over 650 tickets were sold; well above the obstacles leading to prom, once people actually came in and danced, everybody Although it seemed like Val Air Hall was carefree. "I had a lot of fun just complications. The grand march set the sophomore Gabrielle Liljedahl said. After Brown believed it was quite strenuous tone and feel of prom but was toilsome all, that was what all the students really



III In his own unique style, junior Alan Nagel river dances for a crowd during prom. Nagel's performance was followed by dancers doing the worm and pulling friends into conga lines.

Pulling his date closer, senior Nick Ligori and junior Alex Cahan start to dance away from the crowd. The busiest part of the dance floor was a table in the middle of the floor that was covered in dancing students.

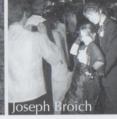


photo by Kristine Hauser

Swaying to the slow beat, junior Kelsey Mitchell and sophomore Scott Monroe dance beneath the disco ball at Val Air Ballroom. Many students noted there were more slow songs played than in other years, and that they were often played back to back.

space. I liked the dancing block in the center even though I didn't get to experience it, and the DJ was pretty good. I just thought the venue was put together really well. J Colby Lindsey '08













Prom

photo by Kristine Hauser



Sophomore Kylie Kinsey joins junior Eric Everette and his date during a slow dance. Kinsey went to the dance with junior Ethan Nutter, but saved this dance for some of her other friends.



Coaxing students into introducing themselves, guidance counselor Curt Larkin cracks jokes for the crowd around the grand march outside the prom. Students promenaded for the crowd before being released to the dance.

Graduation

Bowing her head, senior Ariel Landwher receives her white cord from principal Bruce Hukee commemorating her achievement for being in the top three percent of the class. Landwher also wore cords for NHS and student council.

Waving his hands for emphasis, Jason Jauron gives a speech at senior breakfast. "I hope I managed to motivate them to realize they are the future of this country, they are talented young people, and that I believe in them," Jauron said.

Reminiscing over old class photos, seniors Laura Hilby, Leah Kron, and Sammy McConeghey share a laugh. McConeghey had spread out an array of old photos on the dining room table of her grandparents' house for her graduation party.

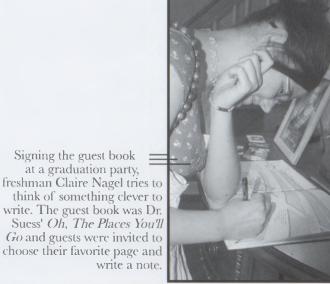


photo by Hannah Emmerson

Torey Robinson '08

At first I was surprised and chalked it up to the Class of 2008 being screwed over once again.



Having graduation on Tuesday was actually kind of nice because it spread the

events of picnic, rehearsal,

parties and graduation out.







Signing the guest book

at a graduation party,







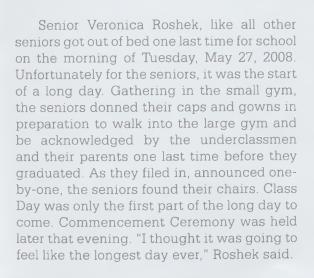


Looking out into the audience, senior Jenny Pray delivers her speech at the commencement ceremony. The speech consisted of tracking the many memories over the years grade by grade.

Ripping the cap from
her head, senior Natalie
Cunningham lets out a cheer
of excitement as the last
student to graduate crossed the
stage. "I was sitting
on the edge of my seat
holding onto my tassel,
ready to throw my hat and
scream," Cunningham said.

Concerns Commencement

Seniors Endure A Day of Pomp and Circumstance



Some students weren't exactly excited about a dual-ceremony day. "I didn't think that much pomp and circumstance could be crammed into one day," senior Nicolette Ward said. "The prospect of having to sit and listen to strangers' names being read for that much time in a single day gave way to a pretty impressive torrent of foul language."

Although strange to some seniors, others paid little attention to the difference from previous years. "I didn't think it was weird, until kids from other schools told me it was weird," senior David Zhang said.

There were some concerns with schedule conflicts between families. "My brother and

sister-in-law were not able to come because they had to fly back home for work," said senior Jenna Schissel.

The changes to the ceremony dates were due to timing. "We tried to get graduation as close to the Memorial Day weekend as possible and seniors could not graduate until May 27," principal Bruce Hukee said. "I think there is always a concern with having graduation during the week rather than on a weekend because of travel."

Even though tradition was broken, the ceremonies commenced as usual. "For the first time doing it this way, I thought it worked well." Hukee said. Spread by Hannah Emmerson.





nicce mind

Essentially there were three **DIGGES** to our academic year-fall, winter and spring. These **DIGGES** spanned four quarters, two semesters and 180 school days, and not one of them was anything like the other. New classes formed, new trips were planned and executed, but more importantly students excelled like never before. Every class at JHS offered a fresh **DIGGE** of opportunity, whether that be a trip to the zoo or newly enacted dual credit from DMACC. Academics, after all, was the **DIGGE** of our year that led us through our days, quarters and semesters, taking them all in one at a time.





Advanced Composition

New curriculum develops with new year

To take AP English, it was strongly advised that a student take Advanced Composition and American Literature to be fully prepared for the course. Up until this year, a singular teacher, Cheryl Berglund, taught the Advanced Composition course. Since her retirement at the end of last year, the course was due for quite a few changes. There was a concern amongst the English department that certain courses were a repetition of others, which made it time to reevaluate the Advanced Composition curriculum. The two new teachers that were to teach the course, Ed Walker and Mark Schillerstrom, consulted with other teachers in the English department. Melissa White and Sarah Wessling, to redesign the course.

Senior Chris Cline had Advanced Composition with Berglund the last year she taught the class. They went a whole lot deeper into the grammar than other classes. "Kids who are looking to get better at writing should take it," Cline said.

Senior Jenny Pray also had Advanced Composition with Berglund as a junior in preparation for taking AP English her senior year. "I'didn't really like the class," Pray said. "But the papers were straightforward, so it wasn't really challenging." Even though Pray didn't enjoy the class as much as she thought she would, she liked the writing aspect.

Schillerstrom commandeered the second semester of Advanced Composition. "Advanced Comp. serves two audiences- students preparing for AP English and college" Schillerstrom said.

Junior Amra Beganovic was of the first to experience the new curriculum during the first semester. "We were the guinea pig class," Beganovie said. "I though it was useful that they focused on persuasion, but I would have liked it better if they covered more diverse styles, like creative writing.

All in all, the teachers hoped the course would offer students new insights. "I hope that all my students got something useful out of the class, even those who were disappointed in the changes the department made," Walker said. Spread by Zach

Jensen and Hannah Emmerson.



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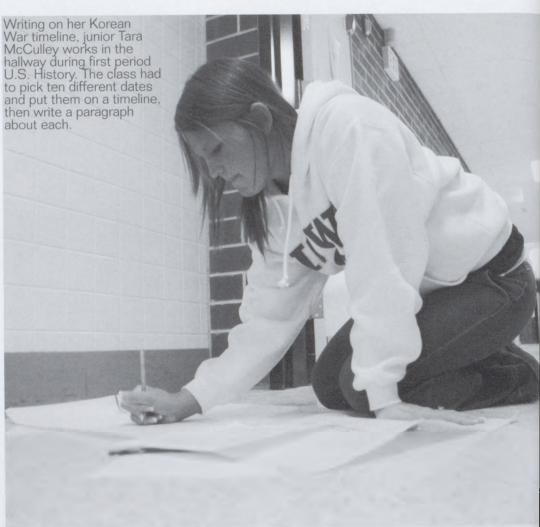


photo by Zach Jens

















During U.S. History, juniors Jake Rosentengle and Bogdon Gilmutdinov ask teacher Jessica Webb for advice while writing World War I essays. Students looked at the question the night before and had one class period to finish.



Senior Erik Anderson gets his measurement taken by junior Kaeleigh Gebard in track one P.E. "My favorite thing in P.E. was doing meditation where we just get to lay there and work on sleeping," Gebard said.



Classes to become: an English teacher

AP English World Literature American Literature **66** I wanted to become an English teacher because I loved to read and write and teach kids, and the thought of doing it for a living seemed like a perfect match. Melissa White



Jake Heil '09



Shawn Fagen '08





Junior Molly Mellinger presents her independent novel project for Contemporary Literature. Students had a majority of the semester to finish. Since she liked to draw, Mellinger used a drawing as her visual aid for the project.



Drew Wilson '09



Justin Handel '10



Kelsey Fiala '10 Design

Azra Beganovic '09 and Torey Robinson '08



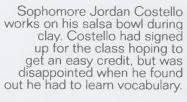
Sitting in video production, sophomore Ciara Schaben watches her classmate present

Looking at her vocabulary sheet, sophomore Christina Andeweg tries to find Spanish phrases that match the photos she selected for the timeline of her life. "When I was looking at picture albums I found pictures I forgot about, and it was cool seeing them," Andeweg said.





photo by Makayla Coulson Rodney Wiebers and Hannah Clarkson '08













Classes to become: owner of a tattoo shop

66 I think drawing is a lot of fun, and I want to have that be part of my career. That's why I want to own my own tattoo shop. ?? Krysten Pierce '09









Clay

photo by Zach Jens

Cody Gordon '08

Student's Business Logo Creates Business Logo

Class' design project source for emblem

After eight years of owning his small construction company, Troy Ohnemus thought it was time for a change. With that change went the company name and logo; originally known as Custom Structures, the company was renamed Ohnemus Construction Inc. Ohnemus wanted an eye-catching logo that would represent his newly transformed company, and he knew just where he could find one.

"My wife, (family consumer science teacher) Amy Ohnemus, brought up the idea of talking to (computer teacher) Tim Brickley about the class creating a logo design to fit into a lesson," Ohnemus said. "I thought this project would provide a lot of good ideas from a newer generation." Brickley approved of the project and gave the task to his three Advanced Computer Applications classes to create the company's new logo.

The classes were told that they had to incorporate the company's name into the logo and that it had to look like it was for a construction company. "I wanted something that provided information to the perspective target client," Ohnemus said. "I also needed a design that grabbed attention."

Out of the three classes, Brickley chose a few that he sent to

Ohnemus to choose a winner. "I was surprised when I heard that mine was one of the ones picked," said sophomore Evan Lundstrom-Yurdin. "I was pleased because I hadn't seen myself as a good graphic designer, and their initial approval disproved my negative view of my artistic skills."

"I chose the winning logo because it really caught my eye," Ohnemus said. "The colors were good and the font was what

I was looking for,"

The winning logo was designed by sophomore Megan Parker. I didn't think they would choose mine because it was so simple," Parker said. I saw some of the logos the other students designed and they seemed much better."

Parker's logo was used to promote the business around the Des Moines area. It was printed on the company's job trailer,

business cards, T-shirts, and apparel.

"It obviously feels cool that people on a daily basis are seeing photo by Amanda Gabbert something I designed for a professional company," Parker said. Spread by Amanda Gabbert and Jon Krueger





Aldina Sabic '10



Derek Wright '08 and Maria Taylor '09



semester test, junior Tyler Smith inputs data to create a cubic regression equation in Algebra II. For students like Smith, this year was the first year that students had to take Trigonometry to advance on in their math career. Algebra



circle in her assignment. equations to memorize and lots of homework."



Calculating the area of the sophomore Ella Heinicke closely follows along in Geometry. "Geometry isn't the funnest thing," Heinicke said. "There's too many



Kevin Shi







photo by Megan Kellogg

Sarah Johnson '10

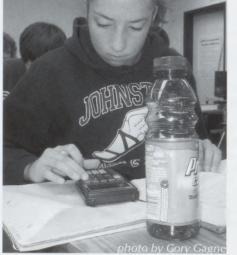
During her AP Statistics class, senior Laura Hilby plots a graph on her graphing calculator. Hilby enjoyed the company of her AP Stat classmates, such as seniors Katherine Burggraaf and Daniel Chapman. "It's not very often you get so many of your close friends in one class," Hilby said.



Tyler Knepper '10

Classes to become: a veterinarian

Ever since I was a little girl and got my first puppy, I've wanted to be a vet. I spent a summer working at a vet clinic, experiencing my future career. Brooke Walters '09





Geometry

Zoo Trip Offers (b)

Students go behind the scenes in Omaha

Starting a new class was often reported as being difficult, but acquiring students interested in taking the class was also challenging. In the case of Kyla Burns' Advanced Life Science class, many students were attracted to the course because of the promise of a visit to the zoo.

Talk arose about going to the Blank Park Zoo in Des Moines, however, going to the Henrey Doorly Zoo in Omaha, Nebraska was a better fit for the class because it gave them a chance to see things they wouldn't have had the chance to if they had stayed in Iowa. "I know someone who works (at the Omaha Zoo), who gave us behind-the-scenes of the aquarium for free," Burns said. "The Blank Park Zoo doesn't offer the behind-the-scenes tour; if we wanted to do that, it would of been \$100 per person. We got in for free at the Omaha Zoo; it was a better (choice)."

Upon arriving at the zoo, the two classes were split into groups of seven and the students got to choose what they wanted to experience at the zoo. "(My group) got to hand feed cuttle fish, we got really close to the monkeys in their eages, we were right above the shark tanks we saw these huge jellyfish, and (got the chance to be) right in front of the sea turtles," Burns said.

One downfall going to the zoo in Nebraska instead of Des Moines was the transportation. "It was hard to organize; there were no school buses they would let us use for the full day so we had to rent a charter bus. It was \$13 more (for each person); I didn't like that but it was our only option," Burns said.

Students felt that the extra money for the charter bus was money well spent. "The charter bus wasn't that bad," junior Kandace Robar said. "The seats were comfortable unlike the regular buses, plus the charter buses were able to fit everyone on there without being squished together. My favorite part was the TV's they had on the bus; we watched movies like *Finding Nemo* and *Transformers*."

Overall, the trip was an experience that the class would never forget. "It was really cool to go behind the scenes and see how (the zoo staff) tookearcofthe animal lift became sick and to see it (acting) in captivity," junior Alex Garlandsaid. Spreadby Sam Dearden and Makayla Coulson

by Erin Funk

tunity





Welder Takes 157

Using grinder first time starts fire

At the start of fourth period welding class, senior Becky Cooper decided to use the larger grinder for the first time as she tried to finish an are welding project. "I had decided to use the larger grinder because it goes much faster, and grinding is not a fun activity," Cooper said. "So the less you have to do it the better."

As Cooper was grinding, sparks were shooting in a way she was not used to. "The sparks shot out differently from the small grinders, and I just couldn't get used to it no matter how many times I adjusted how I was doing it," Cooper said. Soon, the sparks hit Cooper's shirt on her right side, below her ribeage, causing her shirt to get too hot and eateh on fire.

"It's a really scary feeling—looking down and you're on fire for the first time," Cooper said. Cooper set the grinder down and tried to put the fire out herself. Industrial Tech. teacher Mitch Eagles ran over to Cooper and started patting down the fire

The situation then got worse, the fire spread to Cooper's sweatshirt underneath her welding shirt. Cooper and Eagles quickly tore off the welding shirt and the sweatshirt that were on fire. "Luckily, my t-shirt under my sweatshirt didn't eateh on fire because that's really what saved me from getting severely injured," Cooper said.

When the fire was out, Cooper was escorted to the nurse's office by senior Gus Lovett. "When someone is in trouble you should always do what you can to help," Lovett said. "At least that's what my mom taught me."

Cooper was burned below her right ribeage and burned the tips of her hair. "I thought I was going to have to cut a lot of hair off but I didn't have any products in my hair, so it didn't

burn my hair away," Cooper said.

The welding shirt Cooper was wearing had a big hole in it and her sweatshirt was gone on the right side. The sweatshirt remained in Eagles' classroom, where he could show students

what would happen if someone eatches on fire.

Cooper was the only girl in her welding class, and she claimed that was not the reason why she caught on fire. "I just happened to be the one that it happened to," Cooper said. "I wasn't going to let catching on fire bother me too much; I'm a tough girl." Spread by Ciera Lundgren and Mindy Dickerson.

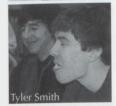


Senior Becky Cooper receives assistance from welding instructor Mitch Eagles Despite a mishap in the class Cooper still aspired to ente the industrial technologies as a career





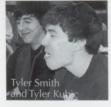




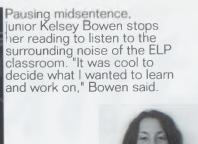














Classes to become: Industrial Tech. teacher Industrial Art classes General Ed. Shop classes

M started in TSA when I was in eighth grade. I liked it because it was more hands-on and would help prepare me for college. Renee Pike '08



photo by Mindy Dickerson

Welding away at scrap metal, senior Dominique Jones works on his welding skills. Jones was in fourth period Welding.

Dishing some cavatini onto his plate, sophomore Derek Snaver tries some

of everything available. Amy Onnemus' family and consumer science class ate the food that they had prepared as a reward.







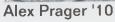
Chris Bracelin '09

Sarah Hurm '10











Meredith Freese '10



photo by Cory Gagne

Lauren Lund '08 and

Katherine Burggraaf '08

Shawn Fagen '08



Jake Wood '10

D.E Track 2



Sophomore Andrea Iler partakes in a game of "Around the World" in Audrey Bell's world studies class. Students played this game as a review for upcoming tests.



Staring down the range, junior Photo by Ciera Lundgren Nate McGinley gets ready to release the arrow from the bow. "Archery is a lot of fun because you get to shoot stuff, McGinley said.

















Classes to become: an author and publisher

Sophomore English American Literature **Advanced Composition** AP English **Creative Writing**

66 At about the beginning of my freshman year I knew I wanted to go into something involving the art of writing. To do this I knew I had to perfect my writing so I decided to take specific English courses, taught by instructors who knew the craft well. 99 Brittany Deal '09



AP English

Fair / O U Students

Teachers find ways to make SLP easier

As students entered the small gym for government, tables lined the gymnasium with different organizations from the Des Moines area. The organizations were invited by the government teachers to help the seniors find places to invest their 20 hours of volunteer time needed to complete the required government Service Learning Project. "When I walked in (the small gym) I didn't realize how many organizations would be at the school," senior Rachel Binner said. I headed to the political campaigns tables and other organizations like the Science Center to see how each place was different."

This was the first year for the volunteer fair. Government teacher Ben Knight said the teachers wanted to help the students get more involved in choosing an organization. "We felt it was a good idea for students to talk to the organizations one-on-one and get the contact information in person," Knight said. "In past years students seemed to have trouble contacting the different organizations and the students wouldn't know what the voluneer

requirements were at each organization."
Senior Lindsey Tosch felt the volunteer fair was very helpful. "When the project was first mentioned, I didn't know where I wanted to donate my time," Tosch said. "I liked how there were a lot of different organizations, and I could get insights on what

each organization expected from its volunteers.

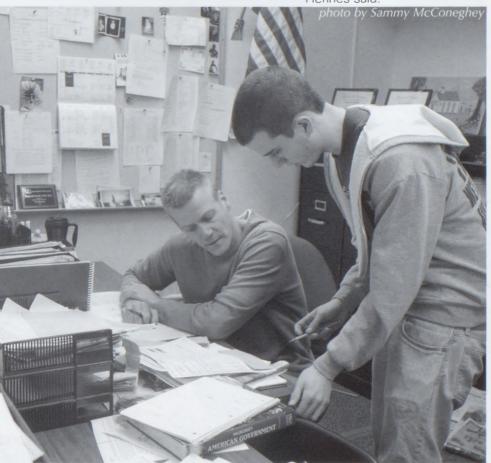
While some students thought the volunteer fair was beneficial, others did not enjoy it as much. "I already knew where I wanted to volunteer at so I didn't want to go the volunteer fair," senior Liz Fuller said. "The students who already knew what they were

doing should have had the choice to go or not."

Some students who went to the volunteer fair enjoyed the fact that they could go up to the different organizations in person and talk to them about volunteering. "Even though I did not pick an organization that was at the volunteer fair, it did help me get in the process of thinking where I wanted to donate my time," Binner said. Binner ended up helping out coaching the junior mock trial teams. Spread by Ciera Lundgren

iteer

Asking last minute questions before the final, senior Nathan Breen receives help from government teacher Pat Hennes about the election process. "The presidential election generated a lot of discussion and helped lead to a record participation of young lowans in the caucuses," Hennes said.





Madison Thompson '10



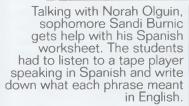
oto by Makayla Coulson

Venisa Kolubdzic '09

Brittany Long '09









Sophomore Emily Kane decides to use her imagination and create the Beach Party Bar and Grill for her project in Computer Applications. "I thought it was stressful and fun, but I wasn't very good at it," Kane said.



Jenner White '08



Classes to become: 2nd grade teacher

Math Classes Science Classes Sociology

Molove working with younger kids because they make me happy, and I feel like I can relate to them in different ways. "

Kendra Greenfield '10



















ccounting

Bibler Miles Becomes

Junior Excels in Two Languages

As junior Heidi Bibler scratched down doodles on paper and listened intently to her Spanish teacher explain verb conjugations, she made a discovery. These conjugations started to look familiar in her eyes. The four years of French knowledge she had acquired made it easier for her to understand this new language. With the encouragement of her older sister and 2005 graduate, Emily, Heidi was doing something rare and challenging by taking two foreign languages at once.

Emily also took French and Spanish while she was in high school. "Doing this was helpful because I have had so many opportunities, and I really recommend it (which) is why I recommended Heidi to do

it," Emily said.

Heidi listened to her sister's advice. She started French I in eighth grade and advanced to French IV by her junior year. In the first semester of her junior year, Heidi decided to start Spanish I. Halfway through first quarter her Spanish teacher, Angela Koob, moved her to Spanish II. "Spanish I was not challenging her enough, and her French background allowed her to pick up the language quickly," Koob said. "She is a model student and she comes in excited to learn."

Despite speculation on the rigor of studying two languages at once, Heidi found the two languages surprisingly similar. "The verb to accept, in Spanish is 'aceptar' and in French it is 'accepter.'" she said.

"Also conjugation and grammatical (things) are similar."

To keep up with both languages Heidi would go home and study instead of watching television or sitting around. I split my time and focus on the important things, but I try to get it all done and do my best," she said.

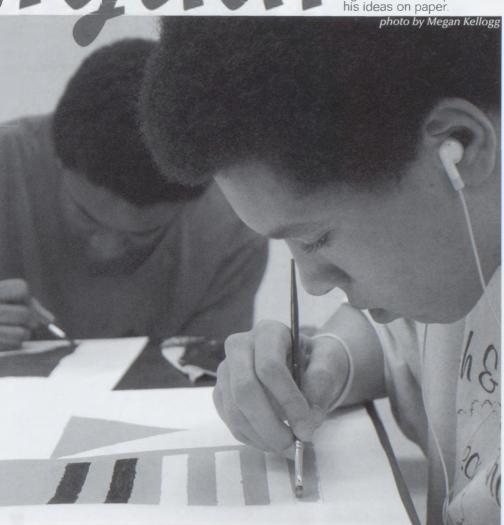
To get more practice Heidi would talk to older sister Emily on the phone. Emily, a junior at Iowa State, made time to practice with her sister when she could. "Sometimes when I am home we talk in French so our parents don't understand," Emily said. "We do this to mess

around. It's just a fun joke."

Even those who knew Heidi found her bilingual class load to be shocking. "My friends think I'm crazy and my mom thinks it's amazing that I can survive them at the same time, but she isn't shocked because my sister went through the same thing," she said. Spread by Azra Feriz and Steven Williams

Sop draw his land the right his i

Sophomore Brandon Neeley draws abstract designs in his Essentials of Art class. After being assigned to paint different shapes and make them their own, Neeley got right to work and painted out his ideas on paper.





Andrew Verhasselt '10 Isaac Shryock '10



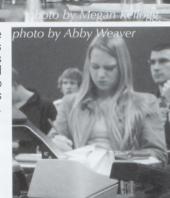
Hemra Kakaliyev '08



Junior Zach Buckley and freshman Kevin Han try to get a handle on their bunsen burner in Kevin Schulte's chemistry class. Han came over to the high school fifth period so he could take the class.



Deidre Spray sits in the front of Danielle Pippert's Advanced Algebra II class. This was the first time the class had been offered to students who



wanted to be on track towards college level classes.





Making sure to get the accurate amount, junior John Hall measures the value of liquid he's putting in the graduated cylinder during his AP Chemistry class equilibrium lab. "The labs are always the fun part," Hall said, "We do a lot cooler stuff than general chemistry."



Sherri Chyi '10



Zac Stevens '09



Classes to become: a pharmacist

Biology Chemistry Anatomy

[I want to be a pharmacist because I have always been interested in science, and I'm too squimish to be a doctor. Amber Morales '09

















Beyond Overhead the Overhead

New Computers Help Students Visualize Concepts Better

Walking into a math class in that first week of school, students seemed to be in awe of the new technology in the classes. Technology director Dave McGill spent much time over the summer working on and installing these new class helpers. I was in class, and I saw Mrs. Borich writing on her computer and I was surprised," junior Abi Bisenius said. "I didn't know they had the technology out to be able to do that. Everyone in the class was astonished."

The previous year Dave McGill talked with math teacher Rick Brooks about using new computers called PC Tablets. Brooks had seen these computers used at a professional conference he had attended. So McGill got a PC Tablet for Brooks to use on a trial basis. All this led to Johnston High School purchasing the tablets for the math department for the

2007-2008 school year.

The first time Brooks used the computers was as a trial. "I thought students enjoyed them as much as I did at first," Brooks said. "It was something different, and it allowed me to better incorporate all of the

digital tools we have.'

Math teacher Danielle Pippert previously used an overhead and transparencies to teach math. "I really like using the computer compared to overheads because the computers give a much clearer picture than the overhead," Pippert said. "There are also more color choices available on our computers, which makes the presentation of the material easier for students to follow."

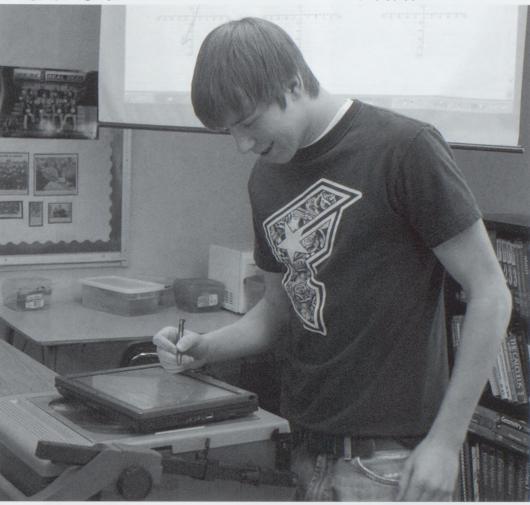
The software that the math department used could only be run on a PC platform, not the Macs that most teachers used. In the high school 10 percent of the computers were PC's. "The reason we got these PC's was because Apple didn't make this brand and this system hooked with projectors and all of the applications worked with these computers," McGill said. "It saved the district money by purchasing one device that worked for all the programs than purchasing multiple devices."

Sophomore Courtney Sabus enjoyed the new applications. "I like the fact that you can see a large image of a calculator on the screen instead of a teacher just telling you to push some buttons," Sabus said. "You get what

you're doing more, and it makes sense."

Overall, the student body felt that the new computers enhanced and relped teach math in a more efficient manner. "I think it is one piece of the puzzle, but we still need to find ways to help students understand and be engaged in their own learning," Brooks said. "Gadgets are great, but altimately, the learner has to decide they are in control of their learning." Spread by Zach Jensen and Jon Krueger

Sophomore Blake Skartvedt writes on math teacher Julie Probst's computer. The new technology allowed students and teachers to write on the computer and have it projected on a screen.



Cody Lenz '09



Rachel Chapman '10



Rolling out a piece of dough, sophomore Megan Parker prepares a pie crust in her fourth hour Culinary Arts II class. Culinary Arts III was added the previous year and was available to students for the first time.



During his Small Engines class, junior Mike Faley works on his homework due for the day. "My dad's really clumsy, so I took the class so I could fix all his stuff, "Faley said. Students who took the class learned the components of engines and their mechanics.













Graphic Communications Senior Phap Lam and junior Huzzaifa Mohammad study the board as they play chess in Sue Cline's fourth hour ELP class. Chess club was sponsered by Cline, and had recently been added to the long list of after-Chris Harney '09



Eric Everett '09

Classes to become: an auto mechanic

CHADLOGY

Industrial Tech. Small Engines I Small Engines II

11 want to own my own shop, a chop shop. I want to be successful and make bank. Plus, I love cars; they're just fast. I wanna go fast. Kyle Lloyd '08





Familial Milestone **Fuels**

Anniversary Provides Project Opportunity

In a class where students could create their own curriculum, the possibilities were endless. ELP teacher Sue Cline expected original project ideas from her students. "People surprise me,"

Cline said. "More often than you'd think."

Such was the case with sophomore Catherine Caracci. "I wanted to do (a project) that had to do with my family," Caracci said. "At first I wanted to research my mom's side of the family, but then my dad mentioned my grandparents' 50th wedding anniversary.

Caracci decided to compile a multimedia slideshow to present to her grandparents on Dec. 28, their anniversary. Cline thought the idea was a meaningful one. "I know what that kind of thing means to a family," Cline said. "Plus it got (Caracci) to talk to her grandparents and get into the whole

oral history thing.

In order to create the show, Caracci interviewed her grandparents and collected pictures from various points throughout their life as a couple, including pictures from their high school graduation when they were just dating, their wedding, and pictures of their kids and grandehildren.

Although her grandparents were clued in on the project, Caracci said they didn't really know what to expect. "At first when I told (my grandparents) it was for a class, my grandpa

thought it was a joke," Caracei said.

When it was time to present the gift to her grandparents, Caracci was more than ready. "We went to their house for Christmas, and I showed it to my family," Caraeei said. "Then three days later I showed it again at their anniversary party

with all of their friends."

Despite a technical problem with the sound, Caracei was just as happy with the finished product as she was with the fact that she got the opportunity to complete it. After all, it wasn't very often that a class project was also a source of remembrance for a family. Spread by Ryan Birmingham and Cory Gagne

tion

Using streaks of red, green, blues and soft purples, junior Shelby Brose begins one of her paintings for her ELP project. Students designed their own semester-long assignments in order to fulfill the course requirements.





Grants Outlook New Outlook

Vietnam veteran Daniel
Gannon speaks to Jessica
Webb's U.S. History class.
Gannon stated that he finds
"the love of and the service to
(his) country and the passion
that (he) has toward all of the
men and women that serve our
country in the military " to be of
great importance to him.

Vietnam veteran tells his experience

As the students filed into the LMC at the beginning of the period, Jessica Webb's U.S. History class chattered away. Once Vietnam veteran Daniel Gannon began to speak, silence came over the crowd. Gannon came to talk to all of Webb's U.S. History classes and one of her World History classes.

Gannon started by explaining to the class how he chose to enter the Marines and was entered into serving in Vietnam from 1969-1970 as a platoon leader. He told the class about his day-to-day activities while in Vietnam and the hardships they faced. "(He) spoke about rationing their food supplies, leading a fire-fight, exchanging rounds with the enemy," Webb said.

Gannon also spoke about the injury he suffered during a battle. He was shot in the elbow and, as a platoon leader, could not leave his men, so he was bandaged on the field. This wound became infected and Gannon had to be airlifted to a hospital, in which he spent two weeks recuperating.

The students were intrigued by the events Gannon covered, as they had spent time learning about them beforehand. "He made every story he talked about interesting, because we all knew they were true," junior Anna Kurns said.

Gannon made an impact on the students as he shared his experience in Vietnam. "He was able to share his life story and how it has changed from before and after (he has served)," junior Vedrana Forean said.

The Vietnam War was a subject of much controversy and Gannon's visit showed the students why. "I learned that the media made the Vietnam conflict sound like it wasn't really a war," Kurns said. "But the way that he talked about his friends who were practically his family, dying to the left and right of him every day. And now, we have respect for all our veterans. But back then, nobody cared about them and almost looked down upon them for going to war."

The stories Gannon told helped the students grasp the Vietnam War from a new standpoint. "Now, when I teach the Vietnam War, I'll have more sources to pull information from, I'll be able to make it come more alive," Webb said. Spread by Sam Dearden











Seniors Alyssa Patten, Stephanie Babcock, and Haley Ramsey converse during a fire drill, which interrupted their government class. "There have been more fire drills this year than any other year I've been in the high school," Patten said. "I don't mind because it's a good chance to get out of class and talk to friends."













Working diligently on her laptop, junior Katie Bonney types a draft for a paper in Advanced Composition. The class was given an assignment to create an argument using logical fallacies, errors in reasoning that dissuade from the logic of one's argument.



Librarian Jane Behrens participates in a book talk during Sarah Wessling's 3rd hour AP English class, sharing non-fiction and award-winning books. "The talk went really well, people checked out more of those types of books (from the LMC) afterwards," Behrens said.

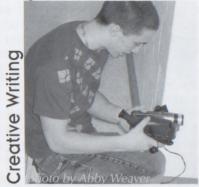


Classes to become: English teacher

AP English Word Processing American Lit I've always loved the way that words can make an impact on people's opinions. I want to be the person that can show others how big of an impact others' words and ideas actually have.

Sammy McConeghey 08

Tyler Eden '09



Ashley Hoogenakker '09



PE Track 2



Joey Knauss '08 Steve Willams '10



Jenny Pray '08



Senior Conveys naenuity Increased naenuity

Collecting photos, junio Andy Golightly decides which items to select to place inside his portfolio for Photo Arti Student's were often challenge to do more than they expected "This class is a very rigorou course." Golightly said

design class brings out student's potential

For a beginning of the year project, design and art teacher Daniel Weiss assigned an unusual task. "It's a reverse of the design elements," Weiss said. "Students take the exact opposite of an object and construct that. It forces the them to study the

principles in a new light."

Weiss said this was the students' favorite project and new, interesting ideas were often brought up involving things throughout the room. One student in particular caught the eye of Weiss. "Senior Gabbi Warrick is so quiet and committed to her work," Weiss said. "It's cool to watch what she's going to create and watch the other students anticipate that also."

Warrick's project was a reversed take on a black, knitted glove. The exact opposite in all aspects called for glass structure that spiraled outward and had hard edges. "I bought huge sheets of glass and smashed them on the ground to get my pieces," Warrick said. "I arranged it into a dome and started super gluing everything together."

Many students commented on Warrick's work during and after it was finished. "Gabbi's project was interesting to look at and fun to watch her make," junior Erin Funk said. "I don't think I would be able to think of something like Gabbi did."

"Students sometimes get mad at me when I give them these hard projects," Weiss said. "It's all performance based tasks; not your usual tests and quizzes." Weiss prides himself in his new way to test students and uses them to get his students thinking new and difficult things.

Warrick was challenged by this project; she had to think of something interesting and true to her form. "The time it took bugged me the most," Warrick said. "The project wasn't that photo by Nicole Postel big, but it took a while. I got super glue all over my hands and

evervwhere else."

The class led students to some fun and memorable experiences; it allowed them to find themselves through their own projects. "If the students survive they develop problem-solving skills and they find their own potential," Weiss said. Spread by Nicole Postel and Ryan Birmingham

















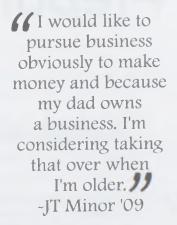


Eating ice cream, juniors Taylor Knuth and Abby Sonner work on an assignment. Rod Wiebers' business class got to play in the dodgeball game during the May assembly with Rick Brooks' calculus class. They were defeated by The Beguhn-Eagles team.



Classes to become: A Business Major

Marketing Intro to Business Economy Advertising Sales Accounting





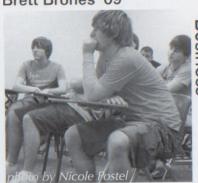
Practicing a skit, sophomores Jennifer Ross and Ali Willis ask Mary Moermond to listen. The skit was from a book called The Little Prince. "I like doing skits because its something new and fun," Ross said.



Brittany Beane '08



Brett Brones '09







Painting with his fingers, senior Cullen Hirst creates a piece of art from soil based paint. Dan Weiss asked his students to develop an understanding of where paints come from. Hirst collected soils from Texas, Polk City, and Georgia to create a white, brown and black painting.



Shelby Hellmer and Shane Christonsen '10



Daniel Berry '10



Preparing for the students take a test, a semester after

Students in AP Statistics sit down with teacher, Vickie Borich to prepare for the AP exam. Seniors Brad Halbersma, Ian White, and junior Senuri Jayatilleka took notes and asked questions to feel more confident for the exam-

completing the class

After taking AP Statistics first semester, four students decided to take the AP Statistics exam. However, the only time the exam was offered was at the end of second semester, a semester after the students had taken the course. "I realized I had forgotten a lot from first semester, but once I started reviewing, it all came back," senior Audrey Henning said.

To review for the test, math teacher Vickie Borieh held review sessions at her house. "I think the students were well prepared," Borich said. "I gave them web sites with practice problems (and) flashcards. We (also) used questions from previous tests that were on the AP site."

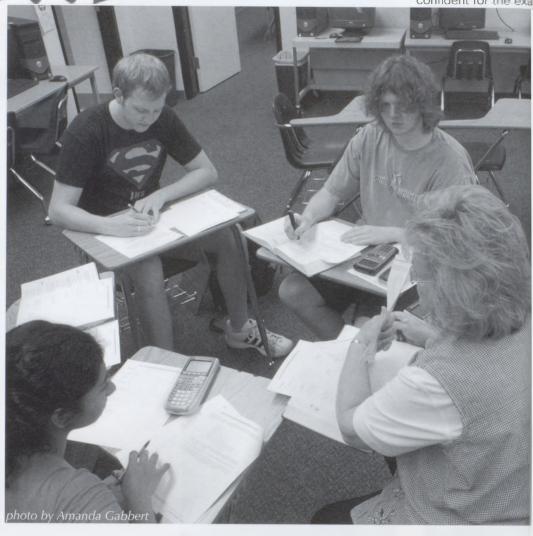
Even after all the reviewing, some students did not feel completely ready for the test. I felt somewhat prepared; I should have studied more though," junior Senuri Jayatilleka said. "I should have studied longer and spent more time on it."

Students chose to take the class for many different reasons. "I wanted to take a math class this year, but'l didn't want to take calculus," Henning said.

Jayatilleka had another reason for taking the class. "Mrs. Borich suggested it to me during an Algebra II conference my sophomore year," Jayatilleka said. "It sounded interesting, so I decided to take the class."

This was the first year Borich taught AP Statistics and she did not have a set schedule on when she would teach different sections of the class. Because of this, the class was unable to get to the last chapter in the book, which was also on the test. In class, we never got to (the) chi-squared test, and that was one of the essay questions," Henning said. "So all I knew was a quick overview from our study sessions." Chi-squared testing is a statistical test for deviation between an observed value and an expected value.

Borich was proud of how well the students did. "They're driven to exeel," Borieh said. "These are kids who take several AP tests, so these are kids who are really motivated to get AP eredit." Spread by Amanda Gabbert and Steve Williams













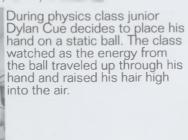








Examining and taking notes, senior Alyssa Burcham dissects a cat in anatomy. "This was during a practical and it was pretty hard," Burcham said. "We worked well as a group." Burcham wants to be a veterinarian after finishing her education.





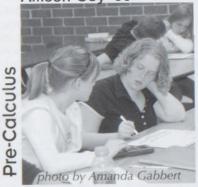
Sophomore Claire Ottley squints through her instrument to find an angle of a tree. During geometry class students made instruments to measure angles from their point of view, using a straw, string, weight, and protractor.



Computer Science Algebra I Algebra II

I find computer science interesting and fun. Classes to become: Plus, it's a good feeling computer programer to know how to do something that threefourths of the school doesn't even know about. Zach Bruce '09

Erin Smalley '09 Allison Coy '09



Isaac Shyrock '10 Andrew McCrea '10





Laressa Peters '09 Amy Kruger '09



Alex Erb '08 Chris Bracelin '09 Alex Garland '09





Classes Endure Worthwhile

Culinary students patiently adjust

In the spring of 2007, family consumer science teacher Ruth Hamilton found out that in a year she would be forced to vacate the family consumer science room. However, Hamilton was not dismayed or even frustrated with the news that she would have to move rooms with a month left in the semester, but rather she couldn't have been more thrilled; the family consumer science rooms were receiving an incredible remodeling. "It's very eyeiting." Hamilton said.

remodeling. "It's very exciting," Hamilton said.

The newly remodeled room was to receive a complete transformation. Skeletal, home-style kitchens would be installed with one large, restaurant-style kitchen. This commercial kitchen would contain a six burner stove, two ovens, a combi oven and a three compartment sink with a garbage disposal. "I think the idea of a fun industrial kitchen is awesome," Culinary Arts II student, senior Katelyn Ingersoll, said. "I think it will really open up the room a lot and bring it into the century."

While the new room was something to look forward to, the construction to the current room still left family consumer science students without kitchens for the last month of the semester. Hamilton planned accordingly by completing all lab work in the kitchens by May 1 and saving all written projects for the last month. "I'm not sure it was as enjoyable (for the students), doing project after project, but they were great," Hamilton said.

"Early this year, Mrs. Hamilton told us we wouldn't be able to cook as much," Ingersoll said. "I was bummed." Despite the disappointment, students still aided in the move to the new rooms by packing and moving boxes down to a temporary family consumer science room in the newly completed wing.

"The kids helped (with the move)," Hamilton said. "The

"The kids helped (with the move)," Hamilton said. "The move wasn't as hard as I thought it was going to be. What was hard was not having access to the lab facilities." Once settled into the new room students worked on projects that filled out the rest of their class, eagerly awaiting the completion of the new room for the next year. "It's worth the wait," Hamilton said. Spread by Corv Gagne and Leah Kron

Sampling the cheese, sophomore Meghan Battersor writes down her description of the taste. Students were challenged to learn different aspects of culinary arts that prior years due to the move into the new hallway

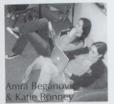












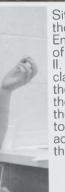








Staring intently at the computer screen, junior Michael Semple plans out his project in graphic communications. The class was taught by Joe Huebbe, who travelled between the high school and the 8/9 building to teach industrial technology classes.



Sitting in the new wing of the high school, junior Sarah Engstrom examines a piece of cheese in Culinary Arts II. Family consumer science classes were forced out of their original classroom into the new hallway for the end of the year, causing the teachers to find different culinary activities that did not require the use of kitchens.



Ignoring one of The Backstreet Boys' hit singles, "Larger Than Life," playing in the background, senior Joseph Broich concentrates on playing the guitar. "I work on new techniques and keep practicing to get better so I can hopefully get in a band some day,"



Classes to become: Fashion Designer

Design Clothing & Textiles Central Academy's Fashion Program because it's so
unexpected and
changing. You're not
doing the same thing
over and over again
Rachel Spurgin '08







Katherine Burggraaf '08 Amanda Korkow '10

William McDowell '10





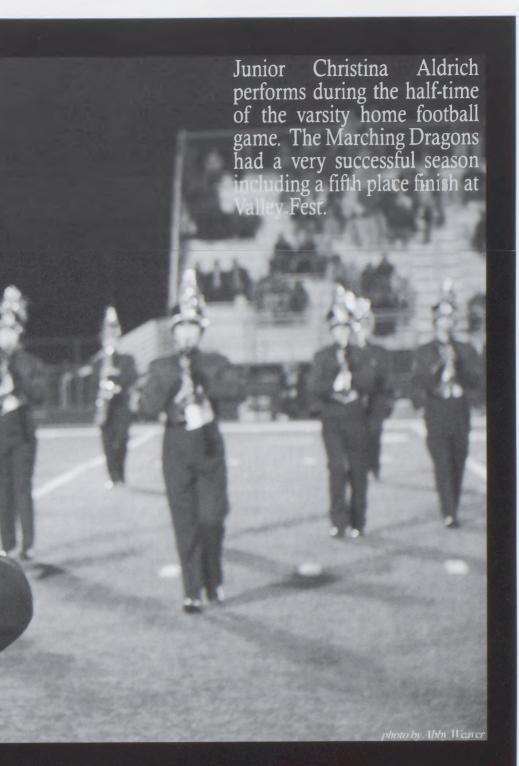
Ryan Coffman '08



pieces of a Whole

While classes composed our day and athletic events our Friday nights, organizations were the **PIGGS** that made up our identity as a school. Each group contributed unique and memorable **PIGGS**- from lively intramurals to a controversial day of silence and everything in between. Organizations also thrived in competition; some for the first time. Each group was a **PIGGS** of something much larger than itself as they represented the identity of JHS as a whole. Organizations allowed students to contribute **PIGGS** to the year and many took advantage of it in as many ways as possible.







Anticipating the return of his bowling ball, student Tim Gerzema waits anxiously in front of the chute. Gerzema had a special ball, one decorated to look like a character from the movie Monsters, Inc.



photo by Sam Dearden

Junior Kelsey Bowen copies down names of current members, pairing them with buddies that best suited their personalities. "I joined sophomore year," Bowen said. "My friend was interested in it, and when I heard what it was about I decided to join."

Sophomore Kjiersten

Van Pelt leans in close to student Lauren Mackey as she identifies where Mackey wanted her to move the game piece. "I knew Lauren's brother from seventh grade so I requested her to be my buddy," Van Pelt said.



Conversing with her assistant KT Menke, sophomore Jill Von Fumetti laughs as she enjoys lunch with her friends. A pizza party was thrown March 28 in co-adviser Susan McCravy's room to allow for more interaction between members at school.





Hove the quote 'We should acknowledge differences, we should greet differences until differences make no differenceanymore. I believe we should do so at our school.



Co-adviser Brigid Townsend

Junior Chris Soroka tries his hand in a round of Guitar Hero II as junior Keith Wiskirchen watches. Soroka was attempting to hit the notes from the song "Carry On, My Wayward Son" by Kansas.







photo by Sam Dearden



<u>Buddies</u>















CISCOURAGING decreasing members pose problems for continuation of group CISCOURAGING CONTINUATION CONTINUATION CISCOURAGING CONTINUATION CISCOURAGING CONTINUATION CISCOURAGING CONTINUATION CISCOURAGING CONTINUATION CONTINUATION CISCOURAGING CONTINUATION CONTINUATION CISCOURAGING CONTINUATION CONTINUATION CISCOURAGING CONTINUATION CISCOURAGING CISCOURAGING

At the turn of the century, participation was thriving when Best Buddies was first established at Johnston. A group in which students with intellectual disabilities had the chance to form long-lasting friendships, it was one of only 18 chapters in the nation that existed at the time. However, there were not as many students interested in the group. "Urbandale (High School's chapter) folded, they were strong, we were strong," co-adviser Susan McCravy said. "Now there's so few kids who want to do it, there aren't even enough kids to be officers."

The group made it a point to hold activities as much as they were able to. Pizza parties, an Iowa Cubs baseball game, and early out hang-outs were all offered to members, but not many new participants made the time to get involved. "The lack of participation keeps the activities from having any momentum or appeal to members and most times results in an uninteresting activity," junior Kelsey Bowen said. "The more people (involved), the more fun the activity."

The lack of participation could have been potentially hurtful to already dedicated members. "It's seeing the look on their buddy's face is what hurts the most," sophomore Caleb Wagner said. "It's frustrating for everyone when very few people show up and all our plans are ruined."

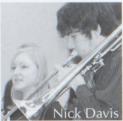
The continual failure of activities resulted in the

decrease in involvement from many of the members. "I think the decrease has come from communication troubles and lack of care," Bowen said. "It seems like the program has just been unraveling and falling apart; the members aren't enthusiastic and communication always seems to be an issue."

The decrease in participation from students was a factor in the potential termination of the chapter at Johnston, but also the idea people had about the group prevented new members from joining. "People tend to think that the intellectually impaired cannot do the things you and I can," Wagner said. "Or that they act strange and you can't really have a conversation with them. I think that people tend to think these things because they are not comfortable with people with disabilities and never took the time to find out. Basically it all comes down to one thing — ignorance."

The fun times the group had when it was succeeding were times that were beneficial to all involved. "The years that it did (have many participants), it was a positive experience for everyone," McCravy said. "(Best Buddies) raised awareness. There was more interaction between the two. Kids are going to be working with people who are different, (and) it gave them a sense of diversity." Spread by Samantha Jo Dearden













Oatts trio triples Three brothers carry on family jazz legacy Three brothers carry on family carry on family carry on family jazz legacy

After fighting overseas in World War II, Jack Oatts, grandfather to sophomore triplets Chris, Jeff, and Eric Oatts, walked into his new job at Earlham High School with an idea. Jack was trying to convince the educational board to begin a new program in which jazz would be included in his band's curriculum. This program was eventually put underway with adjustments and thus the first high school jazz band was produced. The Earlham Stage Band and jazz education set the stage for other Iowa high schools, which soon adopted stage bands into their band curriculum. "He created the first high school jazz band program, and then other high schools followed," grandson Jeff said.

Both sons of Jack went on to lead musical lives. After high school, Dick Oatts moved to New York City to further improve his career. He joined the Thad Lewis-Mel Lewis Orchestra. The younger son, Jim Oatts, was also active as an instrumental director at S.E. Polk high school and as a leader of the Des Moines Big Band.

Continuing the tradition being sons of Jim,

all three triplets were active in the jazz band. Chris, Jeff, and Eric all hoped to lead jazz-induced lives in their future, being influenced by their surroundings. "I grew up around music and, seeing that (Jack, Dick, and Jim) were successful, it has opened up opportunities for me," Jeff said. "I want to be a jazz band teacher."

The Oatts brothers had a lot of success in the recent years. Chris was a Simpson College Jazz honor band member in 2007; he and Jeff were named "Outstanding Soloists" at the 2006 Coe College Jazz Summit; and he and Eric were selected for the South Central Iowa Bandmasters Honor Band. "They contribute a lot to this program," band director Patrick Kearney said.

Friends, family, and fellow jazz band members said the trio's success was just a taste of what is going to come. "They are great and they are going to stay that way," Kearney said. "Their future is bright and filled with opportunities." Spread by Faisal Alabsi and Hannah Emmerson



Jazz/Concert Band





Wetting the reed for her saxophone and adjusting her strap, senior Rachel Stanley prepares herself for the upcoming exhibition. Stanley was among six saxophonists that performed in the ensemble.





Paying close attention to instructor Patrick Kearney, sophomore Laura Cross, junior Alison Blakely and sophomore Amy Bowers ready themselves to stop playing their water glasses. The concert band played a piece named Grant Them Eternal Rest that called for the use of harmonic water glasses.





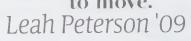
Commencing the opening song, senior Brad Halbersma plays a solo on the piano. Halbersma had been playing piano for 14 years.



Looking thoroughly disgusted, sophomore Tanner Gardiner doesn't know quite what to do with the flute portion that had just been handed to him. "Alex Erb gave it to me for some odd reason." Gardiner said.



I love jazz music, whether it's an upbeat swing tune or a slow blues ballad. There's something about the music that just makes you want to move.







Seniors Ciera Lundgren and Michelle Wallace practice for the annual Madrigal dinner, where the seniors have the privilege to be on the royal court. "It was fun being on the royal court and wearing renaissance outfits," Lundgren said. "I've had my dress since the eighth grade from a renaissance wedding."



Setting up his microphone for the Madrigal dress rehearsal, senior Chris Cline gets assistance from choir teacher Sarah Van Waardhuizen. Cline had the role of being Lord of Misrule in the skit before dinner.



Vivy (Vivacious) and (senior) Nick Hunsberger was Prince David, and I'm still bitter that he didn't choose me. I had the best shoes.



Concert/Mixed

Looking out into the crowd, sophomore Olivia Pace awaits the cue to begin singing. Pace, along with all members of the chamber and concert choir, ended the dual band and choir concert by singing "America, the Beautiful."



Junior Zac Stevens joins the choir in singing a collection from the first Master Works concert. The Master Works concert was the combination of the musical departments in an integrated presentation.









Encouraging the

choir to "come on," instructor Sarah Van Waardhuizen conducts the concert choir along with a small band during a concert. The concert choir sang an array of songs from a gospel mass to a poem about the

Choir



for show choir.













Interest of the band and choral departments combine for one great show

Students silently rustled in their seats, parents and fans alike took flashing pictures, and directors calmed themselves before it all began. The Master Works concert involved students from chamber choir and mixed chorus, as well as students from concert band. The idea was a collaboration of both departments and organized by first-time choral director, Sarah VanWaardhuizen. "I wanted the students to feel a part of something more than just singing," VanWaardhuizen said.

Band member junior Kelsey Bowen agreed. "I think that it was fun when we played while the choir sang," Bowen said. "Having the band there playing gave it a different, more real feeling."

The concert brought in a vast array of fans that filled the bleachers in the large gym. The concert required some effort put into the planning with its huge numbers of attendees. "There was a lot of logistical coordination," VanWaardhuizen said. "I don't want to say it was massive, but it was."

Students from all three divisions prepared for months for the Master Works concert. Concert choir accompanied the show choir on a trip to Carlton College in Minnesota for a session with a well-known music director, Dr. Lawerence Burnett.

One attending the trip was concert choir member junior Leah King. "We went to the college for a workshop," King said. "They gave us tips on how to improve our gospel singing. "

As the choral pieces focused around a score of gospel music, song selections were chosen by the directors and meticulously practiced for months. Students focused on the music during every practice, hoping it would sound perfect. "We worked every class on making the songs sound better and trying to make it all flow, "King said.

Some students, such as junior Allyson Mayer were in both mixed choir and band. "We practiced individually a lot, but we didn't put the band and choir together until the dress rehearsal," Mayer said. "I played with the band, then I ran up for choir and stayed there for the rest of show. I missed some songs with the whole band, but it was fine."

However, the show wasn't all rushing around. Mixed choir students sang a total of two songs and sat down in the bleachers for the rest. Junior Anna Kurns sat with the mixed choir while the concert was going on. "It was fun and all, but we didn't do anything." Kurns said. "We only learned two songs for the concert; so to have a three-hour concert in gigantic robes that are older than your parents and have to sit and be really quiet is boring."

Overall, the concert was a success. "I feel very blessed to be in Johnston," VanWaardhuizen said. "The kids worked very hard to make this transitional year a success." Spread by Abby Weaver and Ryan Birmingham



State GSA Conference











Ilence of Ilence shines attention on the views of JHS attention on the views of JHS attention on the length of the

Walking up the sidewalk like it was a normal it would be really boring otherwise." went to the attendance office where he met his because I think this is a really good way friends and other members of the Gay Straight to be able to bring to mind what gays and Alliance (GSA). Cue knew this day would be lesbians have gone through, without being

and other members in the office, Cue listened shout about it. Or say anything, really." while procedures and discussion took place to Others in the group had more personal ensure everyone was comfortable participating. reasons. "I participated because I used According to Schurr the "Day of Silence" was a to be one of those individuals who had day of remembrance for all of those people who to remain silent from kindergarten up died due to hate crimes in the LGBTQQA (lesbian, until my freshman year," junior Chloe gay, bisexual, transgendered, queer, questioning, Coulter said. "I would be harassed and allies) community. The Johnston chapter of and mocked on a daily basis. When I GSA supported and participated in this event for figured out about it, I knew I needed the second year.

During this chosen day, members of the and advocate that you don't have to organization were silent from the beginning of be silent. I was just sick of putting the school day to the end, wearing buttons and up with crap basically." armed with slips of paper to explain to teachers The "Day of Silence" was completed why they would not be able to participate in with minor complications, with only class. Sitting in his first hour class, the bell rang, a few nervous moments, and was and Cue began to stand up for what he believed overall considered a success with 41 in. "It was actually fairly difficult, just because members participating. Cue was happy of how natural talking is," Cue said. "Most time with the involvement and concluded, "One people don't even think about the fact that of the big things we are about is just being they're saying something; the main difference comfortable. At the end of the day, what we was lunch when hanging out with friends. We absolutely have to be is a place where people just decided to write notes to each other because can relax and feel safe." Spread by Erin Funk

day, junior Dylan Cue opened the doors to the Each student had his or her own reason for school. Instead of heading to his locker, Cue participating in the "Day of Silence." "I participated different, along with many other students. too militaristic," Cue said. "This way you Meeting president of GSA senior Ben Schurr can make a statement without having to

to spread the word and participate



Gay-Straight Alliance

Bringing the meeting to attention, the president of GSA, senior Ben Schnurr, politely directs the participants to sit down. Meetings were held nearly every Monday throughout the school year, led by the GSA beard



Reciting her speech to the other members of the GSA, junior Chole Coulter presses why she should be the president. Coulter went up against junior Adam Helgeson who watches while Coulter presents her ideas.

Concentrating
on the conversation
while glancing down at his
notes, junior board member
Adam Helgeson sits in the
front of the room. Helgeson
held the vice president
position, and attended almost
every meeting.



Smiling for their camera, sophomores Laura Cross and Preet Dhugga take a quick photo while waiting for a meeting to start. Cross and Dhugga were attending the meeting to vote for board positions.





Texting before an afternoon meeting, junior Kelsey Bowen passes the time. Bowen recently had foot surgery, and displayed her resourcefulness when she used another chair to elevate her walking cast.



Speaking to GSA advisor and English teacher, Ed Walker, junior Chole Coulter discusses the subject of the upcoming meetings. Meetings were held in Walker's room throughout the school year.









Sophomore Michael

Carlson pounds his mallets against his xylophone, concentrating on keeping time with the music. The band played songs from the musical *Wicked* for their show.



Carefully applying

freshman Claire Nagel's makeup, senior Julia Steggerda prepares for the performance at Valleyfest. Steggerda performed regardless of an ankle injury and helped the band place fifth.

Blowing heavily into his suzaphone, sophomore Alex Erb practices his steps while paying close attention to the conducting of the drum majors. The drum majors won best in show of drum majors at the Valleyfest competition.









A lot of people want to sign Kearney's shoes. It's sort of like an honor to sign them.

only able to perform during competitions because his position as a varsity football player didn't allow him to

perform in the halftime shows.

Betsy Pilkington '09



Junior Alison Blakely prepares herself to begin the usual drills while focusing her attention on the drumline instructor. "Drumline rocks." Blakely said. "It's like a family."







Band Elevating cophone, sophomore Eric

its takes in a bleath before

Students were the school at 7

to to the latter performance.













In step with a pair of Converse became a source of marching pride tradition

Moments before the performance, the air was calm and the crowd was silent. A vision of mobbed purple coats and golden plumes stood at the end of the field. Out walked the Marching Dragons, led by the band director Patrick Kearney. His apparel was typical, donning a purple polo shirt and jeans. It took a glance just long enough to fully realize he wasn't wearing shoes. In his hands were a pair of Purple Converse Chuck Taylor All-Stars. It seemed a little out of the ordinary to carry his shoes rather than wear them, especially those that were scrawled over with

"When I came to Johnston in the fall of 2000, I had a pair of old gold Converse Chuck Taylor All-Star shoes that I wore," Kearney said. A year after Kearney's arrival, his marching band decided the golden oldies had to go. Then-senior Ian Brandt searched scrupulously to find a pair of purple Converse for Mr. Kearney to wear. After being presented with the shoes, Kearney took them in as a part of the band department.

hundreds of signatures; however, such a situation

came to be expected of Kearney.

Before the band played a note at their football game performances, Kearney marched out on the field and made an effort to dramatically place the purple shoes on the fifty-yard line in front of the drum majors, leaving the shoes there throughout the performance. "There is a tradition of Mr. Kearney taking his shoes off and throwing them on the field following the usual

pep-talk," junior Azra Beganovic said. "It makes me proud to wear the purple polyester suit no matter how dorky I look."

For senior Fred Zhao, the Converse gave him a sense of belonging with the band during his first year. "I felt like I was part of a tradition," Zhao said. "When Kearney slams the shoes down at the 50, it is the epitome of our bonding experience. When you're out there in the cold, practicing and playing with so many others, you really feel the bond."

Students who put a large amount of time and effort into the marching band were asked to sign the shoes. "All seniors sign the shoes," junior Linda Brown said. "It is supposed to be an honor to sign the shoes, showing how much hard work and effort you put into marching band."

The shoes had been around since 2001 and had seen a great deal of names since then. "The shoes are in pretty good condition and as some names fade away we add new names," Kearney said.

As the Marching Dragons took the field each performance, the purple Chuck Taylor All-Stars were there as a reminder of where the band had been and where it would go in the future. "I put the shoes on the field to represent the growing tradition of the band program," Kearney said. Spread by Hannah Emmerson and Sammy McConeghey











ate start Delayed competition dates caused rushed season Season

Spring break typically assumes the prospect of resting, but for mock trial students two more competitions awaited immediately after break. Competitions for mock trial in previous years occurred before the begining of spring break; however, this year regionals were the only competition fit in before break; runoffs and state loomed after. This schedule seemed like it would make things easier because it allowed more time, but for some that led to overestimation of preparation time.

For some mock trial teams, overestimation became a reality. "We didn't organize really at the beginning," freshman Molly Ward said. "Everyone else knew their parts, (we were saying) 'We still have plenty of time.'" Ward belonged to Team Hjelmaas who succeeded to state, even though their preparations were slow to start due to the extra time given.

Because some teams had slow starts, scrimmages were harder to organize. "Because we didn't have as many chances to scrimmage, (we didn't get) several points of view of the case," senior Trista Woody said. "(Scrimmaging is) always good, it helps us so much going up against people, (it tells us) what we need to work up to." Woody was a member of Team Purple, who had been together for six years.

That extra time gave one team the opportunity to realize that their hearts were not in it as much

as (they) used to be. "(The team) didn't really fall apart until late in the game," senior Nikki Ward said. "There was kind of a general lack of enthusiasm. It's one thing to say we'll do well, (and another) to keep doing (mock trial) after you don't really want to anymore. Our hearts really (weren't) really in it."

Whether the extra time made teams rush or caused a lack of scrimmages, teams found themselves prepared for competitions as five teams made it to runoffs and three

teams advanced to state.
"We finished in the

top four," senior
Team Purple member
Torey Robinson said.
"We were undefeated in
the state; we did the best
we have ever done."

Team Purple placed the highest out of the Johnston teams, beating teams that they had lost to in previous years. Despite rushed time, teams still prospered in the end. "I think that (some teams) didn't get ready as soon, (and) overestimated (time and ended) up rushing more than they normally did," adviser Sue Cline said. "(But) three of the teams at state placed higher than they had before. It was really great." Spread by Katie Norris



Mock Trial

Nagel lies on the ground after playing his last trial of the year. "My nerves were fried," Nagel said. "(I was using) every minute I could to relax. I was just chilling."



Laughing at one of his team's inside jokes. junior Adam Helgeson participates in a mock trial scrimmage. "Our team name 'I Have a Taped Confession' is a strategy, "Helgeson said. "(When), we're doing really poorly our coach, Justine, bursts into the room and says 'Everybody stop, I have a taped confession."





Learning strategies from an opponent during a scrimmage, team member of Quiquiriqui, sophomore Fred Shen, preps his prosecution statement. Scrimmages were held weekly over a month time in preparation for competitions.



Listening intently to his "I Have a Taped Confession" team member, junior Dylan Cue preps his witness statement during break. "We're talking about our performance," Cue said. "We're pumping ourselves up."



Pointing out particulars in the run-through, sophomore Laura Cross helps out her fellow Quiquiriqui team members. "It was the day before competitions," Cross said. "(We were) running through everything we had before the final run through to make sure we were prepared."



I love getting to know the team members, having a good time, and getting funny quotes. I honestly have a book of quotes. ""



Rachel Binner '08







Taking a break during the induction ceremony, seniors Michelle Wallace and David Zhang take a second to confer about English teacher Sarah Wessling's speech. Wallace was the Vice President of History and David Zhang was treasurer.

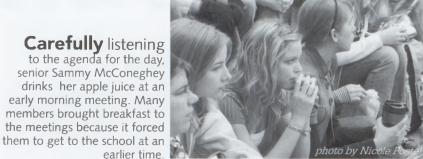


NHS members discuss and enjoy each other's company before a meeting begins early at 7:30 May 1st. Seniors handed off the throne to the new members and reminisced on the past year.

National Honor

Standing in front of her peers, senior Chealsea Kumbera chats with senior Jenna Willson with her morning beverage in hand. The meetings took place in the choir room and were under the supervision of teacher sponsors Jacki Prehm and Melissa White.









I had a hard time selling my carnations, but it was for a good cause. I ended up buying all of my carnations for myself. 99

Lauren Lund '08



Receiving her pin on stage, senior Michelle Wallace smiles and takes the gift from principal Bruce Hukee. Seniors recived a pin during the ceremony for giving their time and effort to NHS. hoto by Jord



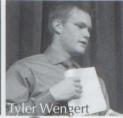




Society















Prices Cause less donantion than years past

When constantly being asked to buy carnations at the high school for homecoming and Valentine's Day, students automatically thought of National Honor Society (NHS). Selling carnations was one of the main things NHS did to raise money. This money was then donated to Dollars for Scholars, an organization that helped raise money for Johnston students to get scholarships for college. In previous years, the carnations were bought for fifty cents and sold to students for a dollar. Carnations this year were bought at seventy-five cents and sold to students for a dollar. NHS usually gave around \$1,000 dollars to Dollars for Scholars but gave a lot less this year. "After subtracting carnation costs and our annual dues to the NHS organization, we were able to donate \$500 to scholarships," senior David Zhang, NHS treasurer, said. "As far as next year goes, they are trying to think up some different ideas for fundraising, as carnation selling seems to be losing it viability."

NHS' biggest fundraiser was the annual phone-athon for Dollars for Scholars, where students called and tried to get pledges from people to donate money to the organization. This year they raised around \$93,000 dollars from the phone-a-thon, one of the largest amounts raised. The phone-a-thon was over three nights and the top three people who

got the most pledges got prizes.

The first place winner was senior Jared Walahoski with twenty-four pledges worth \$2,135 dollars; second place was senior Veronica Roshek with fifteen pledges for \$1,800 dollars; and third place senior Katherine Burggraaf with 31 pledges for \$1,420 dollars. These people received gift cards to various gas stations. "I thought it was a great prize especially since I have to pay for my own gas," Burggraaf, president of NHS, said. "There were other prizes for participants such as candy, cookies, and \$5 gift cards to various places. They also gave us free pizza and pop while we were working."

Since the carnation fundraiser didn't make as much money as planned, the phone-a-thon made up for some of it. "We didn't raise near as much money as years past for the carnations, so I'm not sure yet what we'll do for fundraising next year," teacher sponsor for NHS, Melissa White, said. "We may just try to find a cheaper vendor for carnations."

Burggraaf was frustrated because the raise of carnation prices limited the amount of money the NHS could give. "We thought about upping the price, but no student is going to want to pay more than one dollar for a carnation," Burggraaf said. "I really enjoyed being apart of NHS. The students in it were exceptional and for the most part were willing to help out with the different service projects we had through out the year." Spread by Zach Jensen and Jordin Robinson















Computer of Death late deadlines. Of Death late deadlines.

Frustrating. Inconvenient. Annoying. Headache? not working they could do nothing but wait. These are just a few emotions that crossed As a result of these server malfunctions. through senior editor Kari Dockum's head as she deadlines were pushed back, the paper was watched the multicolored spinning icon at her sent out later to the printer, and it was computer. "I came in one day during the summer distributed later. Shipp recalled an incident to talk to (adviser Leslie) Shipp and there were old of missed deadlines. "With the October issue computers," Dockum said. "Then, a week or so we had worked and worked as late later, it was a completely new system."

The new computers did not guarantee satisfaction. sent the paper to print, the 'Spinning Wheel Sitting at a computer became frustrating because of Death' came up for two or three days for of the "spinning wheel." Students named this almost the whole period." annoying icon (that signaled the server was down When one deadline was pushed back, multiple or slow) the "Spinning Wheel of Death." "It was deadlines were forced back as well. "We had to just really annoying because you'd sit and watch finish the October issue; it was out late," Shipp a spinning icon for 20 minutes waiting to log said. "Then the November issue got thrown on, sometimes more," Dockum said. The name off." symbolized the fact that it was nearly impossible for the paper to meet deadlines on time.

from years past. Students had been able to sign on problems occurred. "I think (the delayed paper to the computer and then they could sign on to a distribution) had some effect on the students and server, such as newspaper. If the server was down, teachers reading the paper because even though students were still able to get on the internet, basic we made it look nice, it was hard making them programs, and save to their desktop. Students now timely," opinion editor senior Veronica Roshek. had to sign on the server in order to get on to the said. "It was hard to try to improve from last

as 9 p.m," Shipp said. "Then the day before we

Deadlines were designed to make the stories timely to when the newspaper was scheduled to The new computer system changed drastically come out, but with the "Spinning Wheel of Death" computer. This meant if the server was slow or year when we didn't have the chance to." Spread by Nicole Postel and Ethan Kumbera



Being blocked by the Johnston programming filter, senior editor-in-chief Kari Dockum works on the April issue of The Black & White. "Working late on paste-up nights isn't always fun, but I want the paper to be quality since my name is on it as the editor," Dockum said.

Newspaper
Searching
for a picture he needs, senior Bryan Lippincott, looks through his folder for the picture to import on his page. Lippincott participated in newspaper since his sophmore year.

> Viewing her page with senior Lee Yocum, sophomore Julia Manning asks for advice. "Designing a page takes a lot more time than it seems, but seeing the end result is worth the time," Yocum said.



Interviewing athletic director Gary Ross, senior Kyle Hanson and junior Nels Engblom ask about the new fitness center for a story. The topic of the story was about how the fitness center was temporally converted into the lunch room.



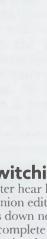
Switching hands to better hear her call, senior opinion editor Veronica Roshek jots down notes while trying to complete her story. Her story involved Spring Fling week before prom and the new addition of dress-up days.

66 The development of the Planned Parenthood backpage probably caused the most controversy between members of the J-lab.

Torey Robinson '08



photo by Leah Kr







Intimidating in his way, junior Adam Helgesen grows tired of senior Nikki Ward's character presence. "It was really hard not to make that face with someone like Adam in your face pretending to be tough," Ward said.



Painting the set, senior Tim Clay volunteers his time to the spring play after he enjoyed participating in the fall play." I just showed up that day and decided to help paint," Clay said. "It's a good way to contribute. I wasn't in the spring play. We painted ourselves

afterwords, it was sweet."

Practicing their photo Katie Nortis duet together, seniors Julia Steggerda and Sam Han prepare for the fall play. "It was different than any other play," Steggerda said. "I've never been in a play with a musical background. It was a lot of hard work to play at (the plays') speed."



photo by Katie Norris

Scaring Mr. Tartleton (senior Jordan Van Essen) with a threat to make up for his past discretions, junior Sarah Engstrom holds Van Essen at gunpoint. "I think the play is under-rated at this school, you get to see a different side of people during the play," Engstrom said.





Doing everybody's hair was a lot of fun. To this day, Garnier Fructis makes me think of the play.



Kylie Kinsey '10

Reacting to her daughter's ridiculousness, junior Heidi Bibler plays Mrs. Tarleton. "It was the mother and daughter scene of the play," Bibler said. "(It was the) hardest scene to learn to do, it was a very intense sex talk part."



Falling into Mr. Percival's arms (junior An Terronez) Ms. Tarleton (senic auren Cordes) has her dre f courting come true ne and Lauren almos bout it, she's p













play participants are introduced to competitive acting

With her acting passion thriving as the competition went on, junior Heidi Bibler breathes with excitement as her favorite line approaches. "I'm not accustomed to being spoken to in that tone, Mrs. whateveryour-name-is," she speaks as her character Mable Grace, in her "Red Peppers" performance. Bibler and most of her fellow fall play participants stepped up to compete with small excerpts of plays in the Iowa State High School State Speech Association. "It was a really good experience," Bibler said. "It prepared me for

having to do a performance. Right before you go on, no matter how well you know your lines, you get scared, (but) it's a thrilling experience to give a

performance for people to see."

Senior Jordan Van Essen participated in the competitions in the "Diaries of Adam and Eve." For Van Essen, Johnston's participation was long overdue. "A lot of other schools (compete), and it's about time we did," Van Essen said. "(Competitions were) a lot more individual, (it was) the first time we got to read a play with scripts as performing. We

didn't have to memorize lines."

The experience registered as a team event for junior Cody Lenz, who was a member of the "Red Pepper" song and dance performance, which created a different aspect to a new scene. "We had to work to help and trust each other (for competitions)," Lenz said. "(There) was a lot of singing and dancing in 'Red Peppers.' Behind the scenes (there was) perfecting, arguments, (and) talking about it." The performers in the "Red Peppers" play perfected their routine enough to get three II ratings from their participation in the one act part of competitions.

Frequent play member senior Lauren Kacere found time too crunched to participate in the competitions but remained happy for her fellow actors, despite her being unable to perform herself. "Because I was preparing for audition material (for) college, other acting, and musical theatre programs, I ran out of time," Kacere said. "Competitions got people more pumped up for the cause. I was excited for them."

Play director Paul Miller participated in acting competitions when he was in high school, which gave him the inspiration to have his students compete. "I thought it would be good to have (the) kids involved in theatre, and (they could) work up to their potential," Miller said. "I was really excited about their accomplishment. I think they learned what it takes to make a performance what they want it to be." Spread by Ethan Kumbera and Katie Norris.

















new traditions

SAIL acts on fresh and old ideas for fall, spring

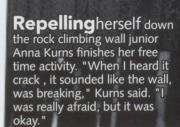
New changes have always been made to the SAIL retreats, but this time a wave of new experiences awaited campers. The number of participants was significantly higher than before. Not only was there a greater number, but the grade ratios were nearly equal. The size made the YMCA camp in Boone finish cabins faster in order to accommodate the large number of students. Due to people residing near the dining hall, a new senior spot could be established. Instead of in one the circles of cabins, it was held outside Cedar cabin. "I liked the location," senior Mike Schultz said. "Everyone had the chance to talk. It was a great experience, the best one out of all the times I've gone."

The size was just the beginning of the differences, since within that large group many adaptable leaders emerged. "The mentality of our leaders more easily went with the flow," advisor Alicia Rollison said. "They were used to us trying new things or changing things year to year than in years past."

Even sophomores who were new to the SAIL leadership retreat stood up as small group leaders. One of them, Cortney King didn't feel like an underclassman. "I thought (being a leader) was really awesome," King said. "As a sophomore you don't have much of a chance to feel equal with everyone else."

Another new idea brought about by a night of brainstorming was the introduction of note cards. Every year, students are asked to think of ways to bring what they learned at SAIL back to the school. Until this retreat, these had never been in any tangible form. Senior Chelsea Berry was one of those who helped to come up with the idea. "It motivates people to strive to (meet) goals (and not) push it off," Berry said. Students sent their note cards to their history class, so every person had a place to which to address it.

Another fresh beginning orchestrated was the hope of a spring retreat/lock-in. "(It's) still in progress, (it would) open (SAIL leadership opportunities up to more students." senior Veronica Roshek said. "It's a good way for seniors at the end of the year to pass down roles to juniors (and) get them set up in a better place (so) they know what they're going to do right away (next year)." The lock-in was to be held at school so no funding was needed. The spring retreat idea had always been a hope of the SAIL team that finally found its landing. Spread by Katie Norris.









Acting out "the-ridiculously-long-I'm-going-to- miss-you-for-forty-four-minutes" hug, seniors Sam Han and Rachel Lang participate in the warm fuzzy skit. "It was all Sam, he's such a professional," Lang said. "It was just silly, we just winged it, (and) it ended up being okay."



Swallowing her nerves, senior Caitlin Larkin finally makes her jump off the platform of the zipline. "I was only the third person to go; that's why I was so scared (and) because I'd never done it before."



Adding fun to free time junior Miles Summa and friends begin a dunking contest. "During free time a couple of friends and I played basketball," Summa said. "They had the hoops lowered so we decided to have a contest. It was really fun."

SAIL

Trying to fit the oversized mattress into its bunk, senior Rence Pike and junior Allyse Strawhacker prepare to leave the retreat. "I was sad to have to leave the sail retreat because I knew that it was my last one," Pike said. "It will be a time I'll never forget."



Participating in the trust fall activity, sophomore Jenna Devens smiles at the fun of teamwork. "I was actually pretty excited to do it," Devens said. "It was cool that everyone could work together as a team (and) have fun. I was glad I did it."





I like that
in the small
groups you
get to be with
different
people. I
think that the
(activity helps
us) to get along
and people get
to speak more.

Mindy Dickerson '09







Elevating their arms, seniors Julia Steggerda and Lindsey Tosch use facials to capture the audience. "Facials make you interesting," Steggerda said. "Faces help tell a story and evoke emotion not only in the performer, but also in the audience."



Teaming up, seniors Alle Moffitt and Derek Furrow get back to back during their song "Shining On." "'Shining On' was a fun song to perform together," Moffitt said.



I felt like a smurf having to wear an all blue tuxedo.



Kory Plagge '08



Show

Striking a pose, sophomores Steven Williams and Riley Johnson rehearse for their upcoming competition in Urbandale while performing "We Didn't Start the Fire." "Riley and I got into the choreography a lot because we're best friends,"



Emphasizing their choreography, junior Staci Smith and sophomores Cortney King and Nick Evans gear up for their Urbandale competition. "It's nice to be in a group of people that all have the same passion to sing and dance," King said.

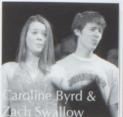




Accentuating their dance moves, junior Alison Blakely and sophomore Ryan Bower, get into their song "Good Time." "It was a blast, because everybody brought a ton of energy together for our show," Bower said.



Choir laising her microphone, r Trista Woody captivates the nce with her love song. "The fun thing about my solo was that it was about being in love, so every time I would find a guy in the audience to sing my song to." Wood













COMPOSING a choirs harmonize the old and new with innovative changes

When directors Jody White and Wendy Haight announced their retirement at the end of 2007, all hopes of the show choirs repeating their success were suddenly put on hold. "It was a total shock," senior Lindsey Tosch said, regarding the retirement of her directors. "We were all wondering what was going to happen next year."

Both show choirs were coming off spectacular seasons. The varsity show choir, Innovation, was named National Grand Champion in Branson, Missouri; the JV show choir, Synergy, placed second in the finals at a grueling S.E. Polk competition. Living up to the legacy left by White and Haight was difficult for the new directors coming in.

New directors, Sarah VanWaardhuizen for Innovation and Ted Brimeyer for Synergy, lacked the experience that the former directors had obtained while teaching at Johnston. Brimeyer had recently graduated from Iowa State, and VanWaardhuizen taught for only a short time at Ankeny.

"At the beginning we had a lot of kids that quit," junior Leslie Tosch explained. "A lot of people didn't want to even give the new directors a chance." Despite original convictions, however, the students soon discovered their new directors' enthusiasm and relentlessness. This passion brought dramatic changes to the show choirs, rejuvenating the hype that had surrounded them previous years.

One of the biggest surprises of the year was the incorporation of a surprise ballad during the Urbandale competition. The ballad was a tribute to the show choir parents and served as a moving "thank you" for the parents' support and for all the energy that went into raising their children. "I think the surprise ballad was very effective," junior Allison Kane said. "As soon as we got to the chorus we had mothers crying all over. I think (they) cried after hearing it because they don't get to hear very often from teenagers that we love them and we're thankful they're here."

The biggest struggle for students adapting to their new directors came during the week of the Madrigal dinner, a series of performances that mimicked life in the Old English days. For the performances, VanWaardhuizen and Brimeyer decided to add new songs while taking older ones out. Senior Liz Fuller believed this concept of combining the old and new was crucial to the choirs' cohesion.

"Most of us thought we had a lot of success with the old teaching styles and we wanted to keep those styles instilled in our minds," Fuller said. "The new styles have given us a different perspective to what else there is in the musical world." With these new perspectives in mind, the new directors were eager to leave their own mark on the show choirs, while maintaining the competitive level that the previous directors left behind. Spread by Cody Zoss and Megan Kellogg.















student council attracts students with Interesting activities Interesting activities

director: he wanted to bring students together through a variety of new intramural activities. "I tried to involve as many people as possible." Grasso said. "I wanted to include activities that would appeal to all types of people."

There were many new activities: eating contests, volleyball, basketball, Guitar Hero III/NCAA football, dodgeball and soccer. The new activities brought out intramural firsttimer, senior Kari Dockum. "I didn't think that I was going to enjoy it just because I haven't played basketball in four years, but I ended up having a good time," Dockum said.

Dockum attended the intramural basketball game and played on a team with seniors Bryan Lippincott and Darin Davis. "Basketball was three-on-three and there had to be one girl," Dockum said. "Most teams had four or five people on them but we only had three. Some teams got to rotate their girl out, but I had to play the whole time with all the guys." Although their team only had three members, Dockum stayed positive. "We almost made it to the championship, which was pretty had five players," Dockum said.

Another newcomer to intramurals was junior Nickie Meyer. "I went to the basketball

Senior Sam Grasso had one goal in mind intramural because it sounded like a lot of fun, when starting his position as activities Meyer said. "I was on a team with (senior) Alex Battani and (juniors) Matthew Trillet, Jeremy Mullen and Lindsay Timmons. We called ourselves G-Squared because we thought it was funny."

> After going to one intramural, students were more than ready to attend the next. "I really hope I am able to go to the next one; it was more fun than I expected it to be," Meyer said. "I think that it would be fun to go to another one, even if I don't know how to play the sport. I will always be able to pretend I did again."

Intramurals brought in more people who had never gone before. "There was always consistent participation and everyone had fun," Grasso said. "I liked having people that I had never seen at intramurals in the past coming to my intramurals." Grasso still thought that he could make a change to better the intramural activities. "I would have changed the order of the intramurals to include more athletes that were in-season at the time."

New intramural activities established themselves to be fun for everyone. "Intramurals have proven themselves to be an easy, fun way of getting to know new people and out of impressive since the other two teams left each the house," Grasso said. spread by Makayla Coulson and Mindy Dickerson



Student Council
Conversing with

Quenching her thirs Anna Kurns sips on her cul ange juice at the blood drive

photo by Makayla Coulson



Completing the

necessary forms, sophomore Nikki Kyllonen waits to donate blood at the school's annual blood drive. Many students wishing to donate were denied because they didn't have enough iron in their blood.

student council advisor Chris Beguhn, sophomore Julia Manning talks about the upcoming Spring Fling week. The week was a great success, producing a huge vareity of creative costumes for student's favorite theme day, "ER" day.



Designing posters

to inform students of the upcoming prom activities, junior Adam Helgeson finishes a sign. "Making posters is just one of the many things we do in student council meetings," Helgeson said. "I'm not so artistically inclined, so my posters aren't the best."



Stationing teams participating in Rock Around The

Clock, sophomore Jessica Pray directs the tangerine team to their next challenge. "Student council was very organized and well prepared, which made the individual tasks more fun." said senior Caitlin Larkin.



My favorite part was volunteering at Amos-Hiat Middle School where we help kids with homework. It was so much fun and a rewarding experience.

Amy Lovejoy '09



Matching in red silk boxers and the same blue t-shirt, juniors Heidi Bibler and Cody Lenz dress up for Twin Day. "We were so excited that we found the boxers at Sears for 90% off!" Bibler said.







Taking inspiration from an idea book at the state journalism competition, juniors Erin Funk and Olivia Schiefelbein point out things they like. "The convention is always fun," Schiefelbein said. "There are so many things going on and ideas for the book.



Opening the first box of yearbooks, advisor Leslie Shipp, senior editor Leah Kron, and senior Ciera Lundgren examine the Blown Away book. "People can always find something wrong with a yearbook," Shipp said. "Especially the people who created it."



66 The best thing about yearbook is definitely the people. There are so many different personalities that keep the room entertaining. 99

Ciera Lundgren '08



Yearbook

Enjoying their dessert, senior Sammy McConeghey and junior Erin Funk eat out at the national journalism convention in Philadelphia. "Philly was amazing because I got to learn about journalism and be with my friends at the same time," Funk said.



Placing pictures into the senior ads at the back of the book, freshman Faisal Alabsi works on the computer. Senior ads were traditionally assigned to the incoming freshmen because they were easier for new staff members to complete.





Passing time,

senior Bethany Christenson does sophomore Megan Kellogg's hair. "Since Megan has awesome hair like me, I decided that we should join forces and have awesome hair together," Christenson said.



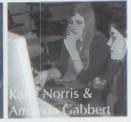












unique design aids revel in first crown nomination Superior status

The Pacemaker and Crown were the two highest honors that could be bestowed upon any yearbook staff in the country and were hardly ever both given to a single book in one year. The 2006-2007 Dragon staff won a Silver Crown and a Gold Columbia Crown, and was also nominated for a Pacemaker for their 2006-2007 book. "Last year's book was very original," senior editor Cory Gagne said. "It was unlike anything A Johnston has stood out among made before, but it also other schools." other books from

layouts featured in The unique the 2006-2007 book were what initially stood out to judges. A horizontal shape separated the book from others, and the spreads were designed to resemble a

scrapbook. "I think the horizontal layout is a key to making us pop out to the judges," senior Abby Weaver, photo editor, said. "After seeing the same shape book over and over again, and then seeing a different layout, our book stood out more to the judges."

Another design element vital to the Crown nomination was the organization of the theme. Gagne believed the great coverage and well carried-out theme were important aspects

of the 2006-2007 book, Blown Away. The staff carried the scrapbook theme throughout the entire book, a feat that did not go unnoticed by judges. "The design aspect made Blown Away Crown worthy," senior Sammy McConeghey, subeditor, said. "Bringing the theme together into one book is what got us noticed."

Although the book was applauded by judges at Columbia and the Journalism Education Association, the staff encountered some problems in the making of Blown Away. Falling behind on deadlines and discussions about what should have been the theme of the book prevented the staff from incorporating everything they wanted into the book. "The lateness on our deadlines really held us back, and we couldn't do everything we wanted," junior Olivia Schiefelbein, subeditor, said.

The obstacles that faced the creators of the book were eventually overcome. "I think we just stood out more than other or previous books," senior Katie Norris, subeditor, said. "With our design, we took a bigger risk, but we also stayed simple going with black and white. The contrast between the risky layouts and the classic colors is what really got noticed by the judges." Spread by Caitlin Larkin, Sammy McConeghey, and Ethan Kumbera

dips her strawberry into the chocolate. The staff had numerous parties throughout the year, celebrating different accomplishments and holidays.

Enjoying

the chocolate fondue

fountain brought to a class

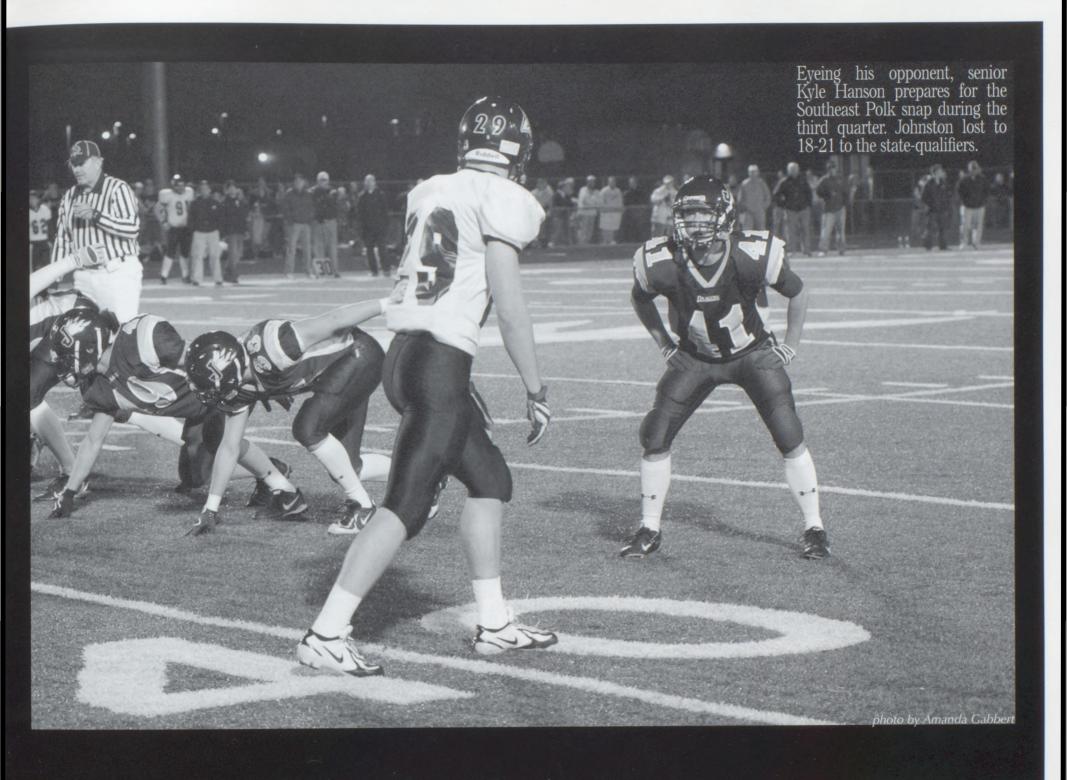
party, senior Sam Dearden

photo by Cory Gagne



Sizing up the pieces

Sports were undoubtedly a source of pride throughout the 2008 school year. Each JHS athletic **PIGG** was put to the test, sizing up its ability to face whatever challenges were thrown its way. However, every team rose to meet the pressures of the scrutiny both in little ways and large ones. From a JV wrestler stepping up to the state meet to a state championship volleyball team, each sports team contributed a more than memorable **PIGGS** were put to the test, not only by spectators but by the athletes themselves, and all experienced countless victories.



4-3 at Valley
2-1,3-2 Ankeny
9-8,13-14
13-6,13-2 Indianola
Hoover
3-7,4-11 at Urbandale
10-0 DC Grimes
Dowling Catholic
4-3,4-7
19-2 at Ankeny

Sophomore Jonathan Nelson slides to third at the varsity game against Indianola. Johnston went on to win both games of the double header 13-6 and 12-2.

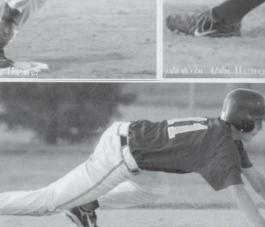
Sitting in the dugout, senior Jacob Pfundheller watches his teammates. The team set a national record for the most triples in a single season. "It was surprising; at first I thought it was a state record but when I found out it was a national record I was stoked," senior Austin Denny said.



All the state

Rounding third base, junior Troy DuBay smiles. DuBay scored a homerun that ended the senior night game with the 10-run rule against Council Bluffs Lewis Central.





19-2 at Ankeny
Roosevelt
Fairfield
1-0,5-3 at Indianola
5-2,2-5 Urbandale
8-3,12-2 at Dowling
10-14,11-1 8-9,3-5
2-4 at Ankeny
2-1,16-5 at Marshalltown
9-7 at Sioux City East
11-0 at North

All-District: Danny Cahill, Austin Denny, Bryan Lippincott
Second Team All-District: Ryan McCauley, Jon Bunting
All-Conference: Austin Denny, Danny Cahill
Second Team All-Conference: Ryan McCauley, Bryan Lippincott,
Greg Larpenter, Ryan Torgerson

H.M. All-Conference: David Temple, Eric Tubbs, Jon Bunting,

Troy DuBay

Elite All-State: Danny Cahill

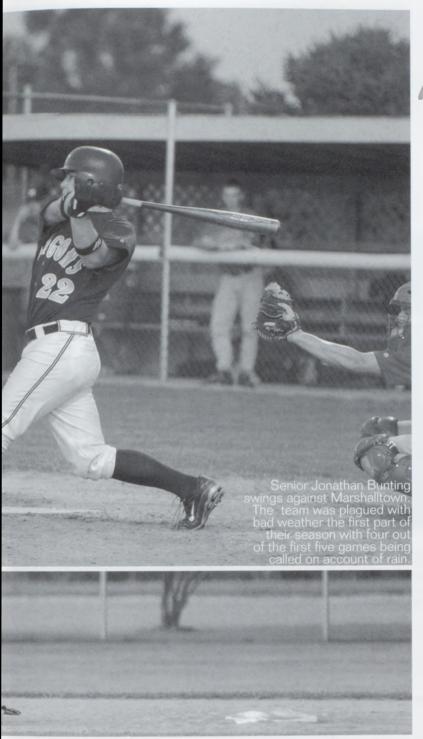
6-8 East

First Team 4A All-State: Austin Denny









Trip to tournament terminated

team misses chance at going to state

The bright sunlight illuminated the field, mirroring the varsity baseball team's hope for the game to come. The sub-state game against East was an important one. It was the game that would get the boys to the next round and hopefully to the state tournament. "None of us wanted anything more than a state title," junior Ryan McCauley said.

The team was ranked fifth at the beginning of the season. Before they played Urbandale, they moved up to second in the state and started their season with a 4-0 record. With this success, the team believed that its

hope for winning state was very realistic.

Beating East was important to the players. The previous year, East had 10-pointed them and they wanted a chance to prove to themselves that they could beat East. Head coach Randy Wee watched as the boys took the lead and then again as they lost it. "The team jumped out to an early lead, which was short lived due to some walks, hits and errors," Wee said.

Throughout the game, the boys tried to keep positive. However, the score was 8-6 during the seventh inning, with East in the lead. "(We) never thought we were going to lose until the seventh inning," senior Austin Denny said. "It kinda hit us when there were (only) two

outs left."

The boys were defeated as they walked over to Wee for a post-game talk. "Everyone was crushed," junior Bryan Lippincott said. "We all wanted it so bad, but then we started trying to remember good times from the year."

Denny remembered the words Wee told them. "(Wee) talked about how whether we won or lost that game, he was still proud of us because it was one of the funnest teams he ever coached, and he had a lot of fun coaching

us," Denny said.

It was a bittersweet ending to an almost perfect season. While the team had set a new national record for most triples in a single season, the ultimate goal of attending the state tournament was not met. "I'm sure every one of our players would trade the record (to make) it to state," McCauley said. Spread by Abby Weaver and Sammy McConeghey.































Basketball

Fewer expectations for team allows for focus on fundamentals

The varsity basketball players walked into the gym ready to warmup for their game. However, there was something different about the boys. Because the team was not ranked at the beginning of the season, there was less stress during games, allowing for more focus on fundamentals.

Going into the season, the boys' basketball team was left with only two of their top seven players. For some teams this may have caused frustration. However, senior Thomas Lashier felt that because the team wasn't ranked during preseason, there was less pressure. The team wasn't expected to beat every team, so they could focus more on improving instead of their win-loss record.

The team knew it could be better than the rankings showed. "(At the beginning of the season) I thought we were going to be able to do more than people expected," junior Tyler Smith said. "During the summer people were playing and we knew we'd gotten better."

Senior Evan Summa agreed. "The fans might have thought less of the team, but we always thought we could do it, and we did," Summa said. "We beat some pretty good teams, like Dowling."

The team said the main reason it was able to beat challenging teams was the way the players all worked together. "There were a lot of good surprises from the players," head coach Bobby Sandquist said. "People that kind of stood on the sidelines last year became powerhouses. We just had a lot of pleasant surprises from the players. Every player stepped up and made us proud."

Coming out of the season, the team had improved and unified. "We improved from last year and they improved during the year; every practice, they just kept getting better," Sandquist said. "The first eleven games we (won) five (and lost) six; the second (eleven) we won eight."

Their efforts didn't result in a higher ranking at the end of the season, but the team felt like it had accomplished more important things. "We even beat our own expectations and showed we knew how to handle a ball," Smith said. Spread by Zach Jensen and Kristine Hauser.



Taking a jump shot, senior Trent Fisher attempts to make the basket at the game against Marshalltown. Fisher led the team in scoring with 357 points this season and averaged 15.5 points a game.



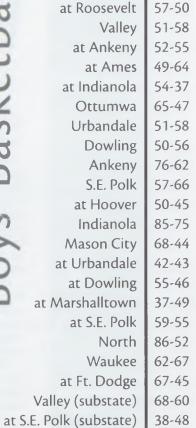


Senior Michael Elming gets fouled on his way to the basket by Mason City's guard Noah Huisman at a home game. "I think the team improved a lot over the course of the season," Elming said. "We struggled early in the year, but we fixed a few flaws, and by the end of the year we were a hard team to beat."



Junior Justin Amick attempts to drive in the lane against Dowling Catholic's Colton Smith. Amick made 82% of his free throws, leading the team in foul shots. "We were always a couple plays away each game so we could have ended up only having one or two losses," Amick said





52-46

East

Academic All-Conference: Daniel Conn, Michael Elming, Derek Foster, Tyler Kubik, Thomas Lashier, Corey Schaefer, Christian Schoper, Nicholas Smith, Miles Summa, Daniel Sutherland CIML 'Central' First Team All-Conference: Trent Fisher Second Team All-Conference: Michael Elming Honorable Mention: Justin Amick, Corey Schaefer, Evan Summa All-District Team: Trent Fisher





Thomas Lashier '08

where they lost.





Katelyn Sunde













Winning

shooting average keeps girls from a winning season

Before a game, the varsity girls' basketball team would head to teacher Tim Brickley's room to study and prepare for the upcoming competition. Head coach Rich Gradoville would point out certain things that the girls needed to know about the opponents. Although the girls had watched tape and carefully prepared for the game, they still managed to fall short on the court. "We didn't average as many points as other teams did, and you need to do that to win games," senior Leslie Ware said.

With the scoring average lower than what was needed to win games, the girls had to try and compensate in other areas. Their averages for the season were higher than what was considered good for the CIML. According to Gradoville, the turn-overs, defensive averages, and offensive rebounds were the lowest they had been in nine years.

Many factors were to blame for the overall poor season that the girls encountered. "We had a few injuries which lasted pretty much the whole season and kind of took away some of our height which made (the season) a little tougher," Ware said.

The year was tough, but the girls managed to get close during the season. "We had hard but fun practices," junior Katelyn Sunde said. "We got very close as a team and had a great time at the pasta dinners." Even as they bonded, the girls continued to push through with the season

Despite the togetherness, the team had trouble putting up a solid front when it came to conference meets. "As far as the CIML there was a lot of parity," Gradoville said. "So there wasn't much difference from the best teams to the lower teams." The conference challenged the top teams causing many close games within the CIML.

Some of the team members agreed. "The CIML is a very hard conference; every single game you have to come ready and prepared, and this year the competition was a lot better," Sunde said.

Although the final record left something to be desired, the girls still pushed on and managed to feel positively towards the season. "Even though it was one of the our poorer records, it was one of the most enjoyable years to coach," Gradoville said. "These girls kept working hard because they knew good things were going to happen." Spread by Olivia Schiefelbein and Abby Weaver



Sophomore Julia Binnie grabs the ball off the court after an Urbandale player trips and loses control. Binnie took the ball back for a lay up. Binnie was part of the JV team and occasionally dressed for the varsity team.





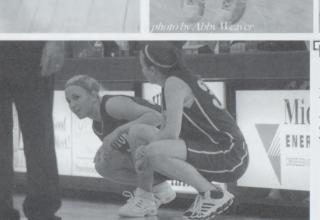




Watching the ball go into the net, senior Lesile Ware hits a three-pointer. Ware was the team's leading scorer with 195 points for the season, partly due to the fact she spent her time on the court between two postions: guard and off guard.



Being double-teamed, senior Laura Hilby tries to find a way out of the Dowling defenders' trap. Hilby managed to pass the ball off to junior Kate Nielsen before it was stolen.



Peering between the referee's legs, senior Lauren Lund waits for her time to join the game against Urbandale. The players had to check in at the score table, where they gave their number and then were allowed into the game.

Waukee | 30-48 at Fort Dodge
CR Xavier
East
at Roosevelt
Valley
at Ankeny
at Ames
at Indianola
Urbandale
at Dowling Catholic 42-49 62-58 39-48 30-38 43-49 29-47 46-48 50-56 50-45 28-37 Ankeny 17-43 43-44 S.E. Polk 56-23 at Hoover 50-43 Indianola Mason City 43-33 at Urbandale 40-28 Dowling Catholic 30-40 26-28 at Marshalltown 27-37 at S.E. Polk North 60-22 39-27 Hoover at Valley 30-39

2nd Team All-Conference: Leslie Ware Academic All-Conference:

Aleece Gustafson, Laura Hilby, Leah Kron, Rachel Lang, Lauren Lund, Maggie Thilges, Lesile Ware, Kate Nielsen, Abby Sonner, Rachel Chapman, Jennifer Ross, Tory Knuth, Spencer Lang, Loryn Reed, Keith Wiskirchen

Honorable Mention:

Aleece Gustafson, Laura Hilby, Rachel Lang, Kate Nielsen



















Sequence spares confusion position changes create chain reaction

The last bell rang and school was over. Sophomore Bailey Knapp left the building to head to a bowling meet. When she arrived at Plaza Lanes, she had to find coach Jeremy Yenger in order to figure out exactly which team she would be bowling for that night.

After losing their top bowler for a month, all the members of the varsity girls' bowling team moved up a position, causing Knapp to change from JV to varsity. "It gave me a chance to move up to varsity for some of the meets, but it also got confusing," Knapp said. "I would be running around before meets trying to find Yenger to see which team and spot I'd be on that day.

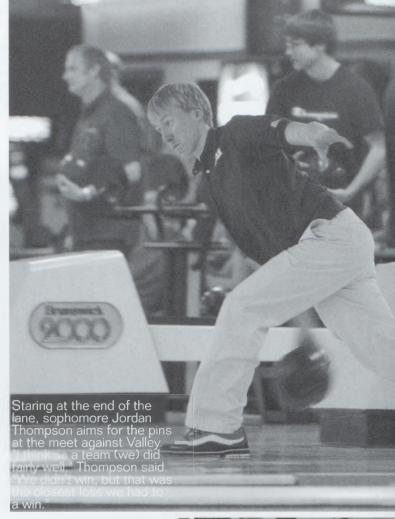
For some, the position changes made things more complicated. However, Yenger thought that all the transitions between team members were good. "Bowling, though a team sport, is an individual thing," Yenger said. "I look at scores (to decide positions and) there are no guarantees about scores."

Knapp moved up from the bottom varsity position and switched places with senior Torey Robinson. "I did not really mind," Robinson said. "It was what was best for the team and I still had fun."

When top bowler, junior Makenzie McFarland, returned to the team, Robinson thought she would not be able to bowl at districts due to her being knocked down to JV. "It bummed me out at first because I had worked hard to stay on varsity all season," Robinson said. "I understood why it had to be that way, but I was still disappointed."

The feeling didn't last long because later Robinson found out that Knapp would be out of town the weekend of districts. "It's kind of a bummer I missed it, but I'm only a sophomore and I plan on bowling next year; I'll get my chance," Knapp said. "At least I gave another bowler a chance to go."

To take Knapp's place for districts, Robinson moved back to varsity. Overall, the girls placed eighth. "As an individual, I bowled the best game I ever had in competition," Robinson said. "As a team we did really well in comparison to our past meets." Spread by Amanda Gabbert



Junior Erin Funk throws her ball down the lane, hoping to get a strike. "The best moment (of the season) was when (senior) Torey (Robinson) and I went out to eat after the state meet," Funk said. "It was really fun to celebrate how awesome she did.'





Trying to ignore all the noise, senior Lindsey Tosch prepares for her turn at the meet against Valley. "The season went okay, but I wish it could have gone better," Tosch said. "(I should have) practiced harder than I did."



Getting some helpful tips, junior Nick Overton carefully listens to coach Jeremy Yenger. "Yenger is a cool guy who is a fun coach because of his attitude on bowling," Overton said.



Sophomore Britta Pohlman swings her arm back, trying to get maximum momentum at the last practice before districts. "(I felt) nervous and afraid about how I would do (at districts)," Pohlman said.

Varsity Girls
Ottumwa 4th out of 4

Dowling 1960-1938 Waukee 3rd out of 3

Urbandale W-L

Invitational Tournament 4th out of 6
South East Polk 2085-2205

n East Polk 2085-2205 Waukee L-W

Quad Meet Indianola

Indianola 1857-2641 Quad Meet 3rd out of 4

4th out of 4

Valley L-W

5-11

Varsity Boys
Ottumwa | 4th out of 4

Dowling 2167-2359
Waukee 3rd out of 3
Urbandale 2213-2428

L-W

4th out of 4

2635-2948

3rd out of 4

Invitational Tournament | 5th out of 5 South East Polk | 2852-3106

Waukee

Quad Meet Indianola

Quad Meet

Valley L-W

2-13

Switching squads changes chemistry







Looking across the gym, the cheerleaders stood in their usual corner. However, they seemed to be getting less attention than usual. They did the same cheers and routines as in years before, but due to the lack of lifts and other stunts, the basketball fans became less interested in the cheerleaders.



The coaches made a decision to have no set squads for basketball cheerleading, hoping that it would ease tensions that occurred between squads in the previous years. "We decided not to have set squads to eliminate the competition that occurred between the squads last year," coach Kim Lane said. "We also wanted to give all the girls the chance to work with everyone instead of limiting them to the same seven people."



Senior Jordain Skarphol enjoyed the opportunity to cheer with a variety of people. "I didn't really mind it," Skarphol said. "It was fun cheering with different girls I've never cheered with."

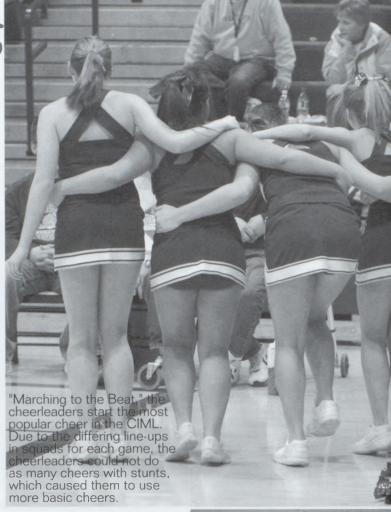


Others believed that changing squads prevented them from being able to do the stunts that they would regularly perform during games. "We never knew who we were cheering with," junior Mickey Greene said. "We didn't really know if we could put up stunts until we met for games." The unfamiliarity with the different members of the squads made it difficult to prepare for the upcoming games.



Because of the new set up, practices were modified. "The only people that were actually practicing were the ones that were cheering that week," senior Lindsey Kiesling said. "The other girls would just sit around and do nothing, which resulted in us not even having practices anymore."

The chemistry of the squad was not as strong. "I feel as if I didn't get the chance to know the girls on a more personal level," senior Alex Swanson said. "It was disappointing after last year being really close to my winter squad." Spread by Leah Kron.



Senior Colby Lindsey encourages the wrestlers by cheering at the meet against Dowling. Lindsey transferred from Dowling for her junior and senior year, so she enjoyed going back to see some of her old friends.









Preparing to start a cheer, senior Jordain Skarphol is lifted into the air. Three cheerleaders were lifted, each holding corresponding signs that they used to get the crowd to chant J-H-S.





Holding yellow roses to give to the seniors' mothers, the sophomore basketball cheerleading squad waits for senior night to start. "Senior night was bittersweet for me," sophomore Libby Elmitt said. "I'm excited to see the girls go off and start the next chapter of their lives, but it is always hard to say goodbye."

Division 4A Division 4A Large Group Stunt Johnston II Johnston I 11th

6th 8th

heerlead



Getting into the game, junior Mickey Greene cheers for the boys' basketball team during the Roosevelt game. Even when Greene was not cheering at the games, she frequently attended to support the team from the stands.

Shelby Brose '09















Bad luck plaguesteam

boys suffer misfortune throughout season

The seven members of the varsity lineup stepped up to the starting line in the drizzling rain at the district meet in Council Bluffs. The team knew from the beginning of the season it was a rebuilding year — six of seven members from the previous year were gone. However, they weren't anticipating this much bad luck.

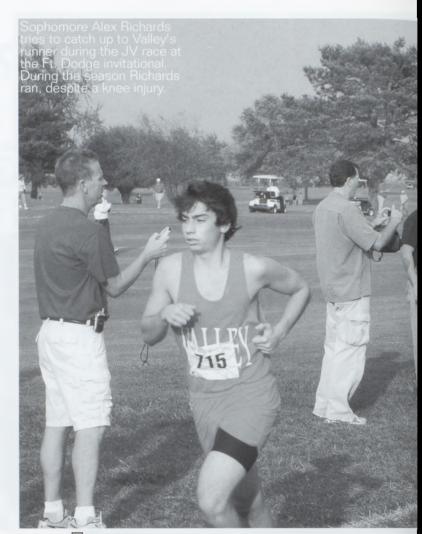
According to head coach Dave Beason, the boys ended the season with four freshmen running varsity. "(We had) a very young and inexperienced team that just ran their hearts out," Beason said. Junior Mike Faley and sophomore Alex Richards were plagued by injury and had an abrupt end to their varsity season, leaving the team with four freshmen, one sophomore, and two seniors on varsity.

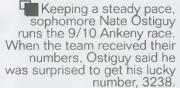
The night of the district meet proved there would be even more misfortune. Not only was it rainy and slippery, but freshmen varsity runner Drew Jackson also was sick and unable to run. "(I felt) horrible," Jackson said. "I let my team down, and I really wanted to run."

Although the team could easily have given up, they didn't. "I was really concerned that when Drew was sick they would toss their hands up and give up," Beason said. "But that wasn't their reaction; they went out, ran hard, and put their heart and soul into it."

The boys knew they had a long shot at getting into state. According to Beason, senior co-captain Derek Furrow wanted to return to state and individually qualify. Furrow fell twice during the race due to the slippery course and finished 16th, just six places away from qualifying as an individual. "I fell right at the beginning which hurt a lot (because) I was pushed back," Furrow said. "I fell again around the two mile. The course was ridiculously slippery. I came close, but couldn't quite get it done."

The team ended the meet with a seventh place finish, without qualification to the state meet. "Based on how the race went, I kinda knew we didn't make it to state," senior co-captain Grant Jacobson said. "(It was) frustrating especially after making state the past five years." Spread by Sammy McConeghey and Megan Kellogg.













Sophomore Ben Jacobson focuses on staying ahead of the Valley runner during the middle of the race. "Beating Valley is the way to go," Jacobson said.

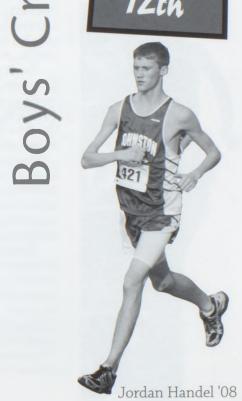


Senior Grant Jacobson leads the pack during the conference meet held at Indianola. Jacobson was co-captain along with senior Derek Furrow.



Keeping their eyes on the course ahead of them, senior Trevor Haden and freshman Lincoln Eppard stay focused at Ft. Dodge. "This season was hard becuase we had a young, inexperienced team," Eppard said.

Ames Invite Johnston Invite Valley Invite Roosevelt Invite Indianola Invite Ankeny Invite Fort Dodge Invite Central CIML Districts All-Conference: Derek Furrow

















Birru breaks books

how one girl broke the school record three times

At 5:30 a.m. the alarm would go off, and senior Obsie Birru would get up for her daily run. Birru started her day off with a run almost every morning to prepare for the cross-country season. She managed to break the 4K record three times in one season by training harder and longer in the summer than she had before. "It's everything I've been working for (for) the past four years," Birru said. "It made me want to work harder, harder than I've worked before."

Throughout Birru's four years of running varsity cross-country, she changed her training in many different ways. She altered her diet by drinking less caffeine and eating more. "I drink a lot of coffee, but this year I drank a normal amount of coffee and more Gatorade and water," Birru said.

The improvement was also noticed by the teammates who believed Birru was deserving of her achievements. "Obsie worked so hard and she wanted it so much," senior Sammy McConeghey said. 'The first person I think of that should deserve this is her. The team was pushing themselves more than I think we ever have as a team."

The girls accomplished a lot throughout the season. They made it to state and were just one point away from placing third, behind Iowa City High. "It's hard to say we could have done better when we were already better than we have ever been," sophomore Anna Belner said. "It started pretty well, we worked hard and came together as a team and improved our times."

The team produced the biggest and best team in school history, with 55 girls running. "This was the best season in school history," head coach Pat Hennes said. "Obsie broke the record three times and placed fifth, the highest finish ever at state."

Birru, however, downplayed her achievements. "Crosscountry isn't an individual sport but a team sport," Birru said. "Once we got going, things just started to fall into place." Spread by Mindy Dickerson and Erin Funk



Showing her long strides during the junior varsity race at Ft. Dodge, senior Maggie Thilges runs strong to finish. "I go out for the people; without the fun of the people and my friends I wouldn't go out,"

Thilges said.





Junior Elena Malycheva keeps her eye on the course ahead of her during the junior varsity race at the Ankeny Invitational. Malycheva had been running cross country since she was a freshman.





Senior Megan Junge stretches before a race, with the assistance of senior Gabby Warrick. "Partner stretching helps you so you're not tight during the race," Junge said.

Fort Dodge Invite 2nd Districts 1st Confrence 3rd Ankeny Invite 2nd Indianola Invite 11th Roosevelt Invite 1st **Johnston Invite** 1st Ames Invite 1st

759 Jocelyn Kleinschmidt '10

Using her singing skills, senior Liz Fuller peforms the National Athem during the home meet held at Walnut Ridge. Fuller also sang the anthem for numerous nome softball games.















Team's new talent triumphs Integration of new and old members makes for successful season

Generally, there was a cycle among athletic teams from year to year. Each spring, a few seniors would graduate to be replaced by younger athletes. Teams evolved, but rarely started anew. With only four returning members and seven new dancers, the varsity dance team broke this cycle. "This year felt like a new start," senior captain Courtney Coakley said. "There were so many new girls on the team this year" that we basically got to start over."

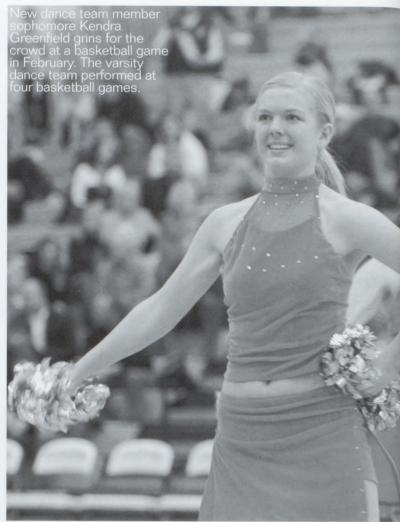
Coakley had been on the team for four years, unlike brand new team member junior Jena Hansen. "Friends from my studio, Dance Vision, decided to go out as a group and try (dance team) out to see if we liked it," Hansen said.

Junior Kaeleigh Gebard also danced at Dance Vision and decided to go out for the team for the first time as a junior after being urged repeatedly to do so by her parents." I think this year there was a lot of talent in the group," Gebard said. "I also think there was a lot of team leadership, not just from the captains, but from everyone."

The experience was pleasant for new and old members alike. Once the new members adjusted to the dynamics of the team, they fit right in. "I think this year's team was very successful," senior captain and returning member Alyssa Buckley said. "Combining rookies and veterans helped the team achieve a higher skill level."

Not only did the renewed team work together well, they also competed well. For the first time in over three years, the varsity team placed at the state competition. "We had been working hard all year and after we placed third with our lyrical dance we couldn't have been happier," Coakley said. The girls also placed fifth in both their jazz and pom routines, making for a very successful showing at state.

Adjustments had to be made for the varsity dance team that, in the end, paid off. Large amounts of new members made for a lot of work, but also for a lot of success. "I think this year's team was proof that hard work can really take a group of people far," Coakley said. Spread by Cory Gagne



Varsity dance coach Christy Christensen inspects her dancers' exit after their lyrical number during a practice. "(The team) had a lot of new members and at times it made things more challenging because it was new to many of the members," Christensen said.







Shouldering her leg, senior Courtney Coakley practices for the state competition in November. The varsity team placed in the top five at state for all three of their dances: lyrical, jazz and pom.



Freshman Molly Ward performs a kick for the student body at the homecoming assembly. Ward was a member of the JV dance team who only performed for the high school once a year.



Getting up off of her knees, freshman Allie Crist dances at a football game. Crist was one of two freshmen on the varsity team as most freshmen were members of the JV team.



Sioux City West 54-0 43-0 at Hoover CB Thomas Jefferson 38-0 41-6 Fort Dodge 41-10 at Urbandale 45-14 Indianola 10-14 at Ankeny 18-21 South East Polk 34-14 at Dowling

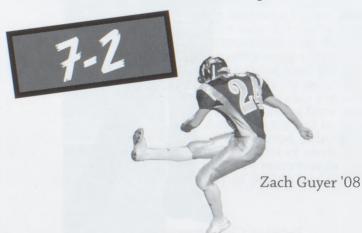
All-Conference Players

First Team Offense: Justin Amick, Zach Guyer, Daniel Chapman

First Team Defense: Jake Baumgartner, Duane Hatfield, Jonathan Nelson

Second Team Offense: Aaron Schultz, Troy Dubay, Nick Bass, Tyler Wengert, Hunter Warne

Second Team Defense: Ryan McCualey, Adam Gillaspey, Sam Grasso, Michael Elming



Facing the town rival's defense, the offense lines up for the next play. According to head coach Brian Woodley, Urbandale was the team's first big test, and it showed how good the team actually was.

Senior Kyle Hanson pushes the receiver, attempting to make it harder for him to catch the ball. "(Fort Dodge) was pretty good," Hanson said, "but once we got things plugged in, it was hard for them to keep up."





















Controversial destroys hope

one game ruins chance of making playoffs

As the clock ticked down at the Ankeny game, junior Aaron Schultz ran a quarterback sneak through Ankeny's defense and into the endzone. The crowd cheered in excitement, only to find out seconds later that the referees called it a fumble. "I crossed the goal line and made a touchdown but the refs didn't call it," Schultz said.

If the touchdown had been called, the ending score would

If the touchdown had been called, the ending score would have been 17-14, a victory for Johnston. Thus the team would have remained undefeated up until the time that they played S.E. Polk. Overall, the team would have only lost one game, making their overall record 8-1 and allowing them to go to playoffs.

This, however, was not how it all happened. The touchdown was not called. Therefore the team's overall record was 7-2, a school best, but not enough to vie for the state championship.

Many players were upset by the call but there were a few who were a little more understanding, such as senior Nick Hunsberger. "Honestly, the only people to really see it were the refs and the players on the field, but from where I was, I couldn't tell," Hunsberger said.

Head coach Brian Woodley later talked to Ankeny coach Jerry Pezzetti. "He liked our team, liked the way we play," Woodley said. "(Pezzetti) said the call could have gone either way and thought we were a descripting playoff team."

way and thought we were a deserving playoff team."

Many of the players also believed that the team should have been going to playoffs. "We should be in the playoffs because not only are we ranked tenth, but we have fifteen first and second all-conference players," junior Duane Hatfield said. "We only lost to two teams, with a combined score of seven, who were ranked in the top ten."

Along with the players, the coaches were also disappointed with not making playoffs. "(I'm) truly disappointed for the young men not being able to play in playoffs." Woodley said. "We had a great year, a great group of kids." Spread by Amanda Gabbert and Azra Feriz.











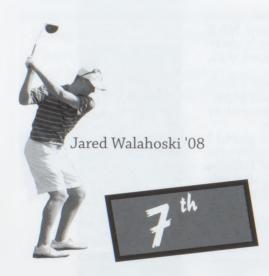






306-291 CIML (Veenker) 154-153 Ankeny 281-280 Ankeny Inv. 322-294 Lincoln Inv. 300-286 Valley Classic 292-292 Ames Inv. 301-288 Dragon Inv. 332-318 Cedar Falls Inv. Cedar Falls Inv. CIML (Jester park) 150-162 Boone 306-303 Districts State @ State @ State

First Team All-Conference: Jared Walahoski, Mike Slavin, Brent Goodenow Second Team All-Conference: Dain Opland, Mark Anderson

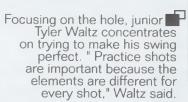


Stepping up to his golf ball, junior Mike Slavin gets ready to putt. "Growing up in California, living by many courses, and my grandpa teaching me ever since I was four was what inspired me to play golf," Slavin said.

Taking a practice swing, junior Miles Summa lines up his chip to try and make it to the green. Summa's most memorable moment in golf was when Sean Mcgowen hit the constuction site at the Des Moines Driving Range.



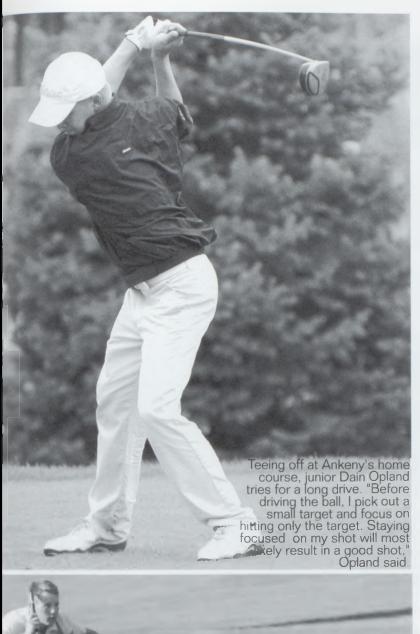






Senior Kory Plagge squats
down at eye level to read the
green. Before he putted, Plagge
looked at the slope of the green
and how far it was to the hole.
That way he knew what the
break of the green was.





Rain

regionals delayed by storm

Heading out to the first tee box for the regional meet at Iowa City, the boys' golf team was already wet. There was an even bigger storm moving in, and they were only on the edge of it. "It was tough, but you have to keep focus and remember everyone else is dealing with the same conditions," sophomore Nick Smith said.

Lightning was seen on the horizon, and they were forced to pack up and head into the clubhouse to wait out the storm. Some of the boys had played as many as twelve holes, while others only completed four. Eventually they cancelled the meet and headed back to the hotel. "It was actually a lot of fun (to play in the rain)," senior Mark Anderson said. "We (were) supposed to play on Tuesday, but it rained out half

way through our round." As a whole, the team wasn't playing as well as they knew they could on Tuesday, and once the lightning was seen they were grateful for a chance to start fresh Anderson said. The team headed back to the hotel for some food, and bonding, a rarity in golf because players were on different holes at different times. "After the rain we decided to spend the night in Iowa City and it turned out to be fun," senior Jared Walahoski said. "We hung out with the team and built some new relationships.

The next day, the boys headed back out to Finkbine Golf Course to restart their rounds. They weren't playing as well on Wednesday head coach Steve Smith said. After nine holes he didn't think the team would make it to the state tournament. However, they stepped it up the last nine holes to make it to state.

Despite its weather problems at regionals, the team had some defining moments during the season. They set a new school record at the Ankeny Invitational with a score of 281 and placed second. The boys also placed second at the conference and district meets. The team placed seventh at the state meet in Mason City. "We didn't reach our ultimate goal which was winning state," Anderson said.

Yet what defined the boys' season wasn't the numbers or stats, but their new attitude. "Committed," Smith said. "These kids have committed and wanted to be good." Spread by Olivia Schiefelbein and Zach Jensen.





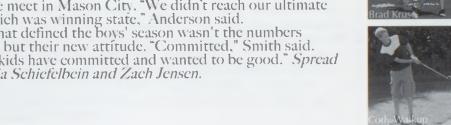












7th Valley Invite 210-197 Marshalltown 5th Ames Invite 184-167 Ankeny Johnston Invite 4th Urbandale Invite 5th Urbandale Invite 3rd 186-189 Dowling 183-153 Ames Waukee Invite 3rd 2nd CIML Regionals 3rd

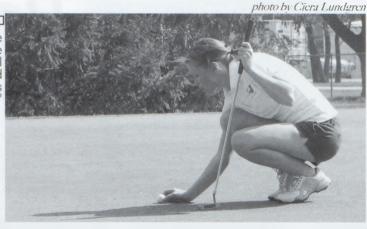
CIML Conference Meet: Ashley Williamson 7th place All-Conference: Kate Dickey 9th place



Marking her ball, senior
Lauren Donerty glances to see
how far her ball is from the
hole before she putts it in. "I
have been golfing since I could
walk," Doherty said. "This is
the year I have grown a lot."

After teeing off, junior Ashley Williamson marks her ball on the green so another opponent could putt in without Williamson's ball in the way. "This year, on varsity, the girls are closer than ever,"

Williamson said.





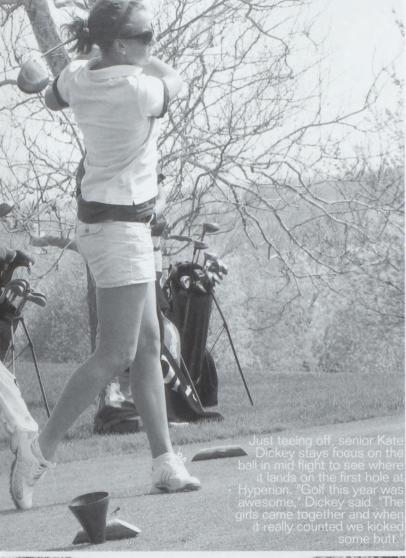
Junior Taylor Probst concentrates as she prepares to putt the ball into the hole. Probst participated in the JV Johnston Invite, that was held at Jester Park. JV ended their season with a 17-4 record.













Increasing Mumbers cause competition

larger turnout in participants creates success among the team

When Vickie Borich took the girls golf coach position three years ago, her biggest goal was to get more girls involved. The first year Borich was the head coach only 10 girls participated; this year there was an increase to 28 girls. "The increase in numbers increased the competition for people to do better," Borich said.

With more girls going out for golf, the varsity spots changed frequently. "The four, five, and six positions changed every week," Borich said. "Plus girls could lose their spots by not showing up to practice." Borich also stated that with this much competition, the girls had to practice more with purpose.

The girls could feel the pressure of competition. "It was more stressful on the team for the varsity spots," senior Lauren Doherty said. "With a lot more girls and limited spots on varsity, it caused the girls to work harder."

With spots changing week to week, and girls practicing harder, the level of ability increased. With conference approaching, the team's goal was to get second. "We knew we would have a tough time beating Ankeny, so we set our sights on second," Borich said.

The day started with the girls meeting at the front of the school, ready to car pool to Indianola for the conference meet. "It was really chilly that morning and all we wanted was to play well," Doherty said.

When the meet was over, the girls were awarded a second place finish and Borich was awarded Coach of the Year. "I was pretty surprised and flattered by my peers," Borich said. "Really didn't expect it."

The girls thought no one else deserved the award more. "(Borich) is always positive even when things aren't going the way you would like them to go," senior Kate Dickey said. "She always makes me smile even if I am playing horribly," Dickey said.

With all this achievement in one day, Borich believes the success was due to the increase in numbers and hard work. "When you have a lot of fun, you work hard, good things happen," Borich said. Spread by Ciera Lundgren































Avoiding playing on sand substate moved from a field of granulated material to the boys' own turf

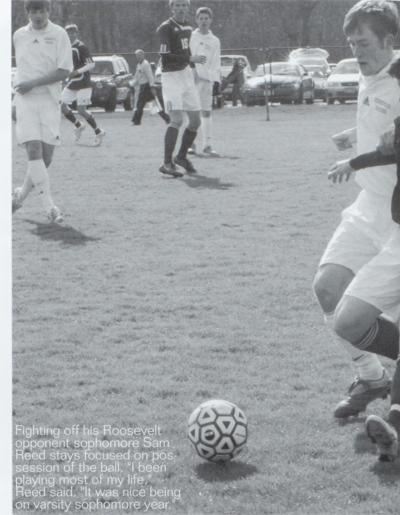
Storms typically causes the cancellation of games but for the substate tournament rain caused an extra sandy field. Ankeny was to host the substate game, but with all the rain they added sand to the field. "(They) added too much sand when it was rainy a lot, and (it) killed all the grass," head coach Matt Todd said. After seeing the condition of the field Todd was able to get substate moved to a better field, Johnston's own home turf.

When the boys' heard that they might have to play on a sandy field there were a mixture of reactions that ranged from excitement to a state of being appalled. "I thought it was a pretty bad idea because that field was so horrible," senior Trevor Haden said. "It would (have) been like playing on a beach." Haden was also concerned, along with his teammates, about how their playing would be affected due to the presence of the sand. "When (the ball) hits sand it messes with how it bounces and where it would go. It would have affected everyone, not just the goalie." Once substate was moved relief was found because turf was a favorite surface for the boys. "You can't really go wrong with turf, it's all straight and smooth." Haden said.

On the other end of the spectrum, junior Josh Wenndt was thrilled to play on a sand field. "It was pretty exciting, but we didn't make it that far." Wenndt said. Even though Johnston lost in the beginning of substate to Roosevelt, players found other highlights in the season to perk them up from their quick end. "(I liked) beating Waukee because they were ranked sixth, and we were ranked 10th," Wenndt said, reminiscing on his highlight of the season.

Also surprised by the condition of the field they would have played on was senior Kory Plagge, who saw the good of a home turf played out in the game. "Ankeny was (in) kind (of) a crazy bad condition," Plagge said. "I thought we were good, we played well together. I thought (substate) was a well played game, things just didn't go our way."

Coach Todd was happy to see the boys on their home field, and thought it was good for them. Despite not getting far in state, he saw the bright side of the season as well. "It was probably the most enjoyable season I've coached," Todd said. "The boys worked so hard and they did so well." Spread by Katie Norris



Striking through the ball, sophomore Cody Walkup warms up before the Urbandale game. Walkup practiced shooting to prepare for his midfield position.









Reaching as far as he can, JV goalie junior Bret Bones attempts get a hand on the ball to stop the Valley opponent's shot. The attempt was successful and Bones threw the ball back to his teammate.



Attempting to gain possession of the ball, senior Nick Bass sprints down the field during the rivalry game against Urbandale. The team lost with a score of 0-1.



Diverting his Roosevelt opponent, senior Alex Kem plays midfielder during a varsity at James W. Cownie Soccer Park. Johnston won the game 1-0.

Dav. West at Norwalk Norwalk Waukee at Fort Dodge at Ankeny East at Indianola Roosevelt Urbandale Valley at Dowling SEP Substate Roosevelt



4-0

1-0

1-0

3-1

0-2

1-0

2-0

1-0

0-1

0-2

1-2

2-0

1-2

















Velcome to the Warehouse

one senior brings the team together

It was a rainy day with hardly anyone in the stands as senior Leslie Ware walked out onto the soccer field for senior night. Two seniors, Ware and Jordain Skarphol, were honored. However, Ware was the only player on the varsity team.
"Senior night was pretty short," coach Alicia Rollison said. "It meant more to them because they weren't overshadowed."

Ware obtained the nickname "Warehouse" during the season. With Ware being the only senior, the team wanted to use this nickname as their theme. "We saw (the warehouse) while driving one day and it reminded us of Leslie so we incorporated it into the picture and our t-shirts," junior Colleen Shannon said.

Having only one varsity senior created some problems for the team. There was a lack of experience forcing everyone on the team to step-up. "Having only one senior on the team made the team overall young," Rollison said. "An obstacle to success was the lack of experience of the younger girls against other varsity teams who may be two years older. The freshmen didn't get a traditional freshman year though because more was demanded from them."

Ware liked being the only varsity senior on the team. "Being the only senior had its moments," Ware said. "You get a lot of attention, and it's fun."

Players, like Shannon, favored having one senior on the team. "It was different, (Ware) motivated us to play harder," Shannon said. "We didn't want her last day to come. Leslie is a strong player on and off the field. Off the field she's a good person who makes everyone comfortable and makes sure they're having a good time."

Ware also made more friends than she thought she would. "I definitely made more friends with freshmen, which I didn't think would happen," Ware said. "We all became really close this season."

Shannon and Ware especially developed a close bond. "We were the two captains," Shannon said. "We are really close. It's hard to see next year without her." Spread by Makayla Coulson and Mindy Dickerson.



Running down the field during the Johnston vs. Ankeny game, junior Colleen Shannon keeps the ball away from her opponent. "Ankeny's a really physical team and the games are always close," Shannon said







Stopping the ball, sophomore Madison Thompson uses her body to deflect it. This was Thompson's second year as a starter for the varsity team.



Racing down the sideline, sophomore Jennifer Ross fights to keep the ball. "I liked that we were able to play with our friends and improved throughout the season," Ross said.



Running to beat Ankeny's Mick Peterson, sophomore Chelsea Van Vark slides forward in anticipation. Van Vark played for JJV but moved up to JV for the Johnston vs. Ankeny game.

La Dallas Center Grimes 3 - 1 at Valley 1 - 2 Fort Dodge 3 - 0 Indianola 4-0 Roosevelt 6-0 Urbandale 2-3 Valley Invite 2-3 Dowling Catholic 1-2 Urbandale Invite 2 - 0 at S.E. Polk 6-0 Ankeny 2-1 Lincoln 7-0 at Waukee 1-0 Hoover (Sub-State) 1-0 Ankeny (Sub-State)





Ottumwa 7-3 Ottumwa 0-3 Valley 3-0 S.C. North Ames Ankeny Ankeny 7-4 Indianola 5-8 Indianola 8-0 Mfl-Mar-Mac 7-0 Iowa City Regina Cedar Rapids Kennedy 2-0 Cedar Rapids Jefferson 6-5 Urbandale 10-Urbandale

Junior Liz Fuller reaches her arm out to fellow JV and varsity teammates after a win over Urbandale. "The rivalry is intense, and you can tell both teams want to win so bad," Fuller said.

> Junior Leah Embrey breaks for third while the ensuing play unfolds behind her. "I don't really think when base running," Embrey said. "There is a lot of adrenaline going because each play is exciting and means something to the game."





Swinging in hopes for a base hit, junior Holly Von Fumetti concentrates on the ball coming at her. "Coach Merical has us spending many hours practicing the mechanics of hitting," Von Fumetti said. "When game time just come natural."





comes, all of the mechanics should

Sophomore Annie Gray dives back to first base during a pickoff attempt. "You really just need to be paying attention all the time," Gray said. "If you're alert and know what's going on while base running, your reflexes will take care of the rest.



1-0 Des Moines Lincoln 0-2 Linn-Mar 4-0 Ames 4-1 Ames 15-2 Madrid 2-1 Boone 4-2 Indianola 8-4 Indianola 2-3 S.E. Polk 5-4 S.E. Polk 9-0 Urbandale 8-3 Urbandale 3-0 Boone

Dowling Catholic

Dowling Catholic

Linn-Mar

Solon

0-2

0-11

7-0

Leah Embrey, Aleece Gustafson, Abby Sonner Second team All-Conference: Veronica Roshek Holly Von Fumetti, Michelle **Dowling Catholic** Schoop **Dowling Catholic** 1-12 S.E. Polk 1-5 S.E. Polk 10-1 Chariton 2-3 ADM 0-1 Winterset 8-0 Marshalltown 13-3 Marshalltown 7-2 Ankeny

14-4 Ankeny Des Moines North 5-3 Des Moines North

Des Moines Hoover 12-2 Des Moines Hoover

10-0 Mason City 14-4 Mason City

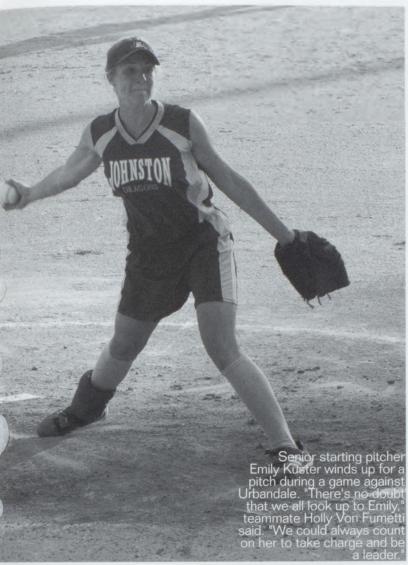
10-0 Mason City 2-1 S.E. Polk

Honorable Mention: Annie Gray, Alexa Guessford, Cassie Curtis All-State: Emily Kuster Honorable Mention: Abby Sonner, Leah Embrey, Aleece Gustafson All-District: Emily Kuster, Abby Sonner Iowa All-Star Team: Emily Kuster

First team All-Conference: Emily Kuster,









Extra eyes enthusiasm

volunteer coaches help team have good times

"Whoa!" shouted volunteer coach Cari Walker, using her tactic to make the girls laugh in order to loosen them up before they played. Along with shouting, Walker also gave a pep talk. "(Don't) hold yourselves back," Walker said. "'Try to perceive that (at) the end of the day it's just a game." She said this before games to help the girls remember to have fun so they could enjoy playing.

The girls appreciated Walker's methods. "She (Walker) was always really pumped (and would) randomly go 'whoa," freshman Jordan Sandquist said. "(It) brought our team up (and we) started to go 'whoah." Walker was one of two volunteer coaches who helped the team. Coach Dave White was a returning helper. He brought live pitching so that the girls were allowed to practice a batting cage-like experience.

Even the head coaches valued the extra help. "They (the volunteer coaches) made a huge difference," head coach Todd Merical said. "(We) had two more sets of eyes, (and) shared experience is huge for our team. We're very fortunate to have had those two last summer."

The fun the volunteer coaches added to the season was just the beginning. Walker arranged a scrimmage for the girls. They were divided equally by skill and went all out in outfits representing their three teams. "Pulling up to the field that day (with all the) girls decked out makes me laugh every time I think about it." Walker said.

One of the favorite memories the "girls of summer" had was their traditional sleepover on the field, but this time it was celebrating their qualification for state. The girls consumed an un-recalled amount of pizza and pop. The girls had many fond memories that were also bonding experiences. "I loved being a part of that really good group of friends throughout the season," freshman Loryn Reed said. "That was my favorite part (of the season)." Spread by Katie Norris and Cody Zoss.









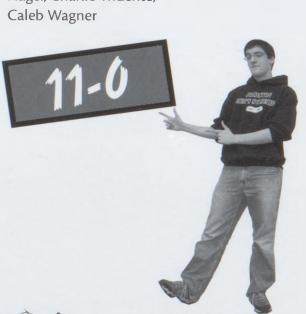






121-49 DM East Dual
104-66 Valley Dual
70-24 Grinnnell Dbl Dual
110-60 Boone Dbl Dual
122-48 Indianola Dual
55-39 Ottumwa Dbl Dual
74-20 Grinnell Dbl Dual
101-68 Mason City
125-45 Dowling Dual
119-51 S.E. Polk Dual
1st 409 CIML Conference
1st 308 Districts
10th 56 State

Academic All-Conference: Jeremy Biggs, Rexford Davidson, Nicholas Evans, Alexander Grapp, Alan Nagel, Charlie Thuente, Caleb Wagner



Alex Grapp '10

Walking hand-in-hand, senior Rex Davidson warks down the side of the pool with his mother, Marcy, and father, Brian. Davidson participated in senior night where only seniors swam varsity.



Walking senior R down the si his mother, Brian. Dar in senior ser

Waukee sophomore Matt Karamanlis pulls himself through the 50-yard backstroke in the JV 200 yard medley relay. The relay team had a time of 2:03.92 at the Johnston Invitational.



Urbandale senior Anthony
Kottke takes a deep breath
before submerging himself
back into the water during the
breaststroke. Kottke was a state
qualifier three years in a row.



photo by Matthew Courtney

Immersing himself in the water, Urbandale junior Mitch Taylor completes the 100 yard butterfly. Taylor had an individual best time of 52.55 – a Johnston varsity record.





Practice perfection more training makes better results

Arriving at Summit Middle School on a Saturday at 7 a.m., sophomore Blake Johnson got ready for a tough three-hour practice. "It's hard, but necessary," Johnson said. "It only takes one day to get out of shape." Staying in shape was crucial to the varsity boys' swim team's ability to do well.

The boys went undefeated in the regular season. Coach Shari Walling said the team owed it to its rigorous practice schedule. "Quality programs have two practices a day," Walling said. "As long as they're of value, there isn't any waste of time." The team had approximately 100 practices before districts, which was considerably more than any other swim team in the state.

Swim meets were decided on team victories while the state meet was scored by individual victories. This allowed for the team to win all of their meets. "This substantially helped because all of our swimmers are way above mediocre," senior Charlie Thuente said.

For the first time, the team won the conference and district championships. They worked hard during practice, and the team chemistry was also beneficial to their success. "Having friends on the team brought everyone closer," Johnson said. "Everyone knows they have to push themselves, so we help each other out."

The work ethic and output made for a strong ability to improve. The boys had to work together, despite being from different schools. "The comradery between the boys and the three schools makes a lot of difference as a team," Walling said.

Although the team yielded good results during the season, they didn't fare as well at state. "As a team we're considerably stronger than most in the state," Walling said. "But there's no dual meet champion for state swimming."

The team placed 10th at state, despite an undefeated season. "Only so many of our swimmers can qualify for districts and state, so we aren't able to use all of our awesome swimmers," Thuente said. "If it was scored as team win, we would have dominated it." Spread by Bethany Christenson and Matthew William Courtney

















Sophomore Katie Lee flies through the air to land her dive perfectly in the water during the Ankeny dual meet. The girls went on to beat Ankeny with a score of 108-75.

Coming up for a breath, sophomore Maddie Mandsager swims the 100-yard breaststroke. "I (gained) strength, I improved, my body feels a lot stonger than it used to," Mandsager said.

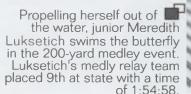




Launching herself into her dive, freshman Dahlia Gordon starts her back flip at the Ankeny meet. Gordon later went on to finish 13th at the state meet in Marshalltown.















Girls get their goals star sheets help team achieve success

Most teams measured their achievements in records and wins. The girls' swimming team, however, measured their success with stars. At the beginning of the season, the girls made 12 goals including winning districts, winning regionals and getting in the top five at state, marking their goal sheet with a star each time one was accomplished. "With every star we marked on our goal sheet there were more and more things to be proud of," head coach Shari Walling said.

As the season began the girls' rank sky-rocketed to number three in the state behind Valley and Marshalltown, and they went on to earn an undefeated dual meet season. "At the very beginning (of the season) I knew we would be good," junior Meredith Luksetich said.

When the conference meet came along, the girls realized they would have the upper hand in the competition and hopefully another star. The team ended up winning the conference meet by 100 points.

The girls had high hopes to win regionals. At regionals, they were losing before going into the relays. In the end, the relays helped them to earn points and they came out on top. It was the first time the team had won regionals since 2004. "I screamed, and I was jumping up and down," senior Hannah Smith said.

The day of the state meet arrived, and it was immediately known that the girls wouldn't win due to the fact that Valley had a 150-point lead over the second place team. However, their goal of top five in the state was still alive. With only one race to go, the 400 Free Relay, the Dragons were tied with Ames in fifth place with 100 points. They would have to beat Ames if they wanted to get fifth.

After the first leg of the relay, the girls were trailing Ames by four seconds. The other swimmers knew they would have to pick up some ground. The second leg made up time but was still behind. When it came time for Luksetich's leg she helped the team pass Ames with one swimmer left. It came down to the last leg where Smith took control over Ames and finished the race 3.19 seconds ahead of them.

Beating Ames in the relay gave the girls fifth at state with another added star to their goal sheet. "This will always be a season to remember as the first group of freshmen swimming for Johnston will graduate this year, Walling said. "They were on a mission to make their mark, to set traditions of excellence for future teams to strive for." Spread by Jon Krueger, Matthew Courtney, and Sammy McConeghey.































Injury fails to stop letter Winner Senior doesn't allow injury to prevent him from playing

To get ready for a district tennis meet was always a little nerve racking. There were many things to think about when preparing. Shoes tied tight, strings fit properly, but for senior Cody Gordon there was one more step. Gordon had to pull on his knee sleeve everyday before practice and meets. His sleeve prevented further injury to his once torn ACL. It allowed him to once again succeed in tennis without worry of another ACL tear.

Gordon participated in the SAIL Leadership Retreat when he tore his ACL. He went to school that Monday on crutches and continued to use the crutches until well after his surgery. "I was in a knee brace for around a month and a half (to) two months and I had crutches for (another) two and a half weeks," Gordon said.

After the surgery Gordon headed to physical therapy for his rehabilitation. He learned that playing his final tennis season might not be possible. He had six months of therapy before he would be allowed back onto the court. "Normal time to heal a torn ACL is six months, and I got back in five as a result of pushing myself in physical therapy," Gordon said. Throughout his rehabilitation Gordon had to put his knee through many tests. Lunges, squats and stretching out the knee and leg allowed him to break up the stiffness. These exercises carried through to the season.

The stretches he learned in rehab helped to work out the soreness during the day. "My knee was a little sore at the first couple of practices," Gordon said. "But at night I would ice it and my knee would be ready to go the next day."

The experience that Gordon brought back to the court was appreciated by his fellow teammates. "I was glad," senior Tucker Vasey said. "He was still a little bit out of shape at the beginning but he was back to last year's level by districts."

Gordon played varsity since his freshman year, and had always had a successful season. "Cody Gordon played the best tennis I've ever seen him play in the last matches of his career," head coach Leslie Shipp said. "It was amazing that he didn't hit a ball for six months, and two weeks after he started hitting again he beat a two time state qualifier."

Although the injury was hard and painful at times, Gordon believed it had its positive sides. "I learned a lot of patience through my injury, which I'm grateful for." Spread by Olivia Schiefelbein and Abby Weaver.





Senior Tucker Vasey stretches across the court during district doubles. Vasey and partner senior Ryan Palmer placed third. "It would have been better if we could have gone to state but we gave it our all, so I'm pretty happy with how things turned out," Vasey said.







Leaping across the court, senior David Zhang saves the point. Zhang won the first set in a tie-breaker and then went on to win the match by a second set win.





Thrusting across the court, senior Ryan Palmer plays during the meet against Urbandale. Palmer ended up losing the match by going into a tiebreaker during the first and second set.

30ys' Tennis

Johnston Invite 4th at Valley 1 - 10 9 - 2 Ottumwa Ankeny Invite 4th at Ankeny 5 - 6 at Hoover 11-0 at Indianola 9 - 2 Urbandale 8 - 3 at Dowling 5 - 6 Saydel 11 - 0 SE Polk 10 - 1 Districts 3rd

Following through with his backhand, sophomore Ben Warrick plays doubles. Warrick and his partner, junior J.T Minor, won their match against Ottumwa in two sets, the team won the meet 9 - 2.



Marc Thies '09

















Starting Scratch five girls play varsity without past experience

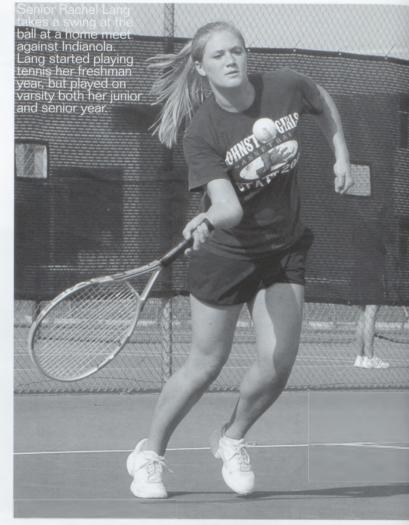
Walking onto the tennis courts their freshmen year, the girls were both excited and nervous, having no experience playing tennis before. These girls never expected to be competing for the top spots of the varsity team by their senior year. "It was something I had never tried before." senior Megan Junge said. "I knew that it was going to be a sport that I could continue for the rest of my life.

Junge and four other seniors; Aleece Gustafson, Rachel Lang, Lauren Lund, and Maggie Thilges, decided to go out for tennis their freshman year. By their senior year, all five of them occupied spots on of the varsity line-up. "We have about 77 girls out every year, and only 10 girls get to play varsity," coach Ben Knight said. "A lot of these players are multi-sport athletes and they spend a lot of time working on their other sports. It is not an easy accomplishment."

Tennis was not offered as a school sponsored event until high school, therefore not getting the interest of some people until they got to their freshman year of school. Most of the girls had different reasons for wanting to go out. "I decided to go out for the sport because a lot of my friends were also going out," Gustafson said, "and I needed a sport in between basketball and softball." Gustafson played varsity by her sophomore year, with only one full year of practicing before, and without any off-season training.

Many of the other girls out for tennis have been playing their entire life, therefore increasing the competition for the varsity positions. Knight believed that these girls were able to get to the top spots because of their competitive nature. "They've been in athletics and exposed to competition," Knight said. "They decided they wanted to play and put in

The girls were happy with the time and effort that they put in to the sport and enjoyed playing on varsity. "I find tennis to be more fun than other sports," Gustafson said. "It's a lot different than other sports because you play individually so you have to make sure you're on top of your game everyday because you can't rely on your teammates when you're having a bad day." Spread by Cory Gagne and Leah Kron.



Stepping into better position to hit the ball, junior Lauren Rogers plays at a home meet. Rogers played doubles throughout high school and switched partners multliple times, allowing her to play with many different people.







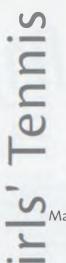
Extending to hit her ball toss, senior Lauren Lund serves at a home meet against Ankeny. "My favorite part about tennis was being doubles partners with (senior) Maggie (Thilges) because we're really good friends," Lund said. "I was comfortable playing with her because we both get competitive about it, but we wouldn't get mad at each other."

photo by Cory Gagne



Junior Jenny Ajluni warms up at the team regionals tournament. Ajluni and doubles partner, junior Megan Roth, won their first round in the tournament but lost to their second opponent from Dowling Catholic.

Working together, doubles partners sophomores Megan Ackerman and Morgan Foldes play for a small crowd at home. The team enjoyed having more meets at home than in many of the past years and some believed the home court advantage allowed them to have a better record.



Johnston Invite 1st at Valley 1-10 3-8 at Ottumwa Hoover 11-0 Knoxville Invite 1st 4-7 Ames Urbandale 5-6 at Ankeny 2-9 at Indianola 7-4 2-9 Dowling Marshalltown Invite 1st at S.E. Polk 7-4



6-6

Katherine Burggraaf '08

















Injuries collide with goals challenges cause doubt, boys overcome

A 4x4 state and Drake Relays championship was what the boys track team had in mind going into the season. Challenges met along the way, however, halted their goals and caused the team to change its mindset. "We had to become more focused on what we needed to do because it became a bigger challenge," senior Grant Jacobson said.

Senior Andy Unruh was forced to end his season due to a hip injury that left him unable to compete. "I had to decide if I wanted to either fight through the injury all season or just

call it quits," Unruh said.

To replace Unruh, senior Kyle Hanson stepped up and ran a leg of the 4x4 after senior Nathan Clock convinced him to run a 400 in practice where, Clock said, he did well. "I (usually) run 100's and 200's," Hanson said. "So a 400 is really far. I'm not a 400 runner, but they needed one so I did it for them."

Injury hit the team again during the season, when Clock pulled a hamstring and was unable to run for almost four weeks. "When I got injured, we didn't think we were gonna have a 4x4 because two people from our relay were gone," Clock said. "After I came back, it motivated the team to work harder."

While the team was changed, they knew they had to still focus on their race. "(We) put it in the past and started focusing on what we could accomplish with who we had,"

senior Mike Schultz said.

The relay team qualified the 4x4 for state by placing third at districts. They then went on to state where they exceeded their expectations. The boys placed third and also beat the other teams who had beat them at districts. "The way we got third was better than if we would've gotten first because it was unexpected, and we fought so hard for it," Clock said.

Coaches were also proud of the team's accomplishments. "They were excited and I was excited for them," assistant

coach Pat Mattingly said.

The boys felt that pulling together as a team was what helped them do well at state. "It was an amazing experience," Schultz said. "It was the most supportive team I've ever been on." Spread by Sammy McConegney and Erin Funk.













Striding out his 800 meter leg at the Drake Relays, senior Mike Schultz runs in the 1600 meter medley. Schultz, along with seniors Nathan Clock, Kyle Hanson, and Grant Jacobson, received 11th in their event.



Pushing through the last stretch, senior Nathan Clock completes his 400 meter dash. Clock was the conference champ in his 400 meter dash.



With hair blowing in wind, sophomore Nick Evans concentrates on the finish line in his junior varsity 100 meter dash. Evans received the academic all-conference award during the track season.

30ys' Track

Marshalltown | 6th Roosevelt | 5th Carlisle | 1st Boone | 4th Conference | 4th Districts | 5th

Academic All-Conference:
Jeff Bast, Jacob Baumgartner,
Daniel Chapman, Jacob
Clabaugh, David Cox, Nick
Evans, Kyle Hanson, Ben
Hjelmaas, Grant Jacobson, Riley
Johnson, Jacob Klopfenstein,
Zach Larimer, Brock Mills,
Phillip Mortens, Alfred Norte,
Tyler Patten, Alex Peichl, Mike
Schultz, James Sevenich, James
Tran, Nicholas Tucker



















Milestones set and met girls win first 4A conference title

The girls sat by the trees just outside the Ankeny football field at the conference meet and waited for team places to be read. The announcer read off Johnston's name in first place and the team jumped up to run its victory lap. The girls had just won conference for the first time since the move to 4A in 1997. "Winning a conference championship shows off the fact that we put a lot of emphasis on team," senior Kari Dockum said. "It was sweet knowing that we were the first group to win it."

The first step for the girls to meet their goals was to focus more on the team, rather than the individual. "Our mentality going into conference was to get points," Dockum said. "Winning a race means points for the team, and all year long we've put so much emphasis on doing things for the team. It feels good to do well in your individual race, but it feels even better to take that victory lap with the team after winning the conference title."

To get the girls into the right mentality, head coach Chris Siewert gave the team a talk about what they were capable of the day before conference. "I called conference the 'what if' meet," Siewert said. "What would happen if we did everything perfect, what would be the result? What if we had no regrets on the track? What if we all warmed-up? What could we do?"

Siewert's speech made an impact on the team and its mind-set going into conference. "It made us think we really could win conference," junior Amy Kruger said. "We knew we really did have a chance if we thought we could do it."

The day of conference arrived and many thoughts ran through the girls' heads. "I was really nervous so I tried to calm myself down," sophomore Jenna Devens said. "I just waited for the gun to go off and just go."

When the girls realized they had won conference, there was much excitement. "A lot of people were surprised," Kruger said. "We all actually wanted to do the cool-down lap which we never want to do.

The success didn't stop at conference; the girls placed first at districts and eighth at state. "Winning districts was even better than conference," Devens said. "Everyone was ten times more excited than I'd ever seen them. People were screaming and jumping up and down." Spread by Sammy McConegney and Matthew Courtney



Cracking open her book junior Nickie Meyer flips to the right chapter at the Ames Invite. Meyer had a break between her races and chose to complete her homework.







Running with the baton, junior Molli Kipp completes her event. Kipp ran at the regional track meet and placed 24th in the 800 meter run with a time of 2:28.47



Racing to finish the 4x200, sophomore Ashley Quick runs the second leg of the race. Quick ran with fellow sophomores Cassie Curtis and Krista Shoeman and junior Felicia Coleman. They finished 3rd at regionals with a time of 4:04.72



Senior Laura Hilby places her feet on the starting blocks as sophomore Gabrielle Liljedahl gets in the ready position. The girls traveled to Ames for the meet and placed 7th.

Track

Waukee Quali. 4th
Ames
7th
7th
7th
Cardinal Invite 2nd
CIML
District 1st
State 8th

6 meets cancelled due to weather

Academic All-Conference:
Christina Andeweg, Anna Belner, Obsie
Birru, Taylor Chesnut, Cassandsra
Curtis, Jenna Devens, Kari Dockum,
Elizabeth Elmitt, Taylor Erwine, Laura
Hilby, Hannah Janes, Mollie Kipp, Amy
Kruger, Gabrielle Liljedahl, Sammy
McConeghey, Nicole Meyer, Amanda
Philiph, Loryn Reed, Jordan Sandquist,
Susanna Saradeth, Emily Shoeman,
Krista Shoeman, Staci Smith, Hanna
Souhrada, Sarah Warren

















Slogan on shoe serves purpose

"We Not Me" helps team win state

Early in the season, the girls' volleyball team was challenged with dividing personal achievement and team achievement. Although they went through a struggling phase, they got past it and moved on to success in the state finals. Early in the year we were still developing our confidences in what we could do as individuals and as a team," varsity head coach Rick Brooks said.

The girls used their shoes as a technique to help shove personal faults aside by writing "We Not Me" on their shoes right before the regional finals. Motivation to put this on their shoes came from a talk Brooks gave. "Brooks talked to us about selfishness and how we really needed to focus on the team and not put the emphasis on our own mistakes," junior Kari Queck said.

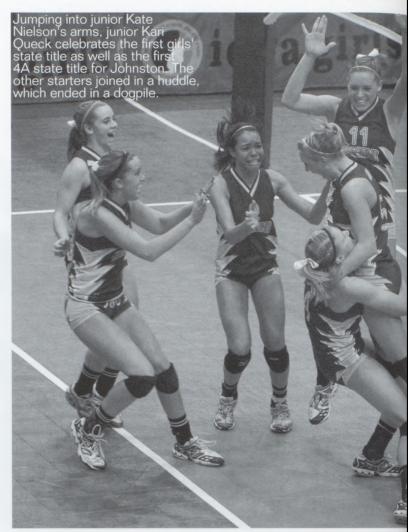
The words Brooks said to the girls were still fresh in his mind. "When you get into big games, selfish thoughts creep into your mind," Brooks said. "Sometimes you get more worried about yourself in big games than the team. They have the right mindset (now). I didn't know they were going to do (We Not Me), but I'm glad they did."

After having success with winning the regional finals game with "We Not Me" on their shoes, the girls realized how it helped them. "When I look at my shoe now, it gets me out of my 'me' moment and puts me back into the 'we' mode," senior Colby Lindsey said. "It helps me to focus back on the team goals and not on myself.'

When the girls finally reached the championship game at state it was a whole new atmosphere. "It's an indoor sport, everything is enclosed, so its a lot louder," senior Leah Embrey said. "It was unbeliveable. It didn't kick in that we were playing in the championship."

The team knew what they had to do in the finals. "We couldn't win state if we weren't together, so we knew we needed to get it together," Embrey said. The girls achieved what they came to achieve as a team. They won the 4A class state title- a first for Johnston girls' athletics.

The experience at state had many different effects on each of the girls. "State is.. inspiring, humbling, frantic, surreal, fast, addicting, family, friends, smile, tears," Brooks said. "The girls realized challenges are easier when you have help." Spread by Nicole Postel and Leah Kron



Junior Amanda Paszkiewicz substitutes into the game for junior Olivia Schiefelbein during the junior varsity game against South East Polk. "We really had to watch our subs because we would always reach the sub limit." Schiefelbein said.

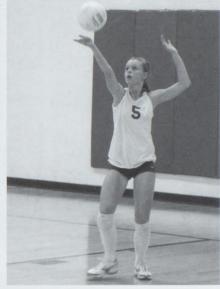








Using her height and arm span, junior Taylor Knuth reaches to hit the ball over the net. Senior Colby Lindsey enjoyed playing with Knuth and her younger sister, freshman Tory Knuth. "They are my six foot walls of sunshine," Lindsey said.



Sophomore Morgan Campbell serves the ball into play at Dowling Catholic. Campbell played setter whenever she was in the back row for the rotation.



Senior Leah Embrey digs for the ball to return it to the Indianola side. Junior Abby Sonner watched from behind, prepared to step in if needed. The team won the game, which advanced it to state.

at Lincoln 3-0 CR Washington Invite 1st Waukee 3-0 Fort Dodge 3-0 Ballard Invite 1st at Ankeny 1-3 3-2 at Indianola Urbandale Invite 2nd Urbandale 3-0 Oskaloosa Invite 1st at Dowling Catholic 3-0 Pella Christian 3-1 Johnston Invite 1st South East Polk 3-0 3-0 East (Substate) Indianola (Substate) 3-0 IC Clty High (State) 3-1 CB Abraham Lincoln (State) 3-1 Cedar Falls (State Championship) 3-0

Elite Team All-State: Taylor Knuth First Team All-State: Taylor Knuth Second Team All-State: Abby Sonner All-State Honorable Mention: Kari Queck Central District All-District Team: Taylor Knuth, Abby Sonner, Kari Queck Elite Team All-CIML: Taylor Knuth First Team All-Conference: Taylor Knuth, Abby Sonner

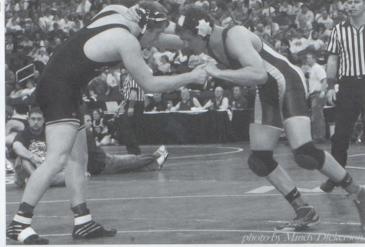
Second Team All-Conference: Kari Queck All-Conference Honorable Mention: Kate Nielsen, Colby Lindsey, Tory Knuth



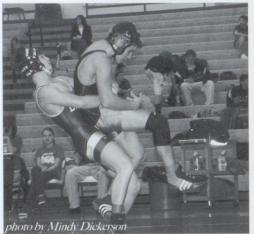


44-28 Des Moines East 32-41 at Grinnell at Cedar Rapids Prairie 3-67 21-50 at Creston 37-33 at Carlisle 24-51 WDM Valley 12-59 S. E. Polk 33-35 at Urbandale 42-33 at Des Moines East 36-37 at Dallas Center 24-45 at Grimes 18-48 at Ankeny 28-36 at Indianola 52-12 at Urbandale 36-30 Carroll Kuemper Adel DeSoto Minburn 17-48 9-61 Valley 36-34 Ballard 16-52 South Tama at Des Moines Roosevelt 22-54 22-78 at Dowlingrt Dodge State Qualifiers: Adam Badgley, Josh South,

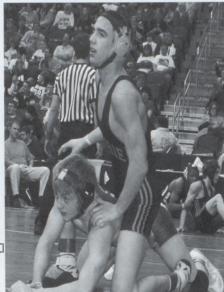
Grappling with his competitor, junior Adam Badgley struggles to take the competition down. "It was a different experience having more people in the stands, Badgley said. "Down on the mats and looking up in the stands, it just nits ya."



Using his strength, senior Mat Dickerson lifts his competitor off the mat. "It was really cool that I was able to finish out my last year, even though I had a broken wrist," Dickerson said.



Pausing to listen to the Preferee, junior Josiah South at districts.



Struggling against his opponent, sophomore Tony Dooley fights to break free. Dooley wrestled in the 125 lb. weight class in the Dowling

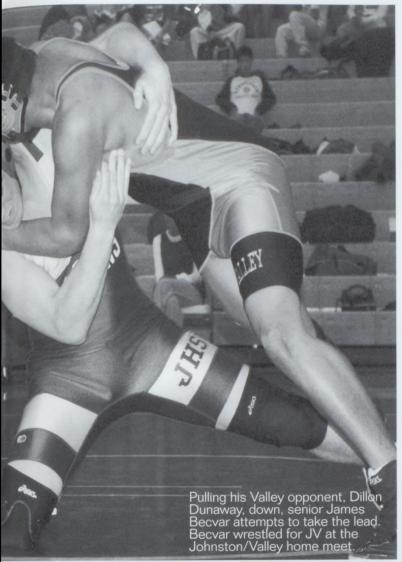
Catholic meet.



oto by Minch Dicker



attempts to get up. South was one of four wrestlers to qualify for state, after placing second





Shaffer Sophomore wrestler wins districts after wrestling JV all season.

Thousands of eyes stared down at the mats where one sophomore's adrenaline pumped; sophomore Stephen Shaffer was competing at the state wrestling competition at Wells Fargo Arena. "Holy Crap! I'm at state," Shaffer said, "I couldn't believe I had made it this far."

Coach Mark Schillerstrom designed practices to help wrestlers improve. "We try to make the environment competitive and tough," Schillerstrom said. "(We prepare) the entire season for state, all matches, drilling, tryouts, running, conditioning, weight control, wrestling. Everything is for preparation for the district and state tournaments."

Shaffer started the season wrestling JV. He then decided he wanted to push himself and wrestle a varsity teammate in his weight class to earn a spot at districts. "Learning how to wrestle and keeping up with speed with other people was very difficult," Shaffer said. "It was hard keeping up with people, but I felt like I was ready to wrestleoff a varsity player."

Shaffer won the wrestle-off and qualified for districts. "I mixed old moves with new moves to win the wrestle off," Shaffer said. "I couldn't believe I had won."

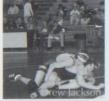
Shaffer won all three matches at districts, qualifying him for state. "It was surprising and shocking that I made it to state," Shaffer said. "I was the sixth seed in the bracket after districts."

At state, he lost his first match 0—11 to Hoover's James Jones. In his second match, Shaffer was pinned by Waterloo West's Kirk Stallis Jr. "Stephen's state matches were about what was expected," Schillerstrom said. "He had a tough match first round, plus it was clear that he was nervous, a natural reaction. In his second match, Stephen relaxed a little and wrestled a lot better."

"I was really excited and I was really nervous too," Shaffer said. After losing both rounds, Shaffer stayed positive. "Even though I didn't win, the experience was great, and I want to do it again next year." Spread by Mindy Dickerson and Steven Williams.











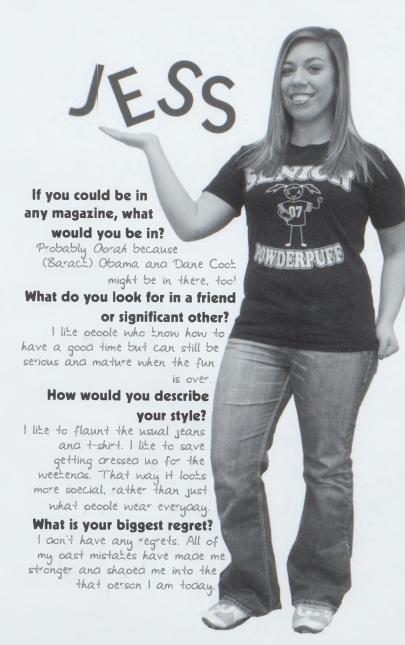




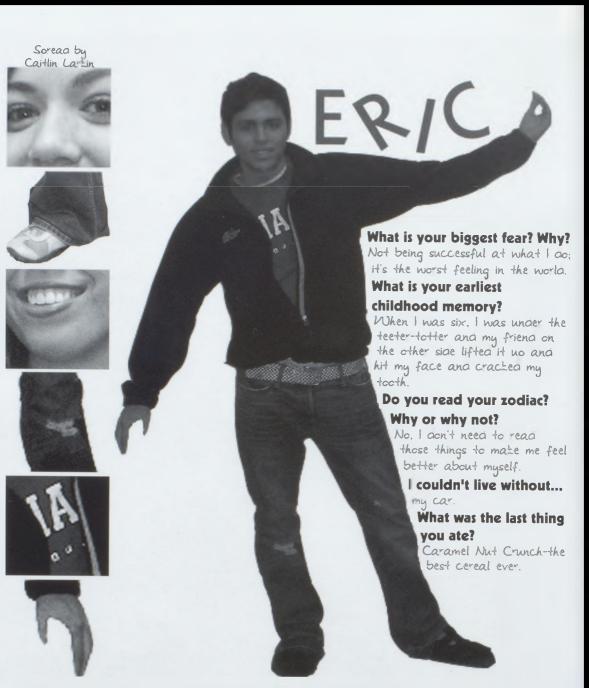
pieces of Me

The most valuable **PICCES** of JHS were the students within its walls, however torn and crumbling they may have been. The students of JHS were from all sorts of backgrounds, ethnicities and cultures, and it was these **PICCES** of them that formed the spirit of JHS as a whole. In this section you'll find out bits and **PICCES** about random students that make them who they are. Without approximately 1200 students coming together and taking on an identity as students of JHS, this year never could have taken place.

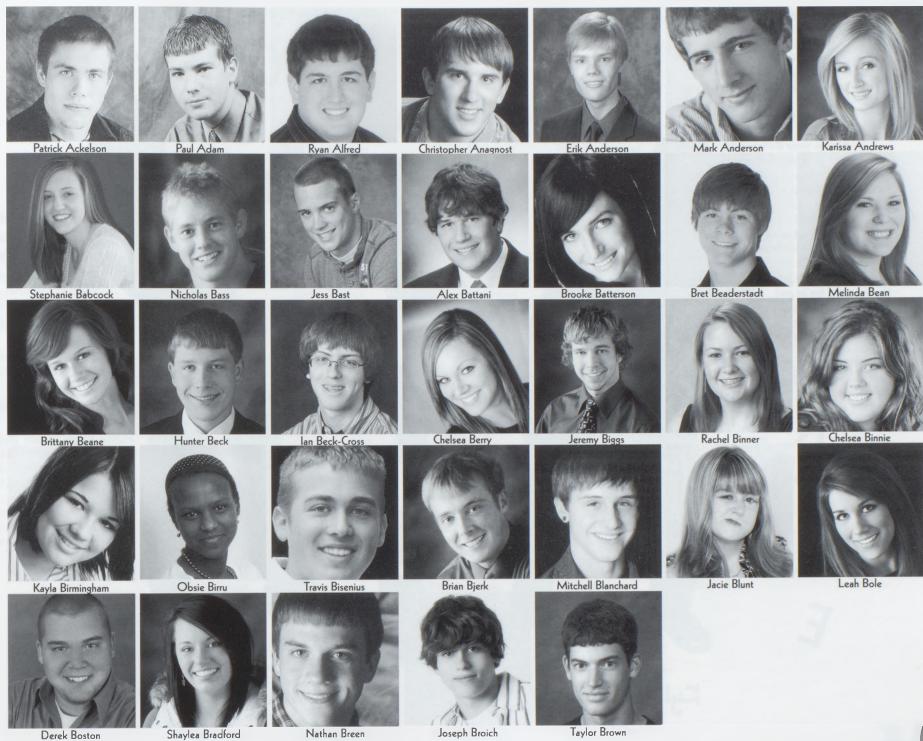


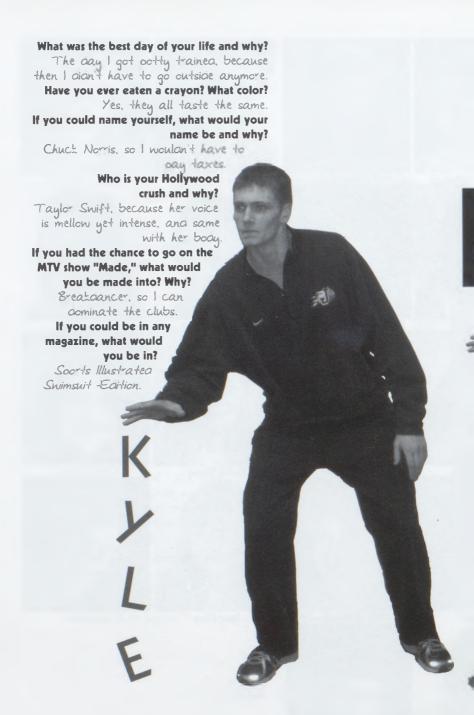


Jess Gambrel '08



Eric Olguin '08

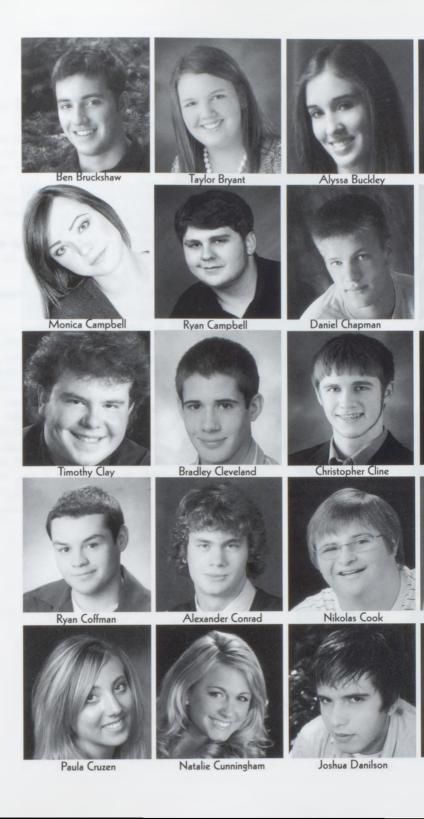


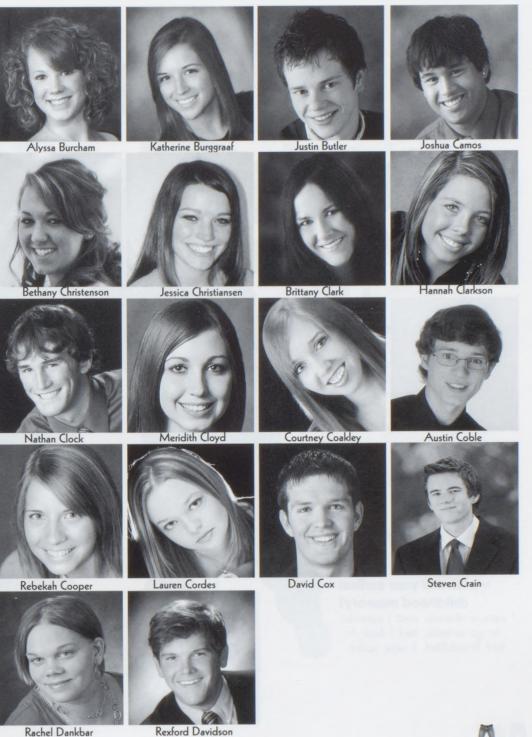


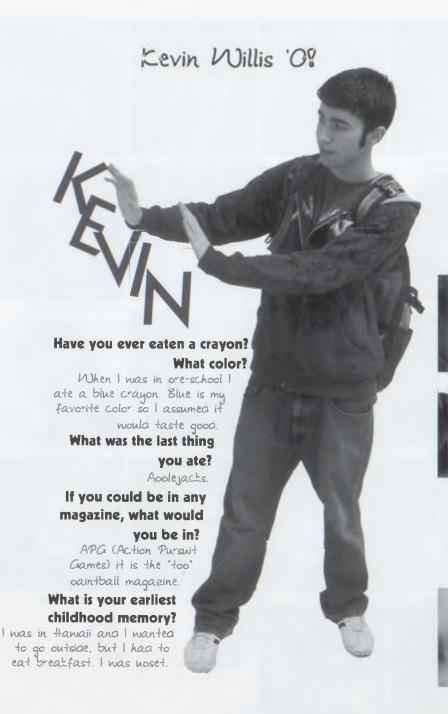
Kyle Sievers '08



Brittany Beane '08









What is your natural hair color and what colors has it been?

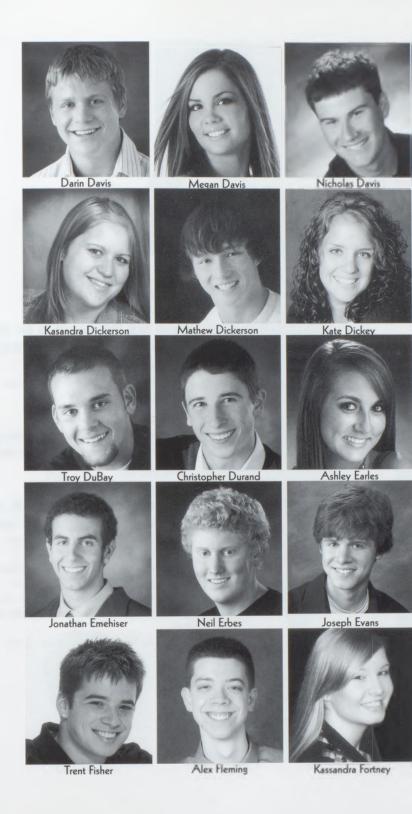
My natural hair color is brown. I ayea it once sookomore year and that was a bad idea! If was dark brown with a reaaish tint. Not a good look for me. I finally agea it back to it's normal color, but for about a year it looked really bad!

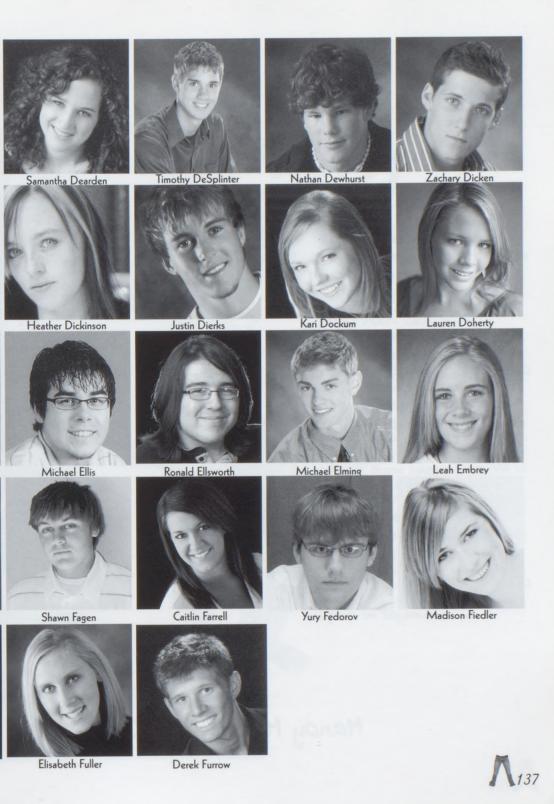
Imginary friend's name was...

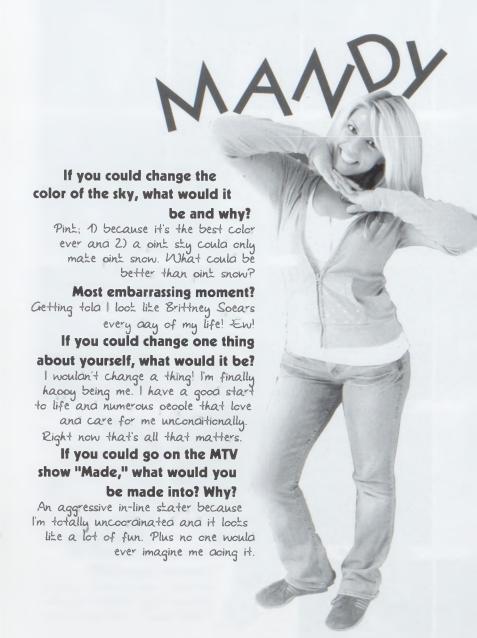
Mongli, from the Jungle Boot. My parents were seriously concerned.

What is your favorite memory from your childhood?

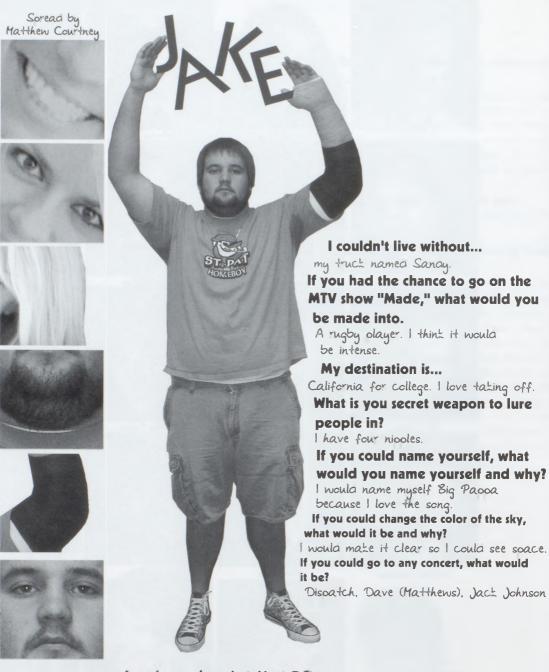
My favorite memory from my chilahooa would have to be going to my granama's house in Adel. She and my grandoa owned a motel and car recair shoo. I'd soena every weetena with them. My brother and I would build forts in the backyard, and we'd walk to the Dairy Stripe and catch frogs on the bike trail. Sometimes Granama, Granaoa, Danny ana I would out a blanket over the kitchen table and sit under it and tell ghost stories. My favorite was my grandoa's story about the evil Easter Bunny.



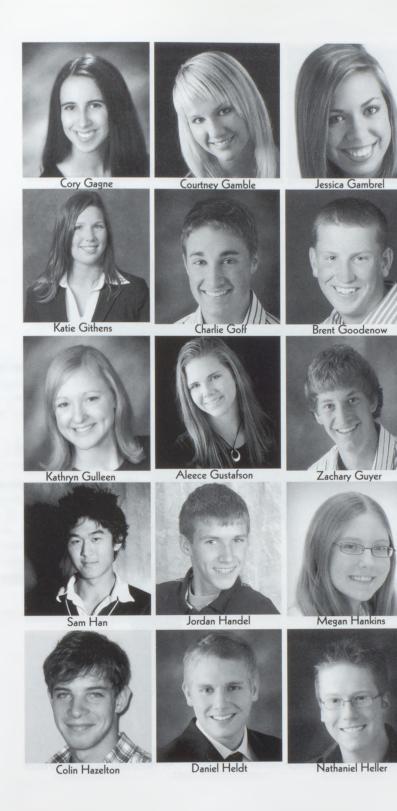


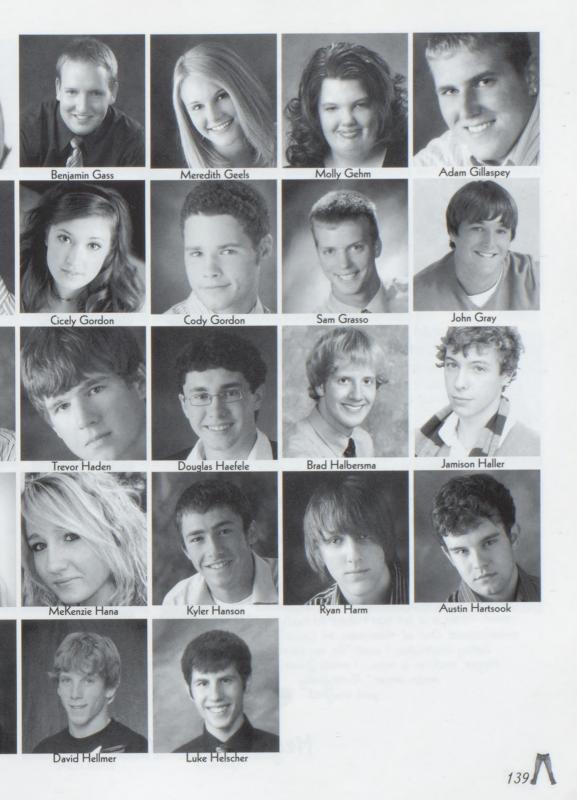


Manay McWherter '08



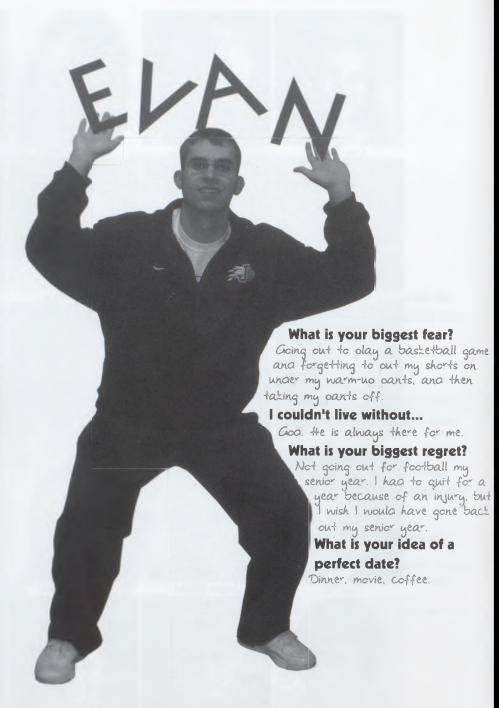
Jake Highfill '08



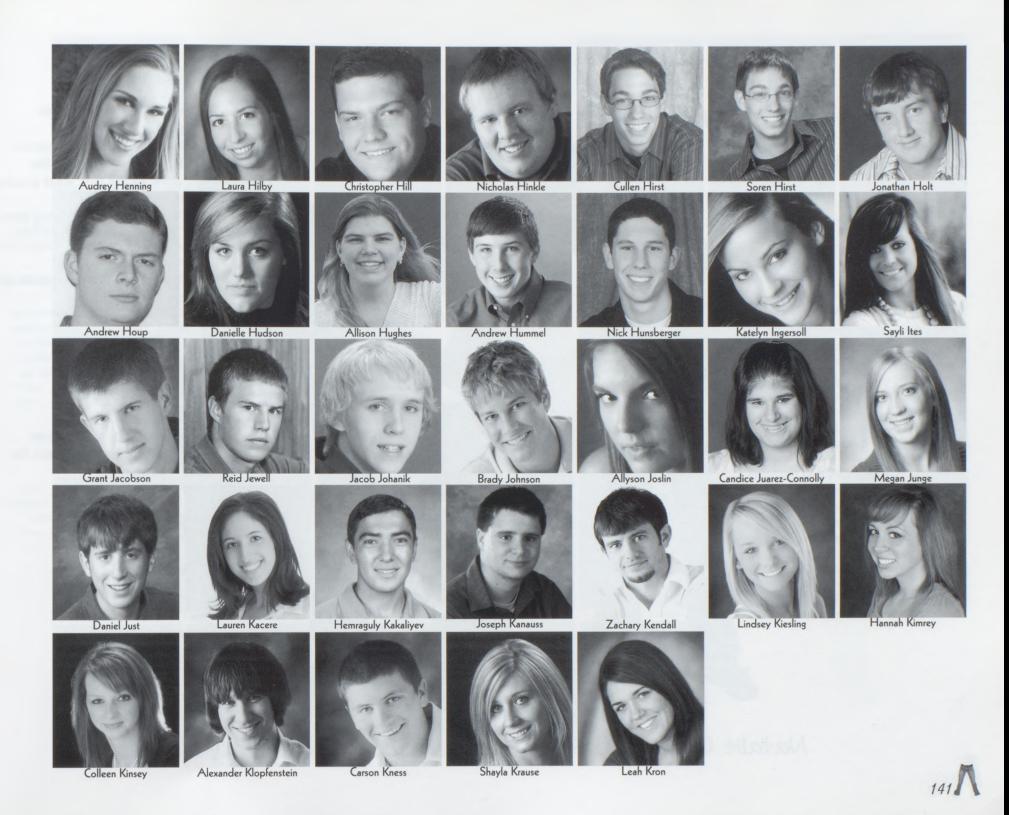




Megan Davis '08

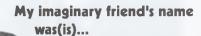


-Evan Summa '08





Natalie Cunningham '08



Beanie the furry blue elechant.

If you could change the color of the sky, what would it be and why?

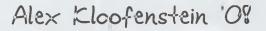
Puce, because it's a funny name for a color, and I want to hear "Nothing but ouce skies today," on the news.

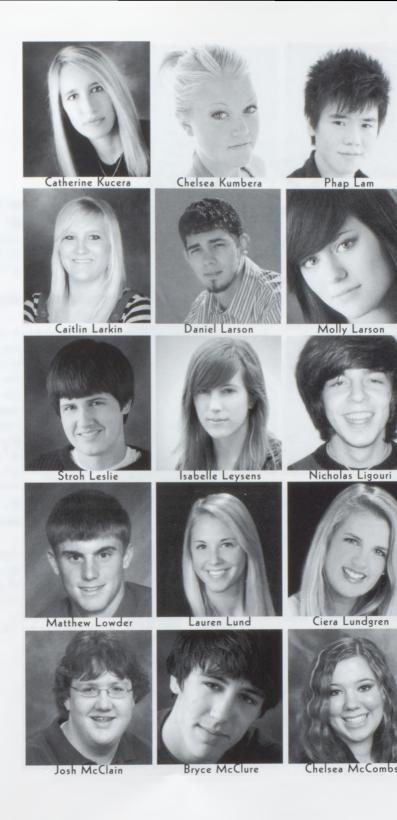
What is your secret weapon to lure people in?

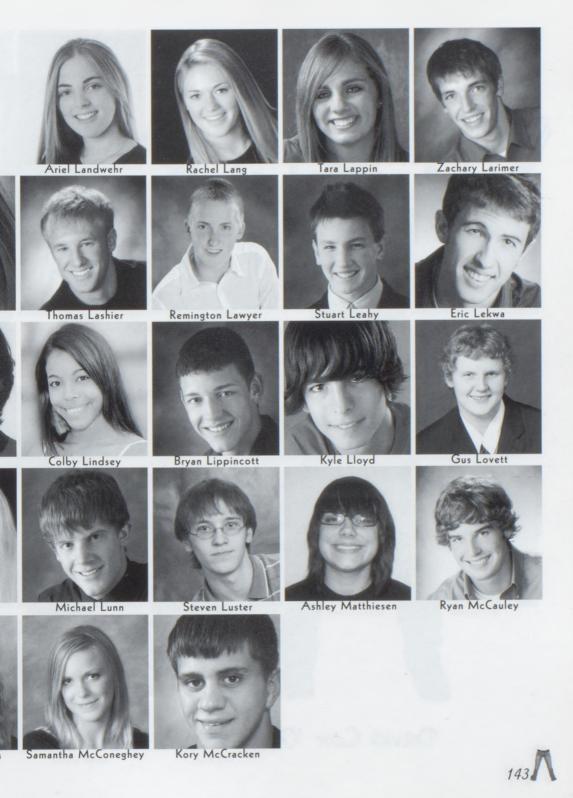
My legenoary wit and sense of humor. (It is) well-known across six continents, 31 countries, sooken of in 43 different languages, orochesied by ancient civilizations, and used occasionally on The Tonight Show."

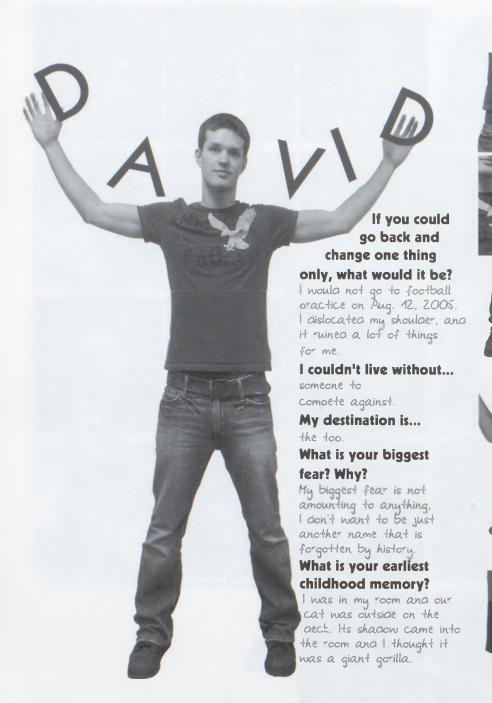
Describe a strange or weird goal you have for yourself.

To have ainner with Jack Black, Bear Grylls, Morgan Freeman ana Robin Williams (all at once).



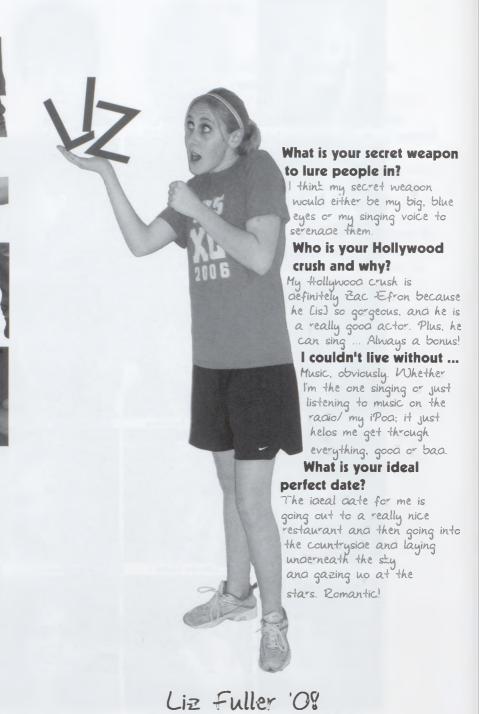




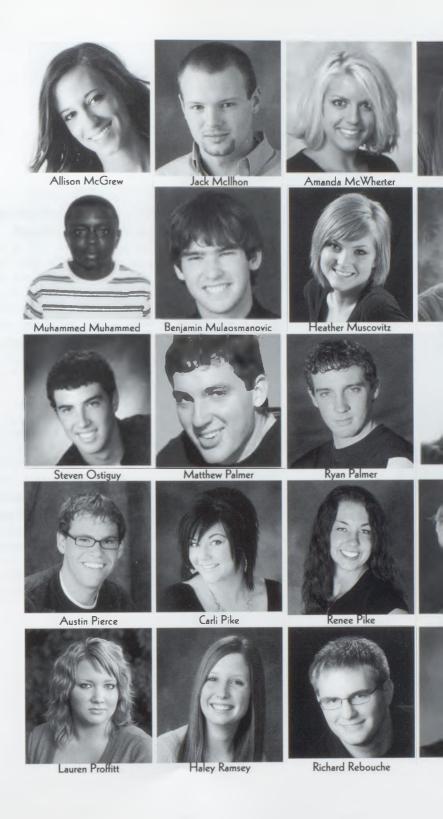


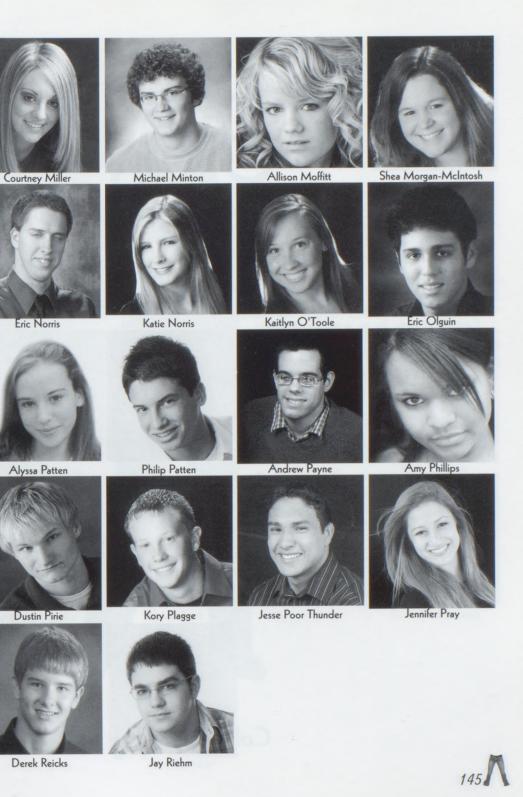
Sorea Azra

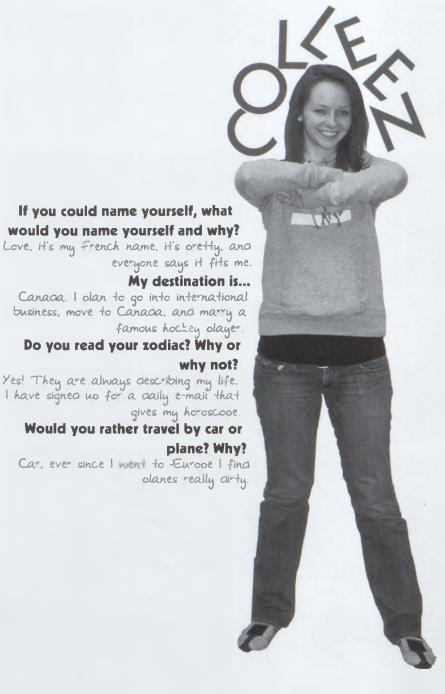
Davia Cox '08



a by



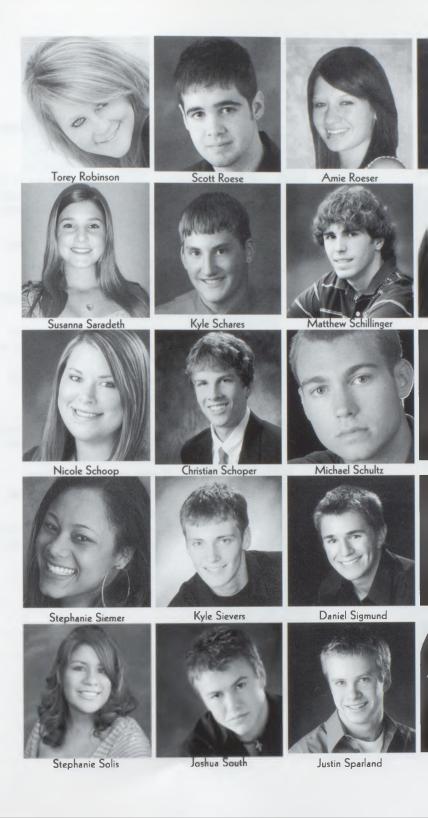


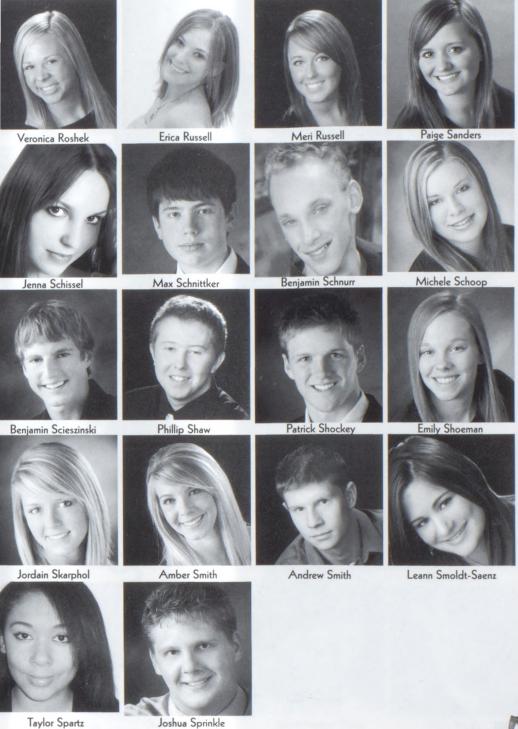


Colleen Kinsey '08



Torey Robinson '08







Soread by Nicole Postel

















When I was three years old, I triooed on a rug and broke my collarbone.

What phrase do you say the most?

"Oh baby!"

What is your biggest fear?

Soiders because they are gross-looking, and I'm afraid they are going to crawl on me without knowing.

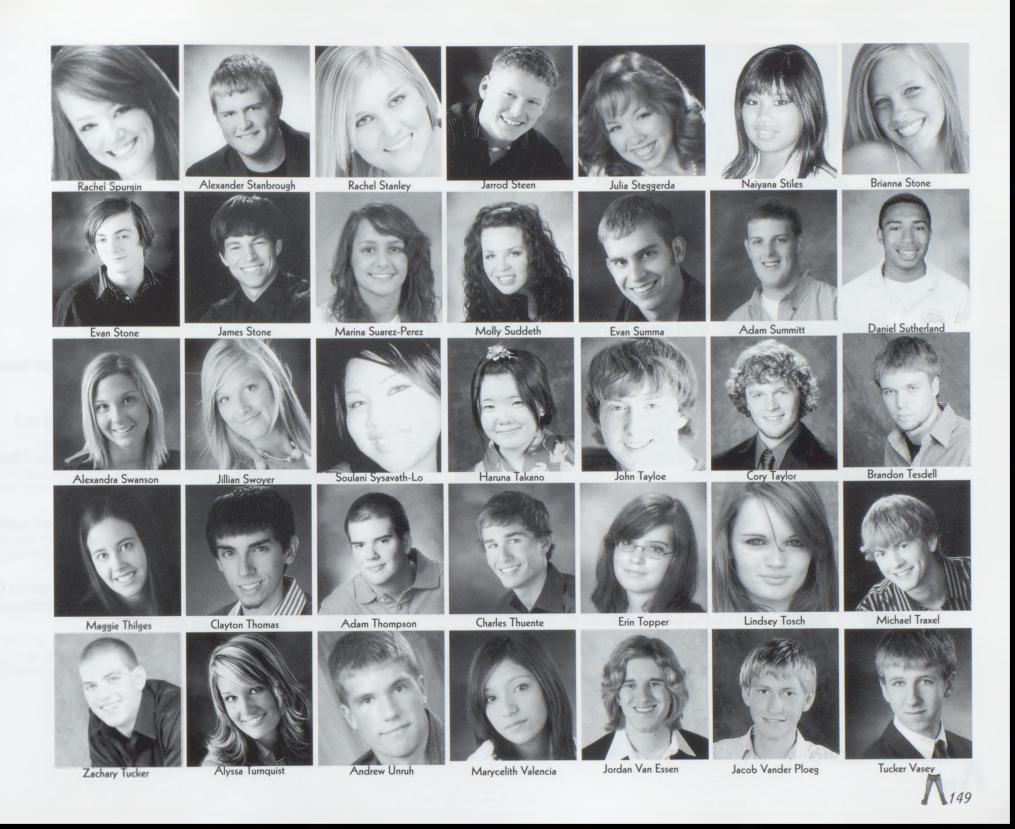
What was the best day of your life and why?

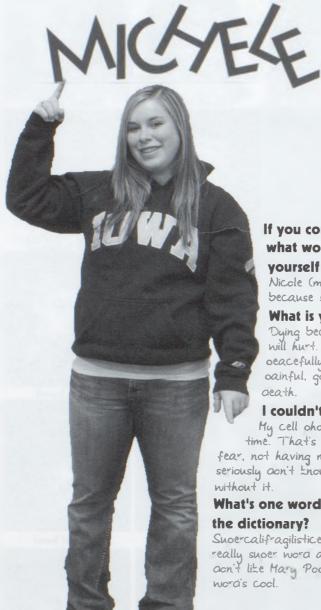
Playing in the state tournament basketball game at Wells Fargo Arena because it was a neat experience.

If you could go to any concert, what would it be and why?

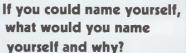
I would go to a Goo Goo Dolls concert because they are my favorite bana.

Laura #ilby '08





Soreaa by Sammy McConeghey



Nicole (my twin sister), because she looks just like me.

What is your biggest fear?

Dying because I'm afraid it will hurt. I'd rather just die oeacefully in my bed- not in a oainful, gory, long, strung- out death.

I couldn't live without...

My cell ohone. I text all the time. That's my second biggest fear, not having my cell ohone. I seriously acn't know what I would ac without it.

What's one word that should be in the dictionary?

Supercalifragilistic expializacious. It's a really super word and it's fun to use. I don't like Mary Popoins, but I think the word's cool.







Michele Schooo '08



Have you ever eaten a crayon? What

I ate a green one recently.

What was the last thing you ate?

A green crayon.

Hate/Love Myspace/Facebook? Why?

Mysoace/-acebook steals your soul. I think there are better uses of your time than Mysoace/Facebook

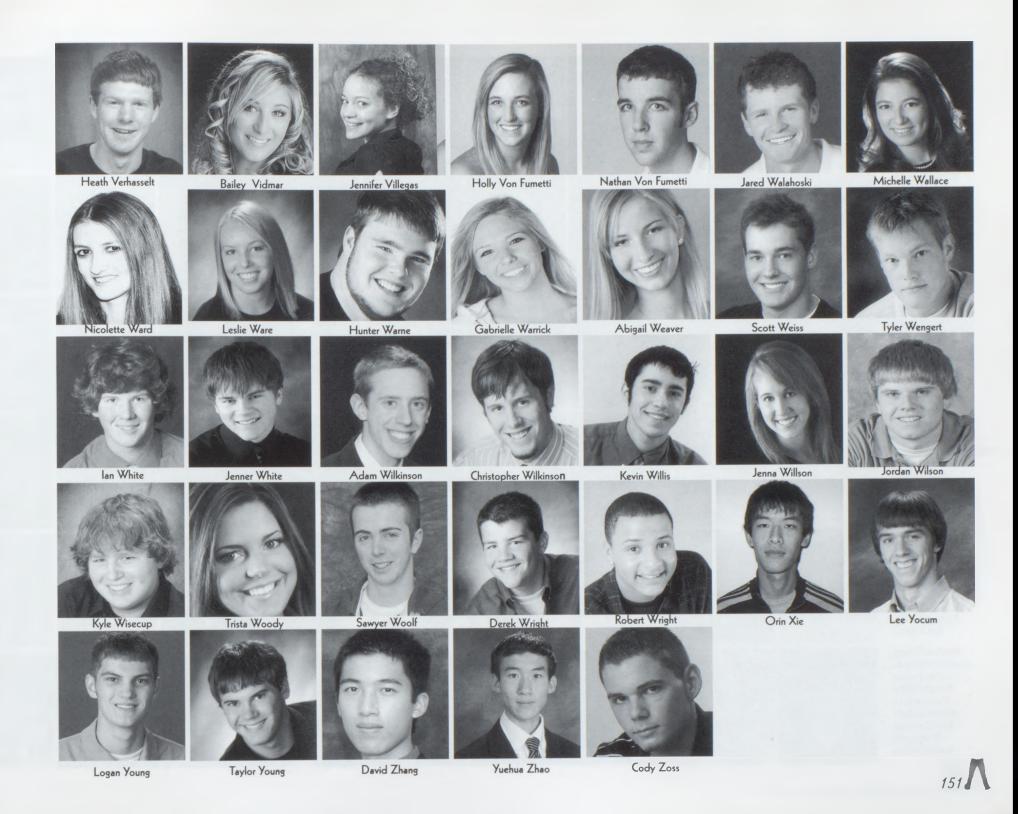
What's your idea of a perfect date?

One that acesn't go wrong. A canalelit ainner at a fancy restaurant because I like food.

If you had the chance to go on the MTV show "Made," what would you be made into? Why?

I would learn to olay the violin or cello or something because they seem like very interesting instruments to olay. It has strings so I think I could olay it.

Bret Beaderstadt '08



Bruce Agurries Jennifer Ajluni Christina Aldrich Courtney Aldridge Jared Alfred Trent Allen Sabrina Allison Justin Amick Bryanne Amos

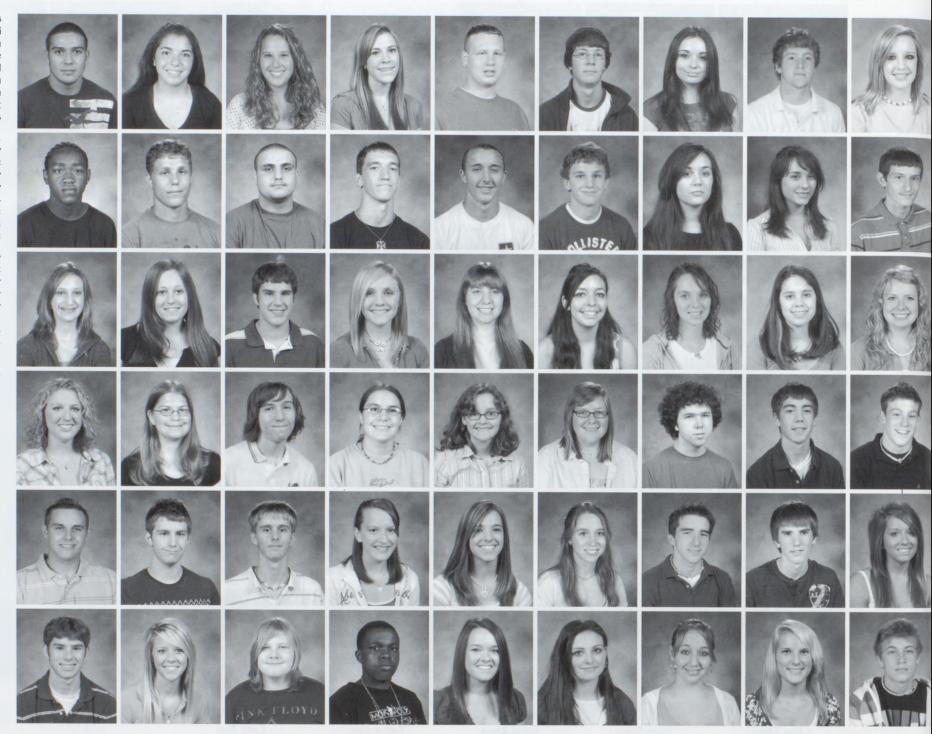
William Avery, Jr.
Adam Badgley
Almin Bahtagic
Joseph Barber
Jacob Baumgartner
Sean Beckett
Amra Beganovic
Azra Beganovic
Nedzad Beganovic

Leah Belknap Kendra Belz Kovin Benziger Jordan Berger Heidi Bibler Ryan Birmingham Abigail Bisenius Chelsea Bisenius Cara Blackford

Alison Blakely Sarah Blank Brandon Blaylock Katherine Bolte-Hennings Katherine Boney Kelsey Bowen Christopher Bracelin Benjamin Brandsgard Maxwell Bratrud

Matthew Brault
Brett Brones
Justin Brooks
Shelby Brose
Ashley Brown
Linda Brown
Zachary Bruce
Zachery Buckley
Sarah Buller

Mathew Bunting Jordan Bussanmas Joel Butitta Brandon Butts Caroline Byrd Shelbie Caldwell Randi Cameron Tiffany Camp Austin Carlisle



If you could be any animal, what would it be and why?

Puma, beacause they are sweet, and they can run really fast. I would like to go to the jungle someoay.

What is your most random moment?

During Homecoming between ainner and the cance I hit a median on Herle Hay (Road) doing 55 moh (and) occored a tire.

Who is your Hollywood crush and why?

Jessica Alba. Do I need a reason?

Would you rather travel by car or plane? Why?

A car cause you can drive it (and) not just sit there for three hours.

What secret weapon do you use to lure people in?

A quick left jab.

Josh -Hansen '09

























What is your most embarrassing moment?

For my secona grace talent show, I decided to olay my oiano recital oiece. A quarter of the way through it, I forgot the rest of the song, and I stooped playing. I ran off the stage and alant come back until several acts later.

If you could go to any concert what would it be and Why? (If I could) travel back in time, I'd go see Joy Division. If not, I'd go see The Cure, unfortunately they con't olay in lowa.

If you could be any animal what would be and Why? I would be an owl, so I can stay no all night and sleep all day. Also, l'a be able to fly and go wherever I want.

What is your earliest memory?

Mu earliest memory was from when I was two, I was asking a stewardess for something to arin't when I was flying to America.

Tina Li '09







Spencer Cartwright Kelsey Cashman Cody Catron Meanz Chan Ally Chen Taylor Chesnut Alyssa Christensen Kathleen Christiansen Hailey Christianson
Hope Christopher
Jacob Clabaugh
D.J. Cobia
Felicia Coleman
Jared Colvin
Daniel Conn
Hunter Connelly
Alyssa Cook

Ryan Coomes Makayla Coulson Chloe Coulter Matthew Courtney Alexandria Crahan Natalie Cresta Dylan Cue Derek Danielson Brittany Deal

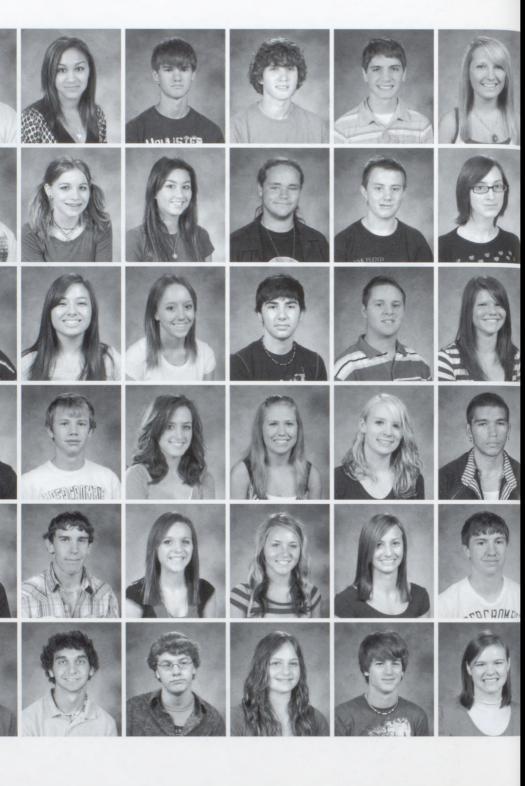
Alexa Despenas Emira Deumic Charles Dick Jimmy Dick Mindy Dickerson Andrea Dingman Nemanja Djuric Nathan Dowdy Kerri Dreibelbeis

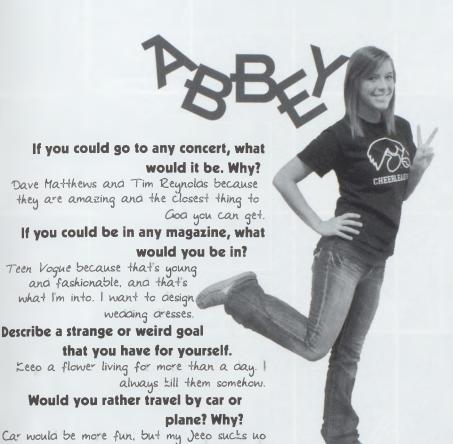
Jessie Dubas Zerina Duric Michael Eddinger Tyler Eden Jacob Eggers Brooke Egly Ashley Elliott Breanna Ellis Charles Ellsworth

Hannah Emmerson Nels Engblom Sarah Engstrom Eric Everett Michael Faley, Jr. Nicole Feaster Tessa Fenimore Stephanie Ferguson Dustin Fish

Vedrana Forcan Jake Forrester Kenneth Foshe Derek Foster Adam Frakes Jared Frank Lindsay Fredrickson Michael Friesth Erin Fush







Sammu McConeghey

Soreaa by











Abbey Nelson '09





gas like there's no tomorrow, so clane would



be cheaper.





If you had the chance to go on the MTV show "Made," what would you be made into? Why?

Well, orobably a socilea brat, but wait, that's what you have to be to get on the show. I hate MTV, where'a the music go?

What was the best day of your life. Why?

I hope I haven't had the best day of my life yet, because that means it's all downhill from there.

In your opinion what is the best word to say? Why?

Nonadays anything can be taken out of context and used as a sick joke.

If you could be in any magazine, what would it be?

I don't read magazines, or yearbooks, so I probably won't even



Nate Johnson '09







Natasha Furnish Amanda Gabbert Christopher Gail Ta-Aqua Galler Alexandra Garland Christopher Gearhart Kaeleigh Gebard Jessica Gedden Austin Gehm Jessica Georgick Elizabeth Gesiriech Kaleigh Gillaspy Bogdan Gilmutdinov Cole Glenn Matt Goodhue Joseph Gowdy Anne Gray

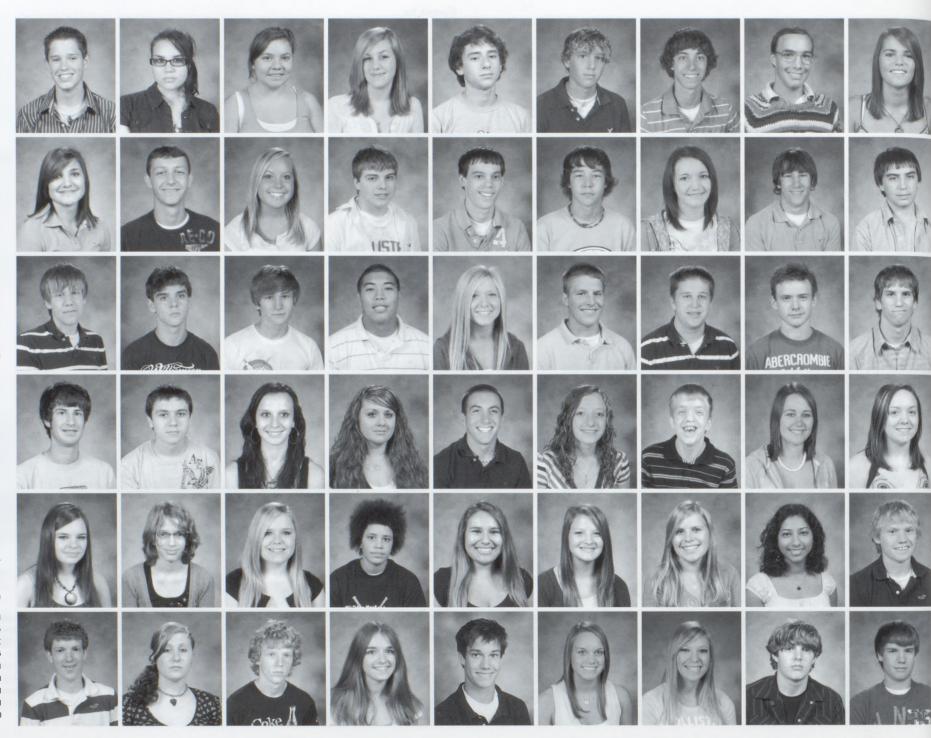
> Mykal Greene Aric Greenfield Alexa Guessford Kyle Gunn-Conner Christian Haas T.J. Hageman Caitlin Haler John Hall Randy Hamilton

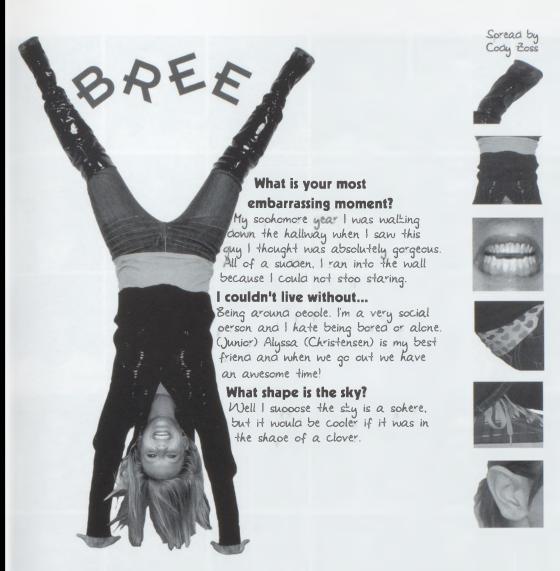
Joshua Hansen Christopher Harney Cameron Hart Duane Hatfield Morgan Haugland Jacob Heil Adam Helgeson Neal Herink Thomas Hinchliff

Benjamin Hjelmaas Abdulah Hodzic Advina Hodzic Almedina Hodzic Justin Hoellein Molly Hoffmann Joseph Honold Ashley Hoogenakker Brittany Huettman

Katie Hull
Stephanie Hunting
Brooke Huntsman
Arica Irvin
Stephanie Ivankovich
Hannah Janes
Nicole Jaschen
Senuri Jayatilleka
Austin Jensen

Zachary Jensen
Jenna Jergens
Alex Johanik
Amanda Johns
Bryce Johnson
Haley Johnson
Kelsea Johnson
Nathanial Johnson
Taylor Johnson





Bree Amos '09











What do you look for in a friend or significant other?

I like to surround myself with oecole who cossess oersonality tratts that I lack, oerhaps in hopes that the good traits will rub off on me. I enjoy meeting cotimistic oecole who have strong goals and can carry on the occasional intellectual conversation.



Boots. They feed my hunger for knowledge. They quench my thirst to be entertained. Books are my oxygen, and I do not know where I would be without them. When life is not going as clanned, I read.

What is your biggest fear?

The thing I fear most is failure. To me, success is finding true haddiness. Ghandi once said, "Haddiness is when what you think, what you say, and what you do are in harmony." This harmony is

imocrtant to me, and I will do all I can to seek this, and graso it by the hand.

Brittany Deal '09







Thomas Jones Alma Jovancevic Samantha Jungman Allison Kane Laura Keller Justin Kightlighter Kayla Kightlinger Holly Kimball Leah King Madison Kintz Molli Kipp John Kirchner Michael Kirkman Anthony Knapp Cali Kness Taylor Knuth Madhumitha Koduvalli

Aaron Koethe Venisa Kolubdzic Jesse Koughn Matthew Kretzinger Jonathan Krueger Amy Kruger Tyler Kubik Korey Kunze Anna Kurns

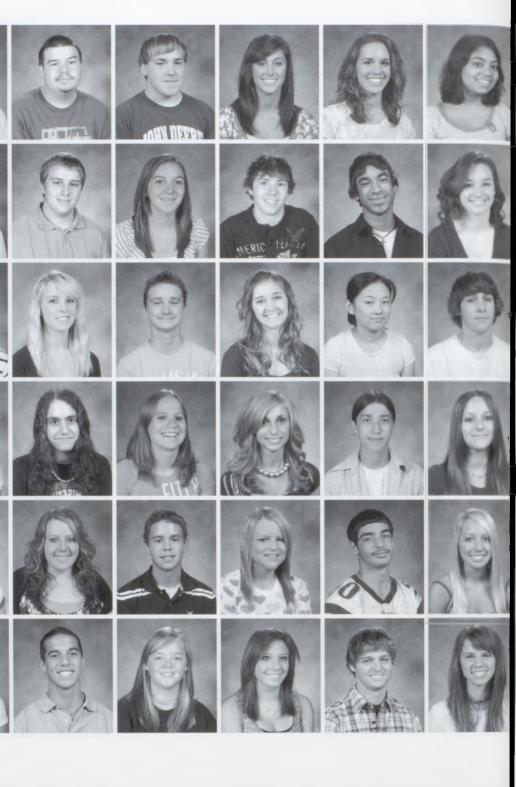
Joseph Lakers Laureca Landwehr Spencer Lang Gregory Larpenter Devyn Lenaghan Cody Lens Krystal Lewis Tina Li James Light

Lin Liu Brittany Long Amy Lovejoy Meredith Luksetich Joseph Lyons Kelly Mackey Yelena Malycheva Garret Manuel Brittany Marshall

Jessica Martinson
Taylor Martz
Whitney Mathew
Allyson Mayer
Jessica McClanahan
Justin McCormick
Tara McCulley
Cody McDanniel
Hayley McDonald

Makenzie McFarland Nathan McGinley Leah McMillan Alexandra McPherren Brad Meek Molly Mellinger Emily Meng Aaron Meyer Nicole Meyer







If you could go back in time and change one thing, what would it be?

I wouldn't necessarily change it, but I would go back to 1963 and see if someone on the Grassy Enoll was the cerson who shot Kennedy.

What is your biggest fear? Why?

To do nothing with my life, I just think about dying, looking back on my life and realizing I did absolutely nothing. It just scares me.

If you could go to any concert what would it be? Why?

H would have been the Led Zeoolin reunion concert, the one in London, cause it's Led Zeooelin- is there any other reason?

What was the last movie you saw?

1 Am Legena. It was great, until the end, but (it had) lots of Marley references.















Derek Danielson '09











Describe a weird or strange goal that you have for yourself.

Most Lias want a new 200% or 2009 model car. Unlike them, I would like to own a 1969 or 1970 Plymouth Barracuaa. It would be oearl white with blue racing strices. The engine would be sucercharged, and it would have chrome trim and rims.

What is your biggest regret?

I regret not trying as hara as I should have during my freshman year. Looking back on it, I aid all right, but I could have done a lot better.

What is your earliest childhood memory?

Watching NASCAR races with my dad on Sunday afternoons. I would sit on the living room floor and use my toy cars to reenact the line-uo of the arivers as they were happening.









Samantha Meyer Jerrid Michener Shaun Miller Brock Mills Jeremy Minor Kelsey Mitchell Huzzaifa Mohammad Amber Morales Jeremy Mullen Maneet Multani Ernad Muratovic Matthew Murray Ajdin Nadarevic Alan Nagel Abigale Nelson Chelsea Nelson Jonathan Nelson

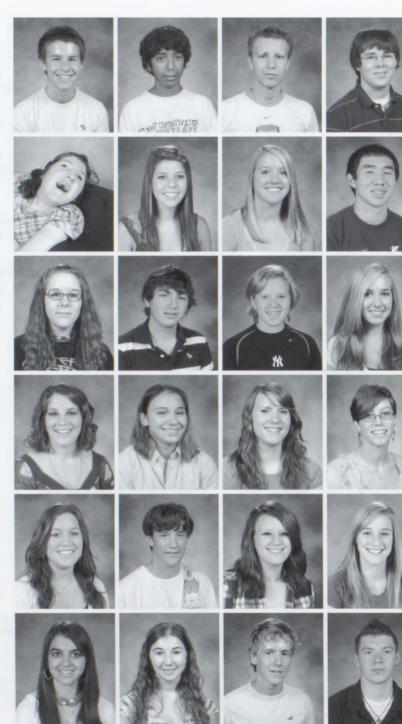
Laura Nelson Michelle Ness Kate Nielsen Xiaofei Niu Maddie Norelius Alfred Norte Ethan Nutter Dain Opland Jordan Osborne

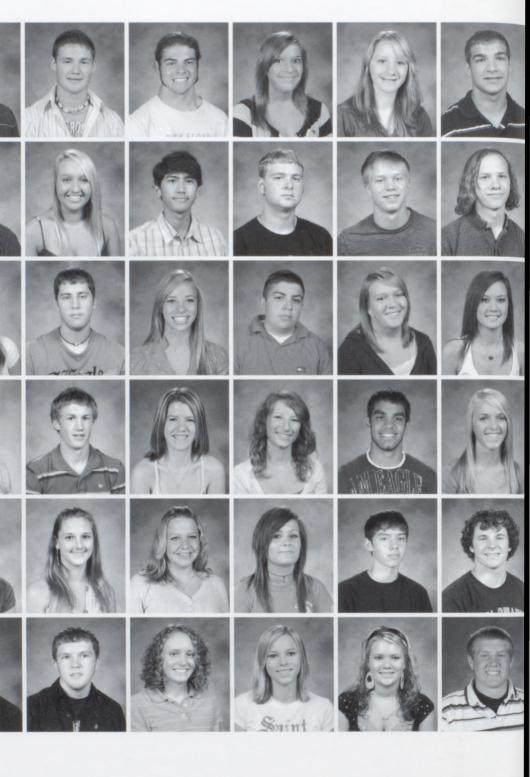
Kaysha Otto Nicholas Overton Meredith Pace Jennifer Pargulski Samuel Parker Amanda Paszkiewicz Joseph Perkins Gina Pessolano Laressa Peters

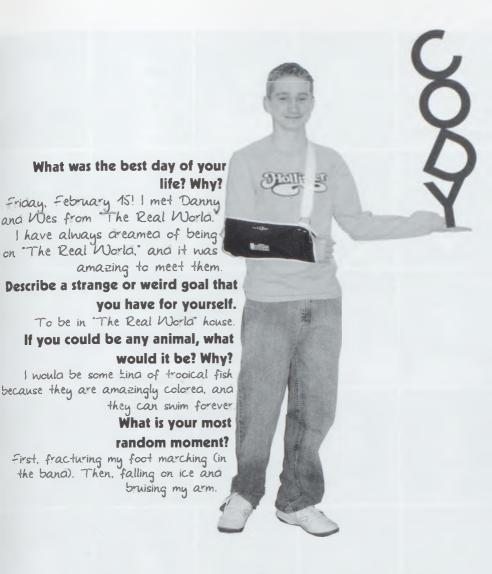
Leah Peterson Krysten Pierce Elizabeth Pilkington Shawna Polen Justin Polson Kristina Porter Taylor Probst John Puffett Kari Queck

Allison Randolph
Daniel Rasmussen
Rachel Rhodes
Jessica Rice
Kandace Robar
Lauren Rogers
Sierra Rons
Jacob Rosenstengle
Jonathan Rounds

Shelby Ryan Mirela Sadikovic Eric Sandahl Cody Sapp Colton Schaben Olivia Schiefelbein Kaitlyn Schmitt Breanna Schreier Keaton Schuck







Coay Lenz '09



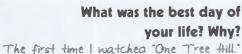












Who is your Hollywood crush? Why? Chaa Michael Murray because he is one good-looking man!

What do you look for in a friend or a significant other?

Someone who looks like Chaa Michael Murray.

What is your idea of a perfect date? A aate with Chaa Michael Murray.

What is your biggest fear? Why? Soiders because when I was little I watched Arachnoohobia, and soiders came out of the showerhead.

childhood memory? Getting in trouble for stealing Rolos at the





Staci Smith '09









Aaron Schultz **Emily Schwartz** Rebecca Scott Tyler Seay Adi Sehic Andrew Selberg Michael Semple Colleen Shannon Kacei Sheridan Kevin Shi Madalyn Simbro Christie Sitzer Danijel Skeledzic Ryan Skinner Michael Slavin Erin Smalley Eric Smith

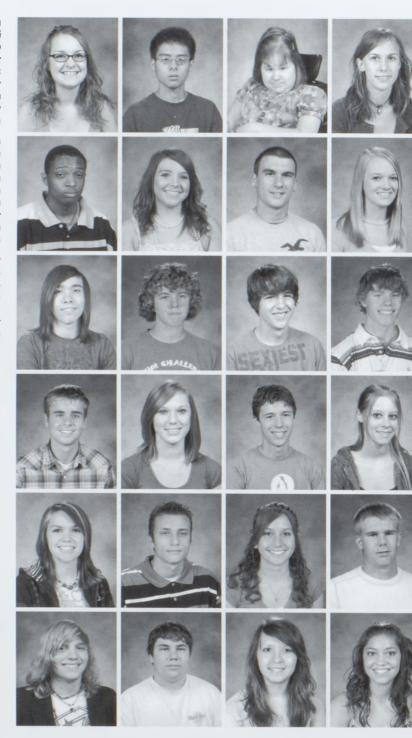
Joseph Smith Kelsey Smith Nicholas Smith Staci Smith Tyler Smith Brandon Soda Abby Sonner Christopher Soroka Josiah South

Brandon Stanley
Bryn Start
Zachary Stevens
Marc Stodola
Scot Stodola
Allyse Strawhacker
Erica Stromgren
Kevin Sullivan
Nicole Sullivan

Miles Summa Katelyn Sunde Zachary Swallow Samantha Sweeney Sara Swigart Maria Taylor Matthew Temple Anthony Terronez Marc Thies

Brittney Thompson Igor Ticac Lindsay Timmons Ryan Torgerson Lesley Tosch Gabe Tovar Stephanie Trail Alec Trainer Matthew Trillet

Drake Tuttle
Benjamin Vandygriff
Aldijana Vejzovic
Taylor Vines
Tyler Wacha
Anthony Wahl
Amanda Walker-King
Eric Walter
Brooke Walters







Jacob Clabaugh '09











Soreaa by Matayla Coulson















Jake Gyllenhaal. He is so good at acting. His best movie is Donnie Darko. He's so creecy and out there in that movie, that it's hott. I would totally love to meet him.

What is your most embarrassing moment?

I fell into a huge ouacle of Tiae at K-Mart. I was soaking all over on my left siae. I tried to get it off with water in the bathroom but it just made tons of bubbles. My school crush was there and made fun of me at school the next day. It was in fourth grade, and it's still the most embarrassing thing!

What do you look for in a friend or significant other?

Well he has to be cute, charming, sarcastic, nice to others, goofy, and be able to crive. Oh, and I don't like smokers! A smoker with an asthmatic acesn't mix well!

Natasha Furnish '09







Tyler Waltz Mike Weese Joshua Wenndt Brianne Westlake Whitney Wheeler Amanda Whitney Benjamin Wilkens Paul Williams Ashley Williamson Alexa Wilmore Drew Wilson Keith Wiskirchen Jessica Worley Taryn Young Brock Zenor Jacob Zenor Katie Zimmer

Majcla Abdic Megan Ackerman Garrett Acuna Ashley Adams Lindsay Adams Anastasia Addington Emily Ahmed



Luke Ausenhus J'Lisa Avery Nicole Baedke Lyssa Bailey Jacob Baird Sean Barnard Meghan Batterson Tyler Baumgartner

Gabriella Angeloni Casey Aschan-Cox Ethan Augustine

Meredith Belding Jordan Belknap Anna Belner Daniel Berry Ryan Betters Julia Binnie Timothy Blank Andrew Borst Dylan Boston

Jarod Beaman

Ryan Bower
Amy Bowers
Tyler Bradley
Marissa Broich
Michael Brom
Thomas Brown
James Browning
Luke Bubeck
Derek Buchholz

























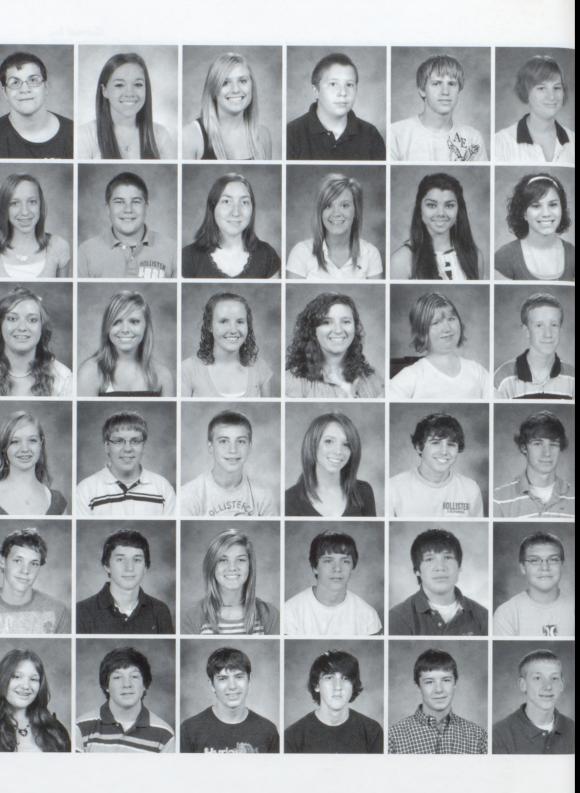




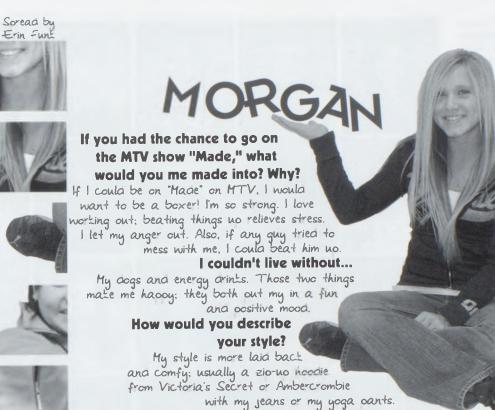












What is your earliest childhood memory?

My best childhood memory would be watching
lines Turtles' 24/3 and playing with Legos with

"Ninja Turtles" 24/7 and olaying with Legos with my brothers. That was about all me and my brothers aid growing uo.

Morgan Haughland '09







Liz Gesiriech '09











Chelsie Bulger Abigail Burch Lauren Burkhardt Sandi Burnic Andrea Cameron Morgan Campbell Catherine Caracci Michael Carlson Rachel Casciato Rachel Chapman Jayde Cherkas Colin Christensen Sydney Christensen Shane Christenson Rebecca Christiansen Tyler Christle Sherri Chyi

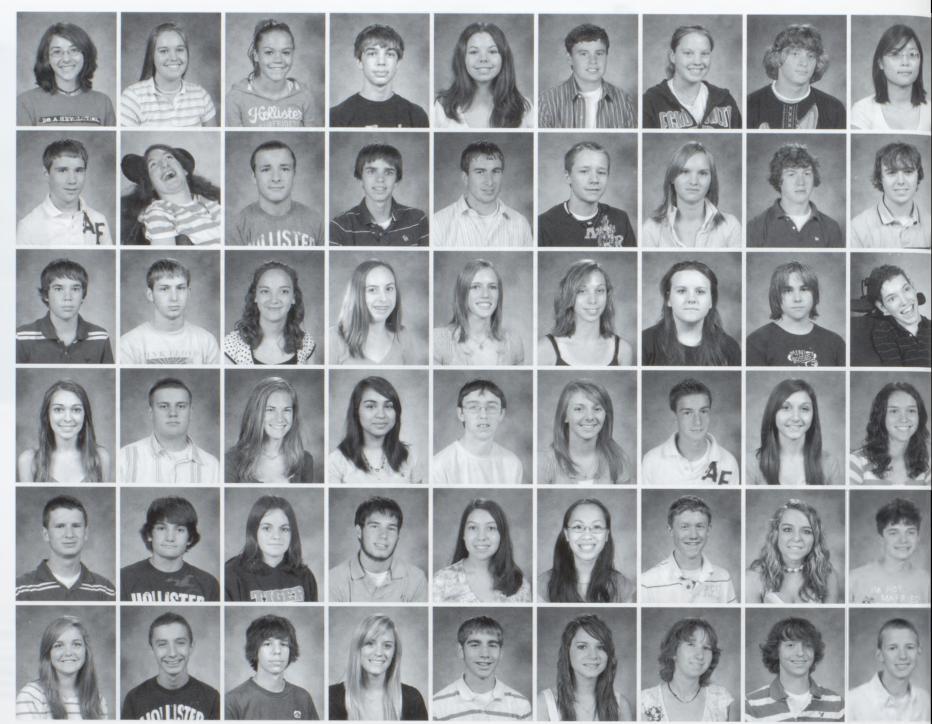
> Benjamin Cigan Hallie Clancy Austin Clements Justin Coaldrake Jonathan Coen Chayce Coenen Aubrey Conrad Austin Cooper Michael Corron

Jordan Costello
Angelo Cresta
Laura Cross
Lisa Cunningham
Cassandra Curtis
Hannah Dankbar
Hanifa Dautovic
Matthew De Felice
Benjamin De Penning

Alicia Deal Nedim Delahmet Jenna Devens Preet Dhugga Hunter Dickinson Olivia Diehl Elvis Dizdarevic Olivera Djuric Paige Doherty

Marcus Dolan Thomas Dooley Kodi Duckett Lucas Dunshee Charlotte Dutcher Emily Eikenberry Eric Eittreim Kathleen Elliotts Mason Ellis

Elizabeth Elmitt Christopher Emehiser Alexander Erb Taylor Erwine Nicholas Evans Azra Feriz Kelsey Fiala Benjamin Fincher Austin Finley









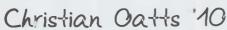






Soreaa bu Bethany Christensen











Travis Fish Kassie Fisher Anne Fleming Morgan Foldes Mitchell Fondell Katherine Fox Ryan Francois Benjamin Freese

Meridith Freese Brittney Gagnon Amy Gansemer Tanner Gardiner Lauren Gehrke Brianna Gerke Timothy Gerzema Emma Gesiriech Kyler Gifford

Jared Gilbert Loran Gillaspy Walter Githens Averi Giudicessi Alexander Giusto Mathew Gonner Kristen Good David Gorden Troy Gordon

Kelsie Gould Madison Graham Alexander Grapp Kendra Greenfield Alexander Greig Alex Grieve Alexander Grill James Haines Kassidy Haines

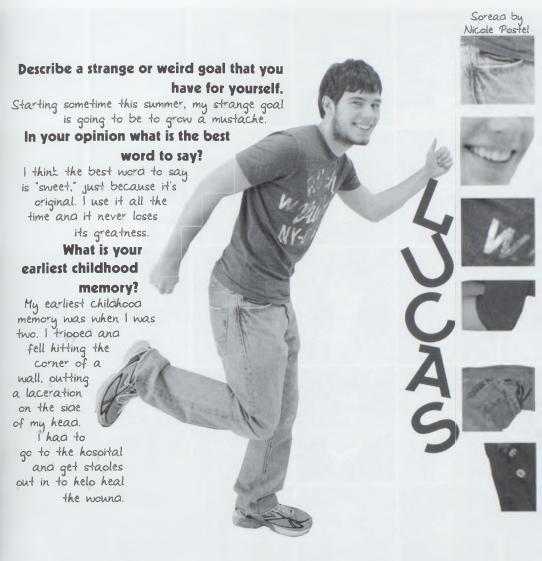
Chelsie Halbur Andrew Halterman Justin Handel Jena Hansen Brandon Hanken Whitney Harney Ashley Harris Sagen Harris Ashley Hartfield

> Blake Hartsook Ella Heinicke Amber Heller Shelby Hellmer Keith Hernander Kara Highfil Joshua Himes Katie Hinkle Asif Hodzic

Nicholas Hoobin Bethany Hoogenakker Kevin Hu Sarah Hurm Griffin Idleman Andrea Iler Kirsten Ingersoll Ross Ingersoll Nikki Izer







Lucas Dunshee '10

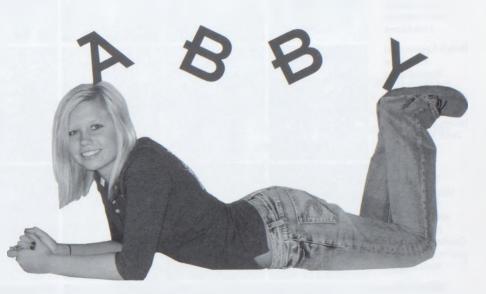












If you could go to a concert who would it be? Justin Timberlake. I've loved him ever since N*SYNC.

What's your natural hair color? What colors has it been?

My natural color is what it is now (blonde). I've never oyed my hair before.

Hate or love Myspace/Facebook?

I'm not a big fan of Mysoace anymore, but I love Facebook. His a good way to communicate with oeoole.

If you could change one thing about yourself what would it be? Definitely to be a little taller, at least 5't".

Abby Burch '10







Alex Jacobsen
Benjamin Jacobson
Dayna Jansen
Ryan Johanson
Blake Johnson
Bryce Johnson
Emalie Johnson
Jessica Johnson

Karaline Johnson Kevin Johnson Riley Johnson Sara Johnson Lance Jones Nathan Jorgensen Andrea Juergens Sarah Jungman Leah Kacere

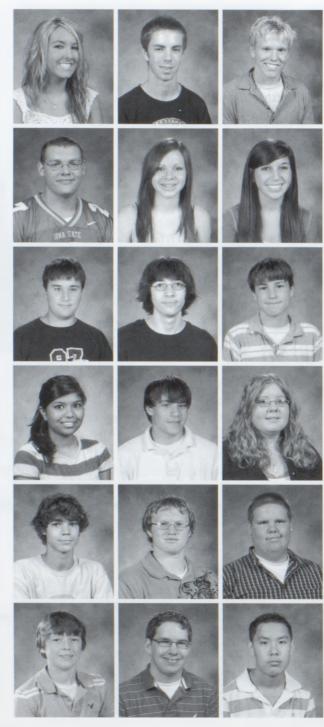
Thomas Kacmarynski
Emily Kane
Megan Kellogg
Courtney Kimble
Cortney King
Kylin Kinsey
Jocelyn Kleinschmidt
Jacob Klopfenstein
Bailey Knapp

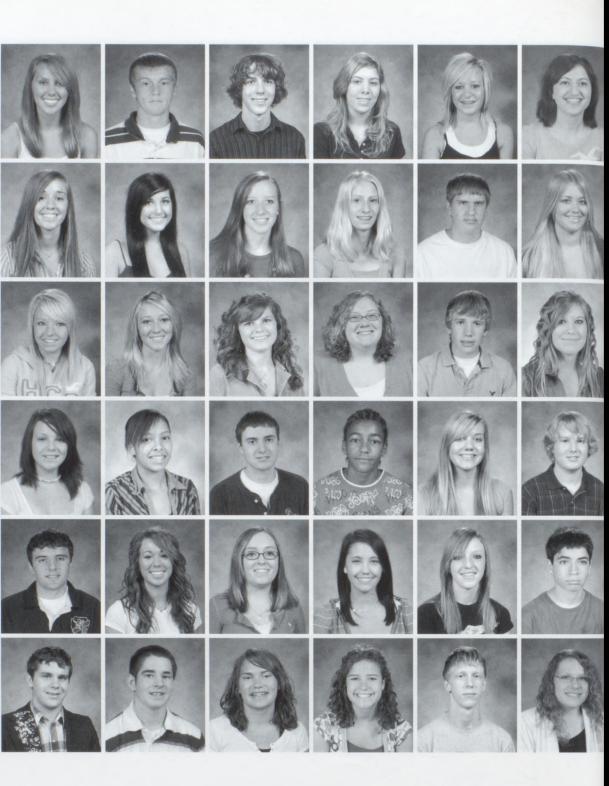
Alex Knee Tyler Knepper Matthew Knoedel Allysa Koethe Amanda Korkow Kallen Kramer Courtney Kreinbring Brad Kruse Alana Krzyzak

> Monisha Kumar Karter Kunze Kristy Kunze Nikki Kyllonen Candy Lang Dylan Lang Kevin Lang Courtney Lappin Caleb Larkin

Thomas Larson
Sean Lau
Mark Levine
Halil Lilic
Gabrielle Liljedahl
Mary Lindroth
Alexandra Lindsey
Kirstie Lindsey
Christian Lloyd

Ryan Lower
Evan Lundstrom-Yurdin
Jimmy Luu
Dwight Lykins
Matthew Mahanna
Madison Mandsager
Julia Manning
James Manson
Sasha Markland







Describe a strange or weird goal that you have for yourself.

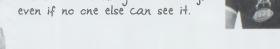
I want to watch the first 100 "Movies of the Year" (from The Academy Anaras) before I die. I love watching good movies, so I figure they're the best of the best!

What's your natural hair color? What colors has it been?

I'm naturally light blonae, but I have been MANY colors! I've been auburn, light light blonae, light with oark underneath, rea highlights, strawberry blonae, crayon rea, aark ourole, light brown, and now I'm aark blonae, soon to be lighter! Some might say I have a oroblem...

In your opinion what is the best word to say?

l aon't know. I guess something like beautiful or joyful, just because I strive to be joyful as often as oossible, and I try to see the beauty in something, even if no one else can see it.



Claire Ottley '10

























What is your biggest fear?
My biggest fear is fear, because I suffer from a chobia of fear.

Have you ever eaten a crayon? What color?

Yeah, several: blue, rea, orange and black.

What's something that you would do as a parent that your parents did for you?

I would haul my Lias to their soorting events until they can arive.

Who is your Hollywood crush and why?

Tom Cruise because of his looks.

Tony Dooley '10







Kaitlin Mason Kody McCracken Andrew McCrea William McGowell Sean McGowan Alexandra McKeighan Andrew Meek Amanda Meier Matthew Merrick
Bailey Merritt
Travis Merritt
Patricia Miller
Shay Miller
Scott Monroe
Gregory Monson
Kiera Morrill
Kayla Morris

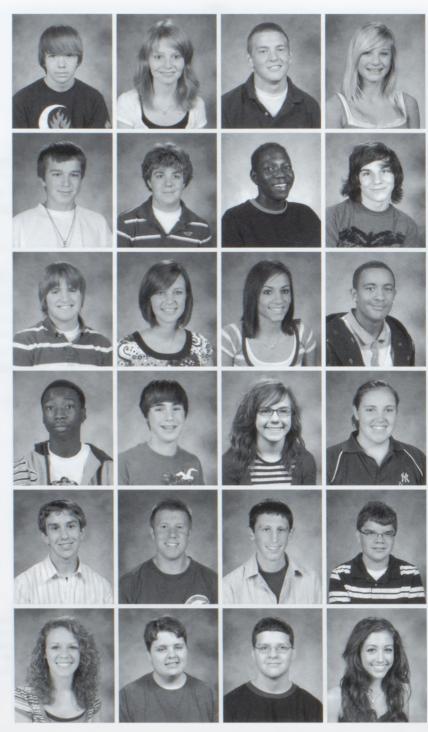
Austin Morrow Philip Mortens James Mun Armin Muranovic Brandon Neely James Neely Jared Nelson Matthew Nelson Guy Newberry

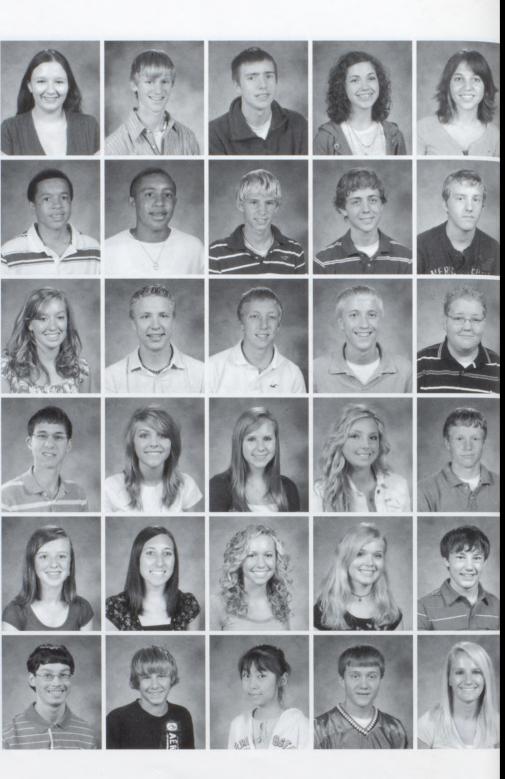
Jackson Nielsen Kristina Nixson Reanna Noel Jordan O'Brien Carlyn O'Keefe Christian Oatts Eric Oatts Jefferson Oats Shawn Olsasky

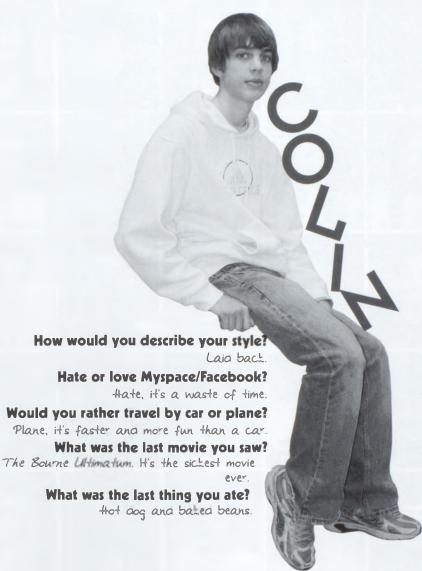
Kevin Omenda Nathanael Ostiguy Claire Ottley Olivia Pace Anthony Palmer Hannah Palmer Megan Parker Briana Partridge Tyler Patten

> Joseph Payne Alexander Peichl Jacob Perington Dylan Perkins Bailey Petersma Kala Pfundheller Amanda Philiph Britta Pohlman Austin Polson

Nicole Postel Henry Prager Nathan Prager Jessica Pray Robert Propstein Blake Pruitt Yiming Qin Ryan Quesnell Ashley Quick







Colin Christenson 10











Carly O'Keefe '10









Lindsey Rasmussen Kenneth Ratekin Riley Rath Allison Rawls Robert Rebouche Alec Recker Loryn Reed Samuel Reed Alex Richards Khael Rosburg Matthew Rose Jennifer Ross Kari Ross Kayla Ross Megan Roth Braden Rupp Sarah Russell

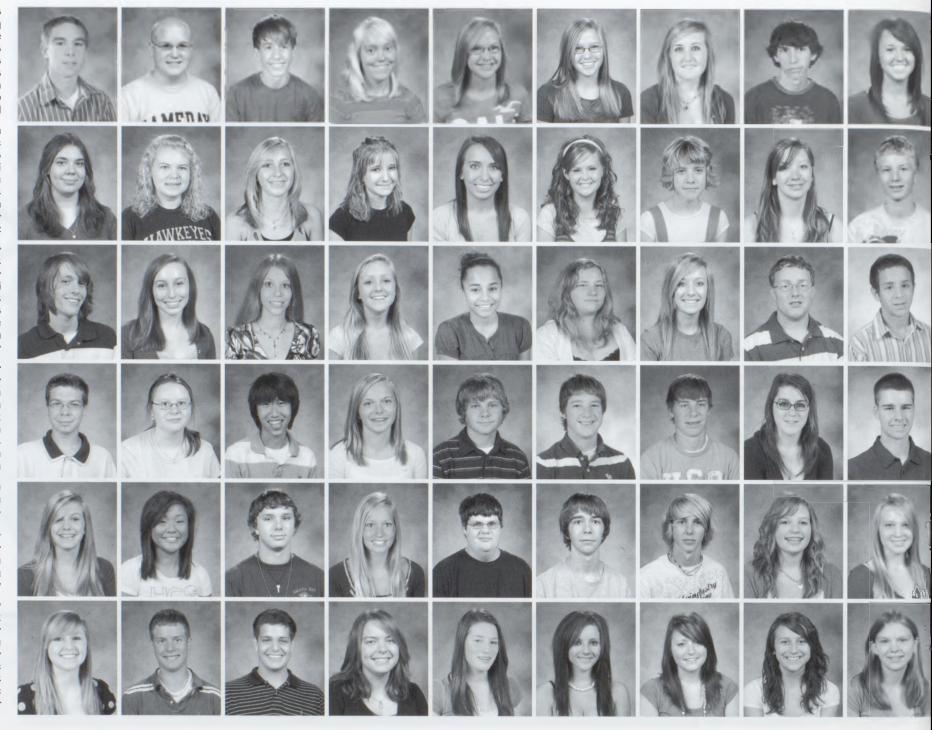
Brianna Ryan Aldina Sabic Courtney Sabus Sara Salvini Lauren Samson Jordan Sandquist Ciara Schaben Victoria Schnittker Alexander Schultz

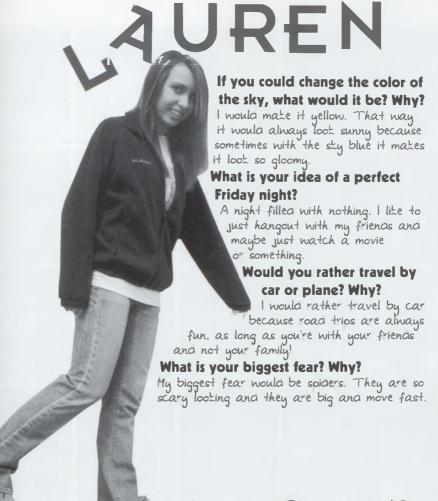
Joshua Schumaker Molly Schunicht Kayla Schuster Rachel Scieszinski Chanel Scott Samantha Sellers Michaela Semple James Sevenich Stephen Shaffer

> Derek Shaver Ashley Sheeder Fred Shen Krista Shoeman Isaac Shryock Kirby Singleton Blake Skartvedt Miranda Smith Nicholas Smith

Taylor Smith Tiffany Song Cole Sonius Hanna Souhrada Justin Sowder Kyle Soyer Jordan Spain Jennifer Spaulding Deidre Spray

Danielle Stansberry
Jacob Sterk
Michael Stoeker
Emily Strom
Sara Stucker
Ajla Sudic
Alexandra Swift
Sanida Tabakovic
Margaret Taylor





Soreaa by Matthew Courtney













Lauren Samson '10











MATT

If you could go to any concert, what would it be

and why?

A Yellowcard concert or an All-Time Low concert because both bands are amazing, and I'm sure they would oumo no the crowd and out on a good show.

What's one word that should be in the dictionary?

The word "swick" as a combination of sweet and sick because that word is swick.

Hate or love Myspace/Facebook? Why? I love facebook because it is a great way to communicate with other oeoole, esoecially at your school and to introduce new events.

What was the last movie you saw? The last movie I saw was Cloverfiela. I thought it was oretty cool and action-oacked. which is orobably why I like it.

Matt Knoegal '10







Derek Temple John Temple Jordan Thompson Madison Thompson James Tran Anna Tucker Erica Tucker Nicholas Tucker Joseph Twickler Leslie Ulm Damien Underwood Katherine Upton Alexandra Yan Langen Kjirsten Yan Pelt Chelsea Van Yark Benjamin Vander Ploeg Christos Vardaxis

> Andrew Verhasselt Chris Villegas Jill Von Fumetti Emily Vos Skyler Waddell Caleb Wagner Mary Wahl Ben Waldschmitt Cody Walkup

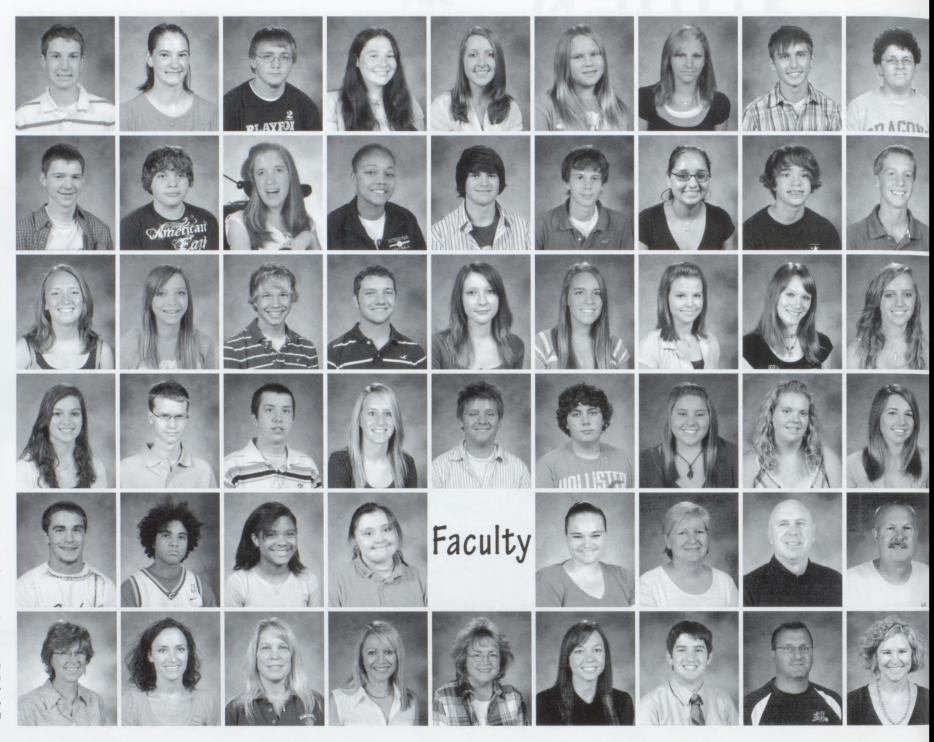
Kayla Ward Sarah Warren Benjamin Warrick Chad Weirich Abigail Wenzl Abigail Westemeyer Taylor Westercamp Kristina Wetrich Clairissa Wight

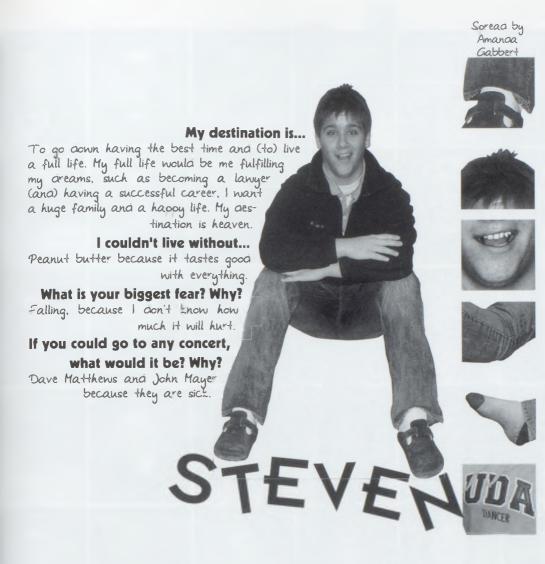
Chanlea Wilkes
Bradley Wilkinson
Cody Willey
Kristine Williams
Steven Williams
Joel Williams,Ill
Lexi Willim
Meredith Willis
Brennan Winget

Jacob Wood Markie Woods Ashley Wright Trinity Zeiger

Tonia Backous Sue Baker Randy Barrick Dave Beason

Jane Behrens Audrey Bell Jan Bjurstrom Jeri Blanchard Vickie Borich Kayla Bousum Ted Brimeyer Rick Brooks Sarah Brown-Wessling





Steven Williams '10

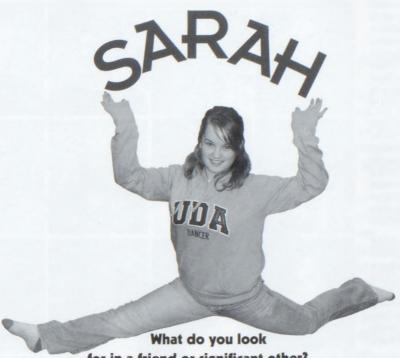












for in a friend or significant other?

Someone who makes me laugh, who listens, can handle random moments, and they have to be sweet.

What is your most embarrassing moment?

When I riooea my oants aancing in the oarling lot.

What is your biggest regret?

Letting oecole go when I should have Leot them close.

Have you eaten a crayon? What color?

No. but I ate an eraser.

Sarah Hurm '10







Kyla Burns Teri Christensen Sue Cline Kelly Coleman Dale D'Iapico Rachel Dowhan Mitch Eagles Lois Faley

Rich Gradoville Stephanie Guthrie Ruth Hamilton Kathy Hammans Jessica Heidbreder Ben Herman Josh Heyer Gerald Hollingsworth Jennifer Houbetz

Sara Kate Howe
Joe Huebbe
Bradley Jacobson
Jason Jauron
Marie Johnson
Maryann Johnson
Melissa Johnson
Pat Kearney
Jerry Kinder

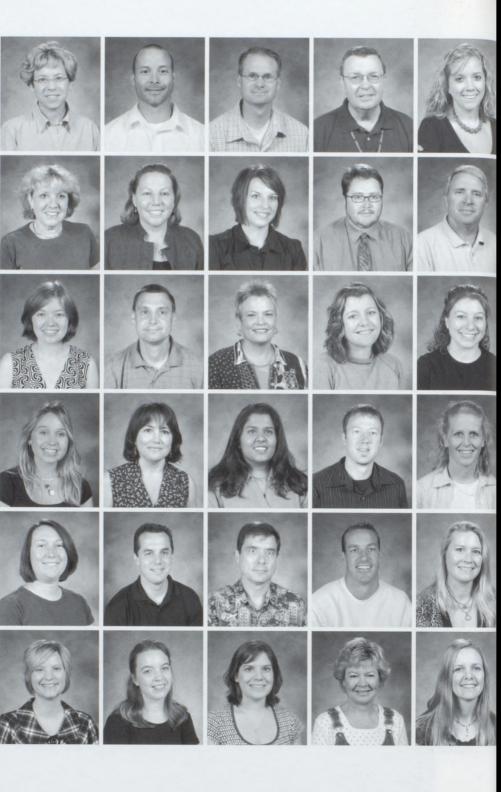
Ben Knight
Angela Koob
Susan Krebs
Curt Larkin
Kate Lechtenberg
Patrick Mattingly
Sue McCravy
Kt Menke
Sarah Moore

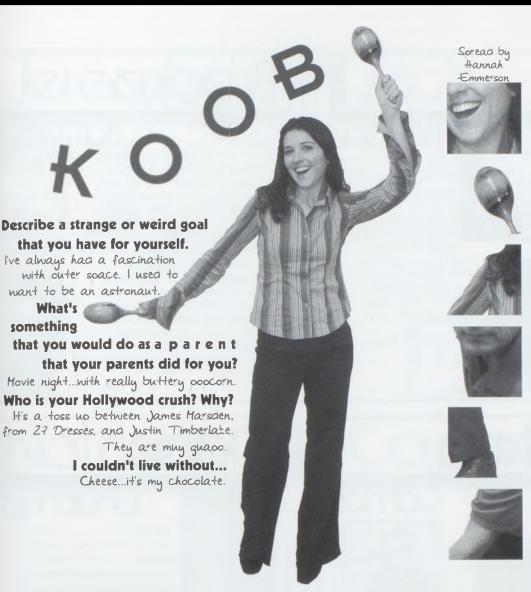
Diane Nelson Deb Nicholson Mariette Nikolai Emily Nymeyer Amy Ohnemus Norah Olguin Nilam Parekh Adam Paulson Danielle Pippert

Julie Probst
Ashley Quick
Adam Retzlaff
Alicia Rollison
Amanda Rynning
Dan Scannell
Mark Schillerstrom
Christopher Siewert
Shannon Smith

Steve Smith
Chanhom Tharrington
Brigid Townsend
Michelle Tracy
Sarah Van Waardhuizen
Wendy Vanderport
Jill Versteeg
Sharon Vonhagen
Kerry Voss







Soanish Teacher/ Angela Loob

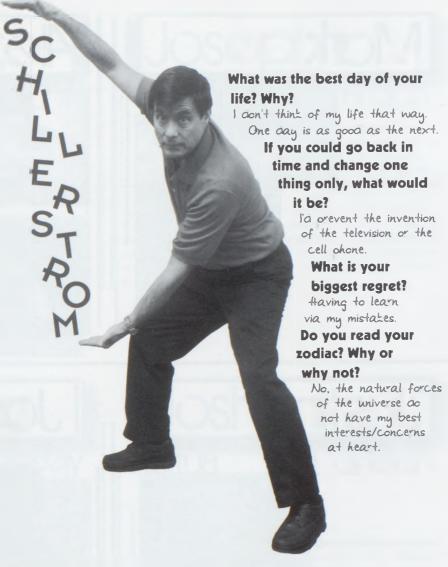












English Teacher/ Mark Schillerstrom





Ros Weaver Jessica Webb Dan Weiss Melissa White Rodney Wiebers Abbi Wiemers Jeremy Yenger

Mark

We know you will make it. We love you and are so proud of you, Mark. Let the gift of God's grace be your guide on your journey ahead.

Love, Dad, Mom, Kara & Madison



AOX



Alex-You are a very special young man and a real to joy us! We are so proud of you! Always keep your wonderful sense of humor, laugh often and keep

Battani

smiling that great smile.
A wonderful future is ahead of you- enjoy every minute!
LoveMom, Dad & Katie

AN'NOS

Brooke

Brooke,

Botterson

You are a gift from God. You started as this happy little smiling baby who could crawl faster than I could run. You have become the very strong, intelligent and beautiful young woman I still can't keep up with today. You have more drive than anyone I have ever met or ever will meet and it is going to take you places. Keep dreaming and please don't limit yourself by the obstacles. They merely make the journey more exciting and make you all the stronger. Remember that you

have a family that loves you more than you will ever know.

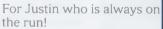
"Trust in the LORD with all your heart and do not lean on your own understanding. In all your ways acknowledge HIM, and HE will make your paths straight."

Proverbs 3:5-6



Justin

Butler



With love, Mom, Dad, Stephen, Grandma, Doug, Melissa & Callie



Joshua



Josh,

Since we brought you home from the Philippines, we found you to be one-of-a-kind! You are an athlete, a drummer, a comedian, a Christian, and a sensitive soul. Your life goal to 'protect and serve' is an honorable one. Believe in yourself. "In the same way, let your light so shine before men that they may see your good deeds and praise your Father in Heaven." (Matthew 5:1) Work hard, laugh often, pray always!

Love ya,

Mom & Dad

Daniel



Chapman

Daniel,
We are so proud of the young
man you have become and of
all of your accomplishments.
God has truly blessed you with

many talents.
Keep Him in your and heart and
He will continue to shower His
blessings on you.
We love you lots!!!
Mom, Dad, Rachel & Pepper





Jeren'iy



DIGGS

Jeremy, You are a wonderful son and brother, and we are very proud of you! You have many qualities that are going to take you far in life:



kindness, compassion, work ethic, and a great sense of humor are just a few of those abilities. It has been such a joy to watch you compete and excel in swimming over the past six years-you have a natural talent! Your future is full of promise and joy! Congratulations on graduation and best wishes at the U of I. Love.

As a baby for life you boldly fought. Many humbling lessons you certainly taught, We cherish you dearly for the wonderful young lady that you are,

Your compassion and enthusiasm for life will carry

Wherever you go, you will be watched by our love, Because you are the amazing daughter we always dreamed of.

Find joy each day and focus on fun and laughter,

And you will surely live happily ever

We love you! Love. Your family









Broid

We have been blessed by a wonderful caring, sensitive, kind and loving son. You are a special brother to Rachel and Marissa and they adore you! Your persistence is a gift and your talents of writing and playing your guitar are examples of your quiet strength. Make your dreams vour reality.

Mom & Dad

lathan

Mom and Tyler

Nathan,

You have been such a wonderful blessing to our family. Words alone cannot express how proud of you we are and the man you have become. You are a great son and an awesome brother.

Use the gifts God has given you. As you face new challenges trust in God and He will lead the way. Remember how much we love you. We are always here for you as you begin a new chapter in your life and pursue your dreams.

We love you!

Mom, Dad, Amber & Spencer







Dear Courtney.

Love.

We're so proud of you! It has been wonderful watching you grow into the smart, beautiful, and kindhearted young woman you are today. Everything you have accomplished during school has prepared you for this moment. Your passion and dedication to years of dance training will also serve you well as you go off to college this fall: "Dancing in all its forms cannot be excluded from the curriculum of all noble education; dancing with feet, with ideas, with words and one must also be able to dance with the pen." -Friedrich Nietzche

Mom, Dad, Meredith & Taylor



Danison



Josh. You've always had a creative spirit and a heart full of kindness and love. These gifts are blessings -- just as

you have always been a blessing to us. We love you and are very proud of you. Your gifts will lead to a successful life.

> With love. Mom and Dad

Rexford



Davidson

Too quickly the years have passed. We are so proud of you. With all our love. Mom & Dad

"Dream lofty dreams, and as you dream, so you shall become. Your vision is the promise of what you shall one day be: your ideal is the prophecy of what you shall at last unveil." -James Allen



Kasi

Kasi.

The trail does not end here; it is just beginning. The trail of life can only reveal itself as it is traveled and each turn brings new opportunities and challenges. We have enjoyed watching you walk along the trail of life, and we are very proud of you and your accomplishments. Congratulations and best wishes at Iowa State next year. Love you loads!! Dad. Mom & M.J.







From our darling Pink Princes to the beautiful Good Witch G'Linda...You have always bee the 'sparkle' in our lives. We are so proud of all you have accomplished in your life and we look forward to all that is to



come in the future. GO STATE! We know you will work hard and excel at whatever you choose to do in your life. Keep your eyes on the prize baby

All our love goes with you in everything vou do.

Mom, Dad, Ryan & Isabelle

Leah

Emorev

To our "dainty little" baby girl and little sister.

We are so very proud of you in so many ways. Not only your athletic abilities, but for the way you have grown into such a sweet, caring person.

With your soft spoken, fun loving personality, we know you will be a great teacher coach and role model

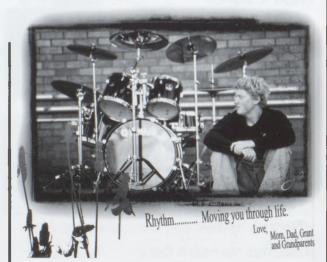


for your students. (Just remember you WILL have to talk as a teacher!)

Good luck at UNI and with softball and know we will always be there for you!! We love you, Mom, Dad & Sara







Time goes by so fast! Only yesterday, you were a six year old who had just arrived to this country, without a word of English, leaving behind your loving extended family, friends, familiar country and lifestyle Looking at you now, we are so proud of all your achievements through these years! Now it comes another big turn in your life. You

are about to start your own journey, with all the excitement and responsibilities that brings. Enjoy the trip and live life to the fullest. Dream big! Go for the goals that may seem unreachable. Your family will always be behind you. We love you! Mom, Sergei, and Dasha





Congratulations on your graduation! We are so proud of your accomplishments and especially pleased that your hard work and determination enabled you to reach the goals you set for yourself.

In the future, we have no doubt you will continue to push yourself to achieve all that you desire. We hope and pray that you choose to see the world around you in a positive light. Treasure the day! Spread your wings and expand your comfort zone!

We love you and will always be here for you!

Love, Mom, Dad, Chris & Abby





Earles

Ash Baby, Just yesterday your daddy and I were waiting at the bus stop with you for your first day of kindergarten. Look at you now....

Wishing you all the love and success as you move forward in life. Always remember... LOOK AT THE MOON!!!!



We love you, Mom & Adam

1ichael

Congratulations, Michael. You should be extremely proud of what you have accomplished so far. The next phase of life will be an exciting one. Please know that you have our love and support in whatever you

amens

choose. We can't begin to tell you how much joy you have given us over the last eighteen years. Love.

Dad. Mom. & Becky



Angel, thanks for letting us help you with your wings! It has

been a joy to watch you learn to fly. You are a special person, to us of course, but to so many others as well. The world is waiting to meet you, so we will have to share, but remember to land at home once in a while, too. You could not have made us prouder or God happier.

Congratulations on all your accomplishments!

Dad, Mom & Monica

Courtney

Congratulations Courtney Rae!

Thank you for all the love, joy and laughter you have



brought to our lives. We are so proud of the beautiful young woman you have become. Even though the road ahead is not a simple one, you have what it takes to be successful. Know that you will always have our love and support in all that you do. Love.

Mom & Dad

Thanks for all the support you have given me and for always being there. Good luck in all that you do!

Your brother Jerry









alyer

Zach.

We are so proud of you and your accomplishments. We look forward to sharing with you whatever the future will bring. Live your dreams, and always remember your faith and family.

> We love you, Mom. Dad & Matthew







Hader

Trevor. Keep doing what you have been doing! You continue to meet or exceed all of our

expectations on the field and in the classroom. You are a true scholar athlete. When things get tough, you seem to stay cool, calm and "get 'er done." You bring relief when the game gets tight and never balk at a challenge. Continue using your God given talents. Keep that same philosophy in life, and when it throws you a curve ball you will be prepared. You are a great son and little brother. Mom, Dad, Jake, Derek & Missy



Habersma



Brad. We are so incredibly proud of you and the talents God has given you on and off stage. We listened to the passion in your music and heard our "Gershwin guru" excel. We watched you make new friends at a new school and church, and most of all, be comfortable in who you are. We love you and are excited to see what your future holds.

Mom, Dad & Heidi





Grant. We have enjoyed watching you grow into a wonderful young man. You have such an exciting and promising future in front of

you. We look forward to cheering your accomplishments and sharing your happiness!

> Love. Dad, Mom & Ben



Reid.

You have always been a young man with strong opinions and you are not afraid to be true to yourself-- a Longhorn in a land of Hawkeyes. We have enjoyed watching you grow and develop. We anticipate great things for your next stage-college. Love.

Mom, Dad & Jenna





JOWO!



What can we say? You have been waiting for this for a long time. Thanks for letting your family share in your journey. You have grown int



a beautiful, talented young lady that we are so proud of. Watching you throughout the last 18 years has been a true adventure. From your dancing at the Iowa State Fair to this past year of changes and challenges you are our pride and joy. Have fun with your last year and in the future and always know we are behind you and love you more than you can imagine.

Mom. Dad & Matt





Ham

Ryan, You've made us so proud... Rock on!!! Love. Mom, Dad, Rhianna & Casey



Hazelton

Congratulations Colin







Nick, It seems like just yesterday you were our frecklefaced boy with the big grin. We are

kind, caring, man you have become. Throughout your

life journey remember: Give 110% and you will receive 110%, listen to your inner guide, keep your energies balanced, believe in yourself- we do!!! Find joy in the simple pleasures of life, love generously, speak kindly. We wish you many blessings, love, laughter and peace. You have made our lives complete.

> We love you very much! Mom, Dad & Katie

Lindsey

Kiesing

Loo Loo.

We are so proud of you, your accomplishments and the beautiful young woman you've become! You've brought so much joy to our lives, and we want to you to know we'll always be behind you as you conquer your dreams!

Love. Mom, Dad & Jessie









Congratulations on an outstanding high school career. We are so proud of all your many achievements in academics, sports, and leadership activities, but most importantly we are proud of the wonderful person that you have become. We wish you the best of luck in all your future endeavors, and we know that you will be successful in anything that you choose to pursue. We will always love you and be there to support you.

> Love, Mom. Dad & Alex

Rachel





God truly blessed us with a wonderful daughter. Thank you for all the joy, laughter, energy and love you have brought into our lives. Know that we love and support you in all that you do and look forward to sharing new opportunities and adventures with you. Explore. Dream. Discover. We are proud of you and love you very much. Mom. Dad & Rob

"Those who hope in the Lord will renew their strength. They will soar on wings like Eagles." Isaiah 40:31



Tara



Lappin

To Our Bear,
We love you more than words can ever express. With your beauty, brains, and personality you'll be a huge success at whatever you choose to do in the future! Have a great time at

Love.

Mom, Dad & Courtney

Thomas



Thomas,
We have loved watching you grow into the fine young man you are

today. You have qualities that will serve you well in the future: a strong faith, kindness, hard work, determination, and our favorite,

your sense of humor! T-Roe, follow your dreams, always be true to yourself and most of all have fun! We love you!

Mom, Dad & Pete

T-Roe, You've been the best big brother, and I'm thankful for everything you have taught me. I know

you'll do wonderful things in college and beyond. I love you with all my heart!

Love, Katie



It's your time to FLY!





Love, Mom & Rob

Samantha

Samantha.

My memories of you are ones that a mother will savor throughout life- from singing the Hi-Ho song to looking at you from across the room during the Iowa caucuses. How did time pass so quickly? Surely it would take more time to create this wonderful young woman whom I am so incredibly proud of.

Love, Mom & Brandon





San'in'iy McConeghey

Sammy,

You don't just love children; you fall in love

with them. Like any relationship, actions determine how much you fall in love! I loved you the day you were born and love you more each day. Like every human being, you have made



mistakes, but you have always searched for what was right. I'm very proud of you, and very proud to be your dad!

I love you,

Daddy

Heather

MUSCOVITZ



Heather,

You've grown from a cute little girl into a beautiful young lady, both inside and out. We are so proud of you! Always stay true to yourself and remember we love you very much! -(Even if you do leave and move away to the ocean!)

Love, Mom & Dad





Lauren



Lund

Lauren,
You have brought so
much joy and love into
our lives. Your enthusiasm
and positive attitude are
contagious. We are proud

of your accomplishments but more importantly of the kind person you are. Your strong character and faith will get you through life's challenges.

Keep smiling and know that our love and support will always be with you. Congratulations! Great love,
Dad. Mom & John



Ciera

Lundgren

Ciera,

From the moment you were born we knew that you were destined for greatness. Dream big, reach for the stars, and ALWAYS believe in yourself.



Love, Mom, Dad, Carter & Tiffy



Chelsea

McCombs

Chelsea, Congratulations!

We are so proud of you! God has blessed us with 17 wonderful years of watching you grow and develop into a beautiful compassionate young woman that you are today. You have brought us so much joy and delight, and we thank you for that. Your determination, independence and confidence will take you far in life. We know that whatever you decide to do, you will do it well. Continue to keep your faith. Always remember in everything you



do, trust in God. He will never let you down. Stay true to yourself and keep being you!

We love you very much, Mom, Dad & Christopher

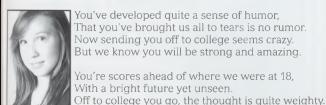


Kaitlyn

OTOO!

There once was a girl we called K.T.,
Whose family thought she was amazing.
We called her our "squirt" until she started to flirt,
Then calling her names was just crazy.

Your passions have kept you quite busy, Soccer, dance and friends aplenty. You've always made time for our family and the Traditions that could work us into a tizzy.



But you'll always be our little K.T.

Love, Mom, Dad & Megan

Austin



Dear Austin, It's so hard to believe you are a senior and

about to graduate. Words

Herce

can hardly express just how proud we are of you. You have brought so much joy and laughter to our family. We are confident you will be successful in all you do. Jeremiah 29:11 We want you to know we will always love you!

Love, Mom and Dad



Congratulations, Carli!

You have grown from being our cute little Carli-Bear to a very beautiful woman, inside and out.

You have many talents, Carli; the one that stands out



is that you are bubbly and fun, lifting everyone's spirits even when you're down yourself. Putting others first and being loyal to friends and family have been one of your best qualities. You have always been very independent, head strong, going for what you believe in, not settling for what's easy. With all your wonderful talents, we are confident that you

will do very well in your future career! We are very proud of you, Carli! You are our SUNSHINE. Keep smiling and making people happy!

We love you so much, Mom, Dad & Alli



Dustin

Pre

Dustin,

Wow, what a ride! From the time you were born you have made things exciting! You have accomplished so many great things, and with your whole future in front of you it will be fun to watch you pursue the things that are important to you. You really are an outstanding son and brother; from your concern of

others, your competitive desire to succeed, your integrity, and your demonstration of making good decisions.

We are so proud of you!
We wish you happiness and success in all your future rides in

With all our love and support, Mom, Dad, Nathan, Nicole & Collin



Haley

Ramsey

Haley,
We can hardly believe that you are a senior! You are a beautiful young lady, inside and out. You have a very generous heart and a warm spirit. We are proud of you, and we hope you will continue to work hard to reach your goals. Stay focused and have fun.



We love you very much! Mom, Dad, Logan, Kieran & Aidan



Erica

RUSSON



Erica Russell,
Our blue-eyed baby girl. My, how
these years have flown by so fast.
Soon you will be out on your own.
Our love and best wishes will travel
with you.





Kye

Sieniers

Kyle,
Happy Graduation!
Thank you for giving
us happiness and
making us proud.
Continue to work
hard and dream big!





Love, Mom, Dad & Ryan

AOX

Stanbrough





We have watched you grow into a smart, funny, compassionate and accomplished young man. We are proud of everything you have done throughout your high school career. You have always had an amazing ability to make friends, and we know what an incredible friend you have been. What a great time you will have at Iowa State. Your future is bright. It will be such fun watching you grow in the next chapter of your life. We love you and will miss you. We believe in you and know the world is yours! Love you,

Mom & Dad

Brianna

Stone

Since you were a little girl you were always full of love and life. Our hope is that you continue to



spread your love of life to others along your journey. We wish you the best, honey, no matter where you go or what you do. "Dream no small dreams for they have no power to move the hearts of men." We love you to the moon and back.. Infinity times.

Mom, Jim, Jen, Matt,

"'For I know the plans I have for you,' declares the Lord..." Jeremiah 29:11

Sonders

Paige,

Your talents, positive attitude, and ability to "do your best when under pressure" will take you as far as you want to go. Your caring and accepting nature, sense of humor and infectious smile will win you

many friends along the way. We're so proud of you! You go girl!

Love, Mom & Dad



Congrats to my FAVORITE sister! I can't believe you're graduating! You made it! Seriously, as much as I hate seeing my little sister grow up, I know you have an exciting future, and I can't wait to see what's in store for you!

> Love, Tim

vicole 8 Michele



Congratulations, Nicole and Michele! We are so proud of you girls and have loved every minute watching you both become such beautiful

young women! Keep working hard, believe in yourselves and you can do anything. We are excited for your college experiences and the next level of

your softball careers. It's your time to shine. Live, laugh and love life to the fullest and keep smiling!

We love you both very much, Mom. Dad & Mindy





Pat (P-Man).



being part of the man you become. Life is short but sweet for certain! Love You!

Mom. Dad & Jonathan



Swoyer

It seems like only vesterday that your dad, brothers and I got the best gift- our beautiful little sister and daughter. You

have enhanced my life so much! It has been wonderful watching you

grow into such a beautiful dancer and a fantastic person. I look forward to all the new adventures in your life! We all love you dearly and wish you all the best in the world!

> Love you, Mom, Jeff, Nate & Zach

Magge

Maggie,

You've grown to be a beautiful young woman. May your dreams take you to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities and to the most special places you have ever known.

We love you! Mom, Dad, Adam & Luke









Way to go, little buddy! You made it through high school! You have been a blessing to us in so many ways. God has great plans for your future; always remember Proverbs 3:5-6. They are words to live by. Best of luck in the future. We love you and are very proud of you!

Mom, Bob, Jenny & Jennifer

Jordan



vanessen

Dear Jordan, Graduation is just the beginning! A finished person is boring. The choices we make show who we truly are. Don't worry about tomorrow and always lend your strong voice and hand to those who need you.

Keep in the sunlight with God's grace. We are so proud of you!

Love, Mom, Dad, Kelsey, Roscoe Man & Marley Man



Tucker

Vasey

Tucker-

You cannot control the length of your life, but you can control the width and the depth. Find your passion. We are so proud of the person you have become. Best of luck at

the Power Ranger Academy.

Love, Mom, Dad & Spencer





Jennifer



nlegas

Dear Smooches (Fuzzpot),
We love you so much! We are
so proud of the young woman
you've become: the way you
speak your mind and stick to your
convictions. Your love and interest
in animals is absolutely God-given.
Always remember, "All things
work together for good who
love the Lord." WE LOVE YOU,
CHICK!
Love,

Love, Dad, Mooch, Cloak & Chris

P.S. Vippi is not a word

Jenna





Our Dearest Jenna,
It's hard for us to realize that you're
closing the first phase of your life's
journey and moving onto the next.
You've grown into a lovely young
woman with a kind heart and good
character. You've done well during this

first part of your journey. You're a successful student and have learned that hard work and responsibility will help you succeed. You've also learned how to be a



good friend and kind person. You have many good qualities that will help you succeed in life. Know that we're always here for you and wish you happiness in your journey of life. We're so very proud of you! Believe in your dreams and follow your heart... always! We love you!

Mom. Dad & Jared

Logan



We can't believe that you're graduating already! You have worked hard to reach your goals, and we are so proud of you. You have an exciting and bright future ahead of you. We know with your determination you will accomplish all that you strive for. Keep working hard and enjoy the ride. We love you very much! Dad, Mom, Haley, Kieran & Aidan





Mchele



What lies behind us and what lies before us are tiny matters compared to what lies within us." Ralph Waldo

Emerson

Wallace

OS O

Dear Leslie,

We couldn't be more proud of the young woman you've become! You've accomplished so much in your years at JHS- in the classroom, on the basketball court and on the soccer field. We've loved watching your games and cheering your hard work! You've always been an unselfish teammate and a great friend. Your determination and love for life will take you far. We'll be watching with pride while you make your dreams come true. Congratulations! We

love you very much!



Mom, Dad & Megan

Our Scottie. We want to thank you from the bottom of our hearts for bringing us so much happiness. We have adored you since the day you were born, and we feel so lucky to be your parents. The closeness we share with you means everything to us, and we will always be here for you. You are amazing and your quiet inner-strength and the



responsibility that you have shown have made us proud. You have what it takes to fulfill all of your dreams and we'll be there along for the "ride!" We love you so much! Mom & Dad

Class of 2003

Class Colors: Purple & Black

Class Flower: Fibiscus

Class Qioto: "What lies behind us and what lies before us are tiny matters compared to what lies within us."

-Ralph Waldo Emerson

niecing it

together

Girls' Cross Country.



Yes.

photo by Erin Funk



Acodon to Decofrion Matt Knoedel, Azra Beganovic, Emira Deumie, Amra Beganovic, Katie Bithens, Senuri Jayatilleka, Brittany Deal, Preet Dhugga, Bailey Petersma ROW 2 Adam Helgeson, Speneer Cartwright, Fred Zhao, Huzzaifa Mohammad, Joseph Payne, Ryan Francois, David Zhang, Dylan Cue, Alan Nagel ROW 3 Linda Brown, Kevin Shi, Frank Niu, Philip Mortens, Mike Traxel, Benjamin Mulaosmanovic, Tanner Gardiner, Neal Herink ROW 4 Kevin Hu, Alex Knee, John Hall, Petros Vardaxis, Sam Parker, Ethan Nutter Anderson, Aaron 216
Anderson, Alex 164
Anderson, Chelsa 164
Anderson, Erik 33, 133, 198, 211
Anderson, Julia 164
Anderson, Mark 104, 105, 133, 207, 213
Andeweg, Christina 34, 125, 164, 202, 205
Andrews, Karissa 133
Angeloni, Gabbi 164, 195
Aschan—Cox, Casey 164
Aswegan, Jacob 92
Augustine, Ethan 164
Ausenhus, Luke 164
Avery, J'Lisa 164
Avery, Jr., William 152



Babcock, Stephanie 49, 133
Backous, Tonia 176
Badgley, Adam 128, 152, 206, 219
Baedke, Nicole 164
Bahtagie, Almin 152
Bailey, Lyssa 164
Baird, Jacob 164, 202, 217
Baker, Sue 176



BONG Bross Percussion: Rachel Casciano, Amy Bowers, Holly Von Parment, Maddie Mandsager, Anna Tucker, Christic Steer, Bessy Pilkington, Ryan Coomes, Jake Heil, Tanner Gardiner, Joe Evans ROW 2 Paige Sanders, Bailey Petersma, Alison Blakely, Kathryn Gulleen, Even Lundstrom-Yurdin, Ben Cigan, Joe Paine, Cody Zoss, Leah Belknap, Fred Zhao, Katie Upton, Danielle Hudson ROW 3 Laura Cross, Adam Helgeson, Cody McCracken, Nathan Jorgenson, Ethan Nutter, Daniel Rassmussen, Danny Heldt, Kerrick Staley, Ryan Francois, Alan Nagel, Shawna Polen, Alex Erb ROW 4 Dylan Cue, Neil Erbes, Doug Haefele, Nick Davis, Jeff Oatts, Daniel Chapman, Brad Halbersma, Ian Beck-Cross, Daniel Ratekin, Kevin Shi, Nate Johnson, Michael San Bhom

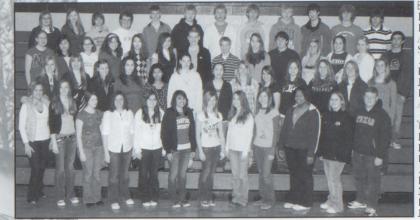


Abdie, Majela 164 Ackelson, Pat 19, 49, 133 Ackerman, Megan 121, 164, 204, 216 Acuna, Garrett 164, 206 Adam, Paul 133, 211 Adams, Ashley 164 Adams, Lindsay 164 Addington, Anastasia 164 Agurries, Bruce 152, 206 Ahmed, Emily 164 Ailuni, Jenny 121, 152, 216 Alabsi, Faisal 82, 213 Albright, Patrick 215 Albright, Tim 215 Aldrich, Christina 57, 117, 152, 195, 215 Aldridge, Courtney 152, 205 Alfred, Jared 152, 206, 216 Alfred, Ryan 133, 206 Allen, Trent 152, 196 Allison, Haden 164 Allison, Sabrina 152 Amick, Joshua 161 Amick. Justin 89, 102, 152, 197, 206 Amos, Bree 152, 157 Anagnost, Christopher 133



Barber, Joseph 152 Barnard, Sean 164 Barrick, Randy 176, 197 Bass, Niek 12, 102, 103, 109, 133, 206, 213 Bast, Jeff 123, 211 Bast, Jess 133 Bates, Emily 116, 215 Battani, Alex 36, 80, 133 Batterson, Brooke 133 Batterson, Meghan 54, 164, 199, 200 Baumgartner, Jake 46, 102, 152, 206 Baumgartner, TJ 196 Baumgartner, Tyler 164 Beaderstadt, Bret 133, 150 Beaman, Jarod 164, 206 Bean, Melinda 133 Beane, Brittany 51, 133, 134 Beason, Dave 40, 96, 176, 204 Beaver, Haley 120, 216 Beek, Hunter 16, 133, 207 Beck-Cross, Ian 133, 194, 195, 210 Beckett, Sean 152 Beevar, James 53, 129, 204, 219 Beevar, Justin 210 Beganovic, Amra 32, 55, 152, 194, 195, 209, 214 Beganovic, Azra 34, 67, 152, 194, 195, 209 Beganovie, Nedzad 152 Beguhn, Chris 8, 10, 11, 81 Behrens, Jane 49, 176 Belding, Meredith 164 Belknap, Jordan 164 Belknap, Leah 42, 152, 194, 195 Bell, Audrey 40, 76, 176





Board Woodwinds Kate Dickey, Kylic Kinney, Katic Zimmer, Gabbi Angeloni, Erin Topper, Preet Dhugga, Taylor Probst, Amanda Johns, Ashley Williamson, Ellie Sama, Kasi Dickerson, James Sevenich ROW 2 Britta Pohlman, Heidi Bibler. Laureea Landwehr, Azra Beganovic, Senuri Javatilleka, Leslie Ulm. Emily Eikenberry. Beeky Cooper, Hailey Christianson, Christina Aldrich, Kayla Ward, Erica Tucker ROW 3 Amber Heller, Sherri Chyi, Katic Bonney. Julia Steggerda, Charlotte Dutcher, Amra Beganovic, Cody Lenz, Ben Warrick, Linda Brown, JB Williams. Rachel Stanley. Leah Peterson, Breanna Ellis, Jon Emheiser ROW 4 Kelsey Bowen, Norgaret Taylor, Kyle Soyer, Tim Clay, Jordan Handel, Michael Carlson, Eric Oatts, Jacob Vander Ploeg, Chris Oatts, Ben Hjelmaas, Bryn Start.

Bella, Ashton 213 Belz, Kendra 152 Benziger, Kovin 152 Berger, Jordan 13, 14, 152 Berglund, Cheryl 32 Bergstrom, Erik 216 Berry, Chelsea 76, 136 Berry, Daniel 51, 164, 213 Betters, Dylan 16 Betters, Ryan 164 Bibler, Heidi 43, 74, 75, 81, 152, 195, 208, 211 Bierson, Cale 215 Biggs, Jeremy 114, 133, 215 Binner, Rachel 24, 41, 69, 120, 133, 209, 210, 216 Binnie, Chelsea 133 Binnie, Julia 90, 164, 197, 204 Birmingham, Kayla 133 Birmingham, Ryan 75, 83, 152, 198, 211, 219 Birru, Obsie 98, 124, 125, 133, 204, 217 Bisenius, Abi 45, 152 Bisenius, Chelsea 152, 204 Bisenius, Colin 213 Bisenius, Travis 133 Bjerk, Brian 19, 133, 196, 217 Bjurstrom, Jan 176 Black, Jack 142 Blackburn, Justin 216 Blackford, Cara 152, 203 Blakely, Alison 66, 76 Blanchard, Jeri 176



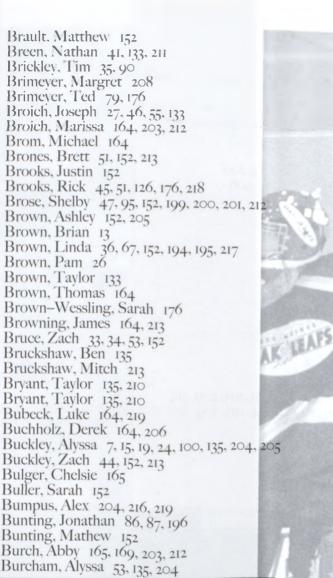
Wilson, Mike Slavin, Brock Zenor, Chris Soroka, Charlie Dick ROW 2 Trent Allen, John Puffett, Jocy Gowdy, Tyler Kubill, Shawn Miller ROW 5 Coach Adam Retzlaff, Jonathan Nelson, Justin Hoellein, Keaton Schuck, Brandon Soda, Dain Opland, Coach Craig Krung

Blank, Sarah 92, 152, 198 Blank, Tim 92, 164, 198, 213 Blaylock, Brandon 152 Blunt, Jacie 133, 198, 203 Bole, Leah 133, 216 Bolte-Hennings, Katherine 152 Bonney, Katie 49, 55, 152, 195, 208 Borich, Dan 107, 208 Borich, Vickie 45, 52, 107, 176, 208 Borst, Andrew 164, 196 Borup, Brittany 117, 208, 215 Boston, Derek 19, 133 Boston, Dylan 164 Bousum, Kayla 176 Bower, Kelsey 39, 59, 63, 65, 152, 195, 198, 208 Bower, Ryan 78, 164, 201, 204, 212 Bowers, Amy 68, 164, 194, 195, 198 Bracelin, Chris 39, 53, 152 Bradford, Shaylea 133 Bradley, Tyler 164, 215, 216 Brandsgard, Benjamin 152 Brandt, Ian 67 Brass, Band 194 Bratrud, Max 152, 206



Basebal Varsity. Greg Larpenter, Darin Davis, Jared Steen, Mitch Blanchard, Austin Hartsook, Josh Camos, James Stone ROW 2 David Temple, Keaton Shuck, Jonathan Nelson, Trevor Haden, Brian Bjerk, Justin Hoellein. Joes Cate, Kristina Nixon ROW 3 Assistant Coach Jake Randall, Ryan Torgerson, Eric Tubbs, Joseph Pavelka, Troy DuBay, Ryan McCauley, Jonathan Bunting, Josh Gowdy, Jacob Pfundheller, Bryan Lippincott, Austin Denny, Scott Byrd, Danny Cahill, Reid Jewell, Coach Randy Wee, Assistant Coach Keith Lippincott







Boskeibol Boys
Sophomore: Andrew Borst
James Neely, Mitch Fondell,
Sean McGowen ROW 2
Alex Greig, Bryce Johnson,
Jon Coen, Kevin Johnson,
IV Githens ROW 3 Coach
Steve Smith, Alec Recker,
Ben Jacobsen, Tommy
Larson, Alex Jacobsen, TJ
Baumgartner, Coach Josh
Heyer

Burggraaf, Katherine 36, 40, 55, 71, 98, 135, 204, 209, 216
Burkhardt, Lauren 165
Burnett, Lawerence 63
Burnie, Sandi 42, 165
Burns, John 17
Burns, Kyla 26, 36, 177
Busby, Travis 197
Busch, Melinda 204, 208
Bussanmas, Jordan 15, 152
Butitta, Joel 152
Butler, Justin 135
Butts, Brandon 152
Byrd, Caroline 79, 152, 201, 210, 211, 212
Byrd, Scott 196



Cahan, Alex 27
Cahill, Danny 86, 87, 196
Caldwell, Shelbie 152
Cameron, Andi 126, 165, 197, 218
Cameron, Randi 152
Camos, Josh 87, 135, 196, 206, 209, 211, 213
Camp, Tiffany 152
Campbell, Monica 135
Campbell, Morgan 127, 165
Campbell, Ryan 135, 201
Caracci, Catherine 47, 165, 209, 216
Carlisle, Austin 152
Carlson, Michael 66, 165, 202, 221



Boske Co Boys Vorsity. Derek Foster, Corey Schaefer, Adi Schie, Tyler Smith. Tyler Kubik ROW 2 Amanda Walker-Kim Miles Summa, Justin Amiek, Nick Smith. Aric Greenfield, Dan Conn. Kacci Sherda ROW 3 Coach Randy Barrick Thomas Lashier. Michael Elming, Kyle Sievers. Trent Fisher, Europe Summa, Christian Schoger, Ray Hanysh, Coach Bobbi Sandquist



Boskeifool Cits Sophon iore. Reanna Noel, Krista Shoeman, Jordan Sandquist, Kayla Ross, Maddison Thompson, Amber Heller ROW 2 Nicole Postel. Jenna Devins, Andi Cameron, Rachel Chapman, Julia Binnie, Emily Vos ROW 2 Coach Travis Busby, Coach Tim Power

Cartwright, Spencer 153, 194, 198, 210
Casciato, Rachel 166, 194, 209
Cashman, Kelsey 153
Cate, Joes 196
Catron, Cody 153, 206, 217
Champan, Daniel 123
Chan, Meanz 153
Chapman, Daniel 36, 66, 102, 135, 194, 195, 206, 216
Chapman, Rachel 46, 51, 91, 166, 197
Chen, Ally 153
Cherkas, Jayde 166, 214

Chesnut, Taylor 125, 153, 203, 212, 218
Christensen, Alyssa 153, 208
Christensen, Christy 100
Christensen, Colin 166, 173
Christensen, Danielle 208
Christensen, Sydney 166, 202
Christensen, Teri 177
Christensen, Zac 206
Christenson, Bethany 9, 82, 100, 101, 135, 205, 219, 221

Chesmore, Ashley 215 Chesmore, Courtney 215 Chesmore, Lauren 215



Boskethod Crist/Crstly, In Schmitt, Leslie Ware, Laura Hilby, Maggie Thilges. Lehel Lang, Spencer Lang Rel W 2 Loryn Reed, Katelyn Sunde, Tessa Fennimore, Katelyn Sunde, Tessa Fennimore, Katelyn Sonner, Coach Travis Browner, Coach Beth Ward, Leah Kron, Rachel Chapman, Jennifer Ross, Aleece Gustafson, Lauren Lund, Coach Rich Gradoville





Best Buckles: Molly Ghem, Trinity Zeiger, Tim Gerzema, ROW 2 Kelsey Bowen, Jacie Blunt, Spencer Cartwright, Kjirsten Van Pelt ROW 3 Danny Mohammad, Josh Sprinkle, Erik Andersen, Caleb Wagner, Keith Wiskerchien

Christenson, Shane 51, 166 Christiansen, Jessica 135 Christiansen, Kathleen 153 Christiansen, Rebecca 166 Christianson, Hailey 67, 154, 195 Christle, Tyler 166 Christopher, Hope 154 Chvi, Sherri 44, 166, 195, 205 Cigan, Ben 166, 194, 195, 219 Clabaugh, Jacob 123, 154, 163, 206, 216 Clabaugh, Reed 216 Claney, Hallie 166 Clark, Brittany 40, 135 Clarkson, Hannah 34, 135 Clay, Tim 44, 60, 67, 74, 135, 195, 209, 210 Clements, Austin 40, 166 Cleveland, Brad 135, 207 Cleveland, Sarah 208 Cline, Sue 46, 47, 68, 177 Clock, Amber 204, 217 Clock, Nathan 8, 55, 122, 123, 135, 206, 216 Cloyd, Meridith 135 Club, Book 198 Coakley, Courtney 7, 24, 40, 100, 101, 135, 205, 207



Book Cub: Kelsey Fiala, Erin Topper, Ryan Birmingham ROW 2 Charles Ellsworth, Shawna Polen, Sarah Engstrom



Coakley, Taylor 100, 205 Coaldrake, Justin 42, 166, 204 Coble, Austin 135 Coble, Chris 204 Coen, Jon 88, 166, 196, 206 Coenen, Chavee 166 Coffman, Ryan 55, 135 Coleman, Felicia 124, 125, 154, 204 Coleman, Kelly 177 College, Carlton 63 Collins, Kyle 17 Collison, Paige 216 Colvin, Jared 154 Conn. Dan 88, 89, 154, 197 Connelly, Hunter 14, 154 Connolly, Candice 203 Conrad, Alexander 135 Conrad, Aubrey 166, 208 Cook, Alyssa 154 Cook, Nik 59, 135 Coomes, Ryan 154, 159, 194, 195 Cooper, Austin 166, 206 Cooper, Becky 11, 38, 40, 135, 195, 210, 211, 217 Corak, Keo 204 Cordes, Lauren 74, 75, 135 Corron, Michael 166 Costello, Jordan 34, 42, 166 Coulson, Makayla 154, Coulter, Chloe 64, 65, 154, 205, 208, 211 Courtney, Matthew 24, 154, 219 Cox, David 123, 135, 144, 216 Cov, Allison 53 Crahan, Alexandria 154 Craig, Hannah 215 Crain, Steven 135 Crandell, Zoev 215



Bowng Britta Pohlman,
Anny Bowers, Linday Tosch,
Andrea Juergens ROW 2
Sarah Blank, Torey Robinson,
Erin Funk, Bailey Knapp,
Tim Blank, Jake Knappenstein
ROW 3 Mike Transl, Jordan
Thomson, Chris Wilkinson,
Alex Peichl, Jerrid Michener

Cresta, Angelo 166 Cresta, Natalie 154 Crist, Allie 9, 101 Cross, Laura 61, 65, 69, 166, 194, 203, 212 Cruzen, Paula 135, 199 Cruzen, Shelly 215 Cue, Dylan 53, 64, 69, 154, 194, 205, 208, 209

Cunningham, Lisa 166, 218

Cunningham, Natalie 21, 29, 79, 135, 142, 199, 200, 201, 210, 212, 214, 220 Curiel, Lindsey 216

Curtis, Cassie 55, 112, 124, 125, 166, 214, 217



Cheerleading Fill Sophornore: Kirsten Ingersoll, Karoline Johnson ROW 21 Jann III Souhrada, Meghan Batterson, Amanda Korkow, Rachel Scieszinski, Taylor Smith, Allison Rawls, Patricia Miller



D'Iapico, Dale 177 Danielson, Derek 154, 159 Danilson, Josh 135, 201, 212 Dankbar, Hannah 166, 209, 215 Dankbar, Rachel 135 Darland, Matt 216 Dautovic, Hanifa 36, 166 David, Prince 62 Davidson, Blake 215 Davidson, Justin 215 Davidson, Rex 14, 114, 135, 201, 210, 212, 215 Davis, Ben 219 Davis, Darin 80, 137, 196, 206 Davis, Megan 137, 140, 200, 212 Davis, Nick 34, 60, 137, 194, 195, 211 De Felice, Matthew 166 De Penning, Benjamin 166

Deal, Alicia 166, 216 Deal, Brittany 40, 154, 157, 194, 209, 210 Dearden, Sam 83, 137 Defrancisco, Matt 213 Delahmet, Nedim 166 Denny, Austin 86, 87, 196 Depenning, Dylan 213 Depenning, Nathan 216 Despenas, Alexa 154 DeSplinter, Timothy 137 Deumie, Emira 154, 194, 203 Devens, Jenna 77, 124, 125, 166, 197, 204, 217 Dewhurst, Nathan 137 Dhugga, Preet 65, 166, 194, 195, 208, 209 Dick, Charlie 154, 196 Dick, Jimmy 154, 206 Dicken, Zach 137, 212, 213 Dickerson, Kasandra 137 Dickerson, Kasi 195 Dickerson, Mat 122, 123, 128, 137, 206, 216, 219 Dickerson, Mindy 8, 77, 154, 219 Diekey, Kate 106, 107, 137, 195, 200, 208, 210, 217 Dickinson, Heather 137 Dickinson, Hunter 166 Diehl, Olivia 44, 166, 203, 212 Dierks, Justin 137, 213 Dingman, Andrea 154 Dizdarevie, Elvis 166, 213 Djurie, Nem 19 Djurie, Nemanja 154 Djuric, Olivera 166 Dockum, Kari 5, 9, 24, 72, 73, 80, 124, 125, 137, 207, 210. 217

Dolan, Marcus 166, 206, 213

Doherty, Lauren 98, 106, 107, 137, 204, 208

Doherty, Paige 166

Cheekeoch G Fol Land,
Natalie Cunningham. Cleek
Gorden ROW 2 Holly Kimble.
Deidre Spray, Lindsey Kiesling,
Jordan Skarphol, Alex Stanson.
Paula Cruzen ROW 3 Holly
Schunick, Shelby Brose. Hegan
Parker, Taylor Probst, Liburtney
Kimble, Staci Smith, Ley
Nelson, Allie Willmore, Nikki
Feaster, Bethany Houseakker





Cheerleading Winter
Sophomore: Taylor Smith,
Allison Rawls, Jessica Johnson,
Karoline Johnson ROW
2 Amanda Kombum, Libby
Elmitt. Meg ham Batterson,
Emity Kane

Dong, Luijuan 50 Dooley, Tony 128, 166, 171, 219 Dowdy, Nathan 154 Dowhan, Rachel 177



Eagles, Mitch 38, 39, 177, 217 Earles, Ashley 137 Eaves, Alyssa 204, 217 Eddinger, Michael 154 Eden, Tyler 49, 154 Eggers, Jake 16, 17, 154, 204 Egly, Brooke 154 Eikenberry, Emily 166, 195 Eittreim, Erie 166, 201, 212 Elaine, Ryan 81 Elliott, Ashlev 154 Elliott, Kathleen 166 Ellis, Breanna 154, 195, 201, 203, 212 Ellis, Mason 166 Ellis, Michael 137 Ellsworth, Charles 154, 198 Ellsworth, Ronald 137 Elming, Michael 89, 102, 137, 197, 206 Elmitt, Libby 13, 36, 95, 166, 200, 204, 211, 214, 217 Embrey, Leah 112, 124, 126, 127, 137, 210, 211, 214, 217, 218 Emehiser, Chris 19, 166 Emheiser, Jon 61, 137, 195 Emmerson, Hannah 83, 154, 208, 209, 219



Cheedecicing Winter Versity.
Holly Kimble, Shelby Brose, Amy Kruger, Ashley Hoogenakker, Mickey Greene, Taylor Probst, Jessica Rice, Courtney Kimble, Bethany Hoogenakker ROW 2 Alyssa Turnquist, Megan Davis, Kate Dickey, Amber Smith, Colby Lindsey, Natalie Cunning Landon Skarphol, Alex Swan on, Niki Feaster

Engblom, Nels 17, 73, 154, 204, 210
Engbloom, Charlie 216
Engstrom, Sarah 55, 74, 75, 154, 198, 208, 209, 211
Eppard, Lincoln 96, 97, 204, 216
Erb, Alex 53, 61, 66, 166, 194
Erbes, Neil 137, 194, 195
Erica, Eaves 195, 197, 199, 201, 203, 205, 207, 209, 211, 213, 215, 217, 210
Ericson, Eric 215
Erwine, Taylor 116, 117, 125, 166, 215, 217
Evans, Joe 137, 194, 195
Evans, Lexi 34, 208, 211

Evans, Nick 7, 12, 78, 115, 123, 166, 202, 206, 212, 215, 216



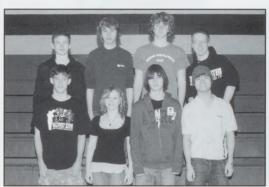
Fagen, Shawn 15, 17, 26, 33, 40, 137 Faley, Lois 177 Faley, Mike 11, 22, 46, 96, 154, 204, 216, 219 Farrell, Caitlin 137



Cheerleacing Wresting
Ashley Hoogenakker, Bethany
Hoogenakker, Kirsten Ingersoll
ROW 2 Alyssa Turnquist,
Megan Davis, Jessica Light,
Colby Lindsey



Feaster, Niki 94, 110, 154, 199, 200, 214 Fedorov, Yury 137 Fenimore, Tessa 27, 154, 197 Ferguson, Steph 116, 154, 215 Feriz, Azra 166, 215 Fiala, Kelsev 34, 166, 198 Fiedler, Madie 28, 33, 63, 137, 201 Fincher, Ben 53, 166, 213 Finley, Austin 166 Fish, Dustin 154, 206 Fish, Travis 167, 206 Fisher, Alex 215 Fisher, Kassie 167 Fisher, Trent 88, 89, 137, 197 Fleming, Alex 137 Fleming, Anne 44, 167, 203, 212 Foldes, Morgan 121, 167, 216, 218 Fondell, Mitch 88, 167, 196, 204 Forean, Vedrana 7, 48, 154, 218 Forrester, Jake 154 Fortney, Kassie 137, 148 Fortune, Russ 213 Foshe, Kenneth 154 Foster, Austin 215 Foster, Colin 215 Foster, Derek 89, 154, 197, 206 Foutch, Jake 204, 216 Fox, Katie 167, 203 Frakes, Adam 154, 213 Francois, Ryan 167, 194, 195 Frank, Jared 154 Franois, Ryan 96 Fredrickson, Lindsay 154, 195 Freeman, Morgan 142 Freese, Ben 167, 206, 216



Chess Cuto Daniel Rasmussen. Chelsea Nelson, Al Trainer. Andrew Young #OW2 Neal Herink, Eric Everett Bryn Start, Nathan Haller



Freese, Meridith 40, 168
Friesth, Michael 154, 201, 212
Frizzell, Jim 213
Fructis, Garnier 74
Fuller, Liz 41, 79, 99, 112, 137, 144, 201, 212
Funk, Erin 50, 82, 92, 106, 154, 198, 208, 219, 221
Furnish, Natasha 155, 163
Furrow, Derek 11, 78, 96, 97, 137, 204, 212, 213



Gabbert, Amanda 46, 83, 155, 219 Gagne, Cory 28, 68, 83, 139, 207, 209, 210, 214, 219, 221 Gagnon, Brittney 168 Gail, Chris 155, 206 Galang, Janelle 215 Galler, Ta-Aqua 155 Gamble, Courtney 139 Gambrel, Jessica 27, 132, 139 Gannon, Daniel 48 Gansemer, Amy 168 Gardiner, Tanner 60, 61, 168, 194, 195, 202, 208, 209, 212 Garland, Alex 31, 37, 53, 155, 203 Garlock, James 216 Gass, Ben 139, 216 Gates, Brian 122 Gearhart, Christopher 155 Gebard, Kaeleigh 33, 100, 155, 205 Gedden, Jessica 19, 155 Geels, Meredith 116, 117, 139, 201, 212, 215 Gehm, Austin 46, 156, 202, 212 Gehm, Molly 59, 139, 198 Gehrke, Lauren 168, 210

Chor Concert: Lauren Kacere. Natalie Cunningham, Ryan Bower, Lesley Tosch, Gabe Tovar, Julia Steggerda, Jenny Pray, Eric Eittreim, Jessica Pray, Stu-Leahy, Sam Jungman, Christian Maas, Allison Kane ROW 2 Brown Ellis, Rex Davidson, Molly Schuricht, Allie Moffit, Nick Hunster ler, Lindsay Limmons, Taylor Many, Shelby Brose, Michael Friesth, Ryan Campbell, Meredith Chels, Ryan Jones, Alison Blakely, Zac Stevens, Michelle Wallace, I King, Zach Swallow, Caroline By ROW 3 Jarrod Steen, Madie Ludler, Jacob Vanderploeg, Chris Citts, Betsy Pilkington, Lindsay Tosch, Matt Murray, Liz Fuller, Chris Clinc. Daniele Hudson, Clima Lundgren, Kody McCraeken, Lind Nagel, Rachel Spurgin, Claire Ottley-Chelsea Kumbera, Brad Halbersma, Chris Wilkinson, Audrey Henning, Ashley Williamson, Nate Johnson, Trista Woody, Josh Danielson. Ellie Sams, JR Gray





Georgick, Jessica 156 Gerdis, Lizzy 215 Gerke, Brianna 168 Gerzema, Tim 58, 59, 168, 198, 202 Gesiriech, Emma 168 Gesiriech, Liz 53, 156, 165 Gifford, Kyler 168, 202, 206, 212 Gilbert, Jared 168 Gillaspey, Adam 139, 206 Gillaspy, Kaleigh 156 Gillaspy, Loran 168 Gilmutdinov, Bogdan 33, 156 Githens, IV 216 Githens, Katie 139, 194, 208, 209, 216 Githens, Walter 168 Giudicessi, Averi 168, 205 Giusto, Alex 168, 212 Glenn, Cole 156 Goff, Charlie 130 Golightly, Andy 50 Gonner, Matt 168, 213 Good, Kristen 168, 203 Goodenow, Brent 104, 105, 139, 207, 210 Goodhue, Matt 156 Gorden, David 168 Gordon, Cicely 9, 139, 199, 210 Gordon, Cody 34, 42, 118, 139 Gordon, Dahlia 116, 215 Gordon, Troy 168, 206, 213 Gould, Kelsie 168 Gowdy, Joey 156, 196, 207 Gowdy, Josh 196 Grace, Mable 75 Gradoville, Rich 90, 178, 197 Graham, Madison 168

hor Mixed Atos: Ashlev Wright, Tiffany Song, Julia Manning, Gabrielle Liljedahl, Andrea Juergens, Joeelyn Kleinschmidt, Kaitlin Mason, Trinity Zeiger ROW 2 Stacie Smith, Emily Schwartz, Rachel Scieszinski, Courtney Sabus, Andrea Her, Allyson Mayer ROW3 Christina Andeweg, Kelly Mackey, Sydney Christensen, Emalie Johnson, Sammy Sellers, Brianna Ryan, Anna Tucker, Erica Tucker ROW 4 Amber Heller, Kayla Morris, Bailey Merritt, Anna Kurns, Olivia Pace. Makenzie McFarland, S. za Jungman, Courtney I pin, Hannah

Grapp, Alex 114, 168, 215 Grasso, Sam 21, 80, 102, 103, 139, 206 Gray, Annie 11, 112, 113, 156, 204, 214 Gray, John 130 Greene, Mickey 11, 94, 95, 156, 200, 217 Greenfield, Aric 156, 197, 204 Greenfield, Kendra 42, 100, 168, 203, 205, 212 Greig, Alex 15, 19, 168, 196, 206 Grieve, Alex 168, 204, 213 Grill, Alexander 168 Grill, Tanner 216 Griller, Master 10 Guard, Color 203 Guessford, Alexa 113, 156, 204, 211, 214 Gulleen, Kathryn 139, 194, 195 Gunn-Conner, Kyle 156 Gustafson, Aleece 91, 112, 113, 120, 139, 197, 210, 214, 215, 216 Gusto, Alex 122 Guthrie, Stephanie 178 Guver, Zach 102, 139, 206 Gyllenhaal, Jake 163



Haas, Christian 12, 26, 156, 201, 212 Hacelton, Colin 42 Haden, Trevor 97, 108, 139, 196, 204, 213 Haefele, Doug 139, 194, 216 Hagerla, Brad 216 Haight, Wendy 79 Haines, James 168, 206



Chei Mixed Bays. Nate Jorgenson, Timorhy Gerzma, Caleb Wagner, Steven Williams. Niek Exans, Tyler Knepper Row 2 Neal Herinek.
Timner Gardiner. Ben VanderPloege. Niek Overton: Alax Schulz. Scott Monroe. James Sevenich. Henry Prager Row 3 Cody Walkup. Kyler Gifford. Mat. Rose, Austin Gehm, Andrew McGren, Jacob Baird, Nate Ostiguy. Sinn Reed, Hemra Kakaliyev Row 4 James Manson, Micheal Carlson. John Timple, Nate McGinley, Jordan Thompson. Nathan Prager. Riley Johnson, Eric Oatts





Haines, Kassidy 168 Halbersma, Brad 52, 61, 139, 194, 195, 201, 210 Halbur, Chelsie 39, 168 Haler, Caitlin 156 Hall, John 44, 156, 194, 195, 208, 209, 217 Haller, Jamison 139 Halterman, Andrew 168 Hamilton, Randy 156 Hamilton, Ruth 54, 178 Hammans, Kathy 178 Han, Kevin 44 Han, Sam 74, 77, 139, 216 Hana, MeKenzie 139 Handel, Jordan 19, 97, 139, 195, 204 Handel, Justin 33, 168, 213 Hankins, Megan 68, 139 Hansen, Jena 100, 168, 205 Hansen, Josh 153, 156, 202 Hanson, Kyle 8, 102, 103, 139 Hanysh, Ray 197 Harken, Brandon 168 Harm, Ryan 139 Harney, Chris 46, 156 Harney, Whitney 168 Harris, Ashley 168 Harris, Sagen 168 Hart, Cameron 156 Hartfield, Ashley 168 Hartsook, Austin 139, 196, 211 Hartsook, Blake 42, 102, 168, 206 Hatfield, Duane 103, 156, 206, 219 Haugland, Morgan 156, 165 Hauser, Kristine 83 Hawks, Alex 124, 204, 214, 217 Hay, Merle 153 Hazelton, Colin 16, 51, 139

Char Mixed Sorpranos: Jacie Blunt, Emira Deumic, Molly Hoffman, Kiera Morrill, Abby Burch, Courtney King, Karaline Johnson, Taylor Chestnut ROW 2 Leah Kacere, Alex Garland, Susanna Saradeth, Deidre Spray, Allison Rawls, Becky Scott, Shay Miller, Allison Randolph, Lindsey Rasmussen ROW 3 Jenny Spaulding, Katie Zimmer, Katie Fox. Kala Pfunda Jar. Marissa Broich, Courtney Leinbring. Anne Fleming, Laura Cruis, Nicole Jaschen ROW 4 Hailey Petersma.
Kayla Schuster, Brima Pohlman. Kristen Good, Build Knapp, Cara Blackford, Candice Connolly, Kendra Greenfield, Olivia Diehl. Alex McPherren, Taga Swigart

Heidbreder, Jessica 178 Heil, Jake 33, 156, 194, 206, 213 Heinicke, Ella 36, 168, 218 Heiny, Jon 88 Heldt, Danny 60, 118, 139, 194, 216 Helgeson, Adam 65, 69, 74, 81, 156, 194, 214 Heller, Amber 168, 195, 197, 202 Heller, Nathan 139, 201 Hellmer, Shelby 51, 168 Helmer, David 19, 80, 139 Helscher, Luke 130 Hennes, Pat 41, 98, 204 Henning, Audrey 52, 69, 100, 141, 201, 212 Heren, Scott 215 Herink, Neal 96, 156, 194, 201, 202, 204, 205, 108, 209 Herman, Ben 9, 178 Hernandez, Keith 168 Hetherton, Mitzi 216 Heyer, Josh 178, 196 Hiel, Jake 195 Highfill, Jake 8, 22, 55, 138, 206 Highfill, Kara 116, 117, 168, 215 Hilby, Laura 28, 36, 91, 98, 125, 141, 148, 197, 204, 210, 217 Hill, Christopher 141 Himes, Joshua 168 Hincheliff, Tom 129, 156, 219 Hinkle, Katie 168 Hinkle, Nick 141, 206 Hirst, Cullen 51, 115, 141, 204, 215 Hirst, Soren 6, 96, 141, 204, 215 Hjelmaas, Alex 216 Hjelmaas, Ben 17, 27, 53, 122, 123, 156, 195, 206, 211, 216 Hjelmaas, Jacob 216 Hodzie, Abdulah 156 Hodzie, Advina 156



Hodzie, Almedina 156

Color Cucret Britta Pohlman, Kylie Kinsey, Christic Sitzer, Taylor Probst, Michelle Wallace ROW 2 Danielle Hudson, Leah Peterson, Breanna Ellis, Ashley Willamson, Julia Breggerda





Hodzie, Asif 168 Hoellein, Justin 156, 196, 206 Hoffmann, Molly 156, 203, 211 Holbert, Ashlee 98 Hollingsworth, Gerald 178 Holt, Jonathan 141, 206, 216 Honold, Joseph 156 Hoobin, Nicholas 168 Hoogenakker, Ashlev 49, 156, 200 Hoogenakker, Beth 79, 168, 200 Horstman, Victoria 204 Houbetz, Jennifer 178 Houge, Anthony 16 Houp, Andrew 141 Houp, Jon 204, 216 Howard, Trevor 215 Howe, Kristen 107, 208 Howe, Sara 178 Hoyt, Anthony 206 Hu, Kevin 168, 194, 208, 209, 216 Hudson, Danielle 141, 194, 201, 203, 210, 212 Huebbe, Joe 55, 178 Huettman, Brittany 156 Hughes, Allison 141 Hughes, Ally 210 Huisman, Noah 80 Hukee, Bruce 26, 28, 29, 70 Hulbert, Ashlee 204 Hull, Katie 156 Hummel, Andy 15, 18, 141, 217, 219 Hummel, Michelle 214 Hunsberger, Nick 12, 13, 62, 103, 141, 201, 206, 212 Hunting, Stephanie 156 Huntsman, Brooke 156 Hurm, Sarah 39, 168, 177

cross Country Boys; Mare Phies, Neal Herink, Kelle Marsh, Camron Pearson Hemra Kakaliyev, Eric Lekwa, Jon Houp, Micheal Knoedel Jake Foutch, Chris Coble, Drew Jackson, Lincoln Eppard ROW 2 Fred Shen, Alex Richards, Grant Jacobson, Soren Hirst, Aric Greenfield. Kala Slavers, Steven Ostiguy, Charles Schoper, Charlie Thuents. Cullen Hirst, Ryan Trevor Haden, Blake Johnson ROW 3 Stephen Shaffer, Alfred Norte, Alex Bumpur Justin Coaldrake, Mike Ingersoll, Ross 168, 213 Faley, Derek Furrow, Jeremy Mullen, Hank Mandsager, Matt Knoedel, Collin Schares, Thomas Thatcher, Rvan Bower, Austin Jensen ROW 4 Coach Dave Beason, Alex Grieve, Lucas Dunshee, Ben Jacobson, Jake Perington, Mitch Fondell, Jordan Handel, Fred Zhao, Nate Ostiguy, Nels Engblom, Jake Eggers, Phil Mortens, James Beevar, Coach Par Mattingly



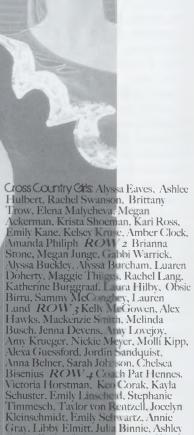
Idleman, Griffin 168, 217 Iler, Addie 211 Her, Andrea 40, 168, 202, 212 Ingersoll, Katelyn 25, 54, 76, 141, 221 Ingersoll, Kirsten 168, 199, 200 Irvin, Arica 156 Ites, Sayli 141 Ivankovich, Stephanie 14, 73, 156, 210 Izer, Nikki 168



Jackson, Drew 96, 129, 204, 213, 219 Jacobs, Hillary 215 Jacobsen, Alex 33, 169, 196, 207 Jacobson, Ben 97, 169, 178, 196, 204 Jacobson, Derek 216 Jacobson, Grant 96, 97, 122, 123, 141, 204, 216 Janes, Hannah 125, 156 Jansen, Dayna 110, 169, 214 Jaschen, Nicole 156, 203 Jauron, Jason 3, 28, 178 Jayatilleka, Senuri 52, 156, 194, 195,











Donce Teorry Jena Hansen. Hayley McDonald, Kacleigh Gebard, Averi Giudicessi ROW 2 Courtney Aldridge, Taylor Coakley, Kendra Greenfield, Ashley Brown ROW 3 Courtney Cankley, Alyssa Buckley, Bethany Christenson

Jensen, Andy 215 Jensen, Austin 96, 156, 204 Jensen, Zach 11, 156, 213, 219 Jergens, Jenna 156 Jewell, Reid 86, 141 Johancevic, Alma 200 Johanik, Alex 156 Johanik, Jacob 141 Johanson, Ryan 169, 204, 216 Johns, Amanda 67, 156, 195 Johnson, Blake 115, 169, 204, 215 Johnson, Brady 16, 141 Johnson, Bryce 33, 156, 169, 196 Johnson, Emalie 169, 202, 218 Johnson, Gunner 216 Johnson, Haley 156, 210, 211 Johnson, Jessica 94, 169, 200, 214 Johnson, Karaline 9, 170, 200, 203 Johnson, Kelsea 156 Johnson, Kevin 170, 196 Johnson, Marie 178 Johnson, Maryann 178 Johnson, Melissa 178



Debote Teart: Chloe Doulter, Sherri Chvi, Samantha Meyer ROW 2 Christina Bodeweg, Nathan Prager, Nate Jongensen, Margaret Taylor



Drumbe: Chelsea Nelson, Kylie Kinsey, Neal Herink, Ariel Landwehr ROW 2 Eric Everett, Olivia Pace, Ethan Nutter, Dylan Cue

Johnson, Nate 155, 156, 194, 201, 212 Johnson, Riley 78, 170, 202, 206, 212, 216 Johnson, Sara 36, 170 Johnson, Taylor 156 Johsson, Riley 123 Jones, Lance 170 Jones, Ryan 201, 212, 214 Jones, Thomas 157 Jorgensen, Nate 170, 194, 202, 205, 212 Joslin, Allyson 141 Jovancevic, Alma 157 Juarez-Connolly, Candice 141 Juergens, Andrea 170, 198, 202 Junge, Megan 99, 141 Jungman, Sam 157, 201, 212, 218 Jungman, Sarah 170, 202



Katasovic, Harris 216

Kearney, Patrick 60, 61, 67, 178

Kacere, Lauren 24, 40, 75, 141, 201, 211, 212
Kacere, Leah 170, 203, 212
Kacmarynski, Michael 206
Kacmarynski, Thomas 170
Kadive, Caroline 215
Kakaliyev, Hemra 20, 44, 96, 115, 141, 202, 204, 215
Kanauss, Joseph 141
Kane, Allison 9, 79, 157, 201, 210, 212
Kane, Emily 42, 44, 170, 200, 204, 208
Kane, Jason 215
Kanwischer, Garret 216
Karamanlis, Matt 114, 215





Keller, Laura 157 Kellog, Eliza 215 Kellogg, Megan 82, 170 Kem, Alex 100 Kendall, Zachary 141 Kiesling, Lindsey 94, 141, 199 Kightlighter, Justin 157 Kightlinger, Kayla 157 Kimball, Holly 157 Kimble, Courtney 94, 170, 199, 200 Kimble, Holly 199, 200 Kimrey, Hannah 141 Kinder, Jerry 178 King, Cortney 76, 78, 170, 203, 211, 212 King, Leah 63, 158, 201, 212 Kinsey, Austin 213 Kinsey, Colleen 141, 146, 207, 216 Kinsey, Kylie 27, 42, 74, 75, 117, 170, 195, 203, 205, 207, 211, 215 Kintz, Maddie 158, 216 Kipp, Molli 98, 125, 158, 204, 217 Kirchner, John 158 Kirkman, Michael 158 Kitchen, Ryan 215, 216 Kleinschmidt, Joeelyn 99, 170, 202, 204 Kline, Mike 213 Klopfenstein, Alex 141, 142 Klopfenstein, Jacob 92, 123, 170, 198, 206 Knapp, Anthony 158 Knapp, Bailey 92, 170, 198, 203 Knauss, Joey 49 Knee, Alex 170, 194, 206, 209 Knepper, Tyler 36, 170, 202 Kness, Cali 46, 158 Kness, Carson 141

-cotbal Sophomore: Trov Gordon, James Tran, Jarod Beamen, Blake Skartvedt, Alex Recker, Alex Greig, Blake Hartsook ROW 2 Kirby Singleton, Derek Temple, LJ Amick, Nick Evans, Jordan Thompson, Kyler Gifford. Fommy Larson, IV Githens ROW 3 Tyler Patten, Chad Weirich, Austin Cooper, Jacob Wood, Brandon Neely, Jon Coen, Ryan Quesnell ROW 4 Mitch McCarl, Garrett Acuna. Ben Freese, Travis Merritt. Jacob Klopfenstein, Michael Kaemarynski, John Temple. Karter Kunze ROW 5 Jack Nielson, Mareus Dolan, James Sevenich, Petros Vardaxis, Alex Knee, Alex Peichl, Riley Johnson. Nick Tucker ROW 6 Michael Stoecker, James Haines, Travis Fish, Derek Buehholz, Andrew McCrea, Mark Levine, James Neely, Anthony Hoyt ROW -Coach Brian Vaughan, Coach Zae Christensen

Knight, Ben 41, 120, 178, 216 Knoedal, Matt 170, 175, 194, 204 Knoedel, Micheal 201 Knuth, Taylor 2, 15, 40, 51, 127, 158, 218 Knuth, Tory 22, 91, 126, 127, 197, 218 Koduvalli, Madhu 116, 117, 158, 215 Koethe, Aaron 158 Koethe, Allysa 170 Kolubdzie, Venisa 42, 158 Koob, Angela 43, 178, 179 Korkow, Amanda 55, 120, 170, 199, 200, 216 Kothe, Alyssa 51 Kottke, Anthony 114, 215 Kottke, Lara 215 Koughn, Jesse 158 Kraber, John 206 Kramer, Alex 216 Kramer, Kallen 39, 49, 170, 210, 212 Kramer, Kelsey 215 Krause, Shayla 141 Krebs, Susan 178 Kreinbring, Courtney 170, 203 Kretzinger, Matthew 27, 158, 207 Kron, Leah 7, 9, 22, 28,77, 82, 83, 141, 197, 211, 219 Krueger, Jon 83, 158, 208, 216, 219 Kruger, Amy 53, 94, 124, 125, 158, 200, 204, 217 Kruger, Craig 196 Kruger, Jon 65 Kruse, Brad 105, 170, 207, 216 Kruse, Kelsey 204 Krutsinger, Matt 46 Krzyzak, Alana 170 Ksiazek, Brent 206 Kubie, Bryce 2



Footbell Vorsity. Adam Gillaspey. Nathan Clark, Taylor Young, Sam Grasso, Troy DuBay, Dan Chapman, Zach Guyer ROW 2 Jake Highfill, Nick Hinkle, Darin Davis. Pat Shockey, James Stone, Kyle Hanson, Zach Larimer, Josh South ROW 3 Cody Catron. Ke ton Schuck, Justin Amiek, Tyler Kubik. Ben Hjelmaas, Lee Yocum. Derck Foster. Matt Temple, Frank Niu ROW 4 Chris Durand, John Puffett, Brandon Soda, Derek Rollin, Thomas Lashier, Justin Hoellein, Josiah South, Jacob Clabaugh, Michael Elming, Ryan McCauley ROW 5 John Krubar, Kyle Schares, Eric Walter, Dustin Fish. Mat Dickerson, Jonathan Holt. Chris Gail, Nick Hunsberger, Brock Mills ROW 6Ja ed Alfred, Hunter Warne, Max Bratrud. Gir Larpenter, Nick Bass, Josh Camos, Heil, Jordan Wilson, Zash Tucker, Ryan Alfred ROW 7 Alan Nagel, Coach Rod W. bers, Coach Joe Woodley, Coach Brent Kslazek, Coach Brian Lutter, Goach Brian Woodley, Coach Mark Tegels, Coach Zac Christensen, Coach Brian Vaurhan, Coach Jeff South ROW 8 Adam Bengley, Michael Lunn, Bruce Agurries, Jake Brumgartner. Amon Shultz, Jonathan Nelson, Travis Merritt Duane Hatfield, Jimmy Dick, Cody McDaniel ROW o Chris Sorbka, Nai Stiles.



Kubik, Tyler 39, 89, 158, 196, 197, 206 Kucera, Catherine 143 Kuemper, Carroll 128 Kumar, Ananya 216 Kumar, Monisha 170

Kumbera, Chelsea 70, 126, 143, 201, 210, 212, 218

Kunze, Karter 170, 206 Kunze, Korey 67, 158 Kunze, Kristy 170

Kurns, Anna 48, 63, 76, 81, 117, 158, 202, 215

Kuster, Emily 112, 113, 214 Kyllonen, Nikki 81, 170, 206



LaFavette, Hunter 213 Lakers, Joseph 158 Lam, Phap 46, 143 Lambson, Ashley 215 Landwehr, Ariel 28, 143, 205, 210, 211, 214 Landwehr, Laureea 158, 195, 208 Lane, Kim 94 Lang, Candy 170 Lang, Dylan 170 Lang, Kevin 170 Lang, Rachel 7, 77, 90, 91, 120, 143, 197, 204, 210, 216 Lang, Spencer 158, 197 Lappin, Courtney 170, 202 Lappin, Tara 143 Larimer, Zach 123, 143, 206, 216 Larkin, Caitlin 77, 81, 143, 219



French Cutx K. in Dockum, Colleen Kinse, F. lie Kinsey, Ariel Landwe in ROW 2 Jordan Van E. J. Maddie Fiedler, Brian J. Stone, Cox Gagne, Court J. Coakley



Of Boys, Mark Anderson.
Dain Opland, Miles Summa.
Tyler Waltz, Nish Smith, Joey
Gowdy, Brad Clayeland, Jared
Walahoski, Brent Goodenow,
Hunter Beek, Mutt Louder
ROW 2 Mike Havin, Ben
Seieszinski, Brad Kruse, Kory
Plagge, Cody Walkup, Shaun
McGown, Alex Jacobsen,
Justin L. Cormick Matt
Kretzim er, Mike Traxel

Larkin, Caleb 170 Larkin, Curt 3, 27, 178 Larpenter, Greg 39, 86, 158, 196, 206 Larsen, Rvan 213 Larson, Daniel 143 Larson, Molly 143 Larson, Tommy 122, 170, 196, 206, 216 Lashier, Katie 214 Lashier, Thomas 12, 13, 21, 72, 88, 89, 143, 197, 206, 211 Lau, Sean 170 Lawyer, Remington 143 Lay, Ryan 108, 213 Leahy, Stuart 143, 201, 212 Lechtenberg, Kate 178 Lee, Katie 116, 215 Lee, Spencer 213 Lee, Tara 215 Lekwa, Eric 143, 204 Lenaghan, Devyn 158 Lenz, Ashley 20, 218 Lenz, Cody 46, 64, 75, 81, 158, 161, 195, 208, 211 Leslie, Dalton 213 Leslie, Stroh 44, 143 Levine, Mark 170, 206, 216 Lewis, Krystal 158 Lewis, Thad 60 Levsens, Isabelle 143 Li, Tina 49, 153, 158 Light, James 158 Light, Jessica 200 Ligouri, Nick 27, 143 Line, Halil 170 Liljedahl, Gabrielle 26, 125, 170, 202, 211, 212, 217 Linde, Kim 215 Lindroth, Mary 170

Lindsey, Alexandra 170

Lindsey, Kirstie 170

Lindsey, Colby 22, 126, 127, 143, 200, 218





Linscheid, Emily 204 Lippincott, Bryan 28, 73, 80, 86, 87, 143, 196 Lippincott, Keith 196 Lipscomb, LJ 216 Liu. Lin 158 Lloyd, Christian 170 Lloyd, Kyle 46, 143 Long, Brittany 42, 158 Louder, Matt 207 Lovejov, Amy 80, 81, 98, 158, 204, 209, 210, 214 Lovejov, Andy 216 Lovett, Gus 38, 143 Lowder, Matt 49, 105, 143 Lower, Rvan 170, 210 Luksetich, Meredith 116, 117, 158, 215 Lunceford, Todd 219 Lund, Lauren 7, 21, 40, 71, 90, 91, 120, 121, 143, 197. 204, 200, 210, 211, 216 Lundgren, Ciera 33, 49, 62, 79, 82, 143, 201, 210, 211, 212, 210 Lundstrom-Yurdin, Evan 35, 170, 194, 217

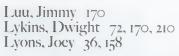


Lunn, Michael 16, 80, 143, 206, 210, 211, 214, 216

Luster, Steven 143 Lutter, Brian 206, 219

CSA Chl. Coulter, Bailey
Petersm. Heidi Bibler, Cody
Lenz, C. Nelson, Laureca
Landwell. Katie Bonnie ROW
2 Sarah Preet
Dhugga, Kelsey Bowen, Hannah
Emmers Neal Herink, Dylan
Cue ROW3 John Hall, Caleb
Wagner, Ethan Nutter, Jon
Krueger, Eric Everett

Christensen, Ashley Williamson,
Melinda Busch, Taylor Von Retzel,
Meredith Freese, Aubrey Conrad
ROW 2 Olivia Schiefelbeln, Kate
Dickey, Nikki Sullivan, Kristen Waite,
Erin Funk, Jordin Robinson, Sarah
Cleveland ROW 2 Emily Kane.
Leuren Doherty, Brianne Vestlake,
Lesley Tosch, Taylor ProLuren Doherty, Brianne Vestlake,
Brittany
Tompson ROW 4 Coach Dan Borich,
Mactenzie Smith, Brennan Winger,
Kristen Howe, Brittany Borup, Margret
Brimeyer, Danielle Christer en, Coach
Vikki Borich





Mackey, Kelly 158, 202, 215
Mackey, Lauren 58, 59
Mahanna, Matthew 170
Maher, Nick 215
Malycheva, Yelena 76, 99, 158
Mandsager, Hank 204, 213, 215
Mandsager, Maddie 116, 170, 194, 214, 215
Manning, Julia 25, 42, 63, 73, 81, 116, 170, 202, 210, 212, 214, 215
Manson, James 170, 202
Manuel, Garret 158
Markland, Sasha 170
Marsden, James 179
Marsh, Kelle 204
Marshall, Brittany 158

Martinson, Jessica 158

Marshall, Jake 15

JEIS Kevin Hu, Katie Githens, David Zhang, Fred Zhao, Joseph Payne ROW 2 Mike Traxel, Kevin Shi, Huzzaifa Mohammad Benjamin Mulaosmanovic, Tanner Gardiner

Martz, Taylor 158, 201, 212
Mason, Kaitlin 171, 202
Mathew, Whitney 158
Matthiesen, Ashley 143
Mattingly, Pat 122, 178, 204
Mayer, Allyson 63, 158, 202, 212
McBride, Brandon 92, 213
McCarl, Mitch 206, 213
McCauley, Ryan 86, 87, 103, 143, 196, 206
McClain, Josh 143
McClanahan, Jessica 158





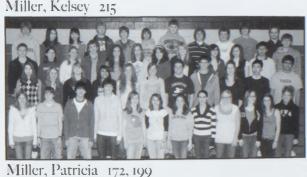
Junior Senior Board: Michelle Wallace, Lauren Lund, Josh Camos, Colleen Shannon Row 2 Shawna Polen, Cory Gagne

McClure, Bryce 143 McCombs, Chelsea 143 McCone, Sammy 27 McConeghey, Sammy 14, 37, 49, 98, 143, 204, 210 McCool, Conner 215, 216 McCormick, Justin 158, 207 McCracken, Cody 194 McCracken, Kody 171, 201, 212, 214 McCracken, Kory 143, 219 McCravy, Sue 58, 59, 178 McCrea, Andrew 39, 53, 171, 202, 206, 212, 219 McCualey, Ryan 102 McCulley, Tara 7, 32, 158, 214 McDanniel, Cody 158 McDermott, James 219 McDonald, Hayley 100, 158, 205 McDowell, William 55, 171 McFarland, Makenzie 92, 158, 202 McGill, Dave 45 McGinley, Nate 40, 158, 202 McGowan, Kelly 217 McGowan, Sean 104, 171, 196, 207 McGowen, Kelly 204 McGrew, Allison 145



Knowedge Bowl Kevin Shi. David Zhang, Amra Beganovic, Brittany Deal, Senuri Jayatilleka, Nicolette Ward, Katie Githens, Dylan Cue ROW 2 Tim Clay, Huzzaifa Mohammad, Neal Herink, Zac Stevens, Azra Beganovic, Frank Niu, Benjamin Mulaosmanovic ROW 3 Sam Parker, Chris Cline, Petros Vardaxis, Eric Everett, John Hall, Bryn Start, Ethan Nutter

Mellhon, Jack 145 McKeighan, Alexandra 171 McKeon, Carrick 215 McKeon, Kevin 215 McKracken, Kory II McMillan, Leah 158 McPherren, Alex 158, 203 McWherter, Mandy 138, 145, 214 Meek, Andrew 171 Meek, Brad 158, 213 Meier, Amanda 171 Mellinger, Molly 33, 158 Meng, Emily 120, 158, 216 Menke, Kt 58, 59, 178 Merical, Todd 112, 113 Merrick, Matthew 172 Merritt, Bailey 172, 202 Merritt, Travis 172, 206 Meyer, Aaron 37, 158 Meyer, Nickie 80, 124, 125, 158, 204, 217 Meyer, Samantha 159, 205 Michener, Jerrid 92, 159, 198 Miller, Courtney 145



Miller, Paul 75
Miller, Shaun 42, 159, 196
Miller, Shay 172, 203
Mills, Brock 123, 159, 206, 216
Minard, Chad 16
Minor, JT 51, 60, 118, 119, 159, 195, 216
Minton, Mike 53, 145
Mitchell, Kelsey 27, 159
Moc, Logan 216
Moermond, Mary 51
Moffitt, Alle 14, 63, 78, 145, 201, 212
Mohammad, Danny 198
Mohammad, Huzzaifa 46, 159, 194, 208, 209



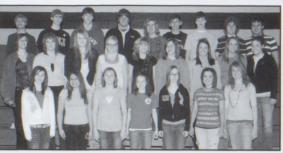
Mock Triot Amy Bower, Matthew Knoedel, Kevin Hu, Tanner Gardiner, Bailey Petersma. Rachel Casciato, Mig Wallace, Cory Gagne, Amy Lovey, Brittany Deal, Nikki Ward, Trista Woody **ROW** 2 Charlotte Dutcher, Catherine Caracci. Betsy Pilkington, Preet Dhum, Alha Johancevic, Katherine II rggraaf, Alan Nagel, Brandon Soda, Katie Githens, David Zhang, Huzzaifa Mohammad RQW 3 Neal Herink, Sarah Engstrom. Rad H Binner, Joe Payne, Jerra Ca Pray. Hannah Dankbar, Julia Samuri da, Torey Robinson, Hannah Emmerson, Amra Beganovic, Kevin Shi. Tucker Vasey ROW 4 Daniel Ratekin Azra Beganovic, Yiming Qin, Ethan Numer, Zac Stevens, Kyle Sover, Alex Knee, Philip Mortens, Tim Clay, Ben Muloasmanovic, Dylan Cue





NO/L: Michelle Wallace, Rachel Lang, Leslie Ware, Laura Hilby, Lauren Lund ROW 2 Cory Gagne, Kaitlyn O'Toole, Natalic Cunningham, Rex Davidson, Jenny Pray, Julia Stegg

Monroe, Scott 27, 172, 202, 210, 216 Monson, Greg 115, 172, 215 Moore, Sarah 178 Morales, Amber 44, 159 Morgan-McIntosh, Shea 145 Morrill, Kiera 172, 203, 210, 212 Morris, Kayla 172, 202 Morrisey, Tommy 213 Morrow, Austin 172 Mortens, Phil 14, 24, 123, 172, 204 Muhammed, Muhammed 20, 145, 213 Mulaosmanovie, Ben 96, 145, 209 Mullen, Jeremy 49, 76, 78, 80, 108, 160, 204, 213 Multani, Maneet 160 Mun, James 172 Muranovic, Armin 172 Muratovie, Ernad 108, 160, 213 Murray, Matt 201 Murray, Matthew 160, 212 Muscovitz, Heather 145



Newspaper. Kiera Morrill, Sephanie Ivankovich, Kari Dockum. Allison Kane, Brittany Deal, Cicely Gordon, Jenna Willson ROW 2 Shawna Polen, Lauren Proffitt, Torey Robinson, Amy Lovejov, Kullen Kramer. Lauren Gehrke, Caroline Byrd, Haley Johnson, Julia Manning ROW 3 Erik Anderson. Scott Monroe, Lee Yocam, Michael Eunn, Jordan Van Essen, Ben Vander Ploeg, Nels Engblom, Phillip Mortens, Dwight Lykins





Nadarevie, Ajdin 160 Nagel, Alan 9, 27, 69, 114, 160, 194, 201, 206, 209, 212, 215 Nagel, Claire 28, 66 Neely, Brandon 43, 172, 206 Neely, James 172, 196, 206 Neilsen, Kate 90 Nelson, Abbey 155, 160, 199 Nelson, Chelsea 64, 72, 160, 201, 205, 208, 211 Nelson, Diane 178 Nelson, Jared 172, 213 Nelson, Jonathan 86, 102, 221 Nelson, Laura 160 Nelson, Matthew 172 Ness, Michelle 13, 160, 218 Newberry, Guy 16, 172 Nicholson, Deb 178 Nielsen, Jackson 172 Nielsen, Kate 15, 91, 110, 126, 160, 197, 214 Nielson, Jack 206 Nikolai, Mariette 178 Nims, Beeka 215 Niu, Frank 160, 194, 206, 209, 211 Nixson, Kristina 36, 172, 196, 219 Noel, Reanna 33, 172, 197 Norelius, Maddie 160, 216 Norris, Eric 145 Norris, Katie 145, Norte, Alfred 34, 123, 160, 204, 216 Nui, Frank 219



Nutter, Ethan 160, 194, 195, 205, 208, 209

Nymeyer, Emily 178

NHS Steven Ostiguy, Tyler Wengert, Kari Dockum, Michelle Wallace, Abby Weaver, Cierra Lundgen. Rachael Lang, Aleece Gustalson, Lesile Ware, Cory Gagne, Laura Hilby, Lauren Lund ROW 2 Danielle Hudson, Ally Hughes, Holly VonFumetti, Sammy McConeghay, Taylor Bryant, Alex Swanson, Ariel Landwehr, Jenny Pray, Julia Steggerta ROW 3 David Zhang, Fred Zhao, Rex Davidson, Rachael Binner, Kaitlyn O'Toole, Leah Embrey, Becky Cooper, Brianna Stone, Rachael Stanley, Kate Dickey ROW 4 Spencer Cartwright, Tim Clay, Ian Beck Cross. Jared Walahoski, Brent Goodenow, Brad Halbersma, Chelsca Kumbera, Jenna Willson, Renec Pike, Cody Zoss, Amy Phillips, Gabbi Warrick



O'Brien, Jordan 172 O'Keefe, Carly 44, 53, 172, 173, 211, 214 O'Toole, Kaitlyn 145, 210, 214 Oatts, Chris 19, 167, 172, 195, 201 Oatts, Dick 60 Oatts, Eric 19, 60, 61, 67, 172, 195, 202, 211 Oatts, Jack 60 Oatts, Jeff 172, 194, 195 Oatts, Jim 60 Ohnemus, Amy 35, 39, 178 Olguin, Eric 132, 145 Olguin, Norah 42, 178 Olsasky, Shawn 172 Omenda, Kevin 172 Opland, Dain 105, 160, 196, 207 Opland, Dirk 213 Osborne, Jordan 160 Ostiguy, Nate 13, 96, 172, 202, 204, 212 Ostiguy, Steven 145, 204, 210 Ottley, Claire 53, 171, 172, 201, 212 Otto, Kaysha 160 Overton, Nick 93, 160, 202 Ovibo, Rachel 215



Pace, Meredith 160, 218 Pace, Olivia 62, 116, 172, 202, 205, 215



Pay, Nikki Ward, Kiley Kinsey, Heidi Bibler, Chelsea Nelson ROW 2 Brock Zenar, Sarah Engstrom, Lauren Kacera Ryan Birmingham, Julia Steggerda ROW 3 Lrie Anderson, Jordan Van Essen, Cody Lenz



Paine, Joe 194 Palmer, Anthony 172 Palmer, Hannah 172, 202 Palmer, Matthew 145 Palmer, Rvan 118, 119, 145, 216 Parekh, Nilam 178 Pargulski, Jennifer 160 Parker, Megan 35, 46, 55, 172, 199 Parker, Sam 7, 160, 194, 209, 213 Partridge, Briana 34, 172 Paszkiewicz, Amanda 126, 160 Patten, Alyssa 7, 49, 145 Patten, Phil 22, 145 Patten, Tyler 123, 172, 206, 216 Paulson, Adam 178 Pavelka, Joseph 196 Payne, Andrew 145 Payne, Joe 172, 208, 209 Pearson, Camron 204 Peichl, Alex 123, 172, 198, 206 Perington, Jake 96, 172, 204, 213 Perkins, Dylan 172 Perkins, Joseph 160 Pessolano, Gina 160 Peters, Laressa 53, 160 Petersma, Bailey 172, 194, 195, 203, 208, 209, 212 Peterson, Leah 60, 61, 160, 195, 203, 218 Pezzetti, Jerry 103 Pfundheller, Jacob 86, 196 Pfundheller, Kala 172, 203 Philiph, Amanda 39, 98, 125, 172, 204, 217 Phillips, Amy 145, 210 Pierce, Austin 145 Pierce, Krysten 34, 160

Pierotti, Nie 216, 219 Pietz, Kyler 16 SAL Dan Scannell, Ariel Landwehr, Erin Topper, Senuri Jayatilleka, Courtney King, Addie Her, Josh Camos, Chloe Coulter ROW 2 Molly Hoffman. Rence Pike, Frank Niu, Lexi Evans, Trista Woody, Sarah Engstrom, Caroline Byrd, Jessiea Worley, Kerri Dreibelbeis. Becky Cooper ROW3 Chelsea Berry, Leah Kron, Thomas Lashier, Jeff Bast. Veronica Roshek, Gabrielle Laljedahl, Colleen Shannon, Carly O'Keefe, Alexa Guessford, Leah Embrey ROW 4 Austin Hartsook, Paul Adams, Ben Hjelmaas, Burum, McConeghey, Ciera Lundgren, Brianna Stone, Leslie Ware. Amanda Paszkiewicz, Haley Johnson ROW 5 Nick Davis, Michael Lunn. Nathan B. Maggie Thilges, Lauren Lund, Lilly Elmitt, Eric Oatts, Joshua Wenndt





Pike, Carli 145 Pike, Renee 7, 39, 77, 145, 210, 211, 217, 218 Pilkington, Betsv 12, 66, 160, 194, 201, 200, 212 Pippert, Danielle 44, 45, 178 Pirie, Dustin 109, 145, 213 Pirie, Nicole 214 Plagge, Kory 104, 145 Poeser, Amie 28 Pohlman, Britta 93, 172, 195, 198, 203 Polen, Shawna 72, 160, 194, 198, 209, 210 Polson, Austin 172 Polson, Justin 55, 160 Poor Thunder, Jesse 11, 68, 129, 145 Popplewell, Taylor 117 Portel, Jessica 217 Porter, Kristina 160 Postel, Nicole 110, 172, 197, 214, 219 Pottebaum, Alex 215 Power, Tim 197 Prager, Alex 39 Prager, Henry 172, 202 Prager, Nathan 172, 202, 205 Pray, Jenny 9, 15, 28, 49, 63, 145, 201, 210, 214 Pray, Jessica 32, 80, 81, 172, 201, 209, 212, 214 Prehm, Jacki 70 Price, Steve 219 Probst. Julie 23, 45, 178 Probst, Taylor 23, 67, 94, 106, 160, 195, 199, 200, 203, 208 Processing, Word 49

Proffitt, Lauren 72, 145, 210

Puffett, John 6, 55, 160, 196, 206, 216, 217

Propstein, Kathrine 215

Propstein, Robert 172

Pruitt, Blake 172



3184









Qin, Yiming 172, 209 Queck, Kari 126, 127, 160, 217, 218 Quesnell, Ryan 17, 172, 206, 214 Quick, Ashley 125, 172, 178, 204, 214



Radiken, Daniel 213 Ramsey, Haley 49, 145 Randall, Jake 196 Randolph, Allison 160, 203 Randolph, Megan 214 Rasmussen, Daniel 160, 201 Rasmussen, Lindsev 173, 203 Rassmussen, Daniel 104 Ratekin, Daniel 194, 195, 209 Ratekin, Kenneth 173 Rath, Riley 173 Rawls, Allison 173, 199, 200, 203 Rebouche, Richard 145 Rebouche, Robert 173 Recker, Alec 173, 196, 206 Reed, Loryn 91, 113, 125, 173, 197, 214, 217 Reed, Sam 108, 173, 202, 212, 213 Reicks, Derek 145, 206, 219 Retzlaff, Adam 178, 196 Reynolds, Tim 155 Rhodes, Rachel 160 Rice, Jessica 160, 200

Street Street, John I ple, Marissa Broich, Alex Giusto. Allen Burch, Steve Williams, Kallen Ryan Bower, Company King Philip Mortens, Courtney Labas, Kyler Clifford, Bethany Hoogenakker ROW 2 Ben Vander Ploeg, Alison Blakely. Cody Walkup, Olivia Diehl, Matt Rose. Jossica Pray, Andrew McCrea. Emily Schwartz, Michael Carlson. Andrea Iler. ate Jorgenson. Kiera Marrill ROW 3 Gabrielle Liljedahl. Austin Gehm, Laura Cross, Caleb Wagner, Julia Manning, Sam. Rund. Rachel Scieszinski, Josh Danilson, Link Kacere, Nate Ostiguy, Shelby Brose, Nick Evans, Bailey Petersma ROW Taylor Chesnut, Jordan Thompson, Anne Fleming, Riley Johnson, Deidre Spray, Staci Smith, Allyson Mayer, Finner Gardiner, Breanna Ellis, Nathan McGinley, Kendra Greenfield





Richards, Alex 96, 129, 174, 204, 219 Richm, Jay 145 Rippentrop, Matt 215 Robar, Kandace 37, 160 Robinson, Jordin 83, 107, 208 Robinson, Torey 24, 28, 34, 68, 73, 92, 146, 147, 198, 209, 210, 216

Roese, Scott 17, 147 Roeser, Amie 147 Rogers, Lauren 120, 160, 216 Rollison, Alicia 76, 110, 178 Rons, Sierra 160 Rosburg, Khael 174

Rose, Matt 174, 202, 212, 216 Rosentengle, Jake 33, 160 Roshek Veronica 7, 22, 20, 71, 72

Roshek, Veronica 7, 22, 29, 71, 72, 73, 76, 112, 113, 147, 211, 214

Ross, Gary 15, 73

Ross, Jennifer 51, 90, 91, 111, 174, 197, 214

Ross, Kari 44, 53, 174, 204, 214 Ross, Kayla 174, 197, 214, 218 Roth, Megan 76, 121, 174, 216

Rounds, Jonathan 160

Rupp, Braden 174

Russell, Erica 147

Russell, Meri 147

Russell, Sarah 174

Ryan, Brianna 174, 202

Ryan, Shelby 160

Rynning, Amanda 178

S

Sabie, Aldina 36, 174 Sabus, Courtney 6, 44, 45, 53, 174, 202, 212 Socce J. Austin Kinsey,
Ashton Bella, Drew Jackson.
Scott Wanninger, Dalton Leslle,
Jimmy Siebert, Ross Innual.
Faisal Alabert ROW 2 Lohn
Bischius, Hunter LaFryett
Matt Defin Lisco, Tommy
Morrisey, Connor Wagner, Mitch
Bruckshay, Josh Tindall, Hank
Mandsagar, Jan Selinger ROW
3 Coach Jan Frizzell, Amad
Shaharyar, Lyan Tiller, Daniel
Radiken, Justin Trainer, Brandon
McBride, Spencer Lee, Dylan
Depenning, Dirk Opland, Ryan
Larsen





Sadikovic, Mirela 160 Salvini, Sara 174 Sams, Ellie 195, 201 Samson, Lauren 174, 175 Sandahl, Eric 160 Sandblom, Michael 194 Sanders, Paige 24, 76, 147, 194 Sandquist, Bobby 88, 197 Sandquist, Jordan 39, 49, 51, 55, 98, 113, 125, 174, 197, 204, 214, 217 Sapp, Cody 160

Saradeth, Susie 20, 21, 147, 217 Scannell, Dan 76, 178, 211 Schaben, Ciara 34, 174 Schaben, Colton 160, 215 Schaefer, Corey 88, 89, 197 Schaffer, Stephen 128, 129, 219 Schares, Collin 204, 216

Schares, Kyle 147, 206, 219 Schiefelbein, Olivia 36, 83, 106, 107, 126, 160, 208, 218, 219

Schillerstrom, Mark 32, 49, 129, 178, 179

Schillinger, Matthew 147 Schissel, Jenna 29, 147

Schmitt, Jeff 197

Schmitt, Kaitlyn 160

Schnittker, Max 147

Schnittker, Victoria 174 Schnurr, Ben 64, 65, 147

Schoop, Michele 147, 150, 214, 218

Schoop, Nicole 147, 214

Schoper, Christian 39, 51, 88, 89, 147, 197, 204

Schreier, Breanna 160



Social Boys J. Zuch Buckley. Multimed Muhammed, Justin Handal, Ashton Bella, Drew Jackson. Contar Wagner, Dalton Leslie, Scott Wagnor, Jordan Spain ROW 2 Mitch McCarl. Jeremy Mullen. Matt Gonner, Tim Blank, Marcus Dolan, Adam Franks, Kyle Lover. lake Perington, Ben Fincher, Ewis Dize wie, Alex Grieve, James Brouning ROW'3 Coach Jimmy Frizze, Josh Wenndt, Sam Parker. Jake Heil, Troy Gordon, Brett Brones, Tyler Waltz. Zach Jensen. Daniel Berry, Spencer Lee, Coach Mike Kline





Schuck, Keaton 22, 103, 160, 196, 206 Schulte, Kevin 25, 44, 128 Schultz, Aaron 40, 102, 103, 108, 161, 213 Schultz, Alex 174, 202, 216 Schultz, Mike 15, 76, 122, 123, 147, 216 Schumaker, Joshua 174 Schunicht, Molly 174, 199, 201, 212 Schuster, Kayla 174, 203, 204 Schwartz, Emily 161, 202, 204, 212, 214 Scieszinski, Ben 105, 147, 207 Scieszinski, Rachel 174, 199, 202, 212 Scott, Becky 203 Scott, Chanel 174 Scott, Rebecca 161 Seav, Tyler 161 Sehie, Adi 37, 161, 197 Selberg, Andrew 161, 214 Selinger, Ian 213, 215 Sellers, Sam 36, 174, 202 Semple, Michael 55, 161, 174 Sevenich, James 123, 174, 195, 202, 206 Sexton, Chad 219 Shaffer, Stephen 96, 129, 174, 204 Shaharyar, Ahmed 213 Shannon, Colleen 110, 161, 209, 211, 214 Shaver, Derek 39, 174 Shaw, Phillip 147 Sheeder, Ashlev 174 Shen, Fred 69, 174, 204, 216 Sheridan, Kacei 162, 197 Shi, Kevin 36, 67, 162, 194, 208, 209 Shipp, Leslie 24, 82, 118 Shockey, Pat 147, 206, 213 Shoeman, Emily 125, 147, 218









Shoeman, Krista 98, 124, 125, 174, 197,

Shootman, Krista 98, 12 204, 217 Shootman, Emily 218 Shryock, Isaac 44, 174 Shuck, Keaton 196 Shultz, Aaron 206 Shultz, Mike 123 Shuster, Kayla 98 Shyrock, Isaac 53 Siebert, Jimmy 213 Siemer, Stephanic 147

Sievers, Kyle 19, 88, 122, 134, 147, 197, 204, 216, 217

Siewert, Chris 124, 178, 204 Sigmund, Danny 147, 213 Simbro, Madalyn 162 Singleton, Kirby 16, 174, 206 Sitzer, Christie 162, 194, 203

Skarphol, Jordain 94, 95, 110, 147, 199, 200

Skartvedt, Blake 45, 103, 174, 206

Skeledzie, Danijel 162 Skinner, Ryan 162

Slavin, Mike 40, 104, 162, 196, 207

Smalley, Erin 53, 162 Smith, Amber 147, 200

Smith, Andrew 147

Smith, Byron 115, 215, 219

Smith, Erie 162



Softoc bereity Michele Schoop.
Holly VonFumetti, Emih Kumer.
Abby Sonner, Annie Gray, Veronica
Roshok, Alexa Gussford ROW 2
Alecor Gustafson, Leah Embrey,
Cassie Curtis, Nicole Schoop, Kayla
Rosa, Tara McCulley, Madison
Thompson, Jordan Sandquist,
Taylor Vines, Jayde Cherhas, Alex
Hawlis, Kari Ross, Loryn Reed
Williams



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Smith, Hannah 117, 215 Smith, Joseph 162 Smith, Kelsey 162 Smith, Mackenzie 204, 208 Smith, Miranda 49, 174 Smith, Nick 105, 162, 174, 197, 207, 213 Smith, Shannon 178 Smith, Staci 78, 125, 161, 162, 199, 202, 212, 217 Smith, Steve 105, 178, 196 Smith, Taylor 24, 174, 199, 200 Smith, Tyler 36, 39, 49, 51, 88, 162, 197, 213 Smoldt-Saenz, Leann 147 Soda, Brandon 33, 162, 196, 206, 209 Solis, Stephanie 49, 147 Song, Tiffany 174, 202 Sonius, Cole 174 Sonner, Abby 22, 51, 91, 112, 113, 126, 127, 162, 197, 214, 218 Soroka, Chris 58, 162, 196, 206 Souhrada, Hanna 124, 125, 174, 199, 217 South, Jeff 206, 219 South, Josh 22, 128, 129, 147, 206, 219 South, Josiah 128, 162, 206, 219 Sowder, Justin 174 Sover, Kyle 174, 195, 209, 213 Spain, Jordan 174, 213 Sparland, Justin 147 Spartz, Taylor 7, 147 Spaulding, Jennifer 174 Spaulding, Jenny 203, 218 Spray, Deidre 44, 79, 174, 199, 203, 212 Sprinkle, Josh 147, 198 Spurgin, Rachel 24, 40, 62, 149, 201, 212 Staley, Kerrick 194 Stanbrough, Alex 19, 140 Stanley, Brandon 162 Stanley, Kerrick 67 Stanley, Rachel 61, 149, 195, 210, 217 Stansberry, Dani 174, 218 Stapes, Ryan 216

Swimming Boys: Andy Jensen, Connor McCool, Tyler Statton. Jason Kane, Nick Maher, Ryan Kitchen, Alex Pottebaum, Colton Schaben, Alan Nagel ROW 2 M.J. Phillips, Alex Grapp, Hank Mandsager, Ian Selinger, Patrick Albright, Alex Fisher, Cale Bierson, Eric Ericson, Colin Foster, Matt Karamanlis, Matt Rippentrop ROW 2 Trevor Howard, Tyler Bradley, Byron Smith, Brad Waldorf, Kevin McKeon, Blake Davidson, Mitch Taylor, Nick Staub, Nick Evans, Blake Johnson, Caleb Wagner, Greg Monson ROW4 Hemra Kakalivev. Justin Davidson, Ronnic Burgart, Jeremy Biggs. Austin Foster, Rex Davidson. Evan Wheeler, Carrie McKeon. Cullen Hirst, Scott Heren, Grant Warren, John Waldorf, Anthony Kottke, Tim Albright, Soren Hirst, Charlie Thuente. Clayton Thomas



Start, Bryn 28, 162, 195, 201, 209, 216 Statton, Tyler 215 Staub, Kelsey 2, 215 Staub, Nick 115, 215 Steen, Jarrod 87, 149, 196, 201, 212 Steggerda, Julia 22, 66, 74, 78, 149, 195, 201, 203, 209, 210, 211, 212 Sterk, Jacob 174 Stevens, Zac 11, 44, 62, 162, 201, 209 Stiles, Nai 149, 206 Stodola, Marc 162 Stodola, Scot 162 Stoeker, Michael 174, 206 Stone, Brianna 13, 98, 149, 204, 207, 210, 211 Stone, Evan 6, 149 Stone, James 149, 196, 206 Strand, Tyler 216 Stratton, Jerry 10 Strawhacker, Allyse 77, 162 Strom, Emily 174 Stromgren, Erica 162 Stucker, Sara 174, 218 Suarez-Perez, Marina 20, 21, 149, 217 Suddeth, Molly 28, 49, 149 Sudic, Ajla 174 Sullivan, Kevin 162

Summa, Miles 11, 27, 46, 77, 89, 104, 162, 197, 207 Summitt, Adam 149, 216 Sunde, Katelyn 22, 90, 162, 197 Sutherland, Daniel 20, 22, 89, 149, 213 Swallow, Zach 79, 162, 201 Swanson, Alex 94, 149, 199, 200, 210 Swanson, Rachel 204 Sweeney, Sammy 162, 215

Summa, Evan 88, 89, 140, 149, 197, 221

Sullivan, Nikki 11, 162, 208



Swin ming Girls: Katie Thomas, Kelsey Staub, Janelle Galang, Marcelle Valleneia, Dahlia Gordon, Ashle Chesmore, Ashley Lambson, Madhu Kodevalli, Lindsey Torvlk. ROW 2 Lindsey Taylor, Hillary Jacobs, Hannah Dankbar, Lauren Chesmore. Lizzy Gerdis, Courtney Chesmore Eliza Kellog, Shelly Cruze, Sa, my Sweeney, Maddie Mandsa, F. Rachel Oyibo, Kim Linde ROW 3 Lara Kottke, Kelsey Miller, Katie Lee, Kara Highfill, Julia Manning, Taylor Erwine, Azra Feriz, Kelly Mackey, Christina Aldrich, Brittany Borup, Olivia Pace, Kathrum Propstein, Caroline Kadive ROW 4 Alex Gustafsen, Kelsey Kramer, Beeka Nims, Zocy Crandell. Kiley Kinsey. Meredith Luksetich Krista Tippin, Emily Bates. Auto-Kurns, Hannah Craig, Meredith Geels, Hannah Smith, Tara Lee, Steph Ferguson

Sweesy, Jake 216 Swift, Alexandra 174 Swift, Lexie 116 Swigart, Sara 53, 162, 203 Swover, Jillian 149 Sysavath-Lo, Soulani 140



Tabakovic, Sanida 174 Takano, Haruna 149 Tayloe, John 140 Taylor, Cory 149 Taylor, Lindsey 215 Taylor, Margaret 174, 195, 205 Taylor, Maria 36, 162 Taylor, Mitch 114, 215 Tegels, Mark 206 Temple, David 86, 196 Temple, Derek 16, 175, 206 Temple, John 175, 202, 206, 212



Kruse, Jonathan Holt ROW 2 Michael Luan, Adam Summitt.

Mulaosmanuvic, Doug Haefele,

Rvan Palmer, Ben Gass ROW Matt Rose, Kevin Hu, Bryn

Start, Fred Shen, Orin Xie, Sam Han, JT Minor, Collin Schares,

Jon Krueger Fred Zhao, Danny

Alex Schultz, Tyley Bradley.

Lucker Vasey, Benjamin

Temple, Matt 129, 162, 206, 219 Terronez, Anthony 33, 74, 162 Tesdell, Brandon 149 Tharrington, Chanhom 178 Thatcher, Thomas 204, 216 Thies, Mare 16, 17, 118, 119, 162, 204, 216 Thilges, Maggie 98, 120, 149, 197, 204, 211, 216 Thomas, Clayton 34, 149, 215 Thomas, Katie 215 Thompson, Adam 149 Thompson, Brittney 55, 162, 208 Thompson, Jordan 92, 175, 202, 206, 212



Thompson, Madison 42, 90, 111, 175, 197, 214 Thomson, Jordan 108 Thuente, Charlie 96, 114, 115, 149, 204, 215 Tieae, Igor 162 Tiller, Ryan 213 Timmesch, Stephanie 204 Timmons, Lindsay 79, 80, 162, 201, 212 Tindall, Josh 213 Tinnermeir, Leslie o Tippin, Krista 215 Todd, Matt 108, 213 Topper, Erin 149, 195, 198, 211 Torgerson, Ryan 86, 87, 162, 196 Torvik, Lindsey 215 Tosch, Lesley 79, 107, 162, 201, 208 Tosch, Lindsey 41, 78, 79, 93, 149, 198, 201, 212, 217 Tovar, Gabe 63, 162, 201, 212 Townsend, Brigid 58, 59, 178 Tracy, Michelle 178 Trail, Stephanie 162 Trainer, Alec 162, 201 Trainer, Austin 213 Tran, James 123, 175, 206, 216 Traxel, Mike 28, 92, 105, 149, 194, 198,



Jerra Cit Ananya Kumar, Catherine Caracci, Gabbi Warrick, Lindsey Curiel, Amanda Korkow, Katherine Burggraaf, Maddie Norelius, Maddie Kintz, Rachel Binner, Alicla Deal ROW 2 Leah Bole, Megan Junge. Paige Collison, Emily Meng, Megan Roth, Maggie Thilges, Aleecc Gustafson, Lauren Lund, Jenny Ajluni ROW' 3 Coach Mitzi Hetherton. Lauren Rogers, Megan Ackerman, Morgan Foldes, Haley Beaver, Amanda Paszkiewicz, Colleen Kinsey. Forey Robinson, Katie Githens, Rachel Lang, Coach Ben Knight

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Trillet, Matthew 80, 162
Trow, Brittany 204, 217
Tubbs, Eric 86, 196
Tucker, Anna 63, 175, 194, 202
Tucker, Erica 110, 175, 202, 214
Tucker, Nick 123, 175, 206
Tucker, Zach 149, 206
Turnquist, Alyssa 149, 200
Tuttle, Drake 162
Twickler, Joseph 176



Ulm, Leslie 176, 195 Unruh, Andy 122, 149 Upton, Katie 176, 194, 195



Valencia, Maricelly 116, 149, 215 Van Brocklin, Dane 216 Van Essen, Jordan 74, 75, 149, 207, 210, 211 Van Langen, Alexandra 176 Van Pelt, Kjirsten 39, 51, 176, 198 Van Rezek, Taylor 217 Van Vark, Chelsea 111, 176 Van Waardhuizen, Sarah 62, 63, 178 Vander Ploeg, Ben 72, 73, 176, 202, 210, 212 Vander Ploeg, Jacob 39, 49, 61, 79, 149, 195, 201 Vanderport, Wendy 178 Vandyriff, Benjamin 162 Trook Orls: Taylor Erwine. Hanna Souhrada, Libby Elmitt, Laura Hilby, Kari Queck, Taylor Chesnut, Obsie Birru, Jessica Portel, Rachel Ruggieri, Kari Dockum, Leah Embrey, Sammy McConeghey, Jenna Devens, Alyssa Eaves ROW 2 Cassie Curtis, Jordan Sandquist, Gasifielle Liljedahl. Brittany Trowe, Amber Clock, Anna Belner, Amy Kruger, Felicia Coleman, Marina Suarez-Perez, Kelly McGowan, Melinda Busch, Krista Shoeman, Lindsay Adams, Sarah Warren. Jayde Cherkas. LeaAnndra Minnick, Alex Ligouri ROW 3 Ali Willis Staci Smith, Amanda Philiph, Molly Kipp, Lindsey Tosch, Meredith Pace, Christina Davis Loryn Reed, Nickie Meyer, Susie Saradeth, Taylor Von Rentzell, Hailey Bridgewater, Alex Hawks, Corrin Larkin, Maddie Morris, Chloe Judas, Lauren Scott



Vardaxis, Christos 176 Vardaxis, Petros 194, 206, 209, 217 Vasey, Tucker 118, 149, 209, 216 Vaughan, Brian 206 Vejzovie, Aldijana 162 Verhasselt, Andrew 44, 176, 216 Verhasselt, Heath 151 Versteeg, Jill 178 Villegas, Chris 55, 176 Villegas, Jennifer 151 Vines, Taylor 113, 162, 214, 218 Von Fumetti, Holly 19, 112, 113, 126, 151, 194, 195, 210, 214, 218 Von Fumetti, Jill 58, 59, 176 Von Fumetti, Nathan 151 Von Hagen, Sharon 178 Von Rentzell, Taylor 204, 208 Vos, Emily 176, 197 Voss, Kerry 178



TSA John Hall, Griffin Idleman. Renec Pike. Kan Dickey, Rachel Btanlin, Linda Brown ROW 2 Mitch Eagles, Becky Cooper, John Puffett. Cody Catron, Mike Traxel ROW 3 Petros Vardaxis, Jacob Baird, Evan Landard Griffin, Brian Bjerk. Et al. Sievers, Andy Humman



Vu, King 15

Wacha, Tyler 162
Waddell, Skyler 176
Wagner, Caleb 59, 114, 176, 198, 202, 208, 212, 215
Wagner, Connor 213
Wagner, Scott 213
Wahl, Anthony 162
Wahl, Mary 176
Waite, Kristen 208
Walahoski, Jared 71, 104, 105, 151, 207, 210
Waldorf, Brad 215





Abby Westemeyer, Morgan Campbell, Kayla Ross, Sara Stucker, Dani Stansberry ROW 2 Morgan Foldes, Jenny Spaulding, Andi Cameron, Ella Heinicke, Llsa Cunningham, Emilic Johnson

11975

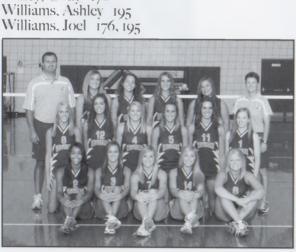
Waldschmitt, Ben 176 Walker, Cari 113 Walker, Ed 32, 65 Walker-King, Amanda 98, 162, 197, 204 Walkup, Cody 105, 176, 202, 207, 212, 213 Wallace, Michelle 7, 62, 70, 151, 201, 203, 209, 210, 212 Walling, Shari 115, 117 Walter, Eric 17, 162, 206 Walters, Brooke 19, 36, 162 Waltz, Tyler 10, 11, 68, 104, 163, 207, 212, 213 Wanninger, Scott 213 Ward, Beth 113, 126 Ward, Kayla 110, 176, 195 Ward, Molly 68, 101 Ward, Nikki 9, 55, 68, 74, 75, 151, 209, 211 Ware, Leslie 7, 9, 90, 91, 110, 151, 197, 210, 211, 214 Warne, Hunter 102, 151, 206 Warren, Grant 215 Warren, Sarah 125, 176 Warrick, Ben 60, 118, 119, 176, 195, 216 Warrick, Gabby 18, 50, 99, 151 Weaver, Abby 83, 151, 210, 219, 220 Weaver, Ros 179 Webb, Jessica 20, 33, 179 Wee, Randy 87, 196 Weese, Mike 163 Weirich, Chad 176, 206, 216 Weiss, Dan 50, 51, 179 Weiss, Scott 151 Wengert, Tyler 71, 102, 151, 210 Wenndt, Josh 108, 163, 211, 212, 213 Wenzl, Abigail 176 Wessling, Sarah 32, 49, 70, 71 Westemeyer, Abby 176, 218 Westereamp, Taylor 176 Westlake, Brianne 163, 208



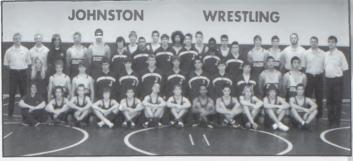


Ashley Lenz, Chelsea Kumbera, Ashley Lenz, Chelsea Kumbera, Amanda Paszkiewiez, Vedrana Forean ROW 2 Holly Von Fumetti, Michele Schoop, Michelle Ness, Amanda Whitney, Taylor Vines, Olivia Schiefelbein ROW 3 Coach Rinh Brooks, Emily Shoocman, Benee Pike, Leah Peterson, Commit Beth Ward

Wheeler, Evan 215 Wheeler, Whitney 163 White, Dave 113 White, Ian 52, 151 White, Jenner 42, 151, 213 White, Jody 79 White, Melissa 32, 33, 70, 71, 179 Whitney, Amanda 163, 218 Wiebers, Rodney 34, 51, 179, 206 Wiemers, Abbi 179 Wight, Clairissa 176 Wilkens, Ben 6, 163 Wilkes, Chanlea 176 Wilkinson, Adam 34, 151 Wilkinson, Bradley 176 Wilkinson, Chris 8, 151, 198, 201, 212 Willams, Steve 78, 176, 177 Willamson, Ashley 203 Willey, Cody 176 Williams, Ashley 195



Lindsey, Taylor Chestnus, Sam Jungman, Ashley Len, Chelsea Kumbera ROW 2 Kari Queek, Tory Knut, Kate Nielson, Abby Sonne, Taylor Knuth, Emily Shoen an ROW 3 Coach Rick Brog Holly Von Fumetti, Leah Embrey, Michele Schoop, Coach Beth Ward



Williams, Kristine 176
Williams, Paul 163
Williams, Steve 43, 52, 53, 78, 129, 176, 177, 212
Williamson, Ashley 63, 106, 107, 164, 195, 201, 208, 212
Willim, Lexi 176
Willis, Ali 51, 217
Willis, Kevin 136, 151
Willis, Meredith 176
Willson, Jenna 70, 151, 210
Wilmore, Allie 94, 164, 199
Wilson, Drew 10, 33, 80, 164, 196, 216

Wilson, Jordan 151, 206 Winget, Brennan 176, 208 Winterbottom, James 219 Wisecup, Kyle 151 Wiskirchen, Keith 58, 91, 164, 198

Wood, Jake 40, 176 Woodley, Brian 25, 102, 103, 206

Woodley, Joe 206 Woods, Markie 176 Woodwinds, Band 195

Woody, Trista 11, 24, 68, 79, 151, 201, 209, 211, 212

Woolf, Sawyer 151, 213 Worley, Jessica 164, 211 Wright, Ashley 51, 110, 1

Wright, Ashley 51, 110, 176, 202

Wright, Derek 11, 36, 151, 219

Wright, Robert 151 Wright, Trey 108, 213



Xie, Orin 151, 216

Wresting Kerri Dreibelbeis. Stephen Schaffer, Drew Jackson, Rvan Lower, Tony Douley, Alex Richards, Ben Cigan. James McDermott, Alex Bumpas. . Chad Sexton, Remington Clark, Luke Bubeck. ROW 2 Ciera Lundgren, Josiah South, Matt Temple, Kory McCracken, Mitch Blanchard, Kyle Schares, Derck Reicks. James Beevar, Andy Hummel. Ben Davis, Duane Harfield, Frank Nui. ROW 3 Coach Steve Price. Coach Kevin Schulte. Kristina Nixson, Jonathan Nelson, Adam Badgley, Mar Dickerson, Jessie Poor Thunder, I aylor Young. Derek Wright, Brion Smith. Josh South, Fom Hinchliff, Mike Faley, Coach Brian Lutter. Coach Jeff South, Coach Mark Schillerstrom. ROW 4 Nie Pierotti, Andrew McCrea, Fodd Lunceford, James Winterbottom, Justin Begyar





Yenger, Jeremy 3, 92, 93, 179 Yocum, Lee 73, 151, 206, 210 Young, Andrew 151, 201 Young, Josh 13 Young, Logan 151 Young, Taryn 164 Young, Taylor 151, 206, 219

Z

Zahn, Joseph 216
Zeiger, Trinity 176, 198, 202
Zenor, Brock 164, 196, 211
Zenor, Jacob 164
Zhang, David 29, 68, 70, 71, 119, 151, 194, 205, 209, 210, 214, 216
Zhao, Fred 60, 67, 194, 195, 204, 208, 210, 216
Zhao, Yuehua 151
Zimmer, Katie 164, 195, 203
Zoss, Cody 151, 194, 195, 210, 219



Yoorbook Cody Zoss, Caltin Larkin. Ciera Lundgren,
Leah Kron. Abby Weaver,
Sammy McConegliev. Canany
Christenson, Cory Gagne ROW
2 Ryan Birmingham. Amanda
Gabbert. Mindy Dickerson.
Nicole Postel, Olivia Schiefelbein
ROW 3 Jon Krueger. Zach
Jensen. Erin Funk. Hannah
Emmerson. Matthew Courtney



Shouting to the fans senior
Natalie Cunningnamed the crowd in clapping the chands
during the Urbandale g. me.
Many fans unsuccessfully clapped
their hands with the rhythm but
still showed the dragon pride

photo by Abby Weaver

A large **DICCE** of JHS left at the which is also the conclusion of of 2008 took 379 Dieces of the and looking back on the year, everything fit together and allow The growing experience wasn seniors; each and every student that created their year. Just as q to the ground, it then expanded a brand new wing. The cafeteria vet students were able to make exercise facility for lunch, wi delivered every Friday. Every team was a plece of its of

adjusted to new mentalities. A team placed 3rd in the state after a long run. The

nclusion of the year this book. The class sh school with them. ere able to see how d them to grow.

only saved for the sperienced the **PICCES** ckly as JHS tumbled lasses were moved to osed for remodeling, se of the brand new Papa John's pizza

n. Basketball teams uccessful mock trial

girls' soccer team acce competition in Muscatir in every group fit togetl And as always, studen and lessons that they wo gnored the sounds an ingrained in students l necessary; math teacher and social studies st campaign unlike any ot In order to remember experience, one must t. Every success, every was part of something will always be remembe Bethany Christenson. Copy by Cory Gagne

d and competed at the state The effort of every individual and assembled success.

learned **PICCES** of knowledge d never forget. While teachers smells of construction, they s of learning- by any means took advantage of technology, referenced a presidential er.

ne essence of a year, of any ok at the **Dieces** that created mistake and every challenge nuch bigger; something that d. Spread by Erin Funk and











Awards

National

National Scholastic Press Association

All-American 2007

NSPA Best of Show

Denver - Sixth Place **IEA Write-offs Yearbook** Excellent

Erin Funk, 2007 — theme Honorable Mention

Bethany Christenson, 2007 — layout

State

IHSPA State Contest

Third Place, 2007 Individual State

First

Cory Gagne, 2007 - Faculty Copy Cory Gagne, 2007 - Special Features

Alle Moffit, 2007- Academics spread

Alle Moffit, 2007-Organizations Spread

Alle Moffit, 2007-Typography

Second

Kiley Dewhurst, 2007- student life copy Alle Moffitt, 2007- student life spread

Katie Norris, 2007- sports copy

Olivia Schiefelbein, 2007- faculty photo

David Zorn, 2007- package

Third

Megan Browning, 2007- academics copy Bethany Christenson, 2007- org. photo

David Zorn, 2007- opening/closing spread

Honorable Mention

Megan Browning, 2007- organizations copy

Alle Moffitt, 2007- mugs spread

Alle Moffitt, 2007- sports spread

Abby Weaver, 2007- sports photo

03 Staff

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Schiefelbein, Abby Weaver, Steve Williams, Cody Zoss

Colophon

Here are the pieces of our year, assembled into 1400 North, Logan, Utah, 84321. Most of the one 200-page book. Those with a mere extra five bucks to spare paid \$44 for a yearbook with a nameplate, but those without paid \$39. Our ads won't be found in the book this year, but on the west wall of the high school gym. We raised \$7,585, with a portion of the money The pieces of our book were constructed on 12 eMacs and two iBooks using Adobe InDesign CS3 (a recent upgrade). All printing was done by our own lab printer, an HP LaserJet 5100tn, unless of course it was rebelling by giving us errors, in which case we got our exercise by walking downstairs to retrieve our pages from the library. Once they were completely pieced together, we were able to electronically upload our pages to Herff Jones, located at 940 West

photographs in the Dragon were taken on one of three Nikon D-70 camera, potentially using our Nikon PowerLens. Photo editing was completed on Adobe Photoshop CS3 (also a recent upgrade). The cover design was a collaboration that was originally conceived by Erin then put into exisfunding the creation of our larger-than-life sign. tence by Hannah and Bethany, although almost every staff member contributed to making it what it is. Endsheets were made by Erin to contrast the cover. Layouts were also a collaboration between the co-editors and design team. Lots and lots of thanks goes to Marc Havnen, our Herff Jones rep, who brought us helpful information along with licorice. The 2007 Dragon won a Pacemaker, a first for Johnston, making our book one of the top 23 in the nation. It placed third at the state competition.



DICTOUR STORT









